# SUICIDE PREVENTION WEBINAR SERIES



#### Introduction to Zero Suicide in Vermont: Suicide Safe Pathways to Care



Zero Suicide is a set of evidence-based principles and practices for preventing suicide within health and mental health systems. The foundational belief of Zero Suicide is that suicide

deaths for individuals under care are preventable. Zero Suicide requires a system-wide approach to improve outcomes and close gaps. This webinar describes how systematic suicide care closes gaps for the suicidal person, what is involved in the implementation of a ZS approach, and what resources exist to support this work.

### Offered on the following dates:

June 17, 2020 August 19, 2020 October 21, 2020

8:00 am –9:00 am

### **Umatter Suicide Prevention Awareness Overview**



Suicide is preventable and one of the first steps is to increase our awareness and skills for talking about it. Join us for an overview of the skill set needed to *help identify* those who may need support. The information presented is focused on how to begin the process of becoming a Gatekeeper and build

upon resiliency resources in your community and workplace. It is important for staff in settings that will be adopting suicide screening and assessment to have basic understanding of the role of Gatekeeper. This webinar