



June 2024

Dear Global Giving Community,

Your generous contribution to the 'Menstrual Equity for Girls in Latin America' project is a powerful testament to your unwavering commitment to the Days for Girls (DfG) mission. Thanks to your support, we are making significant strides toward achieving unrestricted access to menstrual health in countries such as Guatemala, the Dominican Republic, Honduras, Colombia, Cuba, El Salvador, Mexico, and many others. We are deeply grateful for your support and would like to share some exciting updates to bring you closer to the impact we're fostering together.



Since 2008, DfG has been dedicated to creating a world where periods no longer hold people back. We pursue this vision through holistic programming that focuses on providing access to menstrual products, delivering comprehensive menstrual health education, and advocating for improved policies. To date, Days for Girls has reached over 3.1 million women and girls in 145 countries with high-quality, cost-effective, and environmentally sustainable menstrual health products. Our comprehensive education programs offer timely, age-appropriate information to both men and women, and our advocacy efforts work to improve menstrual health policies and programs at both local and national levels.

At Days for Girls, we believe that local leaders are uniquely positioned to drive sustainable, long-lasting change in their communities. This belief drives our Social Enterprise Programs across



Latin American countries. Through key program initiatives, social entrepreneurs receive business training and become licensed DfG menstrual health actors within their communities. This market-driven approach enables them to produce and sell DfG Kits, deliver menstrual health education, and advocate for menstrual health locally and nationally.

With your invaluable support, we have made significant progress this year. Since January, we have distributed 60 Days for Girls Kits to displaced Haitians in northeastern Haiti, providing essential menstrual health resources to those in need. In Burria,

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DAYS FOR GIRLS

Colombia, our efforts to enhance the menstrual health of local women and girls, have resulted in the provision of 85 menstrual health Kits, including menstrual cups. Additionally, in Gracias, a rural



mountain town in Honduras, we have conducted comprehensive menstrual health education sessions, facilitated by an interpreter to ensure accessibility. Alongside these educational sessions, we distributed menstrual health Kits to 166 women and girls, empowering them with the tools and knowledge necessary to manage their menstrual health with dignity and confidence. Estela and Meals4Hope, our local partners in Venezuela, facilitated 43 menstrual health education sessions in 30 communities for 941 participants and distributed sustainable menstrual care products to 565 girls and 376 women. As for the DfG Social Enterprises in Ecuador, they have distributed washable pad Kits and conducted

menstrual health education sessions for 75 girls in Saraguro.

These achievements are just a few examples of the tangible impact your contributions have made possible. Your support not only provides essential resources but also empowers local leaders and communities to serve as champions of menstrual health.

Thank you for being part of our global community of supporters!

With heartfelt gratitude,

The Days for Girls Team