



**Turn Adversity into Advantage**

# **Moya Centre Eswatini**

## **Annual Stakeholders Report**

**2019**

## Our Motto

Strengthening the future of Eswatini through the nurturing of children



## Our Mission

Creating opportunities and providing a support network for disadvantaged children to realise their full potential throughout their school years while promoting individual and communal well-being

## Our Vision

Generations of self-sufficient, responsible young people who have survived adversity to lead Eswatini toward a stronger, healthier future



# A HISTORY OF MOYA CENTRE

## 20 Years of Community Nurturing & Support

Moya Centre (Moya) is an organization FOR the Lobamba Lomdzala(LL) community, built WITH the efforts of its community.

In June 1999, the farming community of LL donated a piece of land (150 m by 10m) and a wooden structure to Jane Cox, founder of the Moya Centre . Initially, Moya was envisioned as a community healing center in response to the HIV crisis in Eswatini, at a time when ARV's and ART treatment were not available. She met Thembie Mkhonta in Nkanini and together they started developing the land; planting trees and grass. The biggest HIV ramifications started showing and people needed food and vitamin supplements to stay alive. Moya responded to the food security need and brought Sam Hodgson on board to assist with the trench gardening project which was being funded by UNICEF. They generously donated a vehicle expressly for this purpose. Further local generosity enabled Jane to build the first structure and fence the premises. Distribution of the vitamins and food supplements in the community, were dished out from the boot of a private vehicle before the newly built structure was erected.

When the Indvuna of LL chieftaincy, Makindane Dlamini, accepted patronage of the centre, he requested that Moya would establish a preschool for the community children. The Libandla felt that, with mothers and grandmothers increasingly having to make a living outside the homestead, it was the children who needed early childhood development (ECD) support.



It is at this opportune moment that David Bliss, an English philanthropist, visits Eswatini and is touched by the plight of women and children and commits to fund the preschool project and its overheads. This coincides with the visionary leadership of Dr Alan Brody, who then headed the UNICEF mission in Eswatini. He took a leap of faith and provided funding for a trench gardening initiative to provide food security through schools nationwide. Moya was a part of this initiative by training agricultural officers and establishing a food garden at the center and at numerous schools throughout the country. Meanwhile Thembie and Clarence started the preschool with 7 children.

In 2005, Unicef embarked on laying the foundation of what is now known as Schools for Care, Support, Teaching and Learning (CSTL), which empowers schools to integrate education and psychosocial support of Swati children. Mahlanya Primary School, Mphetseni Primary and Kwaluseni Infant, were the pilot schools for this laudable initiative and with the extensive assistance of MC much needed additional infrastructure was built i.e. kitchens, pit latrines, counseling rooms, additional classrooms, and boreholes were installed on a needs-basis. Schools were equipped with furniture, laboratories and a literacy program was initiated in the schools.

Administrators, teachers and counsellors were workshopped, equipping them with basic counselling skills and sensitization on the plight of orphaned and vulnerable children. An Australian psychologist was employed to build up skills of all Counsellors at a Regional level who were stationed at the Regional Education Office. This marked the beginning of the psychosocial support focus of Moya's work.



# A HISTORY OF MOYA CENTRE

## 20 Years of Community Nurturing & Support

By 2019, Moya has assisted 4 other partner schools in LL in building the above-mentioned essential logistics in order to provide psycho-social support to the entire school community. Simultaneously many educational initiatives were undertaken to strengthen the human resources within the school communities, foremost keeping the social and emotional well-being of children in mind. Staff, admin, and school committee training in basic counseling, positive discipline and restorative justice were the building blocks of these human resources.

However, school administrations also emphasized that unless the communities received similar training, social change would be hampered. It was in response to this finding that MC, in collaboration with the SAHEE Foundation (Switzerland), started a 3year training program in Developing Parenting Skills for 55 community caregivers. Mentoring followed for an additional 3 years through the Integrated Child Development Program for 38 caregivers in 3 projects: Counseling and Monitoring, Kids clubs and Perma-culture gardens. Moya also started training peer supporters in High schools and in 2018 extended the program to include partner primary schools.

This year Moya added further life skills training to the youth through Youth Clubs within schools and out in the communities and made door sized gardens mandatory for our High School beneficiaries.



“Over the past 20 years, Moya has taken the lead in selecting services and making resources available to assist the community and thus made LL more autonomous and cohesive”, said Lisa Petersen, the American Ambassador to Eswatini during our Open Day in October. Marwick Khumalo, Member of Parliament of LL, underscored Moya’s central role within LL by stating that “Moya Centre is the pride of his constituency; a vehicle of empowerment for disadvantaged youth and thus it helps to create more harmonious relationships and resourcefulness in a changing world.” This event was graced by 80 local community members of the farming and the business sector.

Over the past year, Moya has searched for even stronger ways to ensure ownership of the community in its own development. This was in response to the National Children Services Department within the Deputy Prime Ministers Department (NCSD) who called upon NGOs (non-governmental orgs) and CBOs (community-based orgs) to strengthen collaboration and networking to ensure that no constituency misses out on social support for its children and youth. Moya approached the induna and LL’s member of parliament to seek advice and approval to start a Community Advisory Council (CAC). The main task of the CAC is to unify the efforts of NGO’s, CBO’s, and government institutions in LL to optimize community assistance and avoid duplication of services.



The task of the CAC is gaining momentum and if successful will facilitate further sustainable social change in LL. Much will depend on the investment and commitment of each of the community representatives. Moya is perfectly positioned and has the solid structure and community partnerships needed to be at heart of the community development favoring the youth and children, the future of Lobamba Lomdzala.

# A LETTER FROM THE DIRECTOR

Ann Huysmans



Dear Funders and Friends of Moya Centre ,

2019 has seen positive development at Moya Centre. It was the third year we followed a theme that we imparted to parents, guardians, caregivers and youth leaders of the community of Lobamba Lomdzala at the start of the year, mid-January.

2017 was dedicated to strengthening family bonds and family planning. 2018 concentrated on social connectedness within the communities of schools and churches. And 2019 was declared the year of nurturing self-esteem. Self-esteem was defined as the ability to recognize one's vulnerabilities but at the same time being able to keep oneself in high regard. In order to initiate and root the messages of these themes among the community we relied on the story telling gift of Make Thembe Mkhonta-Sikhondze. She has an incredible knack to weave the theme into an existing story and tell it enthusiastically to the community in different forms dependent on the age and the experience of the recipients. Her stories were planted into the hearts and the minds of many and are still passed on to this day. The theme of the year was also the focus of our motivational workshops mid-year and got highlighted in peer support follow-up meetings.

Moya's core work remained educational and psycho-social support in the Lobamba Lomdzala constituency with extensions to alumni, short-term tertiary education and strengthening of life skills training and door-sized gardens in the homesteads of sponsored children.

One of our strongest relationships stays with REPSSI, the Regional Psycho-Social Support Institute, represented in 16 Sub-Saharan African countries. Eight years of collaboration (since 2012) and teaching the Journey of life and Basic Counseling skills has seen Moya Centre's Psycho-Social Programmes flourish. I should mention in particular the empowering benefits that the staff observed in the mothers of our preschoolers. They became very vocal in follow-up meetings and willing to engage in social change i.e. "less children is better than more". They also benefited from the 3-day ECD course taught by Mandla Mazibuko (National Representative of REPSSI), which presented another opportunity to question some of the seemingly deep-rooted myths on Sexual Reproductive Health (SRH).

I am grateful for the opportunity the trustees offered to me to partake in the Windhoek REPSSI conference under the theme: Breaking Barriers, Creating Connections. And these connections were made indeed!

Following in the footsteps of our Kwazulu Natal sister organization Woza Moya, and under the leadership of our new Project Manager, Moya also successfully birthed the Community Advisory Council (CAC), comprising of representatives of the libandla of 3 chieftaincies in LL, the indvuna of the LL Inkhundla, the Mayor of Malkerns, a representative of the 69 churches of LL chieftaincy, a representative of Guba (our sister organisation) and the DCS (Domestic Violence, Child Protection & Sexual Offences Police Unit). The Terms of Reference for this council is to enable MC to play a pivotal role in coordinating NGO and CBO programs in LL.

Last but not least, 2019 was the year Moya joined the Global Giving Platform due to the dedication and overseas connections of our new fundraiser and communications officer Katelyn Mushipi. In 2018 our preschool programs started contributing to Moya's income as well with the introduction of a monthly contribution. Each Year, 95% of the parent body fulfilled their commitment. This led to the acknowledgment by Elma Philanthropies that we succeeded in diversifying our funding base.

