



ART OF LIVING FREE SCHOOLS

Gift a Smile – bringing smiles to their hearts.

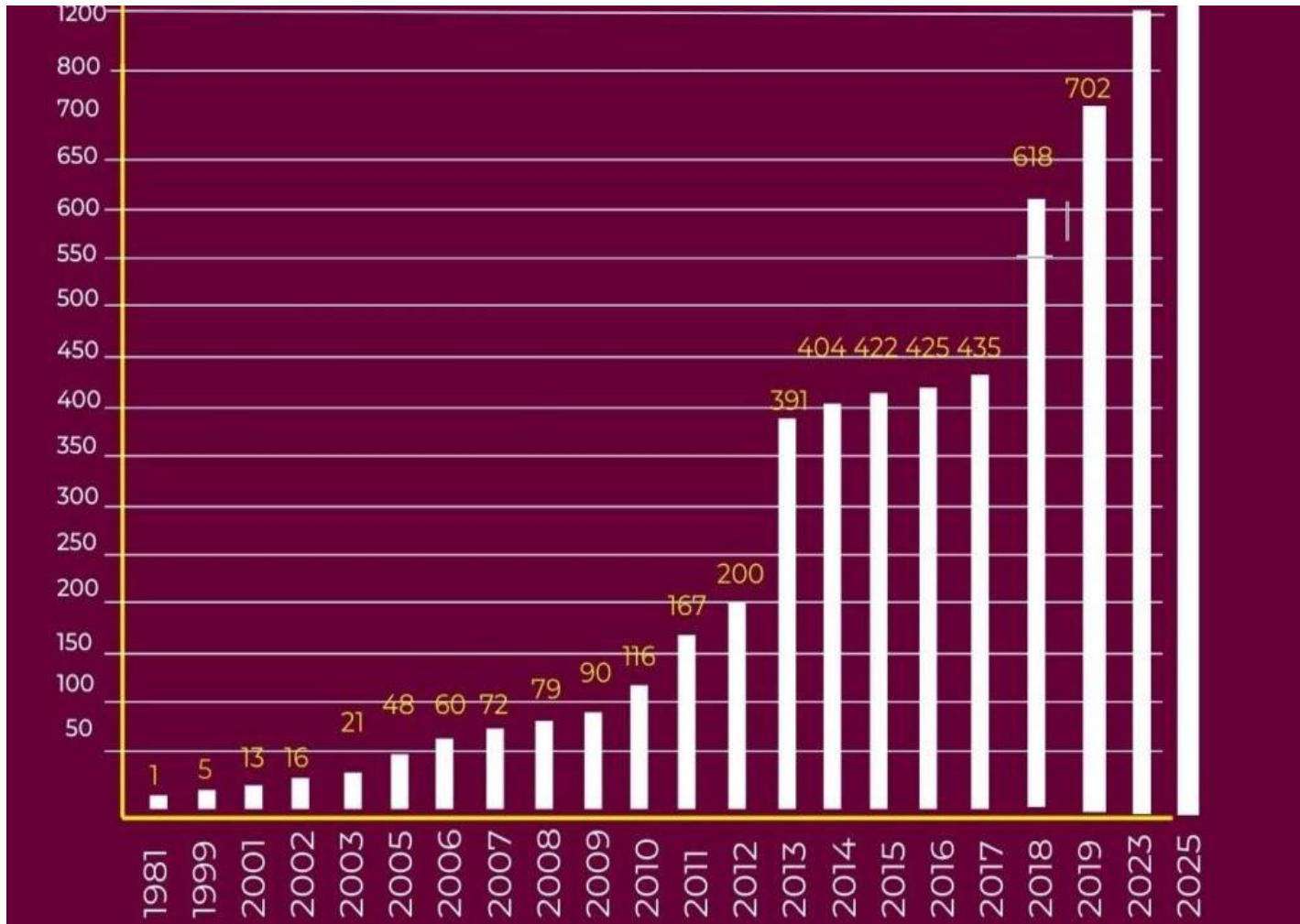


International Association
for Human Values

The Art of Living Free Schools

All Round Child Development

A major focus of our education strategy is to combine formal education with life skills that include building the child's confidence, leadership, interpersonal skills and developing spiritual tools through meditation techniques and a foundation of human values.



ON THE GROUND UPDATES FROM LAST QUARTER

DEVELOPMENT ACTIVITIES:

SUMMER CAMP ACTIVITY:

Reuse and recycle:

Students created a variety of innovative articles using materials like pencil shavings, peanut shells, bottle caps, and leaves—items that would otherwise be discarded. The activity not only encouraged creativity and sustainability but also brought immense joy to the children as they crafted their unique pieces.

Cooking:

The children themselves learnt to make a dish out of puffed rice and also made sandwiches.

A collage of three photographs. The top photo shows a group of students sitting on the floor in a circle, participating in a meditation or Gurupuja activity. The middle photo shows a student performing a ritual with a portrait of a man, with the text 'PRASADAM' above it. The bottom photo shows a group of students sitting at a table with food, with the text 'GURUPOJA & MEDITATION' above it.

