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Subject: Go for Girls Project

Quarterly Report: Go for Girls Initiative

Third Term of the 2023-2024 Academic Year

During this quarter, Go for Girls has been actively engaged in various activities aimed at empowering young girls. We visited several schools where we taught girls to sew reusable sanitary pads and make simple bags. Additionally, we introduced sewing clubs in all the schools we visited. These clubs will enable girls to learn different sewing patterns and develop hands-on skills that will benefit them economically after they leave school.

New Schools Visited:

- Malikha Secondary School
- Kalumba Secondary School

Kalumba Training Session



Girl Talk Program

Girls face numerous challenges in their daily lives, which can negatively impact their academic performance. Studies show that many girls do not discuss their issues with their mothers or friends. To address this, Go for Girls created a platform called “Girl Talk,” where girls can openly discuss their problems and ask questions. This program has had a significant positive impact.

Girl Talk Session



We also hosted visitors from the local police unit, who educated the students on their rights and the importance of education.



Achievements

- **Sewing Skills Acquired:** Girls learned to sew reusable sanitary pads and simple bags.
- **Career Focus:** Girls became more career-oriented.
- **Introduction of Sewing Clubs:** These clubs help girls learn various sewing patterns.
- **Boosted Confidence:** Girls are more confident in opening up and asking questions.
- **Increased Interaction:** Enhanced social interaction among girls.

Menstrual Hygiene Practiced: Improved menstrual hygiene through the use of reusable sanitary pads.

Challenges

- **Lack of Funds:** Limited funding restricts our ability to visit more schools, especially outside the central region.
- **Sewing Equipment:** The newly introduced sewing clubs require sewing machines and materials to function effectively.
- **Regular Monitoring:** Lack of funds for transportation makes it difficult to regularly monitor the progress of our projects.
- **Inadequate Washrooms:** None of the schools we work with have proper washrooms, posing a significant challenge for the girls.

Future Plans

- **Expansion:** Extend the project to other regions in the country.
- **Counseling Programs:** Introduce counseling programs in areas such as mental health, relationships, and HIV/AIDS.

Immediate Assistance

This quarter, we continued to assist girls from Kaps Secondary School with sanitary pads to ensure they stay in school during their menstrual periods. This initiative has contributed to lower absenteeism among girls. We aim to provide sanitary pads to all the schools we work with, contingent on the availability of sufficient funds.

Planned Activities

- **Teach Fundamental Sewing Skills:** Continue teaching girls essential sewing skills.
- **Conduct Girl Talk Sessions:** Hold Girl Talk sessions in all the schools we work with.

Conclusion

Go for Girls has significantly transformed the lives of many girls in Malawi by empowering them in various areas. Testimonials from beneficiaries highlight the excellence of our services, which aim to promote education and build a better future for girls. Our programs are highly valued in the communities we serve, bringing about positive change through these young girls.

Supporting these girls in any way is highly appreciated. The programs we have in place help shape their futures and contribute to community development.

Thank you for your continued support.