Allow me to end with a salute to the whole Moya Centre family. Every member's contribution is of value and nothing gives me more joy than to see staff and Moya's beneficiaries, especially children and youth, becoming more resourceful and resilient. Then and only then will they be able to flow with the currents of life and love.

WE CANNOT ALWAYS BUILD A FUTURE FOR OUR CHILDREN

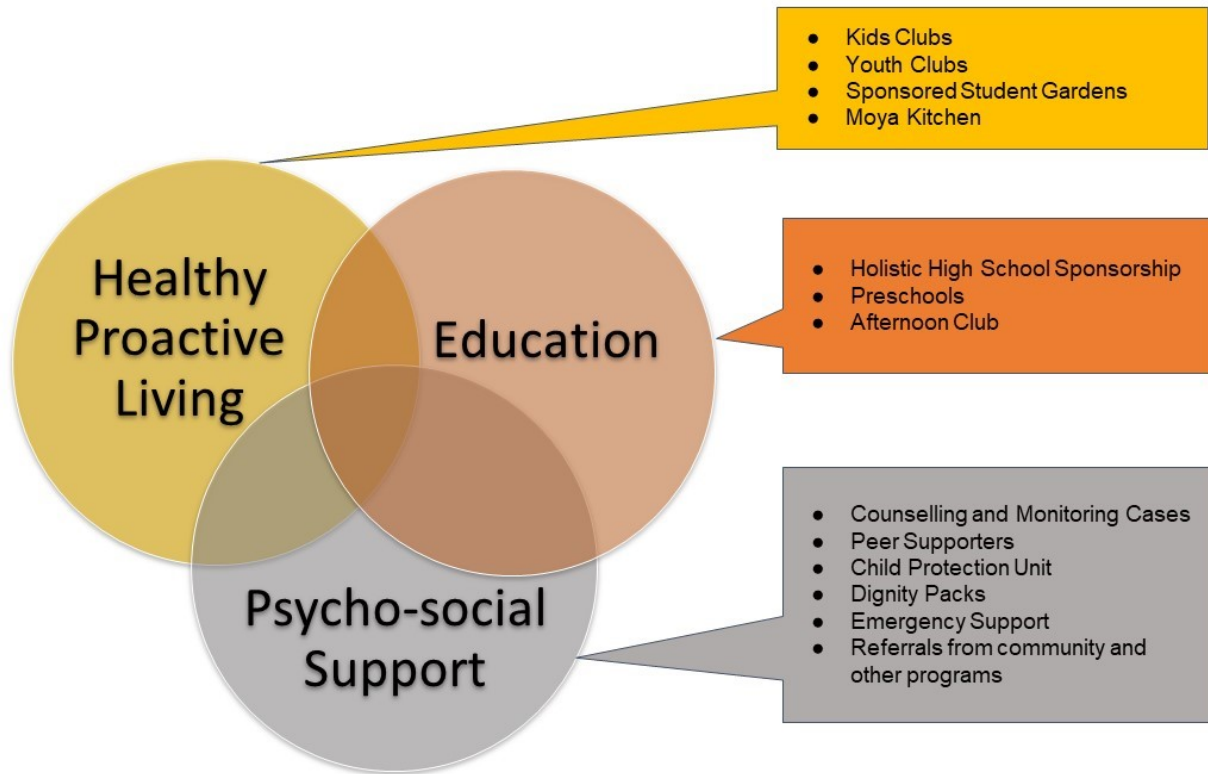
BUT WE CAN BUILD OUR CHILDREN FOR THE FUTURE

Sincerely,

Ann Huysmans

# MOYA PROGRAMMING MODEL

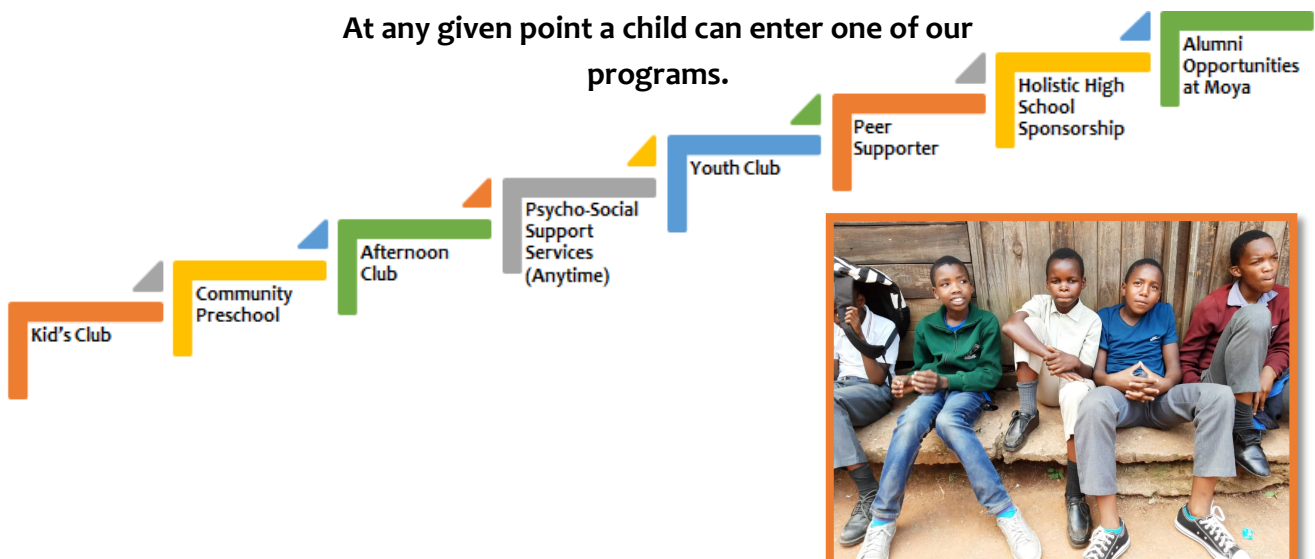
## A Holistic Approach to Community Development



Moya Centre is a grassroots, community-based organization in which all departments and programs are interlinked to support every beneficiary holistically. Good communication between Moya staff members and strong team work- including with those working in the field (Community Caregivers and Youth Leaders) and partners (Police and Social Welfare officers) enable Moya to provide a safety net for orphans and vulnerable children within Lobamba Lomdzala constituency.

Moya centre is unique in its approach by providing holistic support, but also because a child growing up in this community could, and often do, move through different Moya programs as they age. This allows the organisation to nurture these children in a variety of ways, through different stages of adolescence, so they become healthy, happy and productive adults in society.

At any given point a child can enter one of our programs.

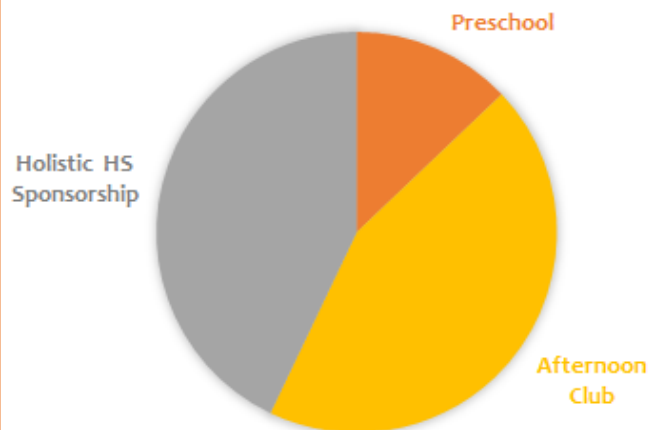


# EDUCATION

## Overview

The importance of education in any society cannot be emphasized enough. For many of our beneficiaries, it stands as a symbol of hope for a brighter tomorrow. The Education Department is a pillar of Moya , catering to every age of school-going children. It encompasses three main projects: Two community preschools, an afternoon club for primary students and holistic school sponsorship for high-schoolers. In addition to these three programs, Moya Centre Education Department also offers career guidance and support to any child, youth or adult who comes to the premises to seek that assistance. Moya Centre has 8 partner schools, 4 high schools and 4 primary schools, they work directly with on a variety of initiatives each year. The relationship has grown strong over the years, leading to a high level of collaboration.

### BREAKDOWN OF EDUCATION DEPT. BENEFICIARIES 2019



Possible Trajectory for a community child within the education program



### Staff Spotlight



**Dumsile Dlamini**

Dumsile Dlamini is the Program Manager for all programs within both the Education and Psycho-Social Support departments. As the person responsible for coordinating and overseeing the overall work done for programs run in these departments, her role is critical to the organisation and the constituency Moya serves. Dumsile has been working with Moya Centre for six years, and appreciates that the work done is on a grassroots level where she can see the impact and results of the effort put in. She loves to observe the changes in every child due to the intervention of Moya.

