



Jiyan Foundation for Human Rights Report



Welcome.

The last two years at Jiyan Foundation have been defined not by challenges, but by the determination of our staff to meet them head on. Violent conflicts in the regions we serve did not ease dur-ing the COV-ID-19 pandemic, and public mistrust of governments and civil society institutions was tested worldwide. Through all this turmoil Jiyan Foundation has remained committed to our mission.

At the height of the pandemic, we reorganized and engaged in short-term emergency projects to provide protective equipment to public work-ers, food to those in need, and remote services to beneficiaries who needed our continued mental-health treatment and support.

The influx of refugees and displaced people caused by violence on the northern border tested the limits of our services. Institutional instability, reemergence of terror groups, and violence in the region will continue to stress our capacities.

Regardless, we remain committed to our work. I am extremely pleased with the work that has been completed these past two years in improving our infrastructure, expanding our services, and creating new opportunities for our staff and patients.

The Healing Garden in Chamchamal received two awards and our work on the Coalition for Just Reparations has seen the alliance grow from a small handful to more than two dozen member organizations whose work is having a direct impact for survivors in Iraq.

In 2020, I started a new position as Chair of Jiyan Foundation for Human Rights U.S. where we hope to engage the North American public and harness their support for our work.

Jiyan Foundation's role in the region is growing more influential and our programs will continue to reach more people in need every year.

We hope to use our position to provide not only mental health and medical support, but also elePeople like a very young woman I met who was held in ISIS captivity for two years, forced into an abusive marriage, tortured, and burned. During this time, she attempted suicide three times. Last year, after her escape, she sought help at Jiyan Foundation for intensive psychotherapy and medical services which we provide at no cost to our patients. I'm pleased that today her situation has improved, and like the thousands of patients we support every year, she is eager to start a new life.

Our work would not be possible without our supporters. We hope you keep a keen eye on Jiyan as we endeavor to destigmatize mental health, provide life-saving services, and speak for those without a means to do so themselves. We look forward to the opportunity to provide positive change in the years to come.

vate the voices of our community who are often too scared to speak up and too afraid to rebuild what has been taken from them time, and time again.

I want to thank all our funders, the Center for Victims of Torture, Federal Foreign Office of Germany, Federal Ministry for Federal and Economic Cooperation and Development of Germany, USAID, Misereor, Die Johanniter, the Protestant Church in Hesse and Nassau, Else Kröner-Fresenius-Stiftung, Gesellschaft für Internaional Zusammenarbeit (GIZ), and ecpat France. I also thank those individual donors whose contributions no matter the size make our work possible.

> Salah Ahmad Chairman





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# Horticultural Therapy

Since 2020, in cooperation with the German institute GARTEN HELFEN LEBEN, Jiyan therapists from Chamchamal have been trained in horticultural therapy. Supervised by their coaches, they have started using the therapeutic potential of the healing garden with clients from Chamchamal's treatment center and the women's clinic.





### What is Horticultural Therapy?

It's well documented that tending to plants and living creatures can yield positive psychological and physical effects. Horticultural therapy combines gardening with other therapeutic techniques to improve the lives of people with physical and mental health problems. These techniques assist participants in learning new skills or regaining those which they have lost due to traumatic injuries, strokes, or other neurological disorders. Horticultural therapy can improve memory, language skills, socialization, coordination and endurance.

#### Armin's\* Story, age 50

Having grown up orphaned, Armin worked his entire life to provide for himself, his wife and five children. A passionate gardener, Armin was known to speak non-stop about different trees, flowers and agricultural techniques.

Armin suffered a stroke causing half his body to respond exceptionally slow. His lack of motor skills and partial paralysis led him into severe depression. Taking advice from his family, Armin reached out to Jiyan Foundation in Chamchamal last spring.

Realizing his passion for gardening and yearning for physical activity our therapists invited Armin to eight sessions of garden therapy at the healing garden.

Soon after, Armin gifted his own trees and flowers to plant in the garden. On his final therapy session Armin confessed he was afraid to return home but thanks to his therapy he has now gained the courage and inspiration to go back to his home village and create his own sanctuary for local plants and animals.

The plants he tended to last spring are thriving this summer, providing shade and security to the animals of the healing garden. While his motor skills aren't what they used to be, his depression has subsided, and Armin looks forward to retiring to his own sanctuary where he can pay forward the help that he was given.

### Our Programs

By means of our programs we promote the physical rehabilitation, psychological well-being and social reintegration of survivors of human rights violations and their family members. These programs are based on the idea that the rehabilitation of individuals, families, and communities is a crucial step towards building a peaceful civil society.

Exposure to violence and human rights violations can lead to a variety of physical, psychological and social problems. We support survivors in Iraq and Syria by means of medical support, psychological treatment and specialized trauma care, as well as social work.

### Program for Rights and Justice

The rule of law and respect for human rights form the foundation of democratic societies and are the blueprint for peaceful coexistence and prosperity. We offer legal assistance, litigation, collaboration with international human rights bodies, and advocacy for the rights of vulnerable groups. We also monitor closed institutions and disseminate human rights standards.

### Program for Democracy and Civil Society

In order to progress towards a pluralistic civil society and to strengthen democracy in Iraq, we offer human rights education in schools. We also support networks of young activists and are involved in dialogue activities that bring together members of different ethnic and religious groups.

### Program for Training and Capacity Building



By investing in staff training and offering seminars for external professionals, we can better respond to the complex needs of the people we support. We have built up specialized expertise in mental health and psychotherapy. Our counselors and therapists have trained in various methods of clinical intervention, trauma therapy, and supervision.

#### Program for Trauma Care and Health

"I never thought that talking about my problems could help me solve them, but talking to the Jiyan Foundation has made me see that many families have similar problems. Although thinking about so many people in pain is sad, I also found it comforting to know that I am not alone."

