

## August 2021 Report

## My name is Jhonatan

I'm 12 years and I from the Indios Verdes street point. I will finish the primary school and I will star secondary school. I have been in **ednica** for a year, what I like to participate in this institution is that they explain to me about the damage caused by drugs and how to prevent them, we talk about the consequences of abuse and about the human rights of children.

Sometimes we do math activities and they are the ones I like the most; My mother is also in a training called "Positive Parenting" given by the educators and there she has learned about nutritious eating and the prevention of substance use.

In ednica I have a great time and I have a lot of fun.



Me llamo: Incretan José Rejes Lerdo, tengo 12 años y soy del sitio de Indios Verdes, terminate la primaria e iniciare la secondaria. Estoy en la infituración eduica hoce un año, la que me agrada de participar es que me explinquen sobre las doñes que cacionan las dregas y como prevenirlas, hablamos sobre las consecuencias del maltrato y sobre las dereches de los niños y las niñas.

Algunas veces tealizarios actividades de matemáticas y son las que más me gustan faribién mi maná está en un toller que se llama crianza positiva que dan las educadoras y ant ha aprendido sobre la alimentación hutritiva y de la prevención del consumo de sustancias.

Endanca me la paso muy bién y me divierto mucho.

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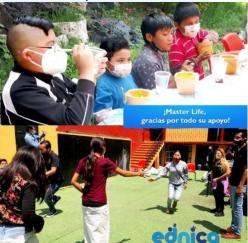
### With more alliances, more support is generated

By Ana Sorcia

At **ednica** we continue to join efforts to include more allies for the benefit of girls, boys and adolescents living on the streets, in June and July we obtained different alliances with companies, civil society, student groups, organizations and people committed to the child population, which resulted in donations in kind, as well as cash donations, which will benefit users of the three ednica community centers.

Part of the allies that joined in June is due to the efforts of students from the **Ibero-American University** who take classes with teacher **Josefina Ceballos**, who promoted the recognition of the right to education of children and adolescents living on the streets, through from ednica's Educational Inclusion campaign to raise funds with a contest for a giveaway for a 128 GB IPad OS14; which was raffled at the end of that month and with the donations collected, families who attend ednica will be able to benefit so that they have internet service during the next school year 2021-2022, and with it, continue with their classes online, and that, it is likely that the next cycle will continue with some distance classes.

In May and June a campaign to visit neighbors of the different community centers was started and with this, a coaching team from the **Master Life** company was contacted, who managed donations in kind of fruits and vegetables, as well as cleaning products such as antibacterial gel, chlorine, cleaner and sanitizer for community centers. Later in July, a visit was made in which they were able to live with games with the child population of one of the centers and they shared the experience of growing a plant, based on this, they managed with an ally of their team, a financial donation to benefit the child population in the three community centers.



We want to thank once again the **CAAAREM Foundation** that donated 5 boxes of face masks for the target population of Ednica, as well as for the collaborators of the three community centers. Another important ally that once again supported ednica was the restaurant chain in the United Kingdom **Wahaca**, who contributed a financial donation, which will be of great help to continue guaranteeing access to rights for the users of the centers.

An alliance made in June and July was with **Mr. Juan Navarro, Bachoco** egg distributor, who will be providing a box of eggs each month for the families that attend the three community centers of **ednica**. Similarly, **VIS Fundation México** provided 300 cans of peach in syrup, in support of community centers and for them to be sold in the permanent bazaar, and with this, raise funds to continue supporting children and young people.



Another important ally in these two months was the **Fundación Christel House México**, AC, who donated some tablets so that children and adolescents can continue their studies virtually the following school year, as well as office furniture that will be used in the three centers. community.

The organization "Dar y Recibir with Maru" provided some Christmas balls and has referred people to buy products in the permanent bazaar. Another ally was the virtual store Segundo Change, through Guillaine Arias Ramos, who provided second-hand clothes for sale in the bazaar, these sales provide resources to the community centers of ednica for emergent expenses.

