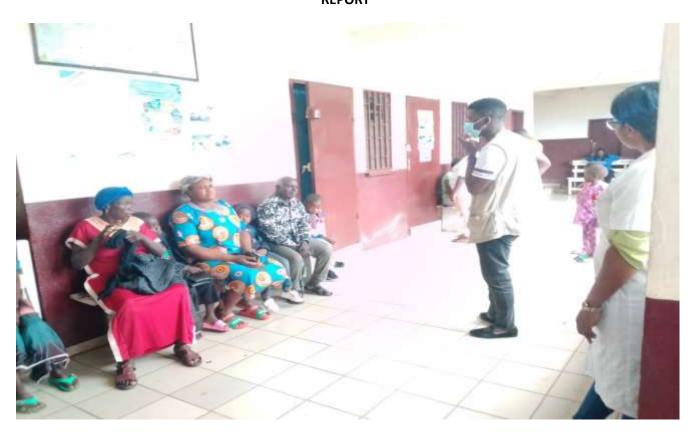
# THE GLOBAL GIVING REMOTE COMMUNITIES HEALTH PROMOTION PROJECT REPORT



Health staff welcoming community members to the outreach activity at the Tole Integrated Health Center.

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#### 1.0 Background

The socio-political crisis in the North West and South West regions of Cameroon has since 2018 deteriorated into a humanitarian crisis with devastating effects on the healthcare system in the regions. Vulnerable communities in these regions experience attacks on healthcare ranging from the forceful confiscation of medical supplies to the death of medical personnel. This has caused health personnel to desert their health facilities and/or communities for safety leaving the resident population in vulnerable communities to endure the menace of violence, injury and communicable diseases.

GlobalGiving has presented Reach Out Cameroon with a crowdfunding platform where amazing donors have been able to provide donations to provide relief for the deplorable healthcare services provided in conflict-affected-communities through government assigned community health workers (CHWs) in Ekondo-Titi health district and mobile clinic (MC) in Buea health district. These CHWs are providing primary health care services (PHCs) and referral services to the people of the most vulnerable communities in need. For this period of reporting, the vulnerable host communities selected from these health districts were Kitta and Tole.

## 2.0 Objectives

#### 2.1 Project Goal

To support two (2) CHWs in Kitta and a Mobile Clinic in Tole to provide free primary healthcare services to those in need and perform surveillance on diseases prone to outbreaks in Kitta and Tole.

## 2.2 Specific Project Objectives

- Treatment of acute respiratory tract infections.
- Treatment of uncomplicated malaria.
- Screening and treatment of malnutrition in children without complications.
- Treatment of skin infections without complications.
- Provision of Vitamin A and Albendazole to children.
- Distribution of perinatal multivitamins to pregnant women and lactating mothers.
- Distribution of aqua tabs.

- Referral of complicated cases for proper case management.
- Referral of pregnant women to higher health facilities for ANC.
- Referral of SAM cases to higher health facilities for proper case management.
- Health Sensitization of community members on prevailing health problems.
- Identification, referral and follow-up of unvaccinated cases.
- Weekly reporting of activities.
- Surveillance for measle outbreak.

## 3.0 Results

# 3.1 Health Data

Table 1a; A Summary of Health Care Services provided by CHWs in Kitta from July- September 2021

	< 5y	ears	5 – 17	years	18 - 59	years	> 59	years			
Indicators	M	F	М	F	М	F	М	F	М	F	Total
# People received for											
health problems by the											
CHW	132	155	79	62	30	50	0	0	241	267	508
# People with health											
problems referred to the											
health facility by CHW	14	6	0	0	0	0	0	0	14	6	20
# of malaria suspected											
cases received by CHW in											
the community	103	113	37	35	8	14	0	0	148	162	310
# of suspected malaria											
cases who benefited from											
an RDT in the community	87	90	0	0	0	0	0	0	87	90	177
# of suspected malaria											
cases who tested positive											
with RDT in the											
community	64	69	0	0	0	0	0	0	64	69	133
# of uncomplicated											
malaria cases confirmed											
and properly treated in the											
community	50	63	0	0	0	0	0	0	50	63	113
# of complicated malaria											
cases referred to a health											
facility by CHW	0	1	0	0	0	0	0	0	0	1	1