Rasha • a patient at Jiyan Foundation Erbil, age 39

Iraqis have experienced horrific human rights violations; they have been brutalized by violence, denied access to basic services, forcefully displaced and subjected to exploitation, torture and traumatic circumstances. Civilians living in conflict areas are at extreme risk of psychological and medical problems often requiring life-saving humanitarian assistance and protection.

# TRAUMA CARE AND HEALTH

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Civilians in the region have suffered from extreme trauma and various psychosocial conditions with debilitating long-term consequences and increased rates of suicide.

> ISIS has systematically targeted women and girls, especially those from specific ethnic and religious communities, with sexualized violence and other abuses. Children and adolescents are often targets of abduction, recruitment into armed forces, detention, forced labor, sexual and physical violence. These circumstances are the source of many psychosocial and mental health conditions in our patients.

> Transgenerational trauma, the empirical behavior that passes from generation to generation is commonplace among adult and adolescent pa

tients we serve. It is trauma that can be paralyzing, rage-provoking, and hard to control. It affects generations of people living the region, some of whom may not have even been born at the time of the events which have impacted their families or communities, but none the less result in paralyzing fear, rage, and other affects associated with these traumatic experiences. Decades of war, sanctions and conflict have put new attention on and KRG governorates to highlight child labor as the top child protection concern, followed by violence at home, child marriage, psychosocial distress, and lack of services for children.

# Achievements 2019/20

- Clinical staff began and continue delivering medication to client's houses through the pandemic.
- $\checkmark$  Adapted programs amid the COVID-19 pandemic to provide remote psychotherapy and tele-health sessions to patients in urban and high risk areas.
- $\checkmark$  Developed and promoted a suicide prevention campaign in Kirkuk, including awareness workshops together with our partners at the Center for Victims of Torture.
- ✓ Special focus on long-term treatment for transgenerational trauma and familial therapy.

Psychological treatment for children requires alternative approaches than treatment for adults. One big difference is that young children usually don't express their suffering in words: they show us how they feel through their behavior. To provide effective support and asses their emotions we therefore need to observe how children behave. Children who are struggling can become quiet and withdrawn, or they might avoid contact with other children. Others can't control their aggression and shout or hit other children.

Eye movement desensitization and reprocessing (EMDR) is a method that works well with children, helping them to process traumatic experiences. Play and art therapy provide children an outlet for their feelings and gives insight to psychotherapists of their emotional state. Jiyan Foundation's staff is regularly trained to implement these and other therapeutic methods to assess and address a myriad of mental health conditions faced by our patients. All mental health and medical services are provided by Jiyan Foundation free of charge.

### COVID-19

The COVID-19 pandemic affected our ability to see psychotherapy patients in person. During the height of the pandemic, group therapy and in-person individual therapy slowed, and in some cases halted for weeks at a time. A quick move to tele-

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health and delivery services allowed our patients to maintain treatment during the increasingly stressful circumstances, and guaranteed treatment during these long periods of isolation.

Throughout all treatment centers and mobile teams self-prevention tools were implemented using facemasks, gloves, hand sanitizers and maintaining social distancing procedures. The new regulations were adapted giving continuity to psychotherapy sessions and other clinical activities.

### AHEAD

In the next two years our staff will continue to engage with new patients and support ongoing mental health and suicide prevention campaigns in the region. We hope to return many patients now receiving tele-health and remote psychotherapy to normalized treatment sessions and continue to provide these services where they are most welcome and effective.

Trauma Care and Health is also taking a close look at our staff and improving clinical services in Jiyan Foundation through staff performance assessments, reviews and information collection about the current condition of the staff, revising the clinical lead's coordination between them and center managers to improve the clinical lead's role, and plans for reducing the sometimes overwhelming and emergency work-load by introducing a self-care program.

"Injustice creates conditions that adversely affect the health of individuals and communities. It denies individuals and groups equal opportunities to have their basic human needs met, it violates fundamental human rights, it represents the lack of fairness and equality."

Hasan Ali Omar • Lawyer at Jiyan Foundation for Human Rights

Jiyan Foundation has placed special emphasis on expanding access to justice for disadvantaged and historically marginalized groups in the regions we work. Through extensive training, the appointment of community facilitators, and forging grassroots alliances our Rights and Justice team has built a powerful foundation to our continued mission of seeking justice for all.

# RIGHTS AND JUSTICE



# Achievements 2019/21

- ✓ Established the Legal Empowerment Pilot Project to expand access to justice and psychological services to the Syrian community residing in camps outside of Sulaymaniyah.
- Trained community facilitators from local communities to harness the legal system and find concrete solutions to daily issues of injustice, thus increasing the capacity of individuals to effectively realize justice.
- Founded the Coalition for Just Reparations and garnered support from 25 grassroots organizations.

plored possibility of increasing access to justice for its clients by introducing a community facilitators approach.

The community facilitators approach seeks to empower gifted individuals recruited from within disadvantaged communities to understand and use the legal system to find concrete solutions to problems of injustice faced by their own cimmunities. Supported by a team of project staff and lawyers, this approach has the ability to increase our outreach and lower the costs of providing our legal services.

Community justice workers use basic knowledge of the law and administrative procedures to help beneficiaries gain access to justice, including conducting community outreach, providing information, accompanying beneficiaries to government offices, referring cases to lawyers and other service providers, and collecting information on beneficiaries and their grievances to support evidence-based advocacy efforts.

Members of the R&J Department completed a study-visit in April 2019 to the largest legal aid provider in Jordan, Amman-based NGO Justice Center for Legal Aid (JCLA). The purpose of this study-visit was to get insight into a wide-ranging legal empowerment projects implemented by JCLA and its partners to support Syrian refugees and host communities in Jordan.

