Breaking the cycle of poverty through education

Phase II – Fundraising Goals

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Block of three classrooms</td>
<td>$75,000</td>
</tr>
<tr>
<td>Teacher’s house</td>
<td>$70,000</td>
</tr>
<tr>
<td>Boys' ablution block with septic tank/drainfield</td>
<td>$41,000</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$186,000</strong></td>
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</tbody>
</table>

DOUBLE YOUR IMPACT AGAIN!

An anonymous donor will match every dollar up to $10,000 through December 2019

Ways You Can Help

**EBZEF needs new donors.** Your donations keep EBZEF going, but if you want to take further action, you can help expand our donor base to complete secondary school projects, support Beth’s Girls through college, and continue to support the preschool and the Memorial Library. Help us find people interested in education to make a difference internationally in the lives of Beth's Girls and their community. You can:

1. Arrange an individual coffee meeting for Linda with a potential donor you know.
2. Host a coffee: invite friends and colleagues for a brief program with Linda (in person or by Skype). EBZEF will provide handout materials.
3. Mention EBZEF on Facebook and share our postings.
4. We'd love to hear your ideas? (Send to ebzefund@gmail.com)

Knowledge is Power

The Lumwana West Secondary School motto is “Knowledge is Power.” Your individual donations are making a difference in the lives of Beth’s Girls and their community. Beyond supporting the girls, EBZEF is committed to completing the final phase of the secondary school, including another 3-classroom block, 1-2 teachers’ houses, and an ablution block (lavatory) for boys.

Teacher’s House Appreciation

Quality housing is required by the Zambia Ministry of Education to send teachers to remote, rural areas. Basic School Headmistress Ireen Sandu lives in the first of two EBZEF/World Vision Zambia built teachers’ houses.

“Thanks to EBZEF for this wonderful home. It is really amazing to stay in such a beautiful house with good environment inside. Previously I used to climb anthills to answer the call of nature, but now it is just inside. EBZEF has just done wonders in this community. Though no amount of words can be used to appreciate this, we thank you very much.

“EBZEF, we love and trust you. As Lumwana community, we will always treasure you and promise you that we will work tirelessly to fulfill the dream of our sister and friend Beth. May the almighty God bless you abundantly.”

You Doubled Your Impact!

THANK YOU! Crowdfunding and grant appeals are important, but individual donations make the real difference in supporting EBZEF programs. Your generous response to our Spring newsletter was twice what we expected, surpassing the $5,000 matching grant.

When Executive Director Linda Bowers’ new hip prosthetics were recalled, she had to undergo a 2nd set of double hip replacement surgeries. From her legal settlement, Linda donated a $100,000 matching grant to EBZEF, and you have matched $23,000! Help us fully realize Linda’s matching grant!

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First Year Students

Caren Kabulayi studies Clinical Medicine at NWU of Health & Applied Sciences. “Thanks so much to all our sponsors for your hard-working effort, because it’s not an easy thing. May you keep on doing the same thing, and may God reward you.” Caren adds, “To my fellow Beth’s Girls, let us use this opportunity that God has blessed us with in order to improve our livelihood and never to let down our sponsors.”

Rebecca Lubeba studies welding at Solwezi Technical Trade School. She thanks her sponsors, adding, “I also would like to advise my fellow Beth’s Girls who are still at school to continue working hard for a better future so that they can help their family and friends who are in need. Am really enjoying my studies, and I promise to work hard and become a role model.”

Margret Kambili also studies at Solwezi Technical Trade School to become an Electrical Technician.

Help More Beth’s Girls Follow Their Dreams

EBZEF’s very successful college-vocational scholarship program has inspired more Beth’s Girls to request scholarships than we can currently afford. We’d love to help them by trying to accommodate every Beth’s Girl who wishes to continue her education beyond secondary school. To do this, we need more funds to send our girls to school. This is a special opportunity for you to help Beth’s Girls make a difference in the world. PLEASE CONSIDER INCREASING YOUR DONATION THIS HOLIDAY SEASON.