# EDUCATION

## Community Preschools

Moya Centre currently runs two community preschools; one at the centre in Mahlanya, and a second in the neighbouring community of Mpofane. 40 kids were enrolled (twenty in each school) for 2019, and at least 360 children have come through the preschool program since its inception in 2005.

A representative of the Libandla (the traditional council of elders) assists us to select the children of the most needy families who otherwise may not have the opportunity to attend preschool. Moya charges a nominal tuition fee, which goes right back into running the preschool, and also holds parents and guardians accountable for their child's education. In the first quarter of each school year, the Psycho-Social Support department offers a parental skills workshop to all parents and guardians of our preschools and throughout the year attends to children and parents/guardians alike who might need psycho-social support.



### Staff Spotlight



**Nasiphi Mavuso**

Nasiphi Mavuso is an alumnus of Moya and the main preschool teacher in Mpofane. She is also a tutor for the Afternoon Club to Grade 1 and 2 pupils at the centre.

Her main goal is to make sure the children in Moya's communities are developing holistically. Nasiphi teaches with a loving but firm hand "moulding the children in the right direction". As an ECD teacher, she nurtures three loves: the love of learning, the love of learners, and the love of art.

**The Final Year for a Moya Legend:  
Thank you Make Thembie Mkhonta**



Thembie Mkhonta has been with Moya Centre since its inception in 1999. She is head of both community preschools, teaching daily at the one located at Moya Centre. She is also the Afternoon Club Coordinator, a mother to all our children, a social historian and a brilliant Master Storyteller. At the end of 2019, 20 years after starting the Moya Centre with founder Jane Cox, Make Thembie is retiring and will be greatly missed by us all. She leaves us with a treasure chest of memories and stories. Thembie will now move on to become an entrepreneur; opening a playschool for children aged 1-3 in her community.

# EDUCATION

## Afternoon Club

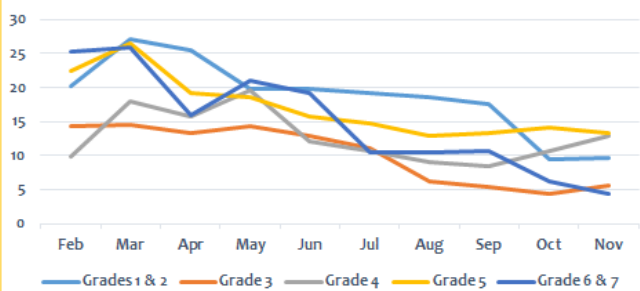


The Afternoon Club is a very active program, and the one you are most likely to see if you visit Moya Centre on any given day. The Club invites primary school-aged children to the Centre from Monday through Thursday of each week, from 2-4pm. This program allows Moya to act as a safe house for children in the community. The club offers English language and Mathematics tutoring along with an opportunity for positive social development.

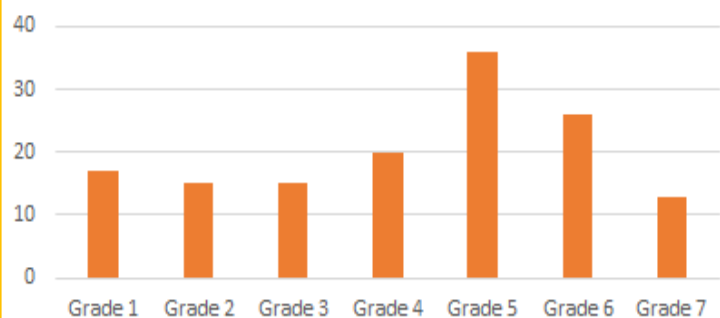
Regularly, our story teller shares a story from her treasure box. Moya alumni who recently graduated high school with good marks and a positive disposition are interviewed for the part-time positions of Afternoon Club tutors. The children are divided by grade so they can be tutored appropriately. They are also given a maize drink, freshly made by the Moya kitchen daily. The children attending this club are often the beneficiaries of food donations from Woolworths or AD Enterprises.

Occasionally, the Afternoon club will have visitors, such as KAIIZEN from the US. This program is perfect for short-term workshops, skills building; such as martial arts or cultural exchange through song, poetry, skits and dance, as the children partake voluntarily and are always excited about new and interactive activities. In 2019, the Afternoon Club had 137 members. Since its inception in 2007, over 1,600 children have benefitted from this program.

Average # of Kids Per Class: Afternoon Club 2019



Afternoon Club Members By Grade 2019



# EDUCATION

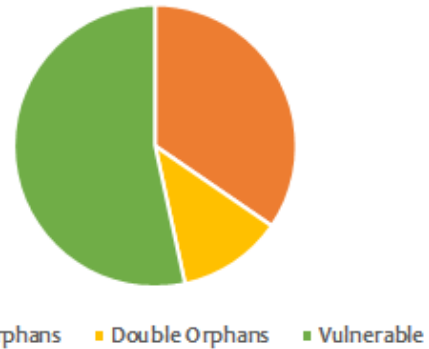
## Holistic High School Sponsorship

Moya High School Sponsorship is a holistic package that includes all top-up fees, school uniform items every two years, a school bag and stationary each year, along with ongoing educational guidance, mentorship and support. We strive, year after year, to provide increased support to vulnerable youth that not only gives them an education, but also helps them develop the confidence, resilience and life skills they will need to succeed in life.

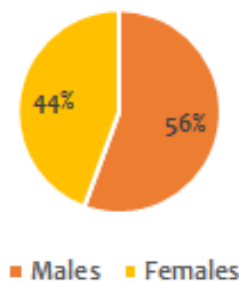
Since the start of this program in 2009, 608 students have been sponsored for at least four years of school in one of our 4 partner schools in Lobamba Lomdzala. Only 4% annually have dropped out, which speaks to a high return of social investment.

In 2019, Moya sponsored 133 students in 2019, with all 33 form 5 students graduating in December. This year, only 3 students in total dropped out of the program. There were **five** sponsored student graduates who did particularly well and 11 students have confirmed moving on to tertiary school.

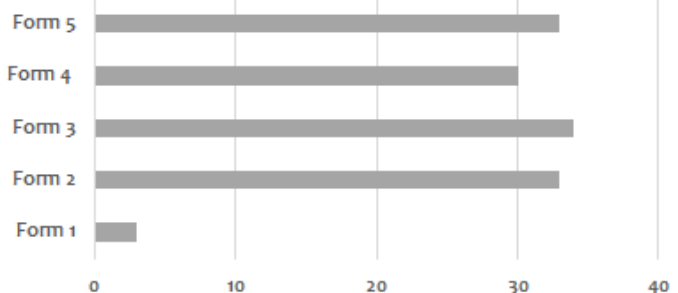
### Status of Sponsored Students 2019



### Sponsored Students by Gender 2019



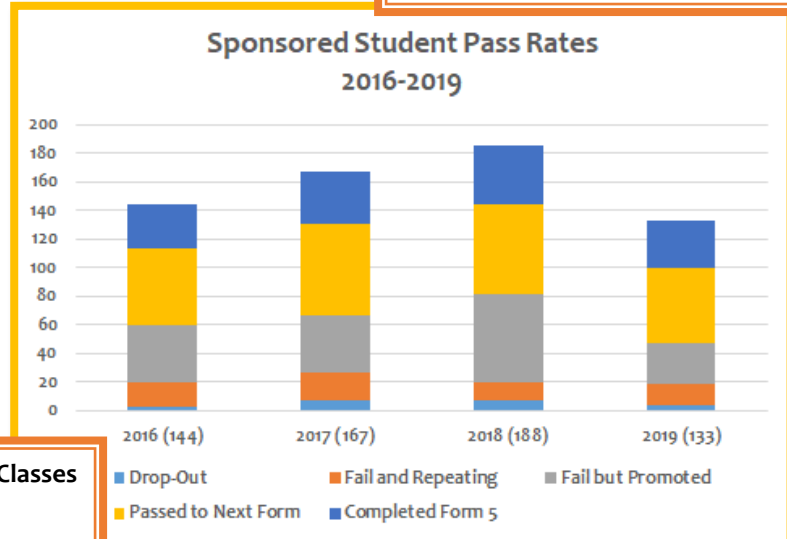
### Sponsored Students by Form 2019



# EDUCATION

## Sponsorship Alumni: School Results & Where Are They Now?

11 Students who graduated in 2019 have enrolled in tertiary school so far!



### Sponsored Student Graduates with First Classes or Merits in 2019

(Clockwise from top) Thulani Tsela, Simo Hlatshwayo, Mesuli Mngometulu, Lethukuthula Tsabedze and Fortune Dlamini