# Number of deliveries											
within community	6	6	0	0	0	0	0	0	6	6	12
#People provided											
essential drugs for ARI	38	52	21	20	4	11	0	0	63	83	146
#Children with drugs for											
acute diarrhea	18	28	27	17	9	19	0	0	54	64	118
# People provided anti-											
malaria	59	66	8	11	0	5	1	0	68	82	150
# Persons provided											
vitamin A and worm											
therapy	97	100	0	2	0	7	0	0	97	109	206
# Pregnant and											
Lactating Women (PLW)											
provided with maternal											
care kits	32	25	0	0	0	2	0	0	32	27	59
# Caregivers provided											
with new-born kits	0	0	0	0	0	6	0	0	0	6	6

Table 1b; A Summary of Health Care Services provided by Mobile Clinic in Tole from July- September 2021

# People received for health problems by the MC 35 24 28 32 14 37 4 16 81 109  # People with health problems referred to the health facility by MC 10 5 4 6 0 10 0 6 14 27  # of malaria suspected cases received by MC in the community 35 24 28 32 14 37 4 16 81 109  # of suspected malaria cases who benefited from an RDT in the community 22 14 14 17 10 11 1 7 47 49  # of suspected malaria cases who tested positive with RDT in the community 21 13 23 23 5 19 2 8 51 63  # of uncomplicated malaria cases confirmed and properly treated in the community 14 13 19 16 5 15 2 3 40 47  # of severe malaria cases properly treated in the community 15 15 13 6 0 3 0 1 28 25  # people provided E. drugs for ARI 12 8 15 5 0 3 3 0 2 2 27 18	Indicators	< 5ye	ears	5 - 17	years	18 - 59	) years	> 59	years	Su	ım	Total
health problems by the MC	indicators	М	F	М	F	М	F	М	F	M	F	TOTAL
# People with health problems referred to the health facility by MC 10 5 4 6 0 10 0 6 14 27 # 6 malaria suspected cases received by MC in the community 35 24 28 32 14 37 4 16 81 109 # 6 suspected malaria cases who benefited from an RDT in the community 22 14 14 17 10 11 1 7 47 49 # 6 suspected malaria cases who tested positive with RDT in the community 21 13 23 23 5 19 2 8 51 63 # 6 of severe malaria cases properly treated in the community 14 13 19 16 5 15 2 3 40 47 # 6 severe malaria cases properly treated in the community 15 15 13 6 0 3 0 1 28 25 # people provided E. drugs for ARI 12 8 15 5 0 3 0 2 27 18	•										100	100
Problems referred to the health facility by MC		35	24	28	32	14	37	4	16	81	109	190
health facility by MC												
Cases received by MC in the community	·	10	5	4	6	0	10	0	6	14	27	41
Community   35   24   28   32   14   37   4   16   81   109     # of suspected malaria cases who benefited from an RDT in the community   22   14   14   17   10   11   1   7   47   49     # of suspected malaria cases who tested positive with RDT in the community   21   13   23   23   5   19   2   8   51   63     # of uncomplicated malaria cases confirmed and properly treated in the community   14   13   19   16   5   15   2   3   40   47     # of severe malaria cases properly treated in the community MC   3   1   13   9   0   3   0   1   16   14     # pregnant women referred to health facility   15   15   13   6   0   3   0   1   28   25     # people provided E. drugs for ARI   12   8   15   5   0   3   0   2   27   18	# of malaria suspected											
# of suspected malaria cases who benefited from an RDT in the community 22 14 14 17 10 11 1 7 47 49 # of suspected malaria cases who tested positive with RDT in the community 21 13 23 23 5 19 2 8 51 63 # of uncomplicated malaria cases confirmed and properly treated in the community 14 13 19 16 5 15 2 3 40 47 # of severe malaria cases properly treated in the community MC 3 1 13 9 0 3 0 1 16 14 # pregnant women referred to health facility 15 15 13 6 0 3 0 1 28 25 # people provided E. drugs for ARI 12 8 15 5 0 3 0 2 27 18	cases received by MC in the											
cases who benefited from an RDT in the community       22       14       14       17       10       11       1       7       47       49         # of suspected malaria cases who tested positive with RDT in the community       21       13       23       23       5       19       2       8       51       63         # of uncomplicated malaria cases confirmed and properly treated in the community       14       13       19       16       5       15       2       3       40       47         # of severe malaria cases properly treated in the community MC       3       1       13       9       0       3       0       1       16       14         # pregnant women referred to health facility       15       15       13       6       0       3       0       1       28       25         # people provided E. drugs for ARI       12       8       15       5       0       3       0       2       27       18	•	35	24	28	32	14	37	4	16	81	109	190
an RDT in the community 22 14 14 17 10 11 1 7 47 49 # of suspected malaria cases who tested positive with RDT in the community 21 13 23 23 5 19 2 8 51 63 # of uncomplicated malaria cases confirmed and properly treated in the community 14 13 19 16 5 15 2 3 40 47 # of severe malaria cases properly treated in the community MC 3 1 13 9 0 3 0 1 16 14 # pregnant women referred to health facility 15 15 13 6 0 3 0 1 28 25 # people provided E. drugs for ARI 12 8 15 5 0 3 0 2 27 18												