Continuing Studies

Joy Salumawu (Eden U) and Mulenga Chilfya (Northwestern U) are completing year 2 of their nursing programs. Mulenga says, “Some of us wouldn’t have made it being in university without your support.” Joy tells her sponsors, “It’s because of you that I have come this far.”

Kareen Sweta, Gloria Njolomba, and Florence Lubeba are finishing year 2 of 3 at SW Solwezi Teacher Training College. Kareen notes, “You cannot imagine how much strength your support has given me. I will always remember your kindness.” Gloria adds, “I am proud to be among the lucky ones sponsored by EBZEF. I give gratitude and honor to my sponsors.”

Fridah Sakuvwunda studied Early Childhood Development at Paglory University (year 2 of 2). She thanks her sponsors, “Personally, I am an orphan. No one was going to educate me without your help.” To younger Beth’s Girls she says, “You should be hard workers and focus on what you want to achieve in life. Above all, be good to people who are in need, because we are being helped by other good people.”

Belindah Kalumba and Jean Mutepekua, Lumwana West Pre-School teaching aides, study Early Childhood Development at Zambia College of Education. Headmistress Ireen Sandu reports, “The pre-school aides use the experience they gained in pre-school to answer their assignments. They are committed and use methodology they have learnt at college in the classroom. They boost staffing levels at our school and now work with minimum supervision.”

Christabel Sweta is completing her 3-year program at Evelyn Hone College

“I really appreciate your kindness. It’s not easy to do what you have been doing for me and my fellow Beth’s Girls. I am enjoying my studies. I love my career as an Electrical Engineer.”

Lucy Mutepeka and Gracious Chilumbe both study nursing at NW College of Health & Applied Science. Lucy states, “Our career is so good and very interesting. I thank you people who had this kind heart to support me.”

Gracious affirms, “Thank you so much for the love that you have for me. I’m really enjoying my studies. I thank you for the great opportunity.”

Your help is transforming the lives of Beth’s Girls and their community on the other side of the world! THANK YOU!
Pre-School Projects
Basic School Headmistress Ireen Sandu reports, “We have thought of adding some pictures to our pre-school so that everyone who passes by will see that it’s a pre-school just from outside.” The current pre-school project is “that we want to make sure the children have a playing ground.”

She adds, “We want to put up swings, slides, and other things that we can manage using the local available resources. We want to improvise playing equipment so that even when they will be at home they will always be thinking about school.”

Children’s Garden
The Zambian government no longer provides funds for school lunches—the only meal some children get in a day—so the Basic School has initiated maize and vegetable-growing projects to fill this need. Children dig, plant, water, weed, and harvest produce. With the community’s new water system, the garden is flourishing.

Headmistress Ireen Sandu reports, “We will be plucking some vegetables tomorrow for the learners. They will have nshima, beans, and vegetables for lunch. It has been so easy and so wonderful to see our vegetables grown in a wire fence and using a hosepipe for watering,” both of which EBZEF helped to purchase.

Lunda Lore Collection
The story project to preserve Lunda tribal lore and contemporary culture is well underway. Memorial Librarian Sandra Kamulosu reports, “So far I have received 10 elementary books written by pupils, and 8 books written by village elders for student level. People are still writing.”

EBZEF now has 4 stories written in the Lunda language, which will be illustrated and translated into English as dual-language books. Constance Kasongi, Grade 8, wrote about drought and the importance of keeping trees in Chaana Chinashiki. In Mukula, Owen Kilodi, Grade 8, wrote about the value of replanting trees.

Kutembuka Chawa Mayala (Mukanda), by community elder Roddy Sangamoto, records the male circumcision ceremony. Mbongo Njolomba, Secondary School Headmaster, compiled over 200 Lunda Proverbs in Yishmu Yawalunda. Books will be shelved in the community library with copies posted on EBZEF’s website.

