

SAMSKARA PROJECT

Transforming **YOUTHS**
into
Responsible Citizens



CONTENTS

- Our Inspirations
- Perspective of Project
 - How to we fit as a CSR Project
 - Our Methodology – Spiritual Wellness
- Our Activities
 - Anti-Addiction Programs and Mega Youth Programs
 - Mega Youth Programs
 - Hostel Facilities
 - Cultural Programs
 - Free Food Distribution
 - Student Scholarships
 - Girls' Training
 - Vocational Training Workshops
 - Educative Trips to Heritage Sites Camps
 - Value Education for Children
 - Social Welfare Activities
- Eminent Personalities Appreciating our Activities
- Testimonials



The Honorable Prime Minister of India Mr. Narendra Modi in his address to the Nation – Man Ki Baat, December 14, 2014 shares his thoughts -

“I shall discuss the grave threat this country faces because of the growing menace of drug addiction” and goes on to appeal to the Youths of Nation to give up Drug – Addiction pointing out that it is neither a “style statement” nor is it “cool” rather it is a “psycho-social-medical problem” that needs to be treated and handled like one.



सत्यमेव जयते

युवा कार्यक्रम और खेल मंत्रालय

MINISTRY OF

YOUTH AFFAIRS AND SPORTS

“In order to create a generation of young Indians equipped to take on future challenges and achieve their full potential, it is necessary that the youth are in good health and make healthy and balanced lifestyle choices. Youth specific health issues must be addressed through targeted programmes. Balanced nutrition and healthy lifestyle information must be provided to the youth. There is also need to create awareness among the youth about ill-effects of drug/ substance abuse. It is also important to develop inner values like compassion, kindness, sympathy and empathy. There is also a serious need to inculcate the spirit of integrity and truthfulness in the youth.”

National Youth Policy

(Current Policies & Future Imperatives – Priority Areas 4 & 6)

“Just like naturally one is taking education just to become a politician, one is taking education how to become a high character saintly person. That natural inclination is already there, but that is not being properly harnessed. Therefore a regular educational institution should be there. Real education is how to train up one to have ideal character.

Our movement is not only for some theoretical teaching, but it is for developing practical character and definite understanding.”

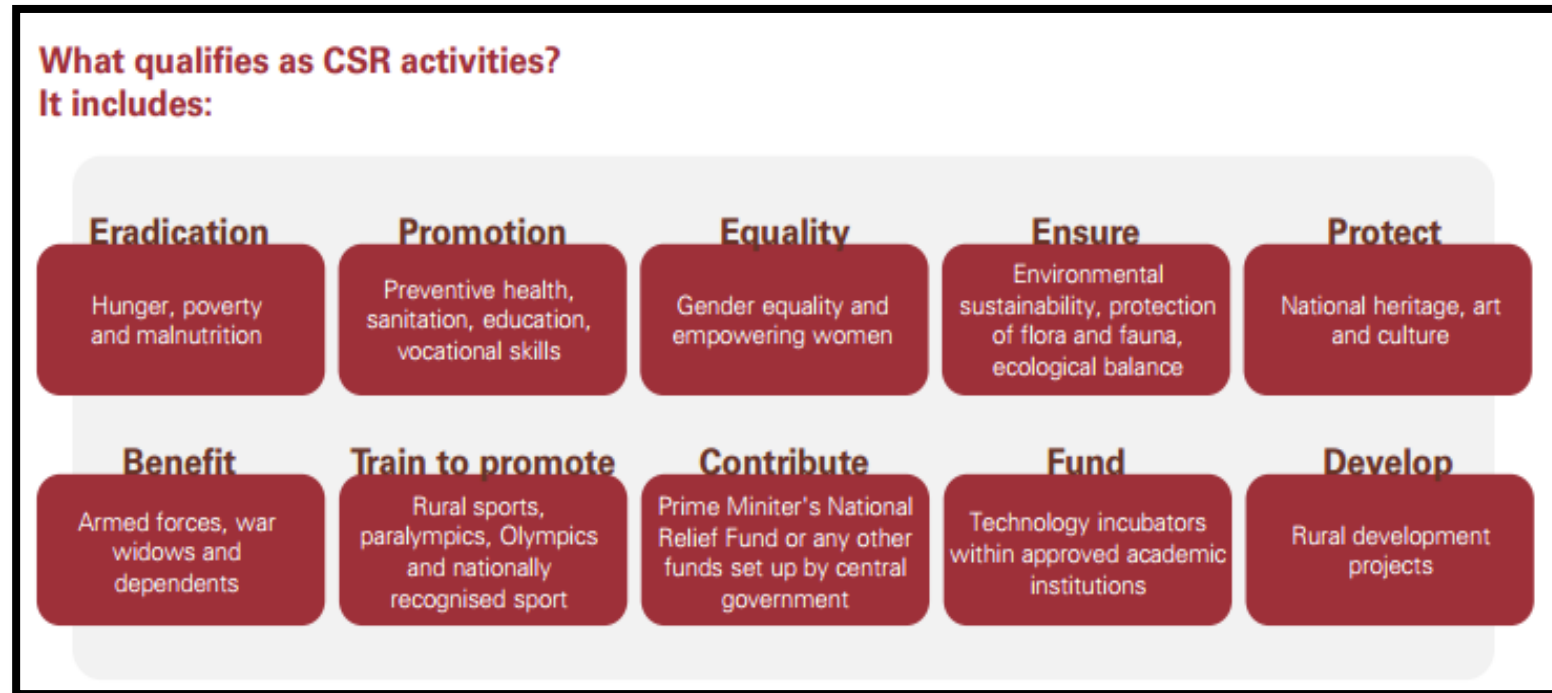


His Divine Grace A.C. Bhaktivedanta Swami

Srila Prabhupada,

*The Founder Acharya of
International Society for Krishna Consciousness*

Do We Fit In Well As A CSR Project? (KPMG Report Ref..)



ISKCON's "SAMSKARA PROJECT" aims at

Promoting :

- **Preventive Health Care**
- **Promoting Education**
- **Vocational Skills**

No.01/01/2017-CSR
Government of India
Ministry of Corporate Affairs

5th Floor, Shastri Bhawan,
Dr. Rajendra Prasad Road,
New Delhi - 110 001.

Dated 3rd February, 2017.

✓ To

Shri Kurma Avatar Das,
ISKCON - Kanpur,
Sri Sri Radha Madhav Mandir,
"Hare Krishna Dham",
Mainavati Marg, Bithoor Road,
Kanpur (Uttar Pradesh)

Subject :- Issuing clarification letter for CSR Projects of ISKCON, Kanpur

Sir,

This has reference to your letter dated NIL addressed to Hon'ble Minister of Corporate Affairs requesting for a clarification as to eligibility of ISKCON, Kanpur to receive CSR fund of companies for undertaking various socio-developmental projects.

2. Rule 4 (2) of the Companies (Corporate Social Responsibility Policy) Rules, 2014 suggests that :

"The Board of a company may decide to undertake CSR activities approved by the CSR Committee, through

(a) A company established under Section 8 of the Act or a registered trust or a registered society, established by the company, either singly or alongwith any other company, or


(b) A company established under Section 8 of the Act or a registered trust or a registered society, established by the Central Government or State

*Government or any entity established under an Act of Parliament or State Legislature ;
Provided that :-*

If, the Board of a Company decides to undertake its CSR activities through a company established under Section 8 of the Act or a registered trust or a registered society, other than those specified in this sub-rule, such company or trust or society shall have an established track record of three years in undertaking similar programmes or projects; and the company has specified the projects or programmes to be undertaken, the modalities of utilization of funds of such projects and programmes and the monitoring and reporting mechanism."