### The Legal Empowerment Pilot Project

The Legal Empowerment Pilot Project (LEPP) in Sulaymaniyah has been established within the project Trauma Therapy and Rehabilitation for Syrian Refugees in Iraq (2020-2022) to test the novel approach of reaching clients, providing legal & mental health services to disadvantaged communities.



In 2019 and 2020 our Rights & Justice program continued providing legal aid to members of disadvantaged groups including IDPs and refugees thus complementing Jiyan's psycho-social and medical support.

#### Providing legal aid to members of disadvantaged groups

We provided extensive training for local lawyers in order to assist survivors of ISIS crimes to obtain compensation under the existing legal framework. In addition memorandums of understanding (MoU) have been concluded with national and international bodies to facilitate the collection of evidence and building up cases against ISIS militants and provision of rehabilitation to survivors. More precisely, MoUs have been concluded with the KRG Commission for Investigation and Gathering Evidence (CIGE) and with the United Nations Investigative Team to Promote Accountability for Crimes Committed by Da'esh/ISIL (UNITAD).

#### Legal aid, empowerment and access to justice: the way forward

Standard legal aid programs run by qualified lawyers, although necessary, have their limitations. The most important of these concern limited outreach to vulnerable individuals in non-camp settings and high costs of legal advice and representation. To address this predicament R & J ex-







LEPP aims to expand access to justice and psychological services to the Syrian community in the city of Sulaymaniyah residing outside the camps. Though postponed due to COVID pandemic pilot project finally kicked off in July 2020. At the outset of the project feedback from a number of Syrian refuges on their legal and mental health challenges was collected via a semi-structured survey, referral pathways established, and work on devising methodology started. In addition, contacts were established with Syrian community in Sulaymaniyah as well as with organizations working with them.

### AHEAD

In the upcoming years our legal teams will continue to work on seeking justice for survivors of terrorism through out Legal Empowerment Pilot Project, training community facilitators and by placing a large focus on managing and expanding participation in the Coalition for Just Reparations.

"I feel honored because we could impact the thoughts of participants even if it was on a small scale, and the participants can feel and know the importance of dialogue in achieving peace."

Dana Khalid • Program Facilitator

Cultural and societal differences can often prevent community cohesion and create obstacles for individual healing and growth. To promote long-term stability in the region, Jiyan's Program for Democracy and Civil Society seeks to build trust between diverse ethnic and religious groups with long histories of conflict.

# DEMOCRACY AND CIVIL SOCIETY



### Achievements 2019/20

- 1,614 children, most of whom were children in refugee and IDP camps, participated in Human Rights and Children's Rights education programs.
- Hosted 424 religious and community leaders at our Dialogue events to promote intercultural dialogue.
- $\checkmark$  Expanded reach of the Youth Network for Peace and Dialogue to foster young community leaders.

legitimacy to their communities and allows other people to engage with people outside their cultures without stigma or worry.

#### Human Rights Education for children in schools, camps, and institutions

A large part of our programming is committed to educating youth and children on human rights, how to recognize violations, and avenues for safely addressing abuses they may face within their own communities. These courses are usually in public schools alongside students' regular curriculum, in orphanages, and refugee or internally displaced persons (IDP) camps in the region. With the help of the external and internal experts, Jiyan Foundation has created a manual for our facilitators of this program to ensure adequate delivery of its material and longevity of human rights education in the region. In 2020, 1,614 children benefited from this program. Most of whom were children in refugee and IDP camps.

#### Youth Network for Peace and Dialogue

A growing program, the Youth Network for Peace and Dialogue connects young adults from diverse ethnic, religious, and cultural backgrounds to engage in community building and trust exercises with the ultimate goal of providing community support across northern Iraq. Building on the experience of the previous two workshops which

dealt with intensely taboo and sensitive topics we adapted our workshop plan to become more active in participant communities.



# Iraqi society has gone through a myriad of conflicts and crises such as war, terror, political and economic instability.

In 2020, we faced the added challenge of addressing the cultural and societal effects of the past decades in the midst of COVID-19 lockdown and limited resources.

#### Dialogue Program

An invitation for reconciliation and acceptance, engaging in peaceful dialogue is not always easy. It is a sophisticated and civilized treatment for problems that requires patience and commitment from all stakeholders. Jiyan Foundation aims to a enhance social cohesion and achieve peaceful coexistence between different religions and ethnicities throughout Kurdistan-Iraq, Iraq, and beyond by providing spaces to encourage safe dialogue between community and religious leaders.

While the pandemic prevented in-person gatherings, a staple of our dialogue efforts, the commitment of our participants to adhere to social distancing rules, wear face masks and engage online allowed us to continue our programming.

"This obstacle was huge because at first, there were laws preventing gatherings, as well as the fear and anxiety that spread among people, which affected their psychological state," said Viyan Azad, Dialogue Program coordinator.

In 2019 & 2020 our Dialogue Program engaged more 424 leaders from different communities, religions and ethnic groups throughout Kurdistan-Iraq and Iraq to discuss their histories and possibility for cohesive futures. The regular involvement of community and religious leaders provides





Only a few weeks prior to our kick-off meeting with our second group the severity of the COVID-19 pandemic became apparent. Our community of 30 youth leaders quickly drafted ideas to produce different kinds of activities depending on the needs of their communities which could be realized in the new normal of pandemic restrictions. These included a campaign against hate speech, distributing books and creating public spaces of gathering for members of their communities. In online workshops, we shared about our experiences and explored ways of how to overcome the situation by using our own resources and networks. We elaborated on the question of building resilience as individuals and within the community as a whole.

