



# PSU Youth Leaders Program

Project Stand Up aims to get young refugees to support young refugees to develop the skills they need to ensure youth actively participate in designing solutions, participate in decision-making, and have access to learning opportunities, particularly for girls and young women.

The PSU Youth Leaders program is a dynamic program that prepares young people with the skills that they need to be able to actively participate in designing solutions and in decision-making around issues that matter most to them. This is achieved through self-management, online study and a capstone project.



## Self-Management

The program requires participants to learn self-management and self-learning skills. In order to ensure participants are up for the challenge, they are required to complete an online pre-requisite English class. Only those who successfully complete the course are invited to continue the program. Volunteer coaches will be available to support learners as they move through the program.



## Online Study

Participants will complete a series of online classes using **Kolibri**. The topics include: Leadership, Problem Solving, Critical Thinking, Global and Local Community Engagement, Using your Voice and Teamwork. Learners will be able to use computers at the PSU hub on given days to work through their online courses. It's up to learners when they come. They have 4 months to complete the online study component of the program. Hands on workshops at the PSU hub will be available to complement certain online topics for participants.



## Capstone Project

Capstone Projects are related to issues that matter most to learners and ensure participants put into practice the skills they have learned in their online study. Capstones may be completed individually or as a team. Learners have 6 weeks to design and implement their capstone.

To learn more about this program including the application and selection process, please email: [psu.champion@gmail.com](mailto:psu.champion@gmail.com)

[www.standupproject.org](http://www.standupproject.org)

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