# of suspected malaria cases who tested positive with RDT in the community 21 13 23 23 5 19 2 8 51 63 # of uncomplicated malaria cases confirmed and properly treated in the community 14 13 19 16 5 15 2 3 40 47 # of severe malaria cases properly treated in the community MC 3 1 13 9 0 3 0 1 16 14 # pregnant women referred to health facility 15 15 13 6 0 3 0 1 28 25 # people provided E. drugs for ARI 12 8 15 5 0 3 0 2 27 18		22	14	14	17	10	11	1	7	47	49	96
cases who tested positive with RDT in the community       21       13       23       23       5       19       2       8       51       63         # of uncomplicated malaria cases confirmed and properly treated in the community       14       13       19       16       5       15       2       3       40       47         # of severe malaria cases properly treated in the community MC       3       1       13       9       0       3       0       1       16       14         # pregnant women referred to health facility       15       15       13       6       0       3       0       1       28       25         # people provided E. drugs for ARI       12       8       15       5       0       3       0       2       27       18			17	1-1	17	10			,	7,	43	30
# of uncomplicated malaria cases confirmed and properly treated in the community 14 13 19 16 5 15 2 3 40 47 # of severe malaria cases properly treated in the community MC 3 1 13 9 0 3 0 1 16 14 # pregnant women referred to health facility 15 15 13 6 0 3 0 1 28 25 # people provided E. drugs for ARI 12 8 15 5 0 3 0 2 27 18	· ·											
cases confirmed and properly treated in the community       14       13       19       16       5       15       2       3       40       47         # of severe malaria cases properly treated in the community MC       3       1       13       9       0       3       0       1       16       14         # pregnant women referred to health facility       15       15       13       6       0       3       0       1       28       25         # people provided E. drugs for ARI       12       8       15       5       0       3       0       2       27       18	with RDT in the community	21	13	23	23	5	19	2	8	51	63	114
properly treated in the community         14         13         19         16         5         15         2         3         40         47           # of severe malaria cases properly treated in the community MC         3         1         13         9         0         3         0         1         16         14           # pregnant women referred to health facility         15         15         13         6         0         3         0         1         28         25           # people provided E. drugs for ARI         12         8         15         5         0         3         0         2         27         18	•											
community         14         13         19         16         5         15         2         3         40         47           # of severe malaria cases properly treated in the community MC         3         1         13         9         0         3         0         1         16         14           # pregnant women referred to health facility         15         15         13         6         0         3         0         1         28         25           # people provided E. drugs for ARI         12         8         15         5         0         3         0         2         27         18												
# of severe malaria cases properly treated in the community MC		1.4	12	10	16	5	15	2	2	40	47	87
properly treated in the community MC         3         1         13         9         0         3         0         1         16         14           # pregnant women referred to health facility         15         15         13         6         0         3         0         1         28         25           # people provided E. drugs for ARI         12         8         15         5         0         3         0         2         27         18	•	14	13	19	10	3	13		3	40	47	67
community MC         3         1         13         9         0         3         0         1         16         14           # pregnant women referred to health facility         15         15         13         6         0         3         0         1         28         25           # people provided E. drugs for ARI         12         8         15         5         0         3         0         2         27         18												
to health facility         15         15         13         6         0         3         0         1         28         25           # people provided E. drugs for ARI         12         8         15         5         0         3         0         2         27         18		3	1	13	9	0	3	0	1	16	14	30
# people provided E. drugs for ARI 12 8 15 5 0 3 0 2 27 18	# pregnant women referred											
for ARI         12         8         15         5         0         3         0         2         27         18		15	15	13	6	0	3	0	1	28	25	53
		42	0	45	_		2		2	27	4.0	4.5
		12	8	15	5	0	3	0	2	27	18	45
#properly treated for skin		1	1	2	9	1	20	0	1	4	31	35
# properly treated for					3	-				<u> </u>	31	33
musculoskeletal diseases         14         15         7         3         0         4         0         2         21         24		14	15	7	3	0	4	0	2	21	24	45
# Children provided E.	# Children provided E.											
drugs for ARI         9         11         3         7         1         0         0         1         13         19	drugs for ARI	9	11	3	7	1	0	0	1	13	19	32
#children provided with												
drugs for acute diarrhea         10         6         3         6         0         3         0         8         13         23		10	6	3	6	0	3	0	8	13	23	36
# People provided anti- malaria 11 9 5 5 5 5 0 1 21 20		11	0	E		_		0	1	21	20	Д1
												41
# people treated for STI 0 0 0 0 0 5 0 0 0 5								_		<u> </u>		5
#people tested for HIV 1 0 14 9 0 10 3 1 18 20		1	0	14	9	0	10	3	1	18	20	38
# Children 0-4 years provided with Vitamin A												
and worm therapy 14 14 0 0 1 6 0 0 15 20	·	14	14	0	0	1	6	0	0	15	20	35