### AHEAD

In the upcoming period, together with the staff of the whole program, we hope to contribute to overcoming the obstacle of COV-ID-19 by educating our participants on the importance of vaccination. We will continue to deliver human rights education for all the children in schools and camps, aiming to expand this program's reach next year. Also, we continue with our main goal to spread the idea of social cohesion and networking between the communities across ethnic and religious divides. We will provide the tools and support for strengthening mutual understanding and human rights awareness in the region.

Our main focus has reamined on clinical capacity building, but we've also trained lawyers, social workers, M&E staff and management in relevant topics. Since early 2020, COVID-19 travel restrictions have posed challenges to our training programs but provided the opportunity to realize alternative avenues for capacity building.

"I have rarely attended such an interactive seminar. The trainers met us at eye level and were able to share a lot of their practice and experience with us. The topic of mental health is becoming more and more important, and I would like to travel to Kurdistan again to learn more."

TRAINING AND CAPACITY BUILDING

MHPSS Workshop Participant



Achievements 2019/20

- Our Jiyan Seminar Program for External Professionals reached a total of 3,155 teachers, pedagogues, police officers, social workers, prison guards, counselors and aid workers.
- $\checkmark$  Long-term trainings in supervision, and in child and adolescent psychiatry and psychotherapy continued to move forward for 50 local psychologists.
- A third class in psychotraumatology started their training in 2020.
- Selected Jiyan therapists were admitted to a new EMDR (Eye Movement Desensitization and Reprocessing) course launched by our local partner organization, Green Desert.
- $\checkmark$  Two Jiyan physiotherapists participated in DIGNITY's Physiotherapy Pain School program.
- Ten Jiyan and five external social workers had the opportunity to be the first Iraqis trained in social work by the Lebanese School of Social Work from the University Saint-Joseph (Beirut).

learning tools and upgrading our infrastructure where needed.

COVID-19 also prevented us from flying in coaches and external trainers. In 2019, through our partnership with the Center for Victims of Torture (CVT), we were fortunate to have an international psychotherapist based in Duhok to lead the psychotherapy training of our new team in Mosul. This partnership allowed us to build clinical skills and support our colleagues in a city that remains difficult to access.

Before the pandemic, our therapists from Chamchamal continued to be trained in animal-assisted interventions. In 2020, they started a new training in horticultural therapy in horticultural therapy utilizing the unique therapeutic tools of our healing garden with clients.

#### Jiyan Seminar Program for **External Professionals**

In summer 2019, we held a kick-off seminar for a three-part training course in MHPSS (Mental Health and Psychosocial Services) for 20 health sector professionals from Baghdad, which was

first workshop.

To help us build skilled teams and foster growth in our staff, we conducted a total of 27 trainings for our colleagues in 2019-2020, most of which were part of long-term training series.

> In addition, employees have received regular internal and external supervision to reflect on their daily practice and to help them cope with their heavy workload and difficult cases.

> Juggling with regional and linguistic differences is a regular occurrence of our training seminars but when the COVID-19 pandemic put international travel to a halt and made face-to-face gatherings

impossible, we had to rethink the implementation of our capacity building programs.

Interpersonal contact can never be replaced through a screen and not knowing how long restrictions would persist made planning very difficult. Quickly we concluded that remote learning was the new normal, and so we adapted our programs accordingly; making investments in online



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conducted 100% by Jiyan therapists. The feedback was overwhelmingly positive, and an important step towards sharing knowledge within the country and across regional boundaries. "I have rarely attended such an interactive seminar. The trainers met us at eye level and were able to share a lot of their practice and experience with us. The topic of mental health is becoming more and more important, and I would like to travel to Kurdistan again to learn more," said one participant at the end of the

### AHEAD

In 2021, our staff will complete several of our long-term trainings in psychotraumatology, supervision, child and adolescent psychiatry and psychotherapy. These traingings are crucial for developing independence from international aid by building local expertise. Moreover, in the next four years Jiyan Foundation aims to establish the structures for a local training institute, fostering training, research, and networking in the fields of clinical psychology and psychotherapy.

### C,4 J R COALITION FOR JUST REPARATIONS

Putting survivors first: Forging the C4JR A Project of our Program for Rights & Justice

#### C4JR Achievements 2019/20:

✓ agree on the position paper outlining core principles on reparations in Iraq that will serve as a blueprint to measure forthcoming state efforts to provide reparations to victims

✓ publish a Draft Law on Reparations for Survivors of Conflict Related Sexual Violence Committed During the ISIL Conflict in Iraq

engage Iraqi parliamentarians into discussion on how to improve legislative bill aiming to provide reparations to Yazidi Women Survivors

✓ organize a virtual conference with UNAMI on Reparations for Survivors of Conflict Related Sexual Violence

Dealing with the legacy of gross human rights violations by providing mental health and medical support to survivors has been an utmost priority for Jiyan Foundation. The C4JR uses Iraqi law and international human rights law to support reparation claims of survivors and encourage Iraqi

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✓ collaborate and support IOM effort to increase awareness of Iraqi parliamentarians concerning justice and reparations

✓ establish a working group on women's rights and conflict related sexual violence which produced a Policy paper on Reparations with recommendations that need to be put into practice for a C4JR Draft Law to be effectively implemented

✓ establish contacts with relevant national and international stakeholders

 $\checkmark$  run a media campaign promoting reparations for survivors of conflict related sexual violence

✓ organize an online discussion with NGOs working on the rights of victims of ISIL in Iraq and North-East Syria



Over the next few years Jiyan Foundation hopes to expand the C4JR and begin to assess and advocate for the implementation reparations programs to all survivors of ISIL atrocities. Visit www.C4JR.org for more information.