Two alliances that generate a lot of pride to comment on in these two months are those that were established with **Bazar Xochicalli** and with **Erendira Bañuelos**. With the support of Eréndira, in June and July, an ednica stand was placed in the bazaar, to sensitize its visitors about the problem of children living on the streets in Mexico City and products with a cause were put on sale.



In the bazaar in July, **Adriana Zorrilla's** products were promoted with her brand **"Phase 02"**, these products with a cause are part of an alliance generated with her **"Art and Wear" workshop** to have a variety of items such as face masks, bags, scarves, cosmetic bags and more, including original designs; a part of the proceeds will be donated to ednica to continue fulfilling our corporate purpose.

The residents of the community centers are of vital importance to join forces and work for those who need it most, such as **Tyulmal Café** who donated a bag of coffee to ednica; as well as the **DeliPan** bakery who supported with two cakes so that the girls and boys, who attend the Xochimilco community center, commemorate the anniversary of said center in the month of July.



Thank you very much for being part of our mission!



# Promotion of the right to emotional healt.

By Román Díaz Salgado

The purpose of the following note is to present part of the results obtained, corresponding to the first semester of 2021, in the actions aimed at **promoting the right to emotional health** in **ednica IAP**, as part of the institutional strengthening project, which is sponsored by **Fundación Quiera** of the **Association of Banks of Mexico AC**.

In this way, in relation to the activity programmed in said project, referring to the fact that "the target population that requires it, has attention to their emotional health", as quantitative achievements it is necessary to: 106 girls, boys and adolescents of the three **ednica IAP** community centers participated in 11 therapeutic educational sessions corresponding to three modules for strengthening socio-emotional skills. In addition to the above, 53 mothers participated in 8 sessions corresponding to 4 modules for the development of emotional skills and positive parenting for the construction of preventive and violence-free family environments. In addition, 31 patients accessed the psychological care service through 224 consultations.

Similarly, as qualitative achievements, girls, boys and adolescents strengthened socio-emotional skills such as: positive coping to overcome grief, alternative thinking to generate strategies for adapting to routine for the new normal in the face of the COVID-19 pandemic. They also reinforced skills related to proper management of emotions such as sadness, anger, frustration, fear and uncertainty. On the other hand, mothers and fathers, among the notions and skills they developed, are: ability to identify organic effects from the use of addictive substances, management of social pressure in their daughters and sons, risk factors and Consumption of psychoactive substances as a strategy for negative coping with socio-emotional problems, and the ability to identify the proximity of risk due to the availability of psychoactive substances in family settings. They also strengthened positive parenting skills such as assertive communication, setting limits, identifying parenting styles, and emotional self-care to perform better parenting at home.

Throughout the first semester of the year, "social distancing" measures were maintained due to health risk, and remote and face-to-face care strategies were monitored for the population participating in this project.





#### The Summer in ednica

#### By Eddyan Escobar Puebla

At **ednica** we are committed to developing alternatives for the construction of a dignified life based on the exercise of the rights of each of our users, which also includes recreational activities that promote fun and recreation, complying with all the sanitary measures.

At the Xochimilco Community Center, it was thought of offering a summer course to children and adolescents (NNA) during their school vacation period, to enjoy their free time with recreational activities, artistic crafts and educational sessions.

During the months of July and August the summer course will be held. Every week the children attend the activities in the morning, in which the educational processes, such as emotional strengthening, critical thinking and skills development, have been continued through the sessions. During the activities, they are given tools for their self-knowledge and the identification of their abilities; in the same way, with preschoolers, gender equality and good social relations are put into practice through games and reading, to build respectful relationships.

Each day that the children and adolescents attend, a workshop is carried out in which artistic manual activities have been carried out, using recycled materials such as bottles, cardboard and wrapping, and paintings, bracelets, toys, etc. have been made in each one, they put their creativity and imagination into practice.

The experience, commitment and participation in the activities of the children and adolescents who attend the summer course at the community center have been pleasant, in which they always seek to provide them with the tools to exercise their rights.