3. To the extent ISKCON, Kanpur is falling in the category mentioned under the proviso to the Rule 4(2) as mentioned above, it is eligible to undertake CSR projects on behalf of eligible companies.

4. This issues with the approval of the competent authority.


(Dr. Pankaj Srivastava)
Director
23389263.

TO WHOM IT MAY CONCERN

This is to certify that M/s ISKCON Kanpur had spent Rs. 24,88,613.00 (Rs. Twenty four lacs eighty eight thousand six hundred thirteen only) as per details annexed herewith, during the period from 1st April, 2016 to 31st December, 2016 for the charitable cause of Value empowerment, De-addiction awareness & training & skill development.

These expenses are eligible for CSR activities falls under section 135 of Companies' Act 2013 under corporate social responsibility rules, 2014 & various other notifications/explanations given from time to time.

For Rajeev Prem & Associates
Chartered Accountants
FIR: 084456

Place: Kanpur

Dated :- 4th January, 2017



CA Rajeev Kapoor
Partner



**OFFICE OF THE
COMMISSIONER OF INCOME- TAX (EXEMPTIONS),
6th FLOOR, PIRAMAL CHAMBERS, PAREL, MUMBAI-400 012.**

No.CIT(E)/u/s.80G/2016-17

Date : 24/06/2016

To,
The Trustee
International Society for Krishna Consciousness
(ISKON) Hare Krishna Land,
Juhu, Mumbai-400 049

Sir,

Sub: **Request for letter for continuing validity of 80G Exemption
Certificate No.1667/2008-09 dated 29/04/2008.
PAN : AAAT10017P**

Please refer to the above.

2. In this connection, I am directed to state that an amendment was made to Section 80G(5)(vi) through Finance Act (No. 2) 2009. As per the amendment, any existing approvals u/s 80G(5), which is expiring on or after 01.10.2009 shall be deemed to be have been extended in perpetuity unless specifically withdrawn. Therefore, your certificate is valid upto 31.03.2011 is valid from 01.04.2011 onwards till it is rescinded and subject to the same conditions and also subject to the condition that your Trust should not be hit by the newly inserted proviso to section 2(15) of the I. T. Act.

3. This certificate is issued as per request made by you, vide letter dated 23/06/2016 filed in this office.

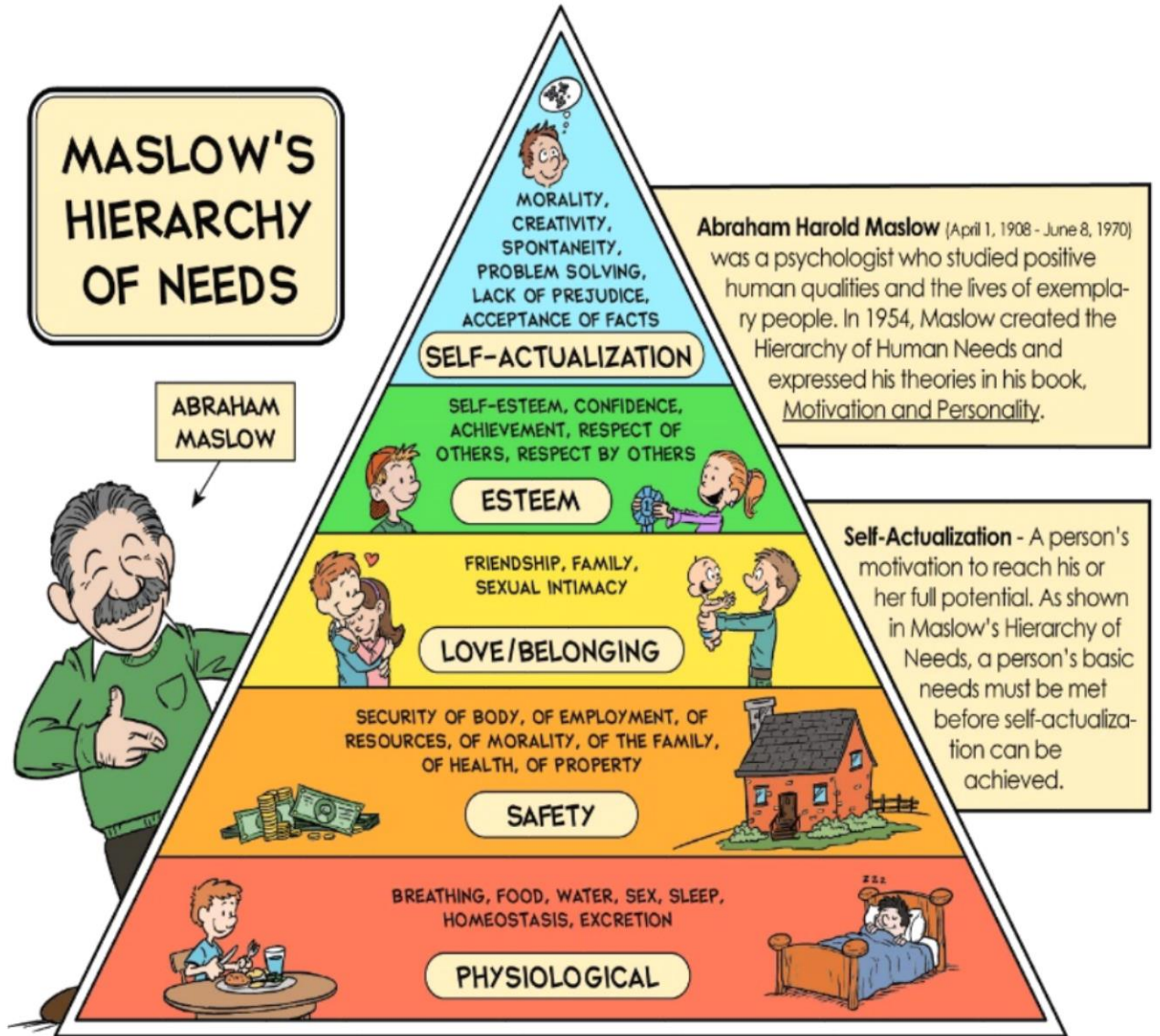
4. This issues with the prior approval of the Commissioner of Income Tax (Exemptions), Mumbai.



Copy to : Master File.