Generally, the children of Iraq are under threat, I wish that we would be able to expand the program and deliver its concepts to the whole children of Iraq"

When I go back to my city I want to create this circle in my city ... where everybody is able to share, no matter who they are and come from. This is a promise!"

Youth Participant in Youth Network for Peace and Dialogue

Regardless of religion or ethnicity, we are all people who deserve to feel safe." Loran • father of 12 year old Sara

The [Dialogue] program has brightened the darkness that was in front of my eyes, now I can see the truth"

Yazidi participant in Jiyan's four-session dialogue program

You must know ... what you are doing for us here in Halabja is unheard-of. For over twenty years we have been suffering now, and you are the first ones to soothe our pain. Each day I include you in my prayers."

Miran Rafiq • program coordinator

Survivor of the chemical attacks • Halabja



Often operating behind-the-scenes our Monitoring & Evaluation provides Jiyan Foundation with the information necessary to ensure the success of our programs.

> To adapt to our growing organization's needs the M&E team has revised and updated the data entry and collection processes. These revisions are better suited for assessing changes in psychological symptoms and our beneficiaries mental health.

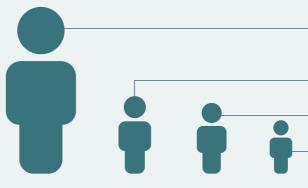
> Monitoring and evaluation (M&E) of our activities help us keep track of the number of people we reach with our services and measure these services' impact. This is the foundation for maintaining high quality standards and continuously improving what we do.

In the spring of 2019, our data collection efforts were revised and updated to better suit our work. Due to our ongoing efforts, Jiyan Foundation is

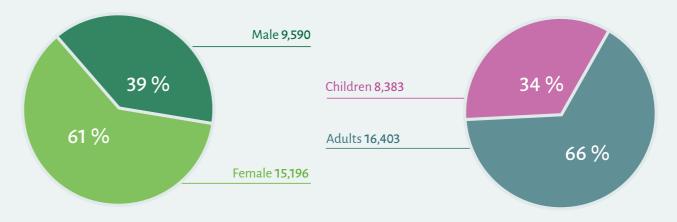
able to assess changes in psychological symptoms in a systematic manner using a number of standardized psychological and diagnostic questionnaires that have been translated to Sorani and Arabic to make them available to our local staff in the region.

During the COVID-19 pandemic it had become more common to meet colleagues in online meeting rooms instead of inperson at the office which provided us the opportunity to work in close cooperation with our local staff and to establish a participatory process to include the needs of staff at different levels when planning new tools or reporting processes.

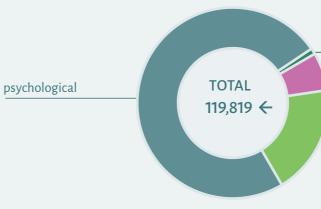
All clients based on target group N



Mental Health Program N



Number of sessions and services provided **L** 



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IDPs 12,449
Locals 4,732
Returnees 4,372
Refugees 3,233
TOTAL 24,786 🗲

 representation and counseling
 legal counseling
medical

### AHEAD

There is always something to do in the M&E context - our M&E team is continuously working on refining the data collection process and is training local Jiyan staff to further develop their skills in clinical diagnostics, interviewing, data entry and interpretation.



Built in response to therapists' requests at Jiyan Foundation, the Healing Garden is a place of rest and security for families who have experienced violence and persecution.

> The city of Chamchamal is located in the Kurdistan region of northern Iraq. The population here suffered under the brutal regime of Saddam Hussein. During the so-called Anfal Operations of the 1980s, people were violently expelled, tortured, brutalized, and lost their livelihoods. Children and adolescents in particular suffer from the longterm consequences of these attacks. Since 2010, Jiyan Foundation has been the only point of contact

for many traumatized women and children in the region. Here, our psychological team treats more than 500 people every year.

#### Get Healthy in Harmony with Nature

The women and children in the healing garden are accompanied by our specially trained therapeutic team who utilize a holistic approach to recovery.

# Awards in 2019/20

 $\rightarrow$  iF Social Impact Prize 2020 :

"The Healing Garden impresses with its simplicity and effectiveness. The cultivation of the garden by locals, who earn their living with it, and at the same time the use of traditional loam construction and sewage techniques impressively confirm the sustainable approach of this wonderful project!" – Jury Statement

→ National Energy Globe Award Iraq 2020: Preservation of Resources and Sustainable Planning in a Post-Conflict Setting

Located next to our treatment center in Chamchamal, the Healing Garden unites a range of natural therapies. Here, severely traumatized women and children have opportunities to:

- → Build relationships with animals, nurture them and thereby learn to trust and open up again to others (animal-assisted interventions).
- → Create gardens, tend to plants and gain new perspectives through stewardship (horticultural therapy).
- $\rightarrow$  Recover and relax in a protected environment surrounded by plants and animals.

The design of the garden takes into account the conservation of natural resources. The therapy rooms in the healing garden are built in a traditional style with clay sourced from the building site. This traditional construction adapts perfectly to the local climate – it cools in the summer and warms in the winter therefore relieving us from the need of energy-intensive air conditioning systems.

With our grey-water treatment system we can purify 100 cubic meters of wastewater daily – enough to irrigate the plants even in the summer heat. From garden waste, biogas is produced. Incidentally, this creates a natural fertilizer for the plants and trees of the garden.















