



August 2025

Dear Global Giving Community,

We are excited to share an update on Days for Girls' impact across Latin America over the past nine months. Thanks to your incredible support, we delivered menstrual health resources and education to tens of thousands of women, girls, and people with periods to advance menstrual equity across the region.



From **October 2024 through July 2025**, Days for Girls reached **92,817 individuals** in Latin America with washable menstrual kits and health education. This includes:

- **64,942 people reached in 2024** across 19 countries; including large-scale efforts in the Dominican Republic, Cuba, Mexico, El Salvador, and Honduras.
- **27,875 people reached in 2025 so far** across 20 countries; with continued programming in Guatemala, Ecuador, and new outreach in Grenada and Venezuela.

Each Kit distributed represents more than just a product. It reflects self worth, access, and empowerment, especially in communities where menstrual health is still stigmatized or overlooked.

Project Highlight: Loja Province, Ecuador

In **Loja Province, Ecuador**, we are working to reach **3,200 women** and **500 men** in coffee- and tea-growing communities. As of late July, our team has already reached **1,654 women** and **100 men** through washable DfG Kits and comprehensive menstrual health education.



This initiative began with coordination meetings at both provincial and community levels, including engagement with the Vice-Prefect of Loja and other local leaders. A public launch event in March brought strong media visibility, with Days for Girls featured on local radio and news outlets to emphasize the importance of menstrual health.



Local production has been central to this effort. The Ecuador Days for Girls Social Enterprise is producing all kits for the project while building local capacity, creating livelihoods, and strengthening the market for washable pads. The team has successfully sourced materials, navigated supply chain challenges, and completed thousands of Kit components for distribution.

In April, our Ecuador Enterprise Leader participated in an international knowledge-sharing trip to Kenya, joining a three-day menstrual health educator training and visiting a DfG Social Enterprise there. This peer exchange is part of our broader goal to build leadership, strengthen quality, and foster global best practices across our network.



Building Momentum for Menstrual Equity

Across Latin America, Days for Girls continues to break barriers and expand access. This is not only for menstrual products, but also education, confidence, and opportunity. While challenges persist, especially in low-income and remote areas, we see powerful momentum through strong community partnerships and creative in-country teams.

Your support makes this possible. With every kit and every training, we move one step closer to a future where menstruation is understood, not feared. We aim to create a world where every person navigates their period with dignity. Thank you for standing with us, and with the women and girls we serve together.

With heartfelt gratitude,

The Days for Girls Team