(SANJEEVA M. NAIK)
Income Tax Officer (E)(Hq)(Tech)
Mumbai

Our Methodology SPIRITUAL WELLNESS



Self Actualization Spiritual Needs

Needs :

- ❖ Empowering Humane Values
 - ❖ Patience
 - ❖ Tolerance
 - ❖ Determination
 - ❖ Respect
 - ❖ Enthusiasm
- ❖ Creativity
- ❖ Inspiration
- ❖ Positive Engagement - Service

How We Fulfill - METHODOLOGY

- ❖ Lessons from Lives of Great Personalities
- ❖ Cultivating Right Value System from Wisdom Literatures
- ❖ Positive Engagements
- ❖ Positive Association

Esteem – Egoistic Needs

Needs :

- ❖ Self Esteem
- ❖ Recognition
- ❖ Challenges and Learning
- ❖ Confidence
- ❖ Achievement
- ❖ Appreciation
- ❖ Encouragement

How We Fulfill - METHODOLOGY

- ❖ Challenging Engagements and Presentation Opportunities
- ❖ Individual and Collective Responsibilities
- ❖ Recognition to Achievements with Encouragement and Appreciation

Love/Belonging – Emotional Needs

Needs :

- ❖ Friendship
- ❖ Relationship
- ❖ Acceptance
- ❖ Belonging
- ❖ Self – Expression
- ❖ Self Empathy

How We Fulfill - METHODOLOGY

- ❖ Friendly Association
- ❖ Group Activities
- ❖ Counselling
- ❖ Educative Camps and Trips
- ❖ Appreciation and Awards
- ❖ Positive Culture for Natural Living

Safety – Intellectual and Physiological Needs

Needs :

- ❖ Academic Excellence
- ❖ Professional Career Excellence
- ❖ Healthy Lifestyle & Mind

How We Fulfill – METHODOLOGY

ACADEMIC AND CAREER EXCELLENCE

- ❖ Academic Scholarships
- ❖ Personal Study and Career Guidance from Senior Students and Aluminis
- ❖ Time Management
- ❖ Skill Development
- ❖ Career Counselling

HEALTHY LIFESTYLE

- ❖ Regulated Diet
- ❖ Healthy Habits
 - ❖ Regulated Sleeping Patterns
- ❖ Natural Recreation