# Financial Transparency

Cash in bank

Spotlight

ncome in US Dollars	2019	2020
Grants	4.208.178,62	4.167.242,57
Donations and Fundraising	86.666,67	137.491,25
Total Grants and Donations	4.294.845,28	4.304.733,82
Previous Years balance carried forward	1.098.311,08	1.785.505,39
Total Income	5.393.156,36	6.090.239,21
xpenses in US Dollars	2019	2020
Depreciations on fixed assets	73.530,48	78.122,54
Staff costs	1.797.462,79	1.753.562,20
Operations	353.046,63	543.608,82
Public relations	18.652,78	8.672,52
Patient services	300.613,09	163.111,66
Capacity building	241.974,16	75.173,46
Medication	346.639,51	202.697,79
Travel costs	73.326,83	24.652,81
Office costs	151.277,18	174.781,83
Financial services	37.154,21	49.715,81
Auditing	16.806,66	17.660,91
Funding forwarded to project partners	197.166,67	964.794,09
Total Expenses	3.607.650,97	4.056.554,44
nount Carried forward for next year	1.785.505,39	2.033.684,77
xed assets	613.540,35	428.546,95
ash in hand	345.745,49	465.216,82

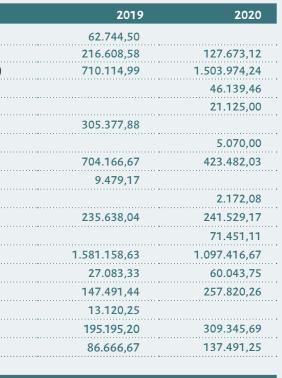
Total Assets	1.785.505,39	2.033.684,75

826.219,55

836.240,31

	e Autonomous Province of Bolzano-Alto Adige
	nter for Victims of Torture
	utsche Gesellschaft für Internationale Zusammenarbeit (GIZ
	PAT
Els	e Kröner-Fresenius-Stiftung (EKFS)
Eu	ropean Union
Eva	angelical Church St Gallen
Fee	deral Foreign Office
Int	ernational Psychoanalytic University
Int	ernational Rehabilitation Council for Torture Victims
Joł	nanniter
Ka	hane Foundation
Mi	sereor
Pro	otestant Church in Hesse and Nassau (EKHN)
Tea	arfund
Tei	rre des Hommes Italy
Un	ited States Agency for International Development (USAID)
Pri	vate Donations

#### Total



3.846.873,20

4.304.733,82

Jiyan Foundation for Human Rights is happy to welcome our new 501(c)(3) registered partner in the United States.

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Registered in New York State, the Jiyan Foundation for Human Rights U.S. Inc. will focus on elevating the work we are doing in supporting survivors of human rights violations, defending fundamental freedoms, and promoting democratic values throughout the world.

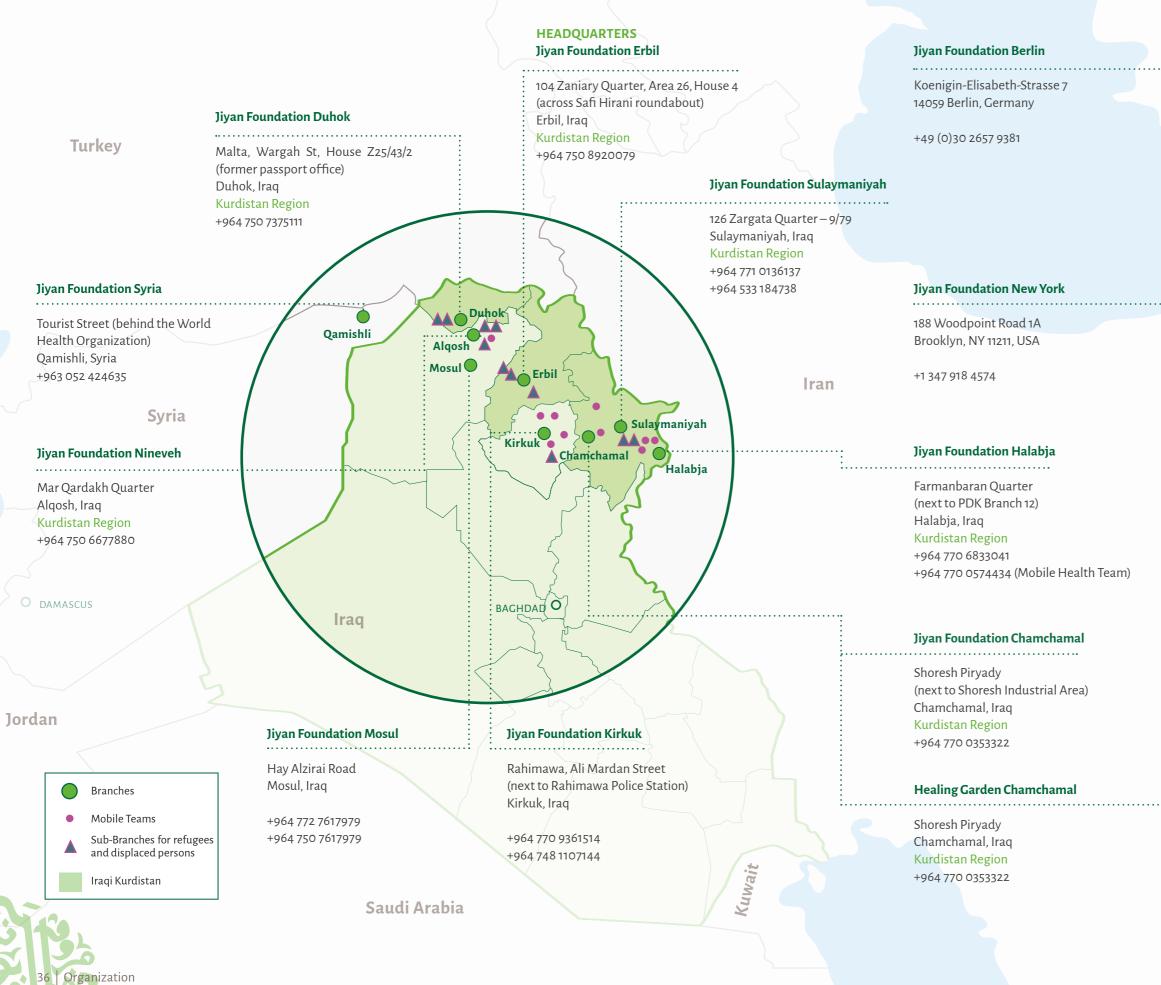
The outreach efforts of the U.S. will include promoting Jiyan among news media outlets, developing new funding opportunities, and extending the reach of our social media platforms.