### Moya's growing Support to Alumni

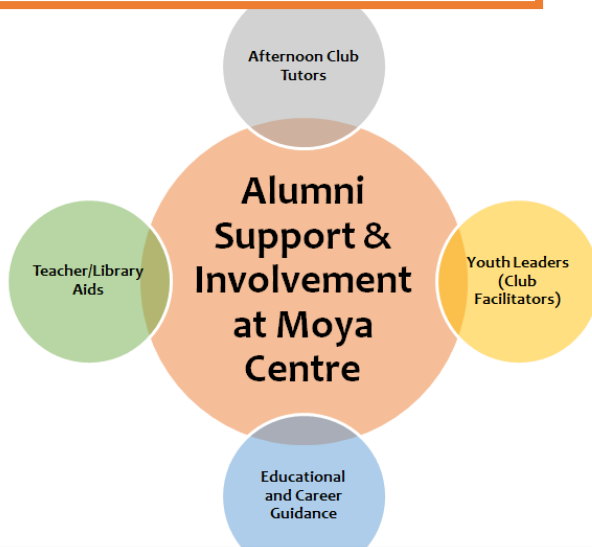
Moya engages yearly in a needs assessment of its catchment area. Apparent patterns show that many Moya alumni are left stagnant after completing high school. Unemployment rates of youth in the country remain high and resources for young adults are limited, especially for those students needing sponsorship for tertiary education or starting capital for a business venture. There also seems to be a lack of specific vocational skills.

In an effort to assist our graduates and with a shoestring budget Moya started a "job shadowing" initiative that has proven to become mutually beneficial.

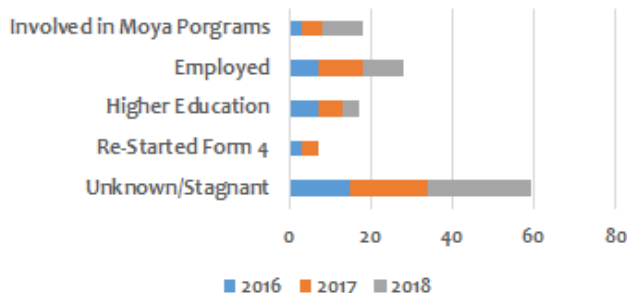
Moya started hiring former sponsored students as Afternoon Club Tutors at Moya and as Teacher's Aids or Library Assistants in our partner primary schools. Two of our William Pitcher College graduates, Melusi Nkambule and Qiniso Bhembe assisted the Grade 7 teachers of 2 of our Primary Schools to help students with Maths in the last term leading up to the external examinations.

One of our alumnus assisted a builder in constructing a 2-room house for a grandmother caring for her 4 grand children. Support has continued to grow in 2019 by adding a new initiative for alumni: Youth Club Facilitation.

Moya has spent a significant amount of time throughout 2019 conceptualizing and sourcing funding to continue supporting alumni in more diverse ways in the future.



### Where Are They Now? Moya Alumni 2016-2018



# HEALTHY PRO-ACTIVE LIVING

## An Introduction to Moya's New Department in 2019

The Healthy Proactive Living (HPL) department is the newest department to be formalized at Moya Centre, and has one of the newest members of the Moya Team managing this initiative. The HPL program is a combination of pre-existing programs that better fit into this category than Education or Psycho-Social Support (PSS), along with new projects started in 2019. The purpose of this department is to ensure that our community children are being proactive in living full, healthy lives. The program brings the children and youth together in clubs led by caregivers and youth leaders. Topical interactive activities and discussions make the clubs fun.

The HPL program will expand to continue to meet the needs of children and youth within Lobamba Lomdzala. The three main programs under this department are: Kids Clubs, Youth Clubs and Garden Activities.



### Staff Spotlight

Nhlanhla Nkambule is the Program Manager at Moya Centre responsible for providing support, coordination and supervision for all activities within the Healthy Proactive Living Program. He further supervises Moya Centre's special projects, liaising with different community leaders, schools, stakeholders and NGOs in the Lobamba Lomdzala constituency. He ensures that Moya Centre's physical environment, facilities and motor vehicles are safe and secure for usage by the Moya Staff and beneficiaries.



**Nhlanhla Nkambule**

Having worked in child-oriented environments in different schools around the country he has cemented his passion in children. He gets the most satisfaction from seeing his work changing a child's life.

The mandatory door-sized garden project takes his preference as it instills a sense of responsibility in our young people and working in their gardens motivates them to own something.

### Introduction of Youth Leaders

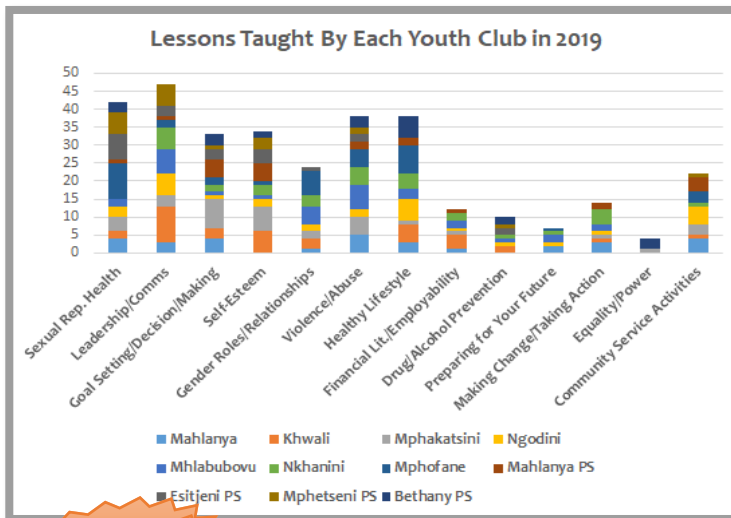
Although both Kids Clubs and Youth Clubs were active prior to 2019, some very positive changes did occur when shifting the programs under the HPL department. As Moya restructured to include HPL, the organisation also shifted the roles of the Community Caregivers who had been with Moya for the past six years. While those with a passion for counselling were kept on to work in the PSS department, those who excelled at facilitation continued to run clubs under HPL.

Moya Centre also recognized the positive effect that young adults can have on children and youth, along with the importance of supporting and further capacitating Moya's alumni as they decide which next step to take after high school. Youth Leaders work in partnership with Caregivers to facilitate sessions and track data on both Kids Clubs and Youth Clubs. Although this is a more transient population, we have seen great success with attendance rates and improvement in facilitation skills with the addition of the younger facilitators. For many, it is a way to give back to Moya, while still earning something small to keep themselves afloat.

# HEALTHY PRO-ACTIVE LIVING

## Youth Clubs

In 2019, Moya Centre grew the number of youth clubs to 11, including 7 community clubs and 4 in primary schools, known as Health Clubs. This was the first year of including Health Clubs in the program. Each club meets once per week. The curriculum used is that of US Peace Corps GLOW (Girls Leading Our World) and BRO (Boys Reaching Out) programs. Youth clubs give young people, from 12-19 years old, a safe place to become educated on a plethora of topics, obtaining the knowledge to live healthy, proactive and confident lives. Youth of this age are very



vulnerable, as a variety of obstacles stand in the way of their success. Youth clubs teach members how to navigate these challenges while also forming lifelong friendships .

As shown in this graph, the topics discussed include: self-esteem, leadership and communication, gender roles and relationships, violence and abuse, healthy living, sexual reproductive health, goal-setting, decision making, making changes, and preparing for the future. 2019 marks the second year of running Youth Clubs. The Youth Club program is showing to be very popular and impactful. It will continue to develop over the next few years.