De-Addiction & Anti-Stress Programs

Helping Youths Overcome & Stay Away from Addiction

Since the Year
2000

Over

30,000

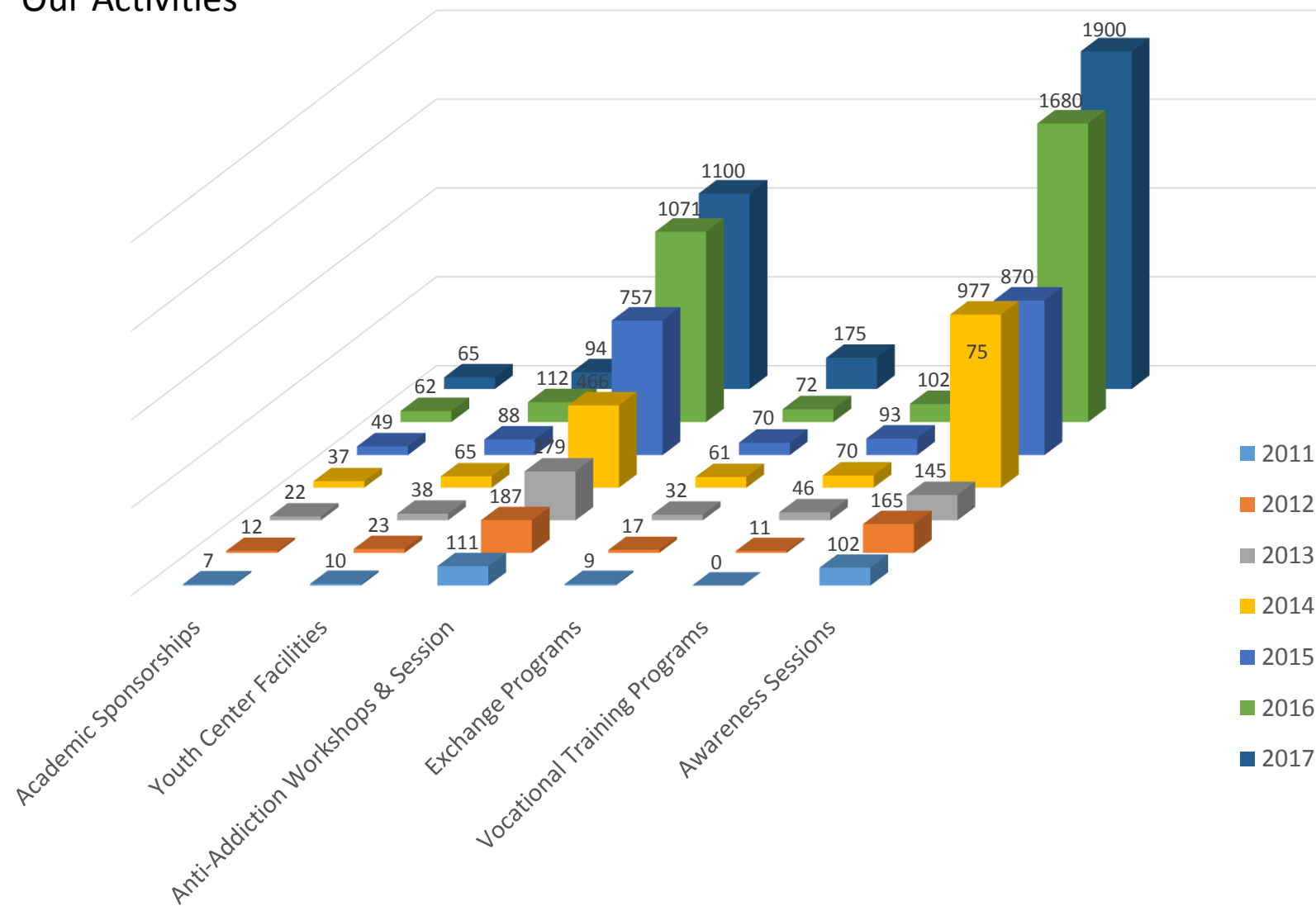
youths helped in
Uttar Pradesh

Over

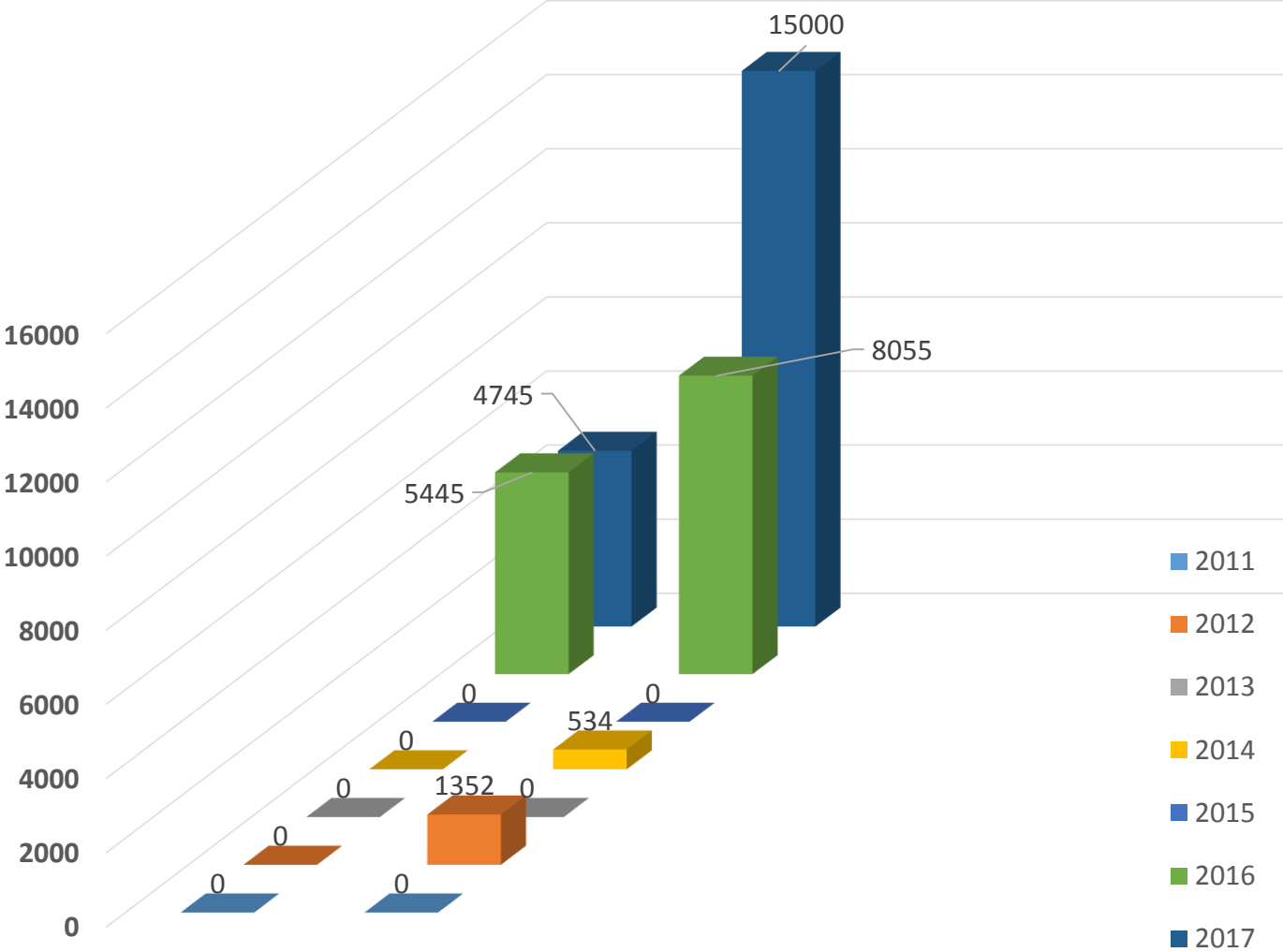
2,50,000

youths helped
across India

Our Activities



Major Programs



Our Accomplishments Till Now

Sr. No	Field Of Activity	FOR & WHERE	Relevant CSR CATEGORY	G-TOTAL	2012	2013	2014	2015	2016	2017	2018	2019
2	Academic Sponsorships	Poor Students, ALD VNS	Vocational Training & Education	866	5	7	5	10	13	18	26	23+
2	De-addiction Workshops and Training Sessions	College Youth, Teenagers ALD VNS	Preventive Health Measures	3,971	25	42	45	88	160	180	170	150+
3	Exchange Programs	College Youth, ALD VNS	Preventive Health Measures	636	17	32	61	70	72	65	88	56+
4	Vocational Training Workshops	College Youth, ALD VNS	Vocational Training & Education	397	11	14	18	12	16	14	14	11+
5	Awareness Sessions	College Youth, Teenagers ALD VNS	Preventive Health Measures	5239	165	145	280	360	470	490	450	305+



Session at IIT BHU

*Speaker – Mr. Sandeep K. – M.Tech.
IT BHU*



Session at NIT Allahabad

*By Mr. Vivek Bindra – Famous
Motivational Speaker*



Various Programs at NIT Allahabad



Various Programs at NIT Allahabad



Public Speaking Presentations & Gift Distribution



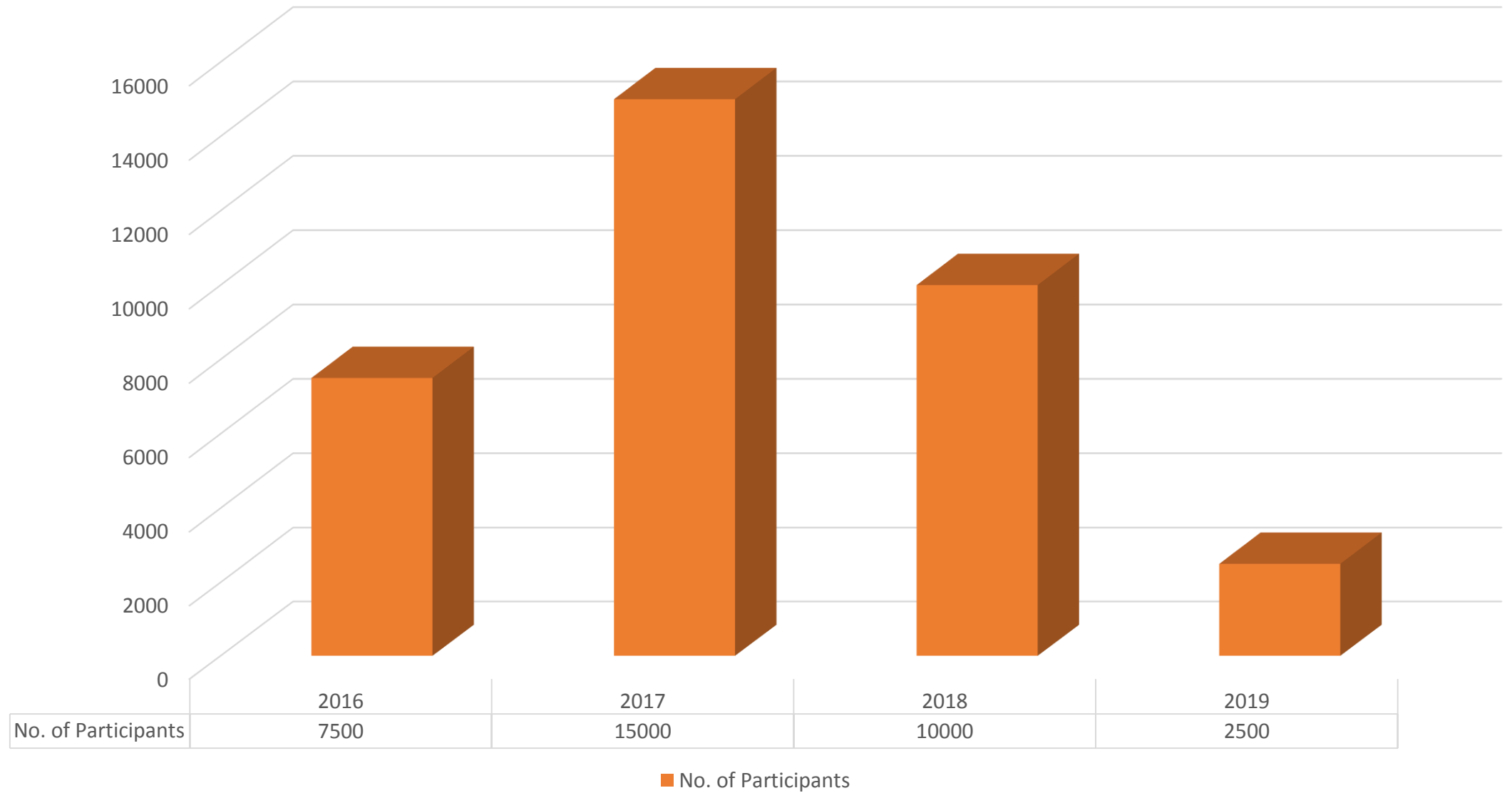
Mega Youth Programs Xpressions

Lets Learn De-Addiction with Fun

A Mega Youth Event to help youths get success sutras through dance, drama, music & talks.