Our goal is to educate the North American public about the enormous need that we have for resources, funding, and education.

Visit our site www.us.jiyan.org and help us spread the word by subscribing to our newsletter, becoming a member, or making a donation today!

Offices and E

### **Offices and Entities**







### **Our Teams**



Due to Covid-19 this photo of our staff from a 2017 seminar in Berlin is used in-place of a group photo.

#### Accounting / IT / Administration

Adnan Mohammed Araz Ahmed Bestoon Hamarash Darya Yahea Evon Uaganda Gerardo Gäth Hana Hussein Hiran Ali Hive Muhammad Katrin Jantke Laith Esso Leif Hinrichsen Mamand Hasan Mohammed Ahmed Narmin Salh Nazanin Salih **Rebin Ahmad** Ruba Ahmed

Organization

#### Skala Majeed Venos Mohammed

#### **Capacity Building**

Bawan Salih Lena Le Gall

#### Community Outreach **Officer / Social Workers**

Niroz Mohammad Asia Al-Hayder Darman Rashid Faisal Haso Gashaw Salih Havat Ibrahim Hozan Hussein Kanar Mohammed Rayyan Abdulkarim

Saeed Saeed Shaimaa Abdalaziz Sharmeen Hasan Shaymaa Hussein Shirin Haji Wathban Haji

#### Drivers

Araz Mohammed Aryan Abdalla Hedayat Abdullah Kakemir Kerim Muneer Wardah Rane Baho Rebaz Samad Salah Shareef Sardar Rashed Shahab Ali Sherko Mahmood Waad Fouad

#### Interns

Ashti Omer Daniela Miller Juliana Souza Megha Varier Mohammed Barazanchi Nina Kamal Pablo Maristany Tara Sanataay

#### Janitors / Guards / Cooks / Gardeners

Chnur Husein Dashty Shahab Aziz Fathel Dahar Fatma Abdullah Ghaida Yousif Ghalib Hamza Hasib Ahmed Hossin Aziz Ibrahim Faraj Jairan Karim Jalil Aziz Karwan Mustafa Kwestan Ameen Mustafa Abdulmajeed Nora Athnil Qamar Yaseen Rana Yousif Rojin Ibrahim Sana' Mikhaeel Sangar Qadir Shaho Ahmad Shaida Karim Suham Mohammed Tawoos Salih Warda Salih

#### Lawyers & Legal Advisors

Abdulmaged Jundi Ali Ahmed Aram Aziz Bojan Gavrilovic Dawlat Ali Ghaib Musheer

Hasan Omar Hashim Mohammad Hiwa Fatah Mohammed Abullah Noor Ali Saif Noori Shayma Samin

#### Local Directors / **Branch Managers**

Ako Faiq Mohammed Omer Taha Abdulrazaq Rabea Yonis **Rospin Baito** Shareef Ali Yousif Salih

#### Medical Doctors / Medical Specialists

Abdulkarim Abbas Abdulrahman Noori Adam Adam Adnan Tahir Ammer Checho Basoz Omer Bushra Hasin Chnur Mustafa Darya Abdl Farhang Ghaffar Hardi Dhahir Harem Abdulgader Hemin Ahmed Hisham Khalil Huda Rasheed Intisar Younis Jaafar Ahmed Jalal Hasan Jamal Tawfeeq Jihad Hama Jutyar Hussein Kurda Muhamad Maha Aziz Mahdi Ismael Najat Hasan Nareen Elias

Perjan Taha Rebin Rashid Salar Ameen Sarah Yaqo Sezar Hashim Shaida Fars Sharief Mirza Sirwa Al-Jaf Suham Rashid Wafa Rahim Waleed Omar Zeyad Abdulrahman Zhwan Sharif

#### Monitoring & Evaluation

Hannah Pütz Pirko Selmo Samuel Couturier Stephanie Schweininger

### Nurses

Gulala Mohammed Sarya Ali Shayma Othman Sheerin Juma Suham Mohammed

### Pharmacists / **Medical Assistants**

Amanj Hussein Ayad Murad Ismael Sleman Khairi Rasho Mohammed Ismael Rahmah Basheer Sarwat Abdulgader

### Physiotherapists

Abdul Hussein Abobakr Al-Salhi Hevi Ahmed

Hevi Ahmed Khalil Mohammed Kozhin Mohammed Nobar Khalaf Rebwar Hama Shawkat Saeed

#### Assistant

Azad Hisso

#### **Project Coordinators**

Dorothea Mavarkis Dyari Qadir Ikram Hasan Lina Fricke

#### **Project Managers**

Annette Rosner

#### Psychotherapists/ Counselors

Akar Mohammed Aras Majeed Arkan Hameed Asmaa M. Salih Aveen Aziz Bakhtiar Hassan Bashar Mohammed Bland Ameen Bushra Muheidin Chenar Ahmad Chya Abdulrahman Chya Mohammed Dana Hameed Darin Meho Deraw Mahmood Diljan Husein Elham Ibrahem Evon Youhannan Fakhir Abbas Fuad Barakat