### Staff Spotlight

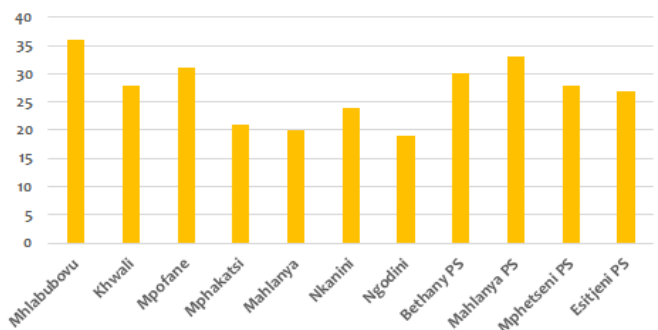
#### Thulile Dlamini



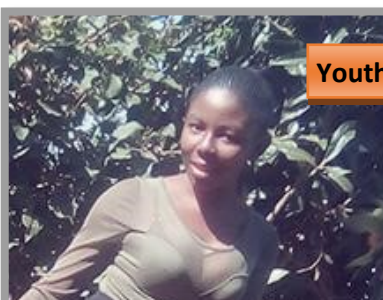
Thulile Dlamini is a Psycho-social Support Officer , Facilitator and Youth and Health Club Coordinator. Thulile trains and capacitates community caregivers and youth leader facilitators, And also monitors the community youth clubs and in-school health clubs each week. Throughout the year she attends to a wide variety of PSS cases through counselling and monitoring children within the communities. She assists in training and monitoring Peer Supporters, including tending to and following up on cases they identify within schools. She works with another PSS officer to facilitate PSS workshops to a wide variety of community groups.

Thulile loves her role in the Moya team and is passionate about working with underprivileged children and youth. As an orphaned teenager, she had little support and suffered abuse from her extended family. This inspired her to become a psychologist who would lift children's spirits and assist them in holistic development.

#### Membership Numbers By Youth Club 2019



#### Youth Leader Bongekile Dladu



Bongekile is a Moya alumnus and one of the first Youth Leaders. She facilitates one community club and one Health Club each week. She enjoys being a Youth leader since she wants to become a teacher and is gaining experience teaching kids. This opportunity allows her to practice facilitation skills while earning a small income.

# HEALTHY PRO-ACTIVE LIVING

## Kids Clubs

**Staff Spotlight**

### Khanyisile Khumalo



Khanyisile Khumalo is a preschool teacher, Coordinator for the Kids Club and Afternoon Club programs and a petty cash officer. She represents the organisation in matters of Early Childhood Development, and is often assisting both the Education and PSS departments with school supplies, uniforms, and cases involving young children from Moya programs. Khanyisile is committed to improving the lives of children and nurturing them to become good citizens in the future. She loves working at Moya because she feels the organisation is making a difference in the community and lives of families are transformed.

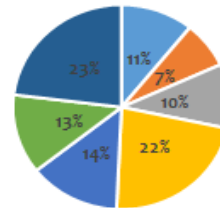
Based on the needs of the catchment area, Moya opted to decrease the number of Kids Clubs for 2019. It was assessed that some communities would benefit more from a Youth Club than a Kids Club. However, where there is a significant number of young children with no affordable preschool within walking distance and no Neighbourhood Care Point (NCP) the Kids Club proved to be of extreme value. The main focus areas of the Kids Clubs are shown in the data graph on the right. The curriculum is not only tailored to this age group but also takes into account the specific environmental needs.

Kids Clubs meet within communities twice each week for 1.5-2 hours. Moya caregivers and youth facilitators are attuned to identify health and hygiene concerns quickly (see graph below).

158 children are members of our Kids Clubs in 2019, while a total of 1,356 children have taken part in this program since 2016.



### 1210 Lessons Taught in Kids Clubs in 2019



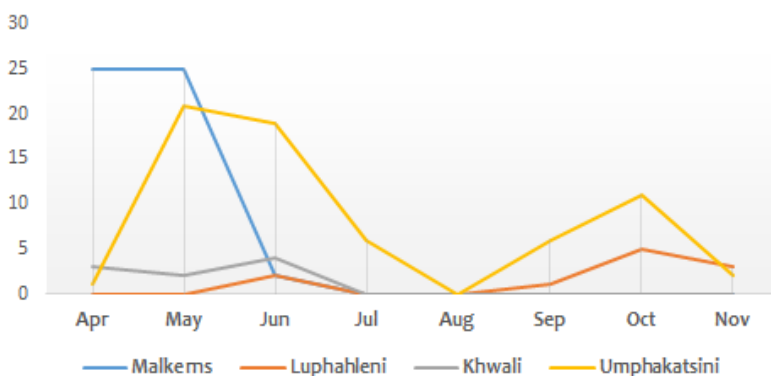
- Abuse
- Water & Environmental Dangers
- Moral Development
- Social Development
- Road Safety
- Healthy Living
- Emotional Development

### Community Caregiver Hlobsile Maziya

Make Maziya is a caregiver who facilitates the Kids Club in Malkerns, and is also a member of the PSS Child Protection Unit. She is very active and is critical to Moya's field presence. This community advocate is always invited to Moya's special workshops, as she has proven to use what she learns and thus she continues to improve her engagement with the children she works with.



### # Of Times Children Look Unhealthy at Kids Clubs 2019



# HEALTHY PRO-ACTIVE LIVING

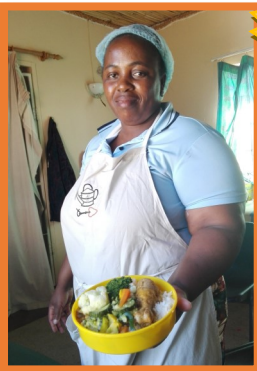
## Garden/Permaculture Education & Moya Kitchen

### Gardening & Permaculture

Moya has promoted gardening ever since its inception. However in 2019, it was taken to another level: that of mandatory door-sized gardens for every sponsored high school student. Moya had been scaling up education and practice of food production on its premises, teaching Afternoon Club members, pre-schoolers and sponsored students more about permaculture principles and the importance of gardening. Yet in 2019, it was decided that one step Moya can take in becoming more sustainable is by moving from food provision to food production on the homesteads of our sponsored students.

All sponsored students will be required to upkeep a garden of any size suitable for their living situation right on their homesteads. They were given the education and resources to build their gardens, and are checked on regularly by HPL staff to motivate them and to ensure they are putting in the work to provide fresh nutritious vegetables for themselves, and their families. Of course projects such as this start off bumpy, with students not comprehending the all year round aspect, but by the end of the year, all but two students had active gardens, with much of the group seeing the real benefit of this task. The door-sized garden project is teaching how to be responsible and self-reliant, and has shown Moya nothing but positive results.

### Nana Maureen Sibanyoni



#### Staff Spotlight

Nana is the cook of Moya Centre. She is responsible for preparing daily and weekly meals for a variety of Moya programs. She also takes on the task of

cooking for larger groups when Moya has workshops or events. Nana recently attended a year-long training course sponsored by Moya for her to improve her cooking and catering skills, which she says is a highlight of the time she has spent at Moya.

Nana also works closely with the Permaculture Officer to ensure her meals include fresh nutritious food from the Moya Centre garden. She says, "The belly rules the mind". Nana has a special love for kids, and has the ability to interact and teach kids every day, which is a main reason why she has taken her cooking skills to Moya.

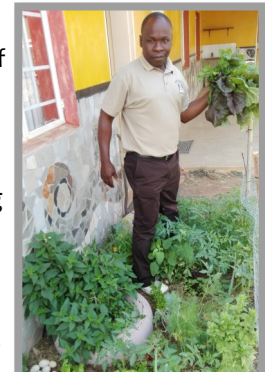


### Masoka Magongo

Masoka is the Permaculture Officer and Driver for Moya Centre. He is responsible for educating all children who come to Moya on permaculture and on the importance of food production. His success lies in regular homestead visits and surveys. He also plays a major role in the daily operations of Moya, through being a driver and assisting with maintenance of the premises.

Masoka is passionate about teaching the children, and seeing them grow vegetables at home to eat so they don't go hungry.

Working at Moya has opened his eyes to working with people as a team. That is what makes him love this work.



### Moya Kitchen

Another vital piece to the

functioning of Moya programs is the Moya Kitchen. The cook is responsible for providing daily meals to both community preschools, Kids Clubs once per week, and Youth clubs bi-weekly. Every other meeting is provided with fruits instead of a full meal, as we want children and youth to not only attend for food, but for the lessons they are learning. It also provides emahewu to all of the Afternoon Club members every day for the four days a week the program runs.