Our Objective is To Entertain, Educate & Inspire qualified intelligent Youths to stay away from wrong addictions & lifestyle.

No. of Participants







Mr. Sajjan Jindal
MD & Chairman, JSW Group



Mr. BK Goenka
Chairman, Welspun Group



HH Gopal Krishna Goswami
Governing Body Commissioner, ISKCON



Mr. Shishir Nevatia
Chairman, Sunjewels, Mumbai



HG Gauranga Das
Motivational Speaker | President, GEV



HG Gaur Gopal Das
Monk, Life Coach & Motivational Speaker

A statue of Lord Venkateswara of Tirumala, featuring multiple arms holding various symbolic objects, standing on a yellow cloth.

A large crowd of people, mostly men, sitting in rows of red chairs, attending a seminar or conference. The audience is diverse in age and attire, filling a large hall with a red stage backdrop.



समापन रूसी बैंड के रॉक कीर्तन
और हेरकुष्ण की धुन से हुआ।

आयोजन में युवाओं को केंद्रीय मंत्री प्रकाश जावड़ेकर का वीडियो संदेश भी दिखाया गया। इसमें उन्होंने कहा कि भविष्य युवाओं का है। इन्हें बेहतर दिशा में बढ़ावा देने की जरूरत है। इसके लिए इस्कॉन के प्रयास काफी सहायनीय हैं। इस दौरान उन्होंने युवाओं से नरेश से दूर रहने की अपील की और सुंदर, सुव्यवस्थित समाज के निर्माण के लिए आगे बढ़ने की अपील की।

संस्कृत-संस्कृतम्

करता जा रहा है। इससे वो मानसिक और वैचारिक रूप से काफी कमजोर हो रहे हैं। अबतक इस्कॉन के द्वारा चलाए गए कार्यक्रम सफल रहे हैं। एसप्रेमन के माध्यम से युवाओं को भक्ति से जोड़ कर सहज सरल तरीके से एक न्यायपूर्ण तानमुक्त, आनन्दमय समाज की स्थापना करने का प्रयास है। प्रेसवार्ता में एसके पालीवाल, अच्युतोमोहन दास, शंखरजी, कूर्म अवतारदास जी रहे। इस्कॉन के समारोह में पश्चिम बंगाल के मायापुर में बन रहे विश्व के सबसे बड़ा दरिद्री हंग।

Hostel Facilities

Nourishing
Tender Future
in a
Culture of
Affection, Care,
Cleanliness,
Purity
and Balance



Goodness Environment

To prevent from self destructive habits like alcohol, drugs, smoking, pornography

Academic Assistance

Focussed Atmosphere, Time Management and Study Guidance

Positive Association

A Loving, Caring and Encouraging Association of Good Character and High Value

Value Based Training & Education

Creating a facility for Youths to learn and live by Value Centred Life along with Balancing their Academic Lives

Balanced Lifestyle

Proper Sleeping & Study Patterns, Meditation, Clean Surroundings, Better Habits

Simple Living High Thinking

We also train youths to live a simple and pure life and develop appreciation for organic and eco friendly lifestyle. They visit farm communities, natural places and live with a natural setting.



Training in Cow Protection

Learning to love and care for mother cows. We take youths to goshallas where they can develop a relationship with the cows by serving and caring for them.



Study Flat for Students

A peaceful facility for students to focus on their studies.



*A life full of
Joy and
Celebration*

*Inculcating
Loving
Relationships*



*Mantra
Meditation*

*Organic Life
& Cow
Protection*



Over

15

centers in
Uttar Pradesh

Over

150

centers across
India

Over

2000

youths benefit
every year

Promoting Education

Financial Support

- ✓ Hostel and Scholarships
- ✓ Highly subsidized nutritional food

Academics and Profession

- ✓ Arranging Training and Guidance for
 - ✓ Academics – Senior Guidance
 - ✓ Effective Planning and Time Management – Regular Studies and Semester Planning
 - ✓ Presentation Skills and Computer Skills
 - ✓ Placement Training
 - ✓ English Speaking
 - ✓ Training in Group Discussions
- ✓ **Arranging Internships and Industrial Visits**

Personal Care

- ✓ Providing Medical Support
- ✓ Arranging Counselling for overcoming
 - ✓ Stress
 - ✓ Depression
 - ✓ Peer Pressure
 - ✓ Inferiority Complex

Cultural Programs

Inspiring the Vedic Culture through Dance, Drama and Music.





Free Food Distribution

Feeding the Needy Children

We organize Distribution of free nutritious food to thousands of needy Youths & Children in Schools & Colleges.



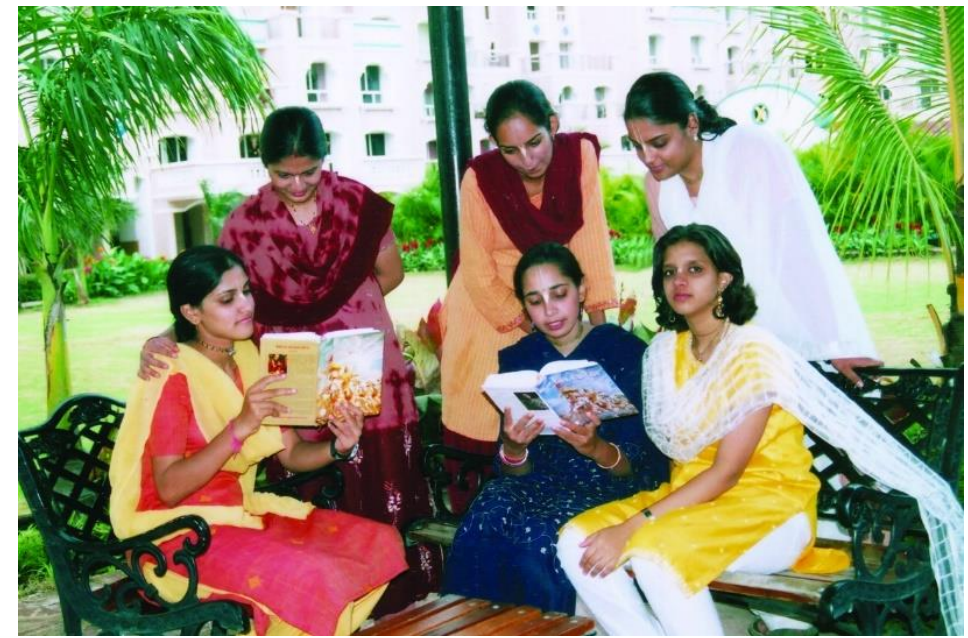
Student Scholarships

Supporting Education for a Brighter Future





Girls' Training
to be ideal leaders, housemakers & mothers





- **Software Training**
- **Personality Development Course**
- **Soft Skills Training**

Vocational Training Workshops

Educating Youths in Competence and Skill Development

Soft Computing Training Skills

- ✓ Office Tools
- ✓ Programming Skills
- ✓ Designing Tools
- ✓ Photo and Video Editing Tools
- ✓ Website Designing