Gulizar Ali Haisam Bouzo Hasan Khalid Hawre Raza Hawre Qadir Hawzhin Salih Hawzhin Abdulla Hayfaa Saleh Hedi Dhahir Hero Ghafour Hozan Hussein Huda Rasheed Ibrahim Mohammed Jihad Azeez Jwan Rahman Jwana Faraj Karzan Mohammed Kaveen Mohamad Khairy Ahmad Kurdistan Muhammad Muhammadamin Laila Saleh Lavan Omar Layla Tawfeeq Loreen Khane Lorin Khalil Marwa Abo Marwah Majeed Maryam Ismail Maryam Bakr Mayan Hussein Meran Abda Mohammed Abdulla Mosleh Kareem Nabaz Ahmed Nada Khidida Nahyat Naamo Narmin Mohammed Omer Mohammed Omer Abdullah Pakhshan Radha Pisyar Khalaf Rangin Mohealdin **Rizgar Ibrahim Rojin Shawish** Rozhan Ali

Gashaw Rashid

Giwana Barakat

Goran Mohammed

Sakhar Hero Salm Mohammed Sara Mawlood Sarwan Abdul-Qadir Sazgar Mohammed Shadan Radha Shahla Hesein Shang Mostafa Shara Ghafoor Sharmeen Hasan Shayma Hama-Sharif Shaymaa Ibrahim Sherwan Hesen Shorash Mohammed Sivan Mahmood Skala Rashid Suham Ghafoor Suham Hussein Thamir Khalaf Viyan Shauqi Wahid Harmz Warjin Mho Yusra Ali Zaid Ali Zarya Ali Zewar Ahmad Zhino Mustafa

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#### Receptionists

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Randa Jajo Rawshe Qassam Savinya Hamahali

#### **Supervisors**

Azad Ismail April Gamble Muhammad Mustafa Rushdi Mustafa

#### Volunteers

Payam Mohammed

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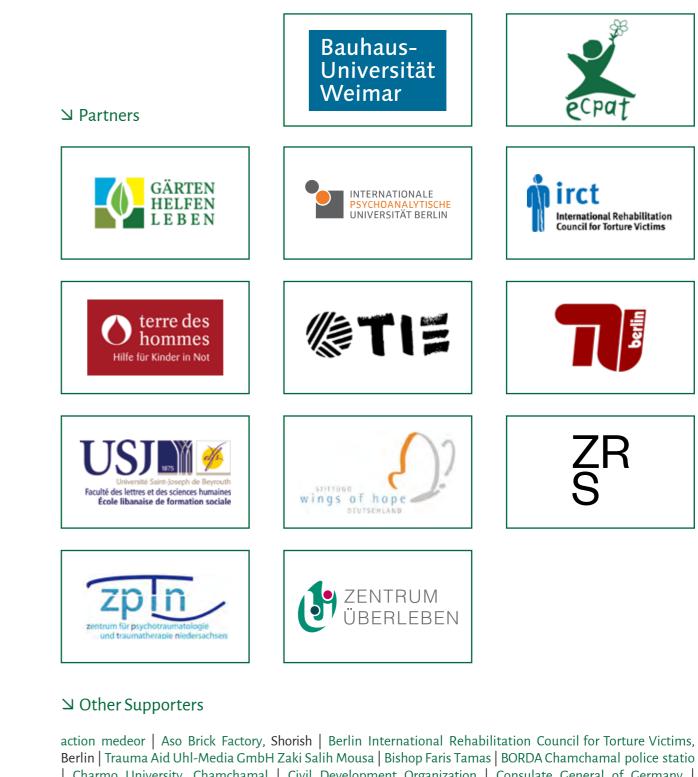
Michael Lehmann (Chairman)

(Director of Strategy and Programs)

# Our achievements would not be possible without the generous support of our partners and donors.



Organization



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Our work would not be possible without the generous support of funders and donors like you. We welcome you to join our efforts and make a gift towards our work in Kurdistan-Iraq, Iraq and Syria.

> Our work follows the core values set out in the Universal Declaration of Human Rights. We believe in human dignity and promote respect for human rights and fundamental freedoms set out in the declaration. We help survivors of human rights violations, regardless of their age, gender, ethnic or religious affiliation.

Jiyan Foundation for Human Rights seeks a democratic society that protects the dignity of the human being, where adults and children realize their rights to life and liberty, and citizens are free from torture and terror. Our programs provide

mental health, medical treatment and other support services to survivors of trauma, terror, domestic violence and human rights violations.

Jiyan Foundation for Human Rights supports 9 treatment centers, a clinic for Yazidi women and families, a Healing Garden and mobile teams helping survivors in 11 refugee and IDP camps and nine regions throughout Kurdistan, Iraq, & Syria.

Since 2005 these programs have supported over 100,000 survivors of trauma, terror, domestic violence and human rights violations in the region.

### Ways to give

#### ▶ Donate via our website

It's quick and easy to donate via our website. You can make a donation by credit card, SEPA direct debit or PayPal. www.jiyan.org/donate

#### $\square$ Donation account in Germany

Jiyan Foundation for Human Rights Ethikbank **BIC/SWIFT: GENODEF1ETK** IBAN: DE48830944950003319644

#### $\square$ Donation account in Iraq

Jiyan Foundation for Human Rights / Sulaymaniyah Kurdistan International Bank for Investment and Development **BIC/SWIFT: KIBIIQBA** IBAN: IQ30097825163006820001

#### ☑ Donation account in United States

Jiyan Foundation for Human Rights US Amalgamated Bank ABA/ Routing: 026003379 Account: 151048856

#### ↘ Paypal

Germany: donate@jiyan-foundation.org United States: us@jiyan.org





Germanv

United States



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### ☑ Editorial Team

Jiyan Foundation for Human Rights

#### ⊔ Design

Anna Magdalena Bejenke info@sinn-sucht.com

#### $\square$ Picture Credits

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