

### Transformación Social TRASO A.C.

- It is a non-profit civil association that seeks to improve the quality of life of **families** in urban marginalization in Mexico City.
- **TRASO** was founded 5 years ago, on February 21, 2013.
- It is made up of a multidisciplinary group of young people and women who want to serve their country, their community, Mexico.
- It founded the **Pok-Ta-Pok Alliance** Pro Physical Culture and Sports Network (2018). And it is ally of the international **Laureus Sport For Good Foundation** (since 2017) and the **Fight For Peace Network** (since 2015).
- Is the winner of the **first Beyond Sport Mexico Award** in 2017.

TRASO uses sport as a tool to:

- ✓ **Combat Violence.**
- ✓ **Empower children and youths.**
- ✓ **Strengthen Families.**

*It combines the formation of civic values and human development with the discipline of contact sport and we implement it through two programs:*

- **Champions of Peace (CAPAZ)**  
Children between 6 and 11 years old and their parents. (93 participants)
- **BE (SER): Healthy, Empowered and Responsible Youths**  
Teenagers between 12 and 15 years old and their parents. (25 participants)

3 years ago (2015) was born CAPAZ of the sum of 3 elements:

1. **TRASO:** A community organization serving the community with education, health and social projects.
2. **Box Gym Lupita:** 50 years creating boxing champions.
3. **Fight For Peace:** International organization specialized in sport for development.

In September 2017, thanks to the support of foundations such as **Laureus Sport For Good** and the success of the CAPAZ program, we opened the new **SER program focused on adolescents.**

### **Methodology**

In **CAPAZ** and **SER** the FAMILY is the protagonist and recipient of the educational process for peace, peaceful coexistence and the prevention of crime and drug trafficking.

**The beneficiary receives:**



- Box training
- Psychological therapies
- Values workshop
- School for parents
- Nutritional monitoring

### **NOS UNE EL SERVICIO**

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