2018 REPORT
Con Nosotros is a non profit civil association founded in March of the year 2001 by families in a situation of disability due to the neuromotor condition due to the neuromotor condition that any of its members involves.

Over the next 18 years, the families of ConNosotro, A.C. assume a greater proactivity and resilience as a companion to the situation of disability that they have had to live, understanding that it is the families who must open spaces and models for the best inclusion of disability in our country.

*It’s not about having the right to be equal, but to have equal rights to be different.*
MISSION
Promote the active, full, and dignified participation of people with neuromotor disabilities in all areas of society, through CONDUCTIVE EDUCATION, whose objective is the upbringing, training, inclusion and development of a free person with autonomy and self-determination.

VIEW
• To be the leading center of attention in the development and upbringing of people with neuromotor alterations, to promote a replicable model, and to found the first Training Institute of Professionals in CONDUCTIVE EDUCATION.
To Con Nosotros, A.C. 2018 meant a fruitful year, within the framework of our Mission we achieved:

• Incorporate a greater number of children and youth with cerebral palsy from different municipalities of Morelos to the School of Conductive Education.

• Work so that the Model of Conductive Education is considered in the care offered by the National DIF System, through the SEDIF in other states.

• Actively participate with other stays and organizations for the rights of inclusion, in the Council of Attention to People with Disabilities in Morelos so that together we improve the conditions of care and inclusion for people with neuromotor disabilities.

• Continue to professionalize to our team of conductive teachers the knowledge about Conductive Education, Social Management and Neuromotor Disability, to always offer the best quality in attention to the development of people with cerebral palsy.
School of Conductive Education
Objectives of the School of Conductive Education

Enable the movement of their bodies. Strengthen their socio-adaptive skills and promote social inclusion. Education and learning according to their age.
INITIAL GROUP
Age 1 to 3 years
A challenge!

• In April 2018 we opened the initial level group, children from 1 to 3 years old. Early stimulation in Conductive Education supports development at this critical stage of life. The group is attended by children accompanied by their mothers, to learn routines and ways of communicating with their children.
Initial Group Objectives

Consolidate trunk control, the acquisition of spatial and motor basic concepts. As well as accompanying the student in the process of detachment with his mother in order to achieve a successful incorporation into the preschool group. Interact with the primary caregiver to convey the fundamentals of Conductive Education and achieve the continuity of certain programs at home.
PRESCHOOL GROUP
3 to 7 years
Objectives

Promote the integral and harmonious development of the child through the training fields of personal and social development, personal care. Start the independent march through instrumental support tolerating post, language and communication, mathematical thinking, exploration and knowledge of the world, expression and artistic appreciation, physical development and health. As well as access and strengthen hygiene habits independently achieving awareness of the positions and keeping them in a playful way.
 PRIMARY GROUP
7 to 14 years
Objectives

Develop communication skills to read, understand, write, listen, speak and express themselves correctly, to ensure learning opportunities in which an inclusive school environment is privileged for all students, with special attention to those at risk of not reaching expected learning, advance in emotional and motor independence.
This group currently has nine students that are divided according to their level and program into three different groups with objectives ranging from maintaining and improving posture (very committed cases), changing positions and practicing displacements, acquiring greater balance.
Objectives

The group of young adults aims to provide skills for everyday life to improve the quality of life of students according to their skills and achieve social and work inclusion. Independent life and activities of daily life.
Easter Courses
April 2018

During 2018, a Pasca Course and a Summer Course were opened, serving a total of 59 children and young people with direct cerebral palsy. Provinces of different Municipalities of Morelos, we have the support of authorities of State DIF and DIF of Huitzilac and Zacatepec.
In this course again we have the collaboration of the UBR of Zacatepec who supported a young man so that he could attend the course, we also received a small one from Taxco Guerrero, in total 12 new students attended.
"LAS VOCES DE SUKI" Theater play presented by the elementary and preschool children and the collaboration of young adults during the graduation of July 2018.
Day of the Dead. Offer contest in collaboration with CAM 24, and Mrs. Natalia Rezende Moreira President of the State DIF. November 2018
Con Nosotros A.C. had an active participation in the promotion of the signing of a collaboration agreement between the National DIF System and the András Petö Faculty of Semmelweis University, in Budapest Hungary.
In February 2018, in Hungary and with the presence of the Mexican Ambassador to Hungary, David Nájera, the Rector of the András Pető Faculty, Andrea Zsebe, the Director of the National DIF System, Laura Barreda and the President of the DIF Morelos, held the signing of a collaboration agreement between both institutions.
For the Second Initial Diploma of Introduction to the Practice of Conductive Education. Second generation, September-November 2018, we received 33 participants from 20 DIF centers in 13 states of the republic:

Sinaloa
Sonora
Tamaulipas
Mexico City
Queretaro
Veracruz
Mexico state
Chiapas
Tabasco
Morelos
Guerrero
Zacatecas
Tlaxcala
The 21 professionals from 8 states of the republic attended, representatives of 12 centers of attention to the disability:

