

Kibera is a place with many residents. People prefer to live in Kibera because of the cheap accomodation. Due to the high popullation, the residents of Kibera face many challenges. Challenges such as outbreak of diseases that spread easily, lack of clean, safe and enough water, scarcity of food and low electricity access are the main problems.

But although this challenges have been experienced, different organization have come together and have joined hands to deal with the problems. Distribution of food have been happening. During the holidays, children are very excited since they know they will be having at least one or two meal per day. This is because most of us depend on this food distribution.

For me as an individual I think that the food distribution activity has been a big favour to us. Some of us even carry tins for packing the food to take home for later or for those who are left at home. The residents of Kibera can fight this food challenge if they are well educated on how to creat kitchen gardens using localily available materials.

Once again thank you for the food. Merci!