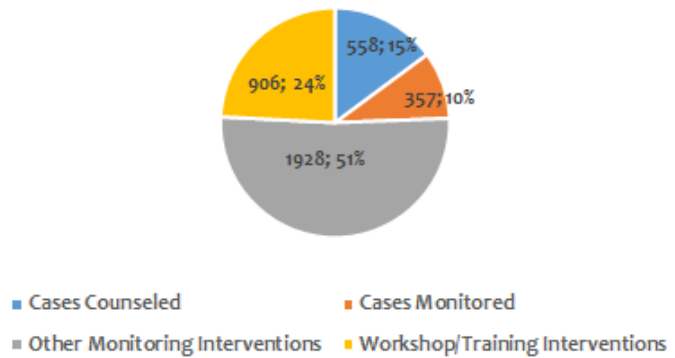
The Moya kitchen also provides meals for every training and workshop that takes place at Moya Centre, and Friday meals for Moya staff. The kitchen is situated right next to the Moya garden, and the cook and permaculture officer work together to ensure fresh ingredients are used in meals on a regular basis. The Moya kitchen also invites Afternoon Club Members to assist the cook, learning how to prepare healthy meals.

# PSYCHO-SOCIAL SUPPORT

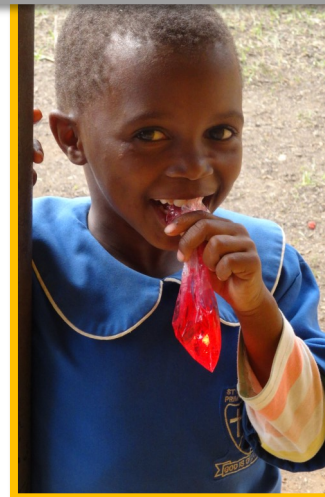
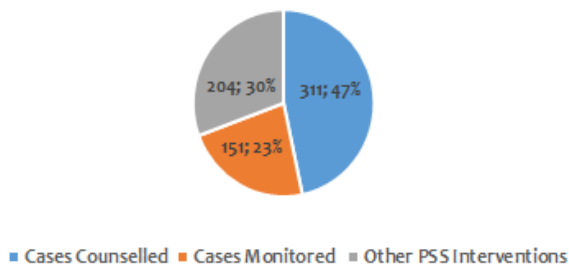
## Overview

Psycho-social support sits at the heart of Moya Centre's activities. This department differs from others as most interventions are not planned, and are an immediate response to the needs of the children of the LL community. Every program within Moya centre is tied indirectly into the PSS program; from identifying needy children within other Moya programs, to the motivational workshops given by PSS staff to peer supporters in schools and community parents, along with the handing out of uniforms, food and clothing in emergency situations. PSS really ties Moya together, and ties Moya to the community. As shown in the graphs, intense monitoring of cases is done after an initial counselling or restorative justice intervention.

Breakdown of PSS Child Interventions in 2019



Breakdown of PSS interventions for Adults in 2019



### Staff Spotlight

Vuyisile is a Psycho-Social Support Officer and PSS Workshop Facilitator. She spends a great deal of time both in the field and in the Moya Counselling room working on PSS cases-counselling and monitoring of children and adults for a variety of reasons. She applies Restorative Justice and often time refers cases to the proper authority, following-up to ensure the case has been concluded.



Vuyisile Mavuso

Vuysile leads a team of five community counsellors, Moya's Child Protection Unit, who work together with her on the most sensitive and difficult cases. During the first school term, she co-facilitates PSS workshops to a variety of groups. Most notable are the Peer Supporters trainings. Vuysile loves to see a difference in the well being of the children because of the work she does each day. As an alumnus of Moya years ago, she passes forward what she received: protecting the children and youth of the community.

# PSYCHO-SOCIAL SUPPORT

## Counselling, Monitoring & Child Protection Unit

### Counselling & Monitoring

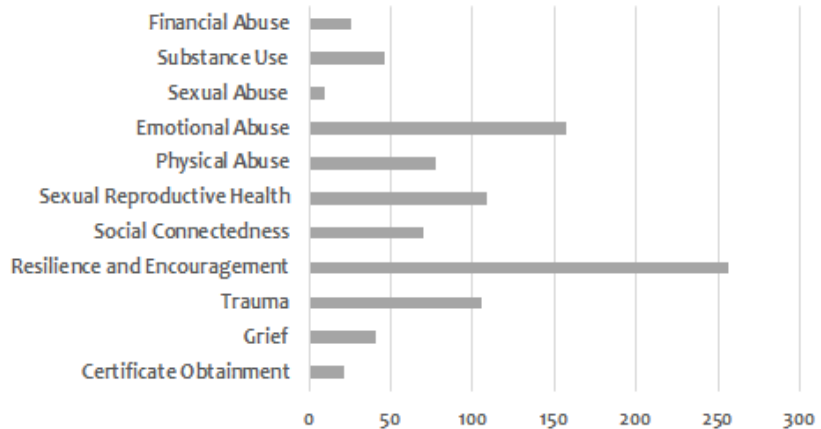
Counselling and Monitoring of cases is a critical component of the PSS department. It is a service offered to beneficiaries of all Moya's programs, along with any community member who is identified as needing support by a Moya caregiver, or who walks into Moya seeking support. Most adults are responsible for or live on a homestead with children. Moya PSS officers are prepared to offer a listening ear to those in need, provided time is on their side.

The graphs included show the frequency and the nature of the issues brought to the PSS department for counselling and monitoring interventions.

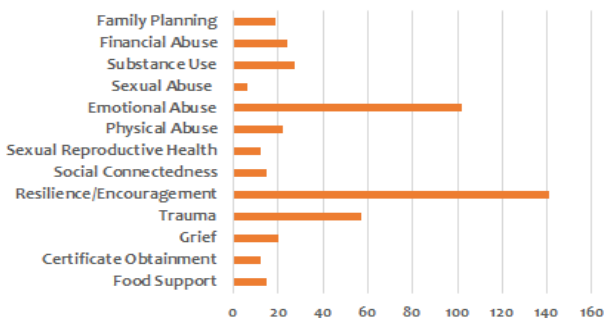
When necessary, PSS Officers do not hesitate to refer cases and often work very closely with the local police department and the social welfare department. It should be noted that the PSS staff puts a strong emphasis on identifying gender-based violence cases, and uses a restorative justice approach to resolve conflicts.



### Overall Case Breakdown for Children in 2019



### Breakdown of All Adult PSS Cases in 2019



### Child Protection Unit

The Child Protection Unit is a new aspect of the counselling and monitoring program. Five trained community counsellors who had excelled over the previous six years were selected to form a team whereby they work together, under the supervision of PSS officer Vuyisile, to resolve the most sensitive and complex cases as a unit. The CPU has been of huge benefit to the PSS department and to the community.

This project serves as an example of how Moya Centre continues to evolve to better serve the people of Lobamba Lomdzala, while working effectively with partners to keep children safe.



# PSYCHO-SOCIAL SUPPORT

## Peer Supporters, Dignity Packs & Other Support

### Peer Supporters

The Peer Supporter Program was started in 2014 and has proven to be invaluable to Moya's partner schools. It uses the best resources possible, the children and youth themselves, to identify children and youth in their schools who need PSS assistance.

Each year the school counsellors from 7 of Moya's 8 partner schools select students to be trained and to practice peer supporting for that year. The students receive training on essential peer supporter skills: active listening, basic counselling and proper referral skills. They

assist school guidance counsellors with identifying students in need of extra support.

This training also includes the Journey of Life workshop. It should be noted that although they are being trained on how to help others, the workshop itself, and the bonds made with their fellow Peer Supporters, often time help the trainees, as they also endure many challenges. The

workshop helps them to face their own, while teaching them to help others.

They meet with Moya PSS officers monthly to refer and discuss identified cases, talk about their experiences as Peer Supporters, and continue learning how to better serve their school and community in this capacity. As a thank you to these students, they have an outing with a braai at the end of each school year.



### Dignity Packs

Since initiating the Peer Supporter program in 2014, the most common issue reported was the lack of basic toiletries for proper hygiene. Such items include: sanitary pads, soap, deodorant, lotion, toothpaste, etc.

The absence of toiletries is a catalyst for truancy, drop-outs and bullying within our partner schools.

Through Peer Supporters, guidance teachers, and community caregivers, the Moya PSS department is able to identify those most in need of Dignity Packs, which are also referred to as hygiene hampers.



### Workshops & Additional Support

The two PSS Officers at Moya Centre are responsible for facilitating a plethora of workshops during the first term of each year.

This includes Peer Supporters training, Preschool parenting skills training, and motivational workshops for sponsored students. In addition, the yearly profiling of all children in our programs gives the PSS department a clearer picture of those who need additional help. Assistance may include: uniforms, stationary, blankets, lamps, and in the most dyer situations, food support as well.

# PSYCHO-SOCIAL SUPPORT

## Case Studies

### A case of neglect of 3 children from Bethany

A woman from Bethany was reported to be locking her three children aged 8, 5 and 2, inside her house to indulge in alcohol in bars in her area. She would sometimes leave the children over a weekend. Her neighbours who were helping to feed the children reported the case to a Moya caregiver who conducted a homestead visit and reported that the children are extremely neglected and requested support from the Moya PSS office.