Personality Development Skills

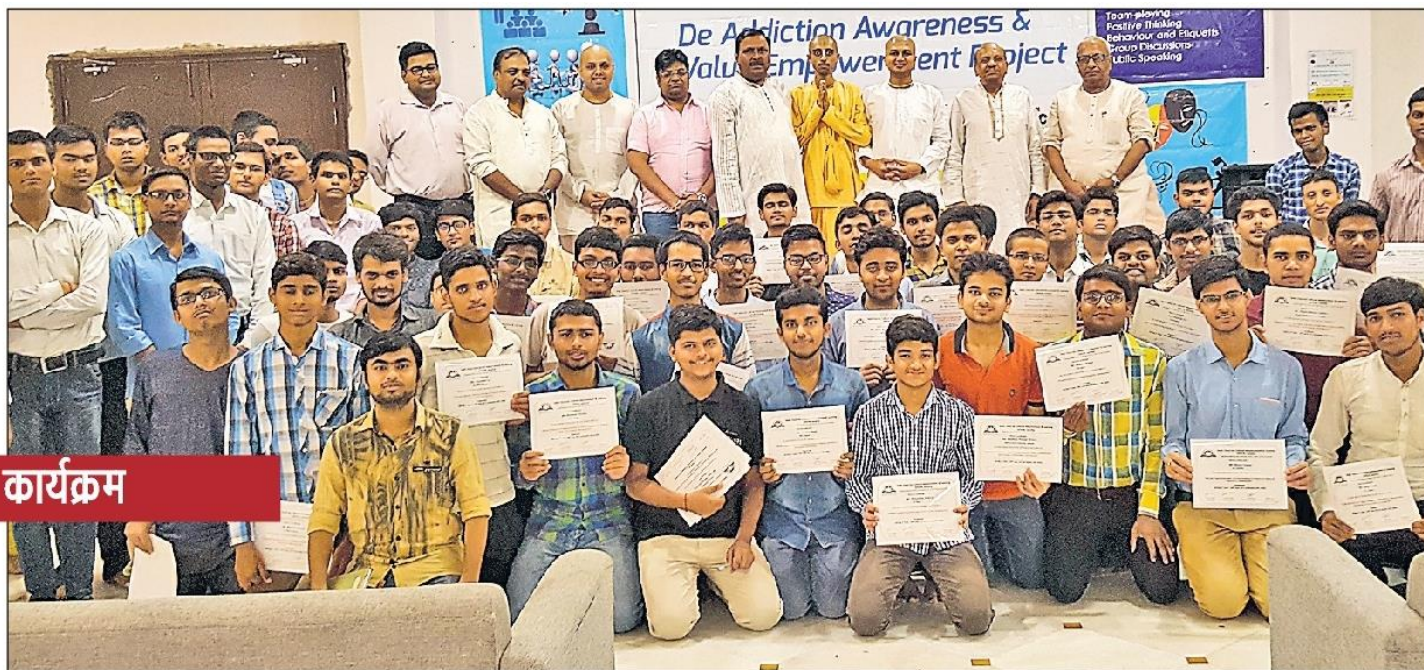
- ✓ Management & Leadership Skills
- ✓ Time Management Skills
- ✓ Public Speaking Skills
- ✓ Communication Skills
- ✓ Team Work and Team Building Skills
- ✓ Proactive Leadership Skills

Inter and Intra Personal Behavioral Skills

Includes Training, Facilitation and Counselling in -

- ✓ Anger Management
- ✓ Overcoming Inferiority Complex
- ✓ Dealing with Peer Pressure
- ✓ Improving Relationships
- ✓ Overcoming Stress and Depression
- ✓ Positive Thinking
- ✓ Self Management
- ✓ Transforming Habits





कार्यक्रम

रविवार को इस्कॉन मंदिर परिसर में यूपी के विभिन्न कॉलेजों के छात्रों के लिए चरित्र निर्माण का कार्यक्रम आयोजित किया गया। कार्यक्रम का उद्देश्य युवाओं को नशामुक्ति और चरित्र निर्माण के लिए प्रेरित और प्रशिक्षित करना था। इस अवसर पर आईआईटी बीएचयू, एनआईटी लखनऊ, एचबीटीयू के करीब 70 छात्रों ने कार्यशाला में हिस्सा लिया। कार्यक्रम का शुभारंभ महापौर जगतवीर सिंह द्रोण ने किया। इस्कॉन की तरफ से कुर्मा अवतार दास, अच्युत मोहन दास, विक्रम गौरांग दास, प्रिय गोविन्द दास थे। • हिन्दुस्तान

नाटक के जरिये छात्रों ने दिया नशा मुक्ति का संदेश



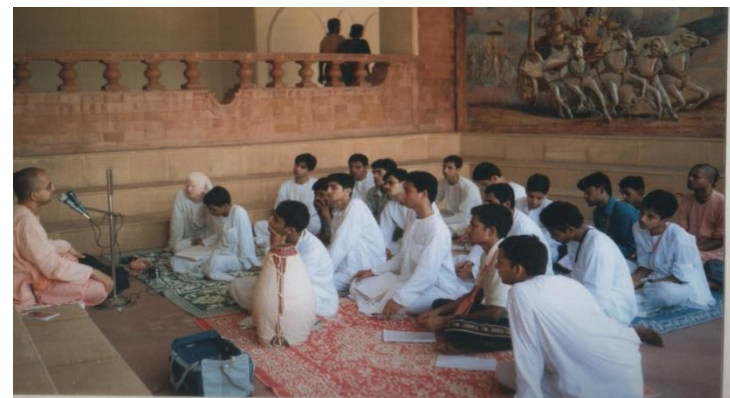
इस्कॉन मंदिर में छात्रों को सम्मानित करते उद्यमी कृष्ण कुमार अग्रवाल • जागरण

नशा मुक्ति और चरित्र निर्माण को लेकर इस्कॉन मंदिर में कार्यक्रम का आयोजन किया गया। इसमें आईआईटी बीएचयू, एनआईटी इलाहाबाद, एचबीटीयू समेत आदि संस्थानों के 70 छात्र-छात्राओं ने भाग लिया। उन्होंने नृत्य नाटिका से नशा से होने वाली बीमारियों के बारे में बताया। साथ ही स्किल डेवलपमेंट के तहत प्रशिक्षण लेने वाले छात्रों को प्रमाण पत्र दिया गया। महापौर जगतवीर सिंह द्रोण, उद्यमी कृष्ण कुमार अग्रवाल, अच्युत मोहन दास ने छात्रों को सम्मानित किया। महेंद्र पांडेय, एसके पालीवाल, मुकेश पालीवाल, हेम जैन, मोहन पट्टियार, संत कुर्मा अवतार दास, विक्रम गौरांग दास, प्रिय गोविंद दास, धनंजय उपस्थित रहे।



Trips to Heritage Sites

Helping Youths connect to the rich Indian Heritage





Value Education

Sowing the seed of Positive Values into Budding Minds

- Value Education
- Summer Camps for Children
- Painting and Music classes
- Value Empowerment Contest based on Bhagawad Gita – over **4 Lac** students have participated across India in the last 5 years





Tree Plantation Drives



Swatch Bharat Cleaning Drives



Food Distribution Drives

Social Welfare Activities

Inculcating the Spirit of Selfless Social Service (joy of giving)

Eminent Personalities Appreciating our Activities



सत्यमेव जयते

प्रधान मंत्री

Prime Minister

MESSAGE

I am delighted to learn that The International Society for Krishna Consciousness (ISKCON) is celebrating its 50th anniversary.

