Special Olympics
Pakistan
Special Olympics unleashes the human spirit by transforming the lives of people with intellectual disability through the “Power of Sports”
• 29,819 registered athletes in GMS
• 3,963 Coaches
• 3,034 Volunteers
• 430 Competitions in Pakistan by 2019
History

- Founded in 1989
- First National Games in Karachi 1991
- World Summer Games 1991, Minnesota, USA
- World Summer Games 1995, Connecticut, USA
- Asia Pacific Games 1996, Shanghai, China
- World Summer Games 1999, North Carolina, USA
- World Summer Games 2003, Dublin, Ireland
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- World Summer Games 2003, Dublin, Ireland
- International Cricket Tournament 2006, Mumbai, India
- SO Bharat Punjab Games 2005, Ludhiana, India
- SO Bharat National Games 2006, New Delhi, India
- World Summer Games 2007, Shanghai, China
- SOAP Bocce Championship 2008, Brunei Darussalam

- SO Bharat Punjab Games 2008, Ludhiana, India
- World Summer Games 2011, Athens, Greece
- South Asian 5-aside Football Tournament 2012, Dhaka, Bangladesh
- World Winter Games 2013, Pyeongchang, South Korea
- Asia Pacific Regional Games 2013, Newcastle, Australia
- World Summer Games 2015, Los Angeles, USA
- SOAP Bocce Competition 2015, Brunei Darussalam
- SOAP 5-aside Football Competition 2015, Kathmandu, Nepal
- SO Unified Cricket Competition 2016, Dhaka, Bangladesh
- World Winter Games 2017, Graz, Austria
- MENA Games 2018, Abu Dhabi, UAE
- SOAP Beach Games 2018, Sri Lanka
World Summer Games
Abu Dhabi 2019

92 Athletes

55 Male
37 Female

10 Sports

Gold 28
Silver 18
Bronze 15
Video
## Sports at SOP

### Summer Sports
- Athletics
- Badminton
- Basketball
- Bocce
- Cricket
- Cycling
- Football
- Power Lifting
- Swimming
- Table Tennis
- Tennis

### Winter Sports
- Snow Shoeing
- Cross Country Skiing
- Floorball
Special Olympics Programs

- Young Athletes
- Healthy Athletes
- Athlete Leadership
- Family Input Council
- Youth Activation
- Unified Sports
Young Athletes is a versatile program for children between the ages of 2 - 8 years that can work in various learning situations.

It is also appropriate for preschools, schools and playgroups to use with small groups of young children with and without intellectual disabilities.

The flexibility of Young Athletes ensures the opportunity to welcome and their young children into the Special Olympics family.
Healthy Athletes

The Healthy Athletes initiative is dedicated to providing health services and education to Special Olympics athletes, and changing the way health systems interact with people with intellectual disabilities.

- Fit Feet (Podiatry)
- FUN fitness (Physical Therapy)
- Health Promotion (Better health and well-being)
- Healthy Hearing (Audiology)
- Med Fest (Sports Physical Exam)
- Opening Eyes (Vision)
- Special Smiles (Dentistry)
Healthy Athletes
Athlete Leadership empowers athletes to develop leadership skills and utilize their voices and abilities to undertake meaningful leadership roles, influence change in the Special Olympics movement and create inclusive communities around the world. As athletes gain the confidence that comes with achievement, they feel empowered and ready to take on new challenges to make use of all their abilities.
Our Mission

Our mission is to provide year round sports training in a variety of sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop fitness, demonstrate courage and become an integral part of mainstream society.
Family Input Council

The Family Input Council is a forum for parents of our athletes. The aim of the council is to function as a committee that coordinates and provides support to parents so that they may have a better understanding of how to manage and involve their child in various activities. Some of the core roles played by the FIC are:
Youth Activation

• Youth play an important role in supporting the Special Olympics movements

• The aim is for the youth to become more aware of and better understand people with intellectual disabilities.

• There is a need to energize the Youth so as to unleash their creative leadership potential to accept, respect, and advocate with and for persons with intellectual disabilities.

• It will provide the youth with opportunities to help them understand their potential and ways to serve as active agents for change in their local communities.
Team sports are about having fun, promoting physical health and bringing people together.

**Bringing People Together**
In communities around the world, Special Olympics athletes and their teammates without intellectual disabilities practice and play together on Unified Sports teams.

**Inspiring Leadership**
Special Olympics Unified Sports is fun for all ages – but is particularly powerful as an educational tool in schools.
Be a fan of Special Olympics.