CNMAICRIE Gaby Brimer (CDMX)
CNMAICRIE Iztapalapa (CDMX)
CNMAICRIE Blind and Visually Impaired (CDMX)
CRI Guadalajara
BELIEVE Morelos
CRI Jojutla (Morelos)
CRI Cuautla (Morelos)
CREE San Luis Potosí
CREE Toluca
CRISVER Jalapa (Veracruz)
CREE Ciudad Victoria (Tamaulipas).
Conductive education programs require establishing series of tasks that incorporate the development objectives of each student in the group: to lie down, sit down, enable grafomotor aspects, daily life, individual life, personal hygiene, travel, among others. Tasks should be developed with motivations that are planned. The professionals chose certain characteristics of the disability, to imagine sitting and lying programs. They designed the programs and experienced them among themselves by playing the roles they had designed in the programs. Week 2 in October of the Diploma Introduction to the Practice of the CE.
Activities of CONNOSOTROS in the field of Public Incidence 2018

Integral Council for the Attention to Persons with Disabilities in the State of Morelos

ConNosotros has participated in the Comprehensive Council for Disability Care of the state of Morelos, the first time in 2011, and the second time since 2014. This Council generated the:

Law of Integral Attention for People with Disabilities in the State of Morelos

ConNosotros, has actively participated in the discussion forums that shaped the current Law of Comprehensive Care for People with Disabilities in the State of Morelos, approved on September 14, 2018 and of which the regulation that will make it an effective law in the protection of the integral rights of persons with disabilities.
PROFESSIONALIZATION OF THE WORK TEAM OF CONNOSOTROS, A.C.

Assistance and participation in the following activities:

3rd AMEXPCTND International Congress in Querétaro (Mexican Academy for Cerebral Palsy and Neurodevelopmental Disorders) in March 2018.

Training in Facilitation and Supervision of Conductive Education by the Driver, Adam Makk from the Peto Institute, Budapest Hungary from July 2 to 13.

Diploma in Social Management and management of civil society organizations. From April 2018 to February 2019 at the Merced Foundation.

Basic English course. ICATMOR.

Training at the Peto Institute in Budapest in Hungary from November 19 to 30. Six teachers from Con US A.C.
Assistance to the Third International Congress of the Mexican Academy for Cerebral Palsy and Neurodevelopmental Disorders (AMEXPCTND) February 2018
Hungary-Mexico Exchange: Visit of the directors of the András Petö Faculty
Training with the staff of Con Nosotros by Adam Makk from July 9 to 13, 2018 and the visit of Gracia Correa from “Passaros de Luz” Research Center for the Development of Education Conductive in Brazil.
Training at the Peto Institute, in Budapest, Hungary November 2018

Attendance of six teachers for two weeks at a specially designed course based on the experience of the professionals of our association.

The Curricular Design of the Course in Budapest, will allow them to add academic credits. Each training, one more opportunity to implement an improved practice.
EVENTS OF COLLECTION OF FUNDS FOR THE FINANCING OF THE ASSOCIATION
5th. Paella Jardín Huayacán Competition, Jiutepec
6th. Tabachin Golf Tournament Con Nosotros
Second Art Auction Organized by Support and Point For the Benefit of Con Nosotros on October 19, 2018
575 Direct beneficiaries in the different lines of intervention: Direct attention, Training, Dissemination, Training and professional practices.

| Atención directa                  | 23 Escolar y preescolar  
|                                  | 10 jóvenes adultos  
|                                  | 7 bebes  
|                                  | 12 curso de verano  
|                                  | 7 curso de pascua  |
|                                  | 59 |

| Valoraciones                      | 39 Con Nosotros Emiliano Zapata  
|                                  | 3 Cuautla  |
|                                  | 42 |

| Escuela para Familias            | 12 Con Nostros A.C  |
|                                  | 12 |

| Capacitación y/o desarrollo institucional | 4 Congreso Querétaro  
|                                          | 13 Curso de Ingles  
|                                          | 12 Capacitación con Adam  
|                                          | 1 Capacitación en línea  
|                                          | 15 Educación Conducida (diplomado)  |
|                                          | 45 |

| Capacitación                      | 9 Mamas con bebe  
|                                  | 35 Diplomado de profundización  
|                                  | 38 2do. Diplomado inicial  
|                                  | 10 Taller de E.C. en Cd. Victoria  
|                                  | 3 taller observación, ciegos y débiles visuales  
|                                  | 19 principios básicos de la E. C UTEZ  |
|                                  | 114 |

| Prácticas profesionales          | 10 , CEULAM, UTEZ Y CUDI  |
|                                  | 10 |

| Platicas y conferencias          | 11 Cd. Victoria  
|                                  | 40 Toluca  
|                                  | 28 San Luis Potosi  
|                                  | 31 Jalisco  
|                                  | 9 CDMX  
|                                  | 27 Ixtapalapa  
|                                  | 38 Veracruz  
|                                  | 47 Cd. Victoria  |
|                                  | 231 |

| Difusión y observación de estudiantes | 62 UTEZ  |
|                                      | 62 |

| TOTAL                               | 575 |
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THANKS FOR THINKING DIFFERENT
THINK CON NOSOTROS
(WITH US)
Think different, Think With Us! CON NOSOTROS