The Moya PSS officer visited the homestead with the Child Protection Unit. The Moya team worked on the case, but finally referred it to the Malkerns Police Domestic Violence, Child Protection and Sexual Offences (DCS) police unit, as the mother of the children was not positively responsive. The case is with the DCS Police unit. Moya is in regular contact for updates on the case.



### A Sponsored Student Diagnosed with TB in Desperate Need of Help

A student was diagnosed with Tuberculosis (T.B.) and Pneumonia after his mother sought medical attention for him as he was coughing persistently and losing weight. The family stays in a one room house. The mother also reported that they are having financial challenges to carry out all the hospital instructions to help Bonginkhosi and the other family members. The hospital had instructed that he moves out of the shared room and be on his own until he is given an all clear by the hospital.

Moya was able to rent a room for him for the 3 months as per the hospital instructions. The Moya PSS officer also called the Lobamba clinic nurses, who conducted a homestead visit and tested all the other family members. The mother and the siblings were also educated on how to take care of him by the Lobamba clinic nurses. Moya has also put him on the list of beneficiaries of emergency food parcels for vegetables. The Moya permaculture officer has also encouraged his mother to continue nurturing his garden so they can grow their own vegetables. A drum for water collection was also delivered to her.

Moya also suggested a guidance counsellor at the school help the student keep up on his studies from home. The mother was also encouraged to inform the school and Moya of any progress he makes whilst still under treatment.

### Restorative Justice Used to Help A Sponsored Student and His Family Come to an Understanding

A Form 3 student living in a one room flat was put in a predicament when his aunt began moving items into his flat from a flat on her homestead whose tenant had disappeared. She wanted to rent that flat out again. This concerned the student, as his room was already very small and he feared the tenant would return. He first requested the aunt to make a list of all the items through a police affidavit so he could not be accused of being a thief. Neither his aunt nor family members were listening to his concerns. And so he reported his predicament to the PSS Department at Moya. A homestead visit by a PSS Officer and the CPU took place right away, leading to a visit with a local community leader to seek advice, which was that the items should be removed from the boy's flat. Then Moya PSS hosted a family meeting where Restorative Justice was used to gain a mutual understanding between the student, his aunt and the rest of the family. This meeting led to more support given to the boy, as it was here that it was uncovered that he was actually facing several other challenges with food and bus fare in order to attend school. His aunt, now apologetic for her actions, and understanding her role as an elder to the student, agreed to assist the young man until he can continue with piece jobs and earn the money for his own upkeep again.

# EVENTS & SPECIAL WORKSHOPS

## Overview & Workshops

In 2019, Moya Centre scaled up its effort in hosting events. This year saw the first annual International Women's Day Event, along with a stronger partnership with MTN Bushfire, and an Open Day event for local stakeholders to display the holistic approach of Moya's programs. Additionally, Moya hosted three ECD workshops.

2019 also saw the long-awaited release of the documentary *Liyana*; a story of resilience told by children of Limphilo Lenhle, an orphanage in the Shiselweni region of Eswatini. Moya ensured that staff, caregivers, and many youth beneficiaries were able to see the movie at the theatre.

Events not only have a direct impact on beneficiaries in a variety of ways, but they also give the organisation visibility locally and nationally, allowing Moya to showcase the work being done.



### Staff Spotlight

Katelyn is part of the Moya Management team who focuses mostly on data, events, communications and resource mobilisation. She is also the main author of this report. As a former US Peace Corps volunteer, Katelyn loves being a member of the Moya Centre team, as she appreciates community development at such a personal, grassroots level. She enjoys interacting with the kids and youth, and is committed to working with the Director and the staff in developing innovative and creative approaches for



**Katelyn Panzarella-Mushipi**

Moya Centre in the future.

### Special Workshops



Moya hosted three special workshops for Early Childhood Development (ECD) in 2019, 2 funded by Solon Foundation and 1 funded by REPSSI.

In January we kicked off with the Waste 2 Toys workshop, facilitated by Singakwenza, a South African based NGO, that came to Moya to teach Moya's preschool teachers, Kids Club facilitators and reps from Solon partners how to recycle items considered trash to make fun, engaging toys for young children. In September, a second training took place: the Persona Dolls Workshop. This workshop, targeted to the same teachers, caregivers and facilitators, educated participants on how to use a special doll to talk to young children about a variety of topics, from diversity and inclusion to abuse. The training ended in each participant receiving a persona doll, which is now used regularly in Moya's ECD programming.

In November REPSSI's, Mandla Mazibuko trained Moya staff and reps from neighbouring preschools on early stimulation and care of babies and infants. It is worth noting that Moya Centre also hosted the DPM's legal office for an informational workshop on the new Sexual Offences and Domestic Violence (SODV) bill, as well as a refresher workshop by CIE Johannesburg on building positive environments in schools using positive discipline.

# EVENTS & SPECIAL WORKSHOPS

## International Women's Day & Bushfire

A Trustee felt that creating a larger platform for education, artistic expression, entertainment and celebration of the girl-child and of womanhood, through an event in the heart of the LL community, could have a major impact and would reinforce the crucial messages of self esteem we promote. This is how the concept of hosting a one day creative event for adolescent girls at House on Fire on International Women's Day took shape. Moya's programs expose the struggles of girls as well as the creative spark that exists in Lobamba Lomdzala, specifically within the youth population. This event could bring both dynamics to the forefront.



House on Fire hosted this event as part of the MTN Bushfire 2019 rollout. This partnership led to solidifying Moya's motto for the International Women's Day event as #LOVEYOURFIRE. It fits perfectly into the MTN Bushfire's call to action of BRINGYOURFIRE.

The message is clear: love yourself, respect yourself, value yourself and show your true self to the world. This theme was then carried over, along with the voices of the girls, into MTN Bushfire 2019.

Moya Centre's International Women's Day took place on March 8<sup>th</sup>, mainly sponsored by Swazi Candles. The central focus was on sexual reproductive health, therefore we invited PSI to attend with a mobile clinic for HIV counselling and testing. Over 30% of girls took the opportunity to get tested, with many others visiting the nurses to get information and advice.



The Creative Director of MTN Bushfire, Jiggs Thorne, was impressed with the



performances put on by the girls and invited one of the youth groups who performed Swati Traditional Dance, to be part of the Bring Your Fire Zone at the festival. Moya Centre was also given an opportunity to bring the #LOVEYOURFIRE theme to the festival in the form of an interactive mural in the Bring Your Fire Zone. This initiative received a great deal of positive feedback. The high level of engagement observed at the interactive mural led to Moya's invitation to the Standard Bank Lujú Food & Lifestyle Festival in August to do another mural. This mural turned out just as beautiful as the one completed at Bushfire, and both continue to inspire the kids who come to Moya every day.

# EVENTS & SPECIAL WORKSHOPS

## Moya Open Day Event

The intention of the event was to share with community members and potential local donors the breadth and importance of Moya's work, the respect and trust earned, and the grassroots impact that has been made over its 20 years of existence in Lobamba Lomdzala.

The day was set up as a high-tea event, and a local group of women formed a committee with Moya Centre to request food donations and raffle prizes. The main prize, a butchered pig, secured by the Malkerns Mayor Mrs. Billee Fitzpatrick, drew in many people to buy tickets, thus covering the cost of the event.



The best way to explain what Moya does is, of course through the voices of beneficiaries themselves.

Children and youth involved in each program, staff representatives and a caregivers showcased Moya's work through songs, dance, skits and speeches.



Moya Centre was honoured to have the audience of the local Member of Parliament, Marwick Khumalo, who was the main speaker, as well as the current US Ambassador to Eswatini, Lisa Peterson who kindly spoke about Moya Centre as a Community Based Organisation. Both prominent speakers called upon the local families and businesses to support Moya in any way possible.

# PROGRAM IMPACT

Supporting Thousands of Children in Lobamba Lomdzala

**A breakdown of Program Beneficiaries:  
Over 2800 Children directly Impacted in 2019**

## PSS Interventions

There were 3613 PSS interventions in 2019, and over 9686 interventions since the inception of the program in 2013.

## Community Preschools

40 kids currently enrolled in preschool for 2019, at least 360 kids have been enrolled in our preschools since they started in 2005.

158 children are members of our Kids Clubs in 2019, while a total of 1,356 children have taken part in this program since 2016.