Over the last five decades, the journey of ISKCON has been one of selfless service to society.

The ISKCON family has emerged at the forefront of the quest to create a more peaceful, harmonious and compassionate society. ISKCON's journey has been a manifestation of 'Vasudhaiva Kutumbakam.' Integration has been at the core of your philosophy.

ISKCON's story has been the story of the determination and devotion of lakhs of devotees spread across the world. Inspired by the teachings of Lord Krishna, they spread His message far and wide. The efforts of the ISKCON family in sectors like education, publishing and disaster-relief are commendable.

On this occasion, I convey my best wishes to the ISKCON family and hope they continue to serve humanity with the same enthusiasm and diligence as they have been doing for the last five decades. May this family of devotees be agents of change in creating a better tomorrow.

Jai Shri Krishna!

(Narendra Modi)

New Delhi
08 August, 2016

Eminent Personalities Appreciating our Activities

मुख्य मंत्री
महाराष्ट्र



Chief Minister
Maharashtra

16th September 2016

MESSAGE

Congratulations to the International Society for Krishna Consciousness (ISKCON) on completion of 50 years of glorious achievements and service to humanity.

It is heartening to note that since its inception the ISKCON has carried out philanthropic activities in various ways including running the world's largest free food relief programme, health camps, hospitals, de-addiction programmes especially for youth; farm projects besides dissemination of the glorious Vedic wisdom including Bhagwad Gita and Shrimad Bhagwatam.

It is commendable that ISKCON is working with a view to spreading divine Vedic knowledge among the youth. I congratulate the ISKCON for taking these social welfare activities and hope that Society will effectively implement these activities in future also.

On this auspicious occasion, I extend my best wishes to the members of ISKCON and wish every success for their future initiatives.

(Devendra Fadnavis)

Eminent Personalities Appreciating our Activities



Mr. Sajjan Jindal

MD & Chairman, JSW Group

The Expression '17 is the first experience I have had and I saw so many children and so many youth, more than 15000. It is a very fantastic initiative taken by ISKCON. All the speakers were giving fantastic concepts and philosophies. At this age the youth is very immature and if right words are given to them, they can be positively influenced. We've been following the west very passionately, we think that the western philosophy is to give us guidance. We forget our Indian way of living.

I think more and more leaders should be thinking about spreading the Indian way of living. Expression 2017 was fantastic, beautiful. ISKCON is doing good work because they are spreading the cause of the philosophy of Hinduism and also they are talking about the De-addiction, today's program is based on De-addiction for the youth of INDIA. Today many youth go astray very easily, so ISKCON is sending out a good message. I think if we follow the philosophy of ISKCON and follow our scriptures, it is very easy to live our daily life. I think it is very simple way of doing it. The expression festival was amazing because the amount of youth and youngsters here and the enthusiasm that I saw in them was really amazing.

देश का युवा - उसको संभालना बहुत बड़ा काम है। अगर हम उसको पढ़ा लिखा सके, अच्छी शिक्षा दे सकते हैं, सही रास्ते पर जीना सीखा सकते हैं, तो ये राष्ट्र की संपत्ति बन जाएगा। और अगर हम उसको नहीं पढ़ा लिखा सके, तो वो ही अपराधी बन जाएगा। देश के लिए क़ानून अर्थव्यवस्था बन जाएगी। इसीलिए एक बहुत बड़ी जिम्मेदारी आती है, सारे संगठनों पर, सारे राजनीतिज्ञों पर, सारे राष्ट्र की संस्थाओं पर, सारी शिक्षा संस्थाओं पर, सारे कॉर्पोरेट वर्ल्ड पर और सारे मीडिया ग्रुप पर कि युवाओं को सही रास्ता दिखाएँ। सही रास्ते पर लेके जाएँ और शिक्षा दें। शिक्षा दी तो वो असेट बन जाएगा, शिक्षा नहीं दी तो क्रिमिनल हो जाएगा। मुझे लगता है इस्कॉन ने बहुत अच्छा प्रयास किया है देश के युवाओं को एक सही रास्ते पे ले जाने के लिए। युवाओं के फेस्टिवल से उन्होंने ऐसे लोगों को जोड़ने की कोशिश की ताकि वो सही मार्ग पर चले। उनके जीवन में चरित्र आए, आदर्श आए और भारतीय संस्कृति को समझें। ये बहुत अच्छा प्रयास है। इसके लिए इस्कॉन को बहुत बहुत बधाई।



Mr. Rajeev Shukla
Member of Parliament
IPL Chairman



Mr. BK Goenka
Chairman, Welspun Group

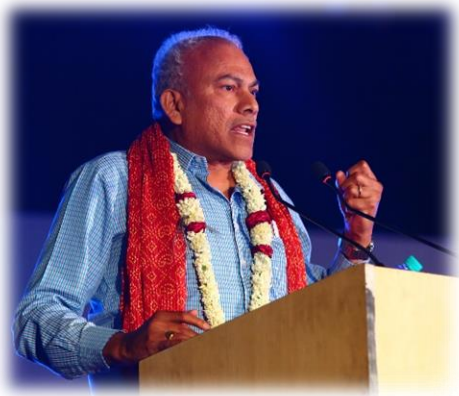
I think I had very positive vibes and after seeing such a youth movement and particularly जैसे ISKCON ने प्रोग्राम को अरेंज किया है वह अपने आप में एक एग्जांपल और इससे यह क्लियर एस्टेब्लिश होता है कि इस्कॉन एक धार्मिक मोमेंट नहीं है।
जो कल का भविष्य है उसको साथ में लेकर चलना चाहता है I think जो youth के लिए कार्यक्रम ISKCON के द्वारा आयोजित किया जा रहा है, एक अच्छी चीज है।

(in a video message for Xpression, 2018)

I am happy that ISKCON is organizing a youth festival. ISKCON has brought a new dimension and presented a new dimension of Vedic culture to the world.



Mr. Prakash Javdekar
Former HRD Minister



Mr. L. Jayaramulu
Secretary, IFUNA,
United Nations

This was extraordinary believe it or not I have attended many national International meetings including United Nations, given lectures but his type of Youth Program I have not seen, this has to be implemented everywhere ...

सी.एस.आर. के अंतर्गत ये प्रोग्राम होता है और सरकार की योजना है कि सीएसआर पर हर कंपनी को अपना रैंकिंग बढ़ाना होता है। उसी के अंतर्गत ये प्रोग्राम हुआ है। ये प्रोग्राम उस तरह से पॉजिटिव दिशा में काम कर रहा है, डेडिकेटेड प्रोग्रेस है। इससे आज का युवा प्रोग्रेस करेगा। आज के युवाओं से मैं कहना चाहता हूँ कि बी पॉजिटिव, थिंक पॉजिटिव एंड डू पॉजिटिव, अच्छा सोचेंगे, पॉजिटिव सोचेंगे, लाइफ में प्रोग्रेस करेंगे। हरे कृष्ण।



Mr. S K Paliwal
Owner,
Vinayak Shree Pvt. Ltd.

De-addiction drive is one of the roots of the CSR initiative and that's why the CSR funds are used. So ISKCON has associated itself as a CSR incentive supported group. And I have the hope that ISKCON will do its job in transforming the youth and I wish them the best of luck for the future. This program was meant for the benefit of the youth and ISKCON has done a good job.