GURUDEV'S BIRTHDAY:

Gurudev's 69th birthday was celebrated with immense enthusiasm across all our schools in 22 states on May 13th. The day was filled with joy, laughter, and heartfelt devotion as vibrant flowers adorned Gurudev's portrait. Each school reverently performed Gurupuja, honoring Gurudev's guiding presence. The celebrations also included serene meditation sessions and inspiring satsangs that deepened the spiritual atmosphere.

At our Kanskuli branch in West Bengal, a Free Medical Camp was organized in collaboration with Health World Hospital reflecting Gurudev's spirit of service.

To conclude the day, delicious delicacies were lovingly prepared and shared with the students, making the celebration truly memorable.

A JOYFUL START TO A NEW SCHOOL YEAR:

The new academic year 2025-26 began with great enthusiasm across our schools in different states.

In Chhattisgarh and Madhya Pradesh, schools reopened during the first week of July 2025. Maharashtra schools resumed in mid-June, while in Karnataka, the academic session began on May 29, 2025.

After a long summer break, students were warmly welcomed back to school. It was heartening to see the joy and excitement on their faces as they returned to their classrooms, ready for a new year of learning and growth.



DEVELOPMENT ACTIVITIES BEYOND ACADEMICS

RUNNING FOR PEACE & FITNESS:

We are happy to share that SSGM Telangana was invited by the Telangana State Coordinator of the Art of Living to participate in the 39th Edition of the Olympic Day Run, held on June 23rd.

With great enthusiasm and team spirit, 200 students and teachers joined the 1 km run from the Assembly to Lal Bahadur Stadium.

The Olympic Day Run is a global annual event that promotes fitness, peace, and the core values of the Olympic movement, encouraging widespread community engagement through sports.



PROMOTING READING CULTURE:

On 13th June, VVMVP School, Karnataka had the honour of welcoming Ms. Madhumita, a distinguished judge from the Income Tax Department, Delhi.

During her visit, she generously donated a rich and diverse collection of storybooks to our school library.

The entire school community extends its heartfelt gratitude for her thoughtful contribution, which will significantly enhance our literary resources and inspire a love for reading among our students.



SUCCESS STORY

OUTSTANDING SSLC RESULTS OF 2024-25:

We are proud to share that our toppers have overcome challenging circumstances to achieve remarkable success. Their hard work, determination, and the strong, effective teaching methods at VVMVP School have truly made a difference.

Top Performers – Kannada Medium

Kruthika G. – 88%

Pooja L.D. – 87.68%

Sahana N. – 86.24%

Kavya N. – 83.20%

Priyamani C.S. – 79.36%

(Sahana N scored 125/125 in Kannada)

Top Performers – English Medium

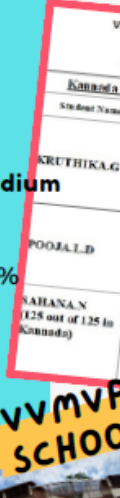
Pavan Balaji – 88.32%

Lungmeheule Nriame – 80.48%

Arpitha S. – 80%

Iteile Newme – 76.48%

Sahana – 75.52%





SHAIK AKHIL



OUTSTANDING SSC RESULTS:

Proud Moment for Our Guntur School!

We are thrilled to announce that Shaik Akhil has achieved an outstanding 96% in the SSC Examinations 2024-25! His hard work, dedication, and perseverance have also earned him the prestigious Andhra Pradesh Shining Star Award 2025. This is a proud moment for our entire school community, and we extend our heartfelt congratulations to Akhil and his family. Keep shining, Akhil! Your success is an inspiration to us all.

OUTSTANDING GRADE 12 RESULTS:

Inspiring story of Niranjan, a student of our Telangana Free School.

With no private coaching, no extra tuition — only strong basics, regular practice, and the peaceful environment of the school — he scored 98.9% in Class 12 and went on to clear the IIT-JEE with an All India Rank of 1668.

This is the silent strength of our schools — where education is free, the heart is full, and children are shaped with care, confidence, and character.





BHAVYA



OUTSTANDING GRADE 12 RESULTS

With immense pride and joy, we would like to introduce Bhavya, lovingly called Bakor by everyone here.

She joined our Karnataka Free School when she was just five. Growing up in the ashram, she was surrounded not just by books — but by a life of values, seva, and spiritual grounding. Coming from a very simple background, today she stands here having scored an excellent 93% in Class 12, and will now continue her studies at Sri Sri University.

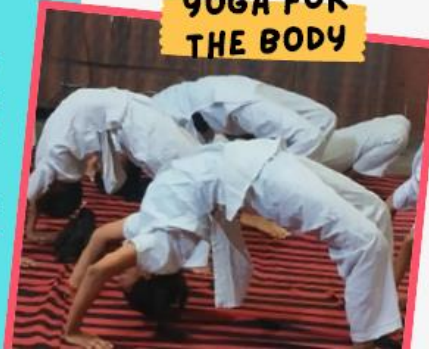
CELEBRATIONS

GLOW WITH YOGA:

On 21st June 2025, students from our school across 22 states enthusiastically celebrated the International Day of Yoga. Arriving early in the morning, they participated in a series of yoga sessions that included surya namaskar, various asanas, and guided meditation.