## 3.2 Sensitization data

CHWs provided health sensitization to their host communities on proper health seeking practices vital to prevent diseases endemic to their host communities. A tabular representation of the attendance of educational talks offered by the CHWs in Ekondo-Titi is expressed below.

Table 2: Attendance of community members in Educational Talks Hosted by CHWS in Ekondo-Titi.

	<,	5years	5-17 years		18-59 years		>59	9 years	Total		
Indicators	М	F	М	F	М	F	М	F	М	F	
# People provided with education on handwashing	12	3	478	536	201	237	12	9	703	785	1488
# People provided with education on water purification and preservation	8	0	439	453	251	251	11	14	709	718	1427
# People provided with education on waste disposal	3	0	436	506	203	236	14	12	656	754	1410
# People provided with education on proper latrine use	0	3	394	482	232	217	14	9	640	711	1351
# People provided with education on malaria and the use of LLNS	3	3	421	392	222	225	14	12	660	632	1292
# People provided with education on diarrhea prevention	5	1	452	419	208	191	9	7	674	618	1292
# People provided with education on A.R.I prevention	28	2	333	309	178	194	7	11	546	516	1062
# of girls provided with menstrual hygiene education	0	0	0	97	0	70	0	5	0	172	172

#### 4.0 Challenges

#### 1. Insecurity

Frequent gun-shots, violence, armed military raids, lockdowns and death have left host communities with the option of retreating to the bushes for refuge. This has greatly reduced their access to health care services provided by the CHW and vice versa.

## 2. Stock-out malaria RDT from Drug Fund

The Drug fund has been the supplier of drugs and medical supplies used in this project at relatively subsidized prices.

Recently the drug fund has experienced stock-out of mRDTs and Artesunate/amodiaquine for over 3 months. Other suppliers provide these supplies at a 110% increase of the price offered by the drug fund. This situation was managed by the Management of the implementing organisation, Reach Out who authorised the disbursement of funds to procure these supplies at a considerable price.

# **APPENDIX I; Activities of Mobile Clinic in Tole**





Fig 1a. Collection of aged man's blood pressure at the Consultation Bench of the Tole Mobile Clinic

Fig 1b. Boy tested for malaria using an RDT at the laboratory unit of the Tole Mobile Clinic



Figure 1c. Health staff at the pharmacy with the aid of a nurse from the Tole Integrated Health Center.

# APPENDIX II; Activities Of CHWs in Kitta





Fig 2a. Distribution of Vitamin Angels by CHW to lactating mother in Kitta

Fig2b CHW providing a young girl with antimalaria to for uncomplicated malaria