Mr. Puneet Duggal
Registrar of Companies
U.P. & Uttarakhand



Mr. Ronit Roy

Actor

आज के समय में जो अपना यूथ है उसको सही रास्ते पर चलें और वह आगे देश को उन्नति करें वही सबसे बड़ी बात है | आपने देखा होगा कि कितनी गलत चीजों पर वह लोग जाते हैं और वो रास्ता भटक रहे हैं अगर उनको सही रास्ता दिखाया जाएगा तो एक बहुत अच्छा नेशन क्रिएट करेंगे ,इस्कॉन इसी बारे में काफी मेहनत कर रहा है और मेरे को उम्मीद है कि आगे भविष्य में लोग इसी तरह के इस्कॉन से जुड़ते रहेंगे |



Mr. S K Paliwal

*Owner,
Vinayak Shree Pvt. Ltd.*

I am a part of ISKCON, whatever I can do to help the people. I consider it is my privilege ,so specially with the youth you know we can loose their way very easily so if we can inspire them to be more positive and they can do wonders and if one can start early we can change the country. This Xpression has a huge benefit for the whole city of Kanpur specially the youngsters and ... I think it's a wonderful chance.

कहते हैं कि सफलता आपके पास नहीं है, लेकिन आपके पास जो कुछ भी है उसके साथ आप क्या करते हैं यह बहुत महत्वपूर्ण है | तो इस जीवन में आपने क्या किया और कितना दिया लोगों को, मुझे लगता है कि सबसे महत्वपूर्ण है। तो उस नोट पर मैं चाहता हूँ कि आप सभी जो यहां मौजूद हैं, आप सब की छमता इतनी बढ़े जैसे कि गौर गोपाल जी | वे आपको 5 D's सीखा चुके है। इस्कॉन के मंच पर मैं खड़ा हूँ, भगवान मेरे साथ है, आप सब लोगों का साथ है, आई विश यू ऑल द वेरी बेस्ट | बहुत बहुत धन्यवाद।



Mr. Mahendra Agrawal

Chairman, KTL Pvt. Ltd.



Mr. Shishir Nevatia

*Chairman, Sunjewels,
Mumbai*



**H'ble Justice
Rajesh Kumar
Agrawal**

Spirituality is a very important barrier or a check to save from negativity and I believe that one should follow spirituality or go for spirituality he can keep himself away from all these bad evils. This is a better way because youth also requires some enjoyment also so in order to attract them it is good but ultimately you should give the message about their duties, their values and the national character. Yes its a good physiology and I think it should continue it will help to improve the society and particularly the children.

This is the right way to do it to give positive message to the youth. Through the entertainment we can do it. Like you do it today.

Very nicely done program by ISKCON. I congratulate them for this initiative and look forward to more such efforts in future. Youths are future of our nation and their empowerment should be all of our priority.



Mr. Satpal Gulati
Vice Chairman, United Group



Dr. P Nagabhushan
Director, IIIT Allahabad

People should understand the value of education. Education is not for earning. Education phase is for excellent living they should understand. ISKCON should move in that direction.

Life is always a celebration, a learning and in learning there need to be some values.

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Testimonials

Actually when I was in first year, I was addicted to smoking and drinking because of wrong association of my peers I also used to watch pornography with friends and it was very dangerous. Because of these self-devastating habits I was lacking self-confidence. I tried to get rid of all these bad habits by reading some books and similar other stuffs but that did not helped me.

But after I was introduced to ISKCON volunteers, their motivation and good association helped me overcome all these wrong habits and addictions. This happened because of the good training in character and values, starvation of the bad habits, and supplementing good habits and hobbies like meditation, yoga and art of positive thinking. I am very thankful to them for providing such facility.

Suneel Sahu (IIT KANPUR)

Before being introduced to Vocational Training Program, I was badly troubled by stage fear, lack of communication, no fluency in language, inferiority complex, lack of computer skills and I did not know how to deal with people.

*Their Culture helped me a lot because there everyone always corresponds with each other in English language and **the encouragement we received there for improving our self is wonderful. Also I came across some wonderful meditation and yoga practices .Books like “Art of concentration in the age of distraction”, “Self manager”, “Proactive leader” helped me very much. They also helped me in grooming my computer skills which boosted my confidence.***

I am extremely grateful to them and their training because the problems which I was facing before have been cured up to 90% and now I am very confident to deal with situations.

Akshay Goliyan (NIT ALLAHABAD)

Testimonials

In my early school and college days, it was a frequent problem of having inferiority complex or being stressed by better performing friends. Also I use to get irritated and angry in small things and it was becoming my nature.

After observing that it was hampering my academics and peace of mind I tried many things like reading books related to mind control but without proper guidance all went in vain.

*But after I came to the association of ISKCON volunteers and training program provided by them I started regular practice of meditation and good conduct. In a very short time I could give up all those bad habits. **Being a part of that training I developed good communication skills and a certain degree of confidence to manage things in my life.** So, I am really grateful to them for what all they have given me.*

Abhishek Pradhan (IIT BHU Varanasi)

I am from a very poor rural background of Himachal Pradesh . Although I got selected in an NIT but I was not in a very good financial standing , but ISKCON volunteers provided me support by giving me nice hostel facility where they provide extremely pure , clean , hygienic and properly cooked food .

***They also helped me by paying around Rs. 10000 – 14000 for one very important Skills Training Workshop. I also got very nice assistance regarding medication worth Rs. 800 during my ill health (7 days hospitalized).** I got straight forward guidance for future goal of placements and pure life from this training. My financial problem regarding purchasing of book was also solved because my seniors provided me all necessary book and computer assistance for my studies in all subjects.*

I would really like to thank them because without their help, support and guidance, it would have been very difficult for me to continue my studies as well as to maintain good character and values.

Pradeep Kumar (NIT Allahabad)

Testimonials

What I am today is because of those amazing friends I got from the ISKCON team.

Seeing me incompetent, my father and many others would call me as useless and black spot and what not! But today, everyone in my life is proud of me. I owe a lot to Lord Krishna for sending me his devotees who shared the wisdom of the Gita in very practical terms and who helped me so much. They selflessly spent time, money, energy and resources on helping me out. At the right time, I got the right association and right lifestyle, otherwise I don't know what would have been of me.

Also, I must thank them for the training programs for securing good job, and also for the training programs to avoid illicit relationships and irregular lifestyle. Throughout my life, I am going to pitch in my little contributions to help this culture reach many more needy ones.

Dinesh Yadav (Banaras Hindu University, Varanasi)

***My philosophy in life was that I should try everything at least once, even the worst of activities, and little did I realize that I just went into the quicksand of bad habits without even a slightest hint.** From being a red coder of national rank 3 pan-India, I was reduced to a self-abusing and distraught boy with hardly any confidence. And I couldn't muster any courage to help myself either. My friends as well as my parents tried their best but I couldn't come out of that phase of my life.*

*It were the brilliant examples of those ISKCON students who selflessly helped me out through their camps and courses, and especially through their counselling and personal examples that **I got a new life**. Today I feel to be one of the most fortunate ones on the planet, and I wish that many others get similar help at the right time, when they need it the most. In my experience, the 3 things which helped me the most were – the superb all round examples of seniors from the VOICE hostel, the encouraging and enlightening training sessions they took in the outdoor camps, and the mantra meditation process they had us do at the center every day.*

Prabhat Kumar (IIIT Allahabad)

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