"Gurudev says, 'Every child is a born yogi.' At our schools, we strive to nurture and preserve this natural state of innocence, awareness, and harmony."

YOGA FOR THE BODY



REMEMBERING A CHAMPION OF SOCIAL JUSTICE:

Shahu Maharaj Jayanti, also known as Chhatrapati Shahu Maharaj Jayanti, was celebrated at our schools in Maharashtra, on 26th June 2025.

During the event, teachers highlighted Shahu Maharaja's pivotal role in promoting social equality and expanding access to education and opportunities for marginalized communities.

His vision of an inclusive and just society continues to inspire efforts toward building a better future for all.

HONORING A VISIONARY



INSTILLING LOVE FOR NATURE

SRI SRI GNAN MANDIR ESTD. -2007



CARING FOR THE ENVIRONMENT:

On 21st June 2025, all our schools across 22 states actively participated in World Environment Day celebrations with great enthusiasm.

Students created informative charts on environmental conservation, water preservation, and sustainable living.

Tree plantation drives were conducted to promote green spaces, and spirited processions raised awareness about protecting our planet. Both teachers and students joined hands to clean the school premises, reinforcing the message of collective responsibility. The day served as a powerful reminder of our role in nurturing a cleaner, greener future.

CELEBRATION TO INSPIRATION:

Our school in Karnataka celebrated the 516th birth anniversary of Nadaprabhu Kempegowda, the founder of Bengaluru, on 27th June, 2025.

During the program, our principal and teachers shared insights about his remarkable contributions. Kempegowda was a visionary chieftain under the Vijayanagara Empire who laid the foundation of Bengaluru in 1537 by building a mud fort, marketplaces, temples, water tanks, and the iconic four watchtowers marking the city's boundaries. He was a pioneer in urban planning, established several reservoirs, and initiated progressive social reforms—such as abolishing harmful customs within his community.



IAHV ACTIVITY 10K –Run for a cause

Several enthusiastic volunteers participated in the IAHV 10K run and raised funds for AOL free schools.



Miles of Smiles

The Art of Living Free Schools
1,00,000 Students Benefitted
1327 Schools in India
Across 22 States



GET INVOLVED. SHARE IDEAS. COME JOIN THE MISSION!



- **Corporate Collaboration (CSR):**

- Connect us with your Companies HR, CSR Heads for the opportunity to present the project

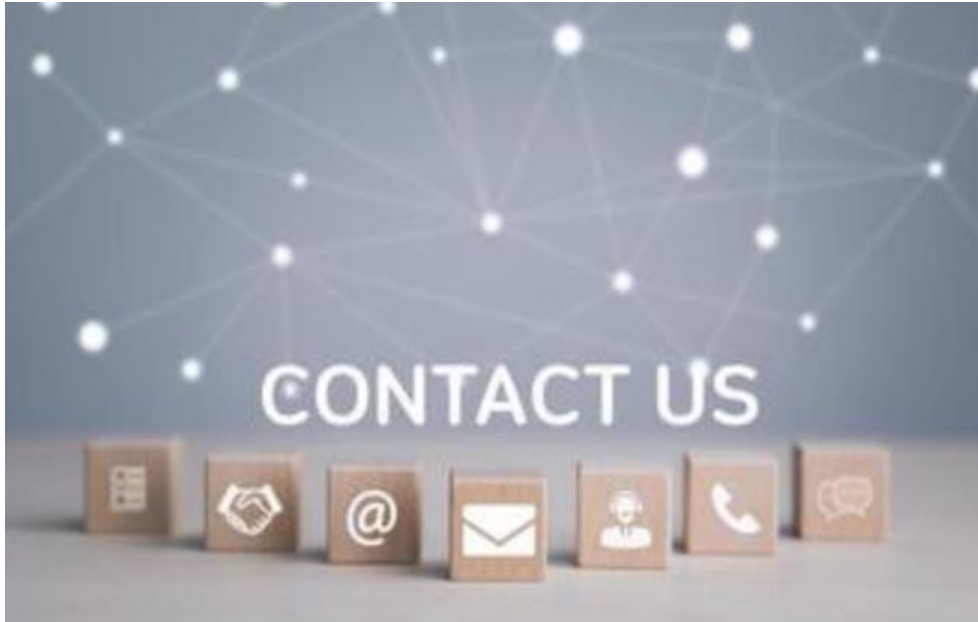
- **Volunteers:** Seeking supporters for IAHV10K Run on 13th July 2025

Ambassadors: Those who like this noble cause, are welcome to be Ambassadors of the Project

- **Fundraising Lead:** Roles for two volunteers to jointly lead fundraising and awareness in the UK are open.

- **Event Coordinators:** Plan online in-person events connecting donors, recipients & volunteers all over the UK.

WE WOULD LOVE TO HEAR FROM YOU!



Email: giftasmile@iahv.org.uk

Donations: globalgiving.org/projects/artoflivingschools/

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THANK YOU FOR YOUR SUPPORT!