## Kid's Clubs

## Peer Supporters

There were 86 new Peer Supporters in 2019, and a total of 352 trained since 2014.

## Afternoon Club

137 Afternoon club members in 2019, and over 1,600 students have benefitted from our Afternoon Club since its inception in 2007.

## Food Support

636 homesteads have received food support through Moya since 2015, with 153 receiving food support in 2019.

## Gardens

47 Gardens were created in the community on the homesteads of Caregivers, staff and friends of Moya. In 2019, an additional 133 gardens were built on the homesteads of our sponsored students.

## Dignity Packs (Hygiene Hampers)

In 2019, 735 students have received hygiene hampers, with a total of 4265 children receiving them since 2014.

## Youth Clubs

255 students participated in our Youth Clubs for 2019. The program began last year, and so a total 451 members of the youth have participated since then.

## Holistic High School Sponsorship

133 Sponsored Students for 2019, at least 608 students have been sponsored, for at least 4 years of school, since 2009.

## Restorative Justice

On average, our PSS department completes 3 RJ cases per month.

## PSS Children Seen

In 2019, 2045 children have been seen through our PSS department, and a total of 5919 children have been seen, for counselling, monitoring, educational support and other services since 2013.

## Community Caregivers

55 Community Caregivers have been trained through Moya Centre to work within their communities to identify children in need of our services, with 36 of them fully active with Moya six years later.

# WHAT'S NEW IN 2020

## New Additions to Moya Coming Next Year

With a renewed focus on grant-writing in 2019, and successes obtained, Moya is proud to present three projects that will be in full swing or will start in 2020.

### Design Your Future Educational Assistance Program

Although the beneficiary selection for this pilot program was made in 2019, the project will begin fully at the start of 2020. The Design Your Future program sits within the Education department, and provides trade school or short-course education to five Sponsored Students alumni, while also imparting monthly life skills training to these students.

The project is inspired by a local organisation, NLL, who has provided this service to twenty young adults for the past 6 years, including two of Moya's alumni yearly. Moya wrote a proposal to Solon Foundation requesting to mirror the program due to a large number of competent high school graduates who are missing specific vocational skills.

The hope is to scale up the program in the near future.

### Youth Resource Centre

A Youth Resource Centre is in the making! The concept stems from the same need as the Design Your Future project to further support and provide resources for Moya Sponsored Student alumni. The resource centre is an old renovated storage container. It will house computers and multi media resources and will offer instruction on CV writing, job shadowing and interviews, as well as information on permaculture and potential business ventures. Its management will fall under the Healthy Proactive Living department. We will keep you posted on the further development of this centre and who knows, maybe it might even become a small businesses incubator.



### Intergenerational Livestock Income Generating Project (ILIGP)

ILIGP is a project that has been in the pipeline for a while and will finally become a reality in 2020, with the financial assistance of the US Embassy in Eswatini.

This project will also fall under the Healthy Proactive Living department, and will pair five Moya Youth (Alumni) with five older Community Caregivers, creating teams of two which will each start either a piggery or a goat business together in their community. It will be the first of its kind in this area, creating inter-generational teams in order to realize the strengths of each age group, and working hand in hand to create a successful business. The project will provide financial literacy and small business training from a US based curriculum, and will also bring in local livestock owners to train on how to care for these animals.



# LOCAL PARTNERS

## Ensuring Moya Centre is Community-Based

### Moya Centre Board of Trustees

Chair Lady Nosipho Gwebu Storer, Treasurer Susan Jane Cox, Anthony Marshak, Anthonia McLeod, Mandla Mazibuko, Stella Nkosi

### Moya Community Advisory Council

Luke M. Fakudze (Chairperson), Billee FitzPatrick (Vice Chairperson), Paulos T. Malaza, Sabelo M. Zwane, Sizwe Dlamini, Nduna P. Mdluli, Popie Gina, Ann Huysmans, Nhlanhla Nkambule and Dumsile Dlamini

### Local Partner Schools

Lobamba Lomdzala High School  
Lobamba National High school  
St. John Bosco High School  
St. Anne's High School  
Mahlanya Primary School  
Esitjeni Primary School  
Mphetseni Primary School  
Bethany Mission Primary School

### School Guidance Teachers

Mrs Ginindza (LNHS), Mr Mseleku (LLHS), Mrs Maseko (St John Bosco), Mrs Maseko (St Anne's) Mr. Mahlalela and Mrs. Dlamini (Esitjeni), Miss Shongwe (Mahlanya), Mr. Adams and Miss Magongo (Mphetseni) and Mrs. Mavuso (Bethany).

### Child Protection Unit Counsellors:

Mbhibi Dlamini, Sipho Dlodlu, Sophie Nsibandze, Tholakele Mkhali and Hlobisile Maziya

### Partner Organisations

Local and Regional Organisations Moya collaborated with in 2019 include: Swaziland Homeopathy Project, Nhloso Likusasa Le Lichakazile, Peace Corps Eswatini, Kaiizen, Woza Moya, Team Joy, REPSSI, ECD Network, Catholic Institute of Education

### Freelance PSS Caregivers

Nomsa Dlamini, Ntombifuthi Dube, Vuyisile Mkhonta, Dudu Ndzimadze, Sibongile Shabangu, Phindile Sibandze and Beatrice Magagula

### HPL Community and Club Caregivers:

Sophie Nsibandze, Nobuhle Dlamini, Nkosazana Motsa, Bonile Fakudze, Phindile Nkambule, Bonsile Maseko, Ntombifuthi Dlamini, Andile Mhlanga, Zanele Mdluli, Nomsa Motsa and Hlobisile Maziya

### Youth Leaders

Wandile Hlatjwako, Gcinile du-Pont, Gift Mtseftwa, Bongekile Dlodlu, Banele Mwelase, Sive Magagula, Nolwazi Dlamini, Mncedisi Mashaya and Simiso Mndzebele

### Library/Teacher Aids

Qiniso Bhembe, Melusi Nkambule, Simiso Mndzebele, Sizwe Ginindza and Thobile Dlamini

### Afternoon Club Tutors

Nasiphi Mavuso, Thembe Mkhonta, Mbali Manana, Nokwanda Hlatshwayo, Mncedisi Mashaya, Mdigo Mtunzini and Phumuza Dlamini

# DONORS & FRIENDS

Keeping Moya Alive Year after Year

## Foundations

Bliss Family Charity

SAHEE Foundation

ELMA Philanthropies

Solon Foundation

Global Giving

Thank you for shining your  
light our way in 2019.

## Local Companies & Service Clubs

AD Enterprises

Woolworths National and Gables

Swazi Candles

Vickery Seedlings

Kobla Quashie

Tibiyo Insurance Brokers

## Private Donors

Moya Centre appreciates all donations, big and small. However, because Moya has started crowd funding this year and has increased the small donor base significantly, the list below only includes those who have donated E7000 or more in 2019, which is equivalent to the cost of sponsorship for one child. Thank you to everyone who has donated, and a special thanks to the donors

listed below:

Els and JP Hooft (Eswatini)

Karen Coopers (Eswatini)

Kalahari (AUS)

Kathy Shanklin (US)

Lies Van Acker (Belgium)

Cora and Nico Peek (Netherlands)

TAB-SA (US),

Zio Peres (US)

Ivonne and Peter Kuijt (Netherlands)

Hans Schmid (Spain)

Ton and Gill Vriend (Eswatini)

Jamie Panzarella (US)

Alyson Freedman (US)

Westell Family (US)

Panzarella Family (US)

Joseph Brazier (US)

Kaiizen (US)

# CONNECT WITH US

How to Keep in Touch with Moya Centre

**Are you interested in donating, learning more about Moya Centre, or getting involved with the work we do?**

**Please reach out to us!**

**[www.moya.org.sz](http://www.moya.org.sz)**

**[facebook.com/MoyaCentreSwaziland](https://facebook.com/MoyaCentreSwaziland)**

**[moya.swaziland@gmail.com](mailto:moya.swaziland@gmail.com)**

**[moyacentre.communications@gmail.com](mailto:moyacentre.communications@gmail.com)**

**+268 2528 2043**

**+268 7605 7944**

**You can donate to Moya Centre directly at:**

**[www.globalgiving.org/donate/68219/moya-trust-also-known-as-moya-centre/](http://www.globalgiving.org/donate/68219/moya-trust-also-known-as-moya-centre/)**

**Thank you!**



## Moya centre (2020) Annual Stakeholders Report 2019

Mahlanya, Eswatini

The opinions expressed herein are those of the author(s) and do not necessarily reflect the views of any of the funding partners.