Poultry Project
Not to be outdone, secondary school students began a poultry project by purchasing 150 chicks. Students sell chickens to the teachers and community at great demand. The children learn ways to meet their own needs.

Mary with Fingerlings
Dr. Mary Lundeba, Aquaculture Scientist with the WorldFish Center in Lusaka, is EBZEF’s first Beth’s Lady. With a PhD from Penn State in Fisheries Science, she is a true role model for Beth’s Girls and for women in Zambia.

Mary reports, “Lack of fingerlings is a major constraint to increased fish production by smallholder farmers in rural Zambia. WorldFish is training farmers in fingerling production in their communities to become suppliers. My role is to train these farmers. Seeing fish accessible in rural communities gives me satisfaction toward helping rural farmers attain nutrition security and economic empowerment.”

World Beat 2019
Volunteers represented EBZEF at another successful festival in the Salem community. Lots of interest in our programs from new friends, with many old friends stopping by to say, “Hello!”

Charitable Giving
If you are age 70.5 or older, and must make mandatory distributions from your tax-deferred IRA, you are eligible to make tax-free donations to qualified charitable organizations. Please consider EBZEF in your giving plan.

Give a life-altering gift this holiday season!
Help change lives and offer hope to Beth’s Girls and their community in NW Zambia. So little goes so far:
$50 funds books for the Library
$50 helps fund lore-writing project
$120 funds swings for pre-school
$125 funds 1 mo. pre-school aide’s salary
$140 funds merry-go-round for pre-school
$300 funds college exam fees
$410 funds 1 mo. Librarian’s salary
$600 funds computer for Library
$2,500 funds 1 year of college study

Amounts vary due to fluctuating exchange rate between US $ and Zambian Kwacha.
The Elizabeth Bowers Zambia Education Fund

One life made the connection. Now many carry on the vision of caring.

Our Mission
EBZEF empowers women, children, and their community in Lumwana West, Zambia, to break the cycle of poverty through education.

Our Vision
Elizabeth Rachel Bowers (1979–2002) shared her compassionate spirit with the people of her village as a Peace Corps volunteer. The education legacy sustains Beth’s vision of service and global awareness by empowering young women to build positive change from within, to become leaders and educators, and to improve the quality of life in their communities.

Through Beth’s Eyes

PCV Beth’s letter home from Lumwana West, January 9, 2002

Okay, so I just went for a walk. It was a kind of surreal experience. I felt like I was in a human fish tank. No, I’ve not gone crazy. Don’t worry. This is simply the best way to describe it.

Do you know what it is like to look up at a sunny sky from underwater? Well, you see splurts of light come through/mingle with the water, which is normally different shades of pastel blues and grays. Well, the sky was covered with clouds, mixed with dark blue-gray clouds, darker blue-gray clouds, intense blue sky remaining from the amazingly hot day, and just all kinds/shades of blues and grays. Then, there was lightning in certain parts of the sky—just like the light looks from underwater.

Aside from the green trees and green grasses and bushes along the road, much like the vegetation you find in fish tanks, the huts alongside looked like make-believe “houses” or “boats” that would be placed in a fish tank.

Okay, so normally the idea of a “human fish tank” would not have occurred to me under the circumstances, but there were these animals, that I think were birds of some kind, that literally (when they talk, of course) sounded like the bubbles sound in a fish tank. With the “music” creating the mood, I began to look at the sky and the huts and then, whammo! I was in a human fish tank.

Postscript, January 28, 2002

You know those birds that made a sound that made me feel like I was in a human fish tank? Well, they ain’t boids! They be frogs. Who’s the silly one? It’s me! It’s me!

Note: Two fortunate people now see the joy and beauty of the world “through Beth’s eyes.” Beth was able to donate her organs, including both corneas, in the hospital in Pretoria, South Africa, to continue “giving back.”

Remembering Beth

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