

Enable 360 children with disabilities in Armenia.

Progress Report

November 2023-January 2024



Your Support: Bringing Smiles of Hope to Children's Lives!

OVERALL OVERVIEW OF THE REPORTING PERIOD: NOVEMBER 2023 - JANUARY 2024



During the reporting period from November 2023 to January 2024, our project to empower 360 children with disabilities in Tavush province expanded its reach to include 120 vulnerable children from Artsakh (Nagorno-Karabakh). This extension of our mission was a response to the urgent need for support stemming from the ongoing conflict, which forced families to flee their homes and seek refuge in Armenia. The increased scope of our project necessitated additional resources to ensure that both groups of children received the assistance they

desperately required. Throughout this period, we are immensely grateful for the generosity of our donors and GlobalGiving, whose contributions amounted to \$3830. Their support has been instrumental in sustaining our efforts and providing crucial services to these children in need. We extend our heartfelt gratitude to all donors and GlobalGiving for their unwavering support and commitment to our cause.

SUMMARY OF PROGRESS

Physical and **Psychological Therapies:** During the reporting period, our teams provided essential physical and psychological therapies to 480 children with disabilities, including those from Artsakh. Physical therapies involved exercises and activities tailored to improve mobility, strength, and coordination, while psychological therapies focused on addressing emotional well-being and coping strategies. Through these sessions, children showed significant improvements in their motor skills,



cognitive abilities, and emotional resilience. Many children reported increased confidence and independence in performing daily tasks, demonstrating the effectiveness of our holistic approach to rehabilitation.



Art Therapy - Painting/Drawing: Our painting and drawing sessions provided children with a creative outlet to express themselves and explore their emotions in a non-verbal manner. Through the use of colors, shapes, and imagery, children were encouraged to communicate their feelings and experiences. This form of expression not only helped children process their emotions but also improved their fine motor skills and hand-eye coordination. Many children

demonstrated increased self-awareness and self-esteem as they gained confidence in their artistic abilities.

Art Therapy - Hand Crafts: Hand crafts sessions allowed children to engage in tactile and sensory experiences while creating unique pieces of art. Activities such as knitting, weaving, and sculpting provided children with opportunities to develop fine motor skills, concentration, and problem-solving abilities. As children explored different materials and techniques, they demonstrated increased creativity and imagination. The sense of accomplishment derived from completing



handcrafted projects also contributed to improved self-confidence and self-expression among the participants.



Art Therapy - Pottery: Pottery sessions offered children a hands-on experience with clay, allowing them to mold and shape their creations with their hands. This sensory-rich activity provided children with opportunities to explore texture, form, and spatial awareness. Through pottery, children enhanced their motor skills, sensory processing abilities, and concentration. Many children found solace in the therapeutic nature of working with clay, experiencing reduced stress and anxiety. The

tangible results of their efforts in creating pottery pieces further boosted their sense of achievement and self-worth.

CONCLUSION

As we reflect on the progress made during the reporting period, it is clear that our efforts to empower children with disabilities, including those from Artsakh, have been met with significant achievements. However, as the number of children benefiting from our project continues to increase, so too does the need for additional support.

The support of our generous donors has been instrumental in enabling us to extend our reach to the most



vulnerable children, offering them essential rehabilitation services and therapeutic interventions. Yet, the growing demand for our services underscores the urgency of our mission. Without the continued support of our donors, we risk being unable to meet the needs of these children who rely on our assistance for their well-being and development. We urge our supporters to join us in this crucial e ndeavor, as together, we can make a lasting impact on the lives of these vulnerable children. Your contributions will enable us to provide the necessary resources and care to ensure that no child is left behind. With your support, we can continue to empower children with disabilities, offering them hope, healing, and the opportunity to thrive. Thank you for your unwavering dedication to our cause.

Your donation today will make a difference in the lives of our children! Join us in this critical mission! Donate today and be the change we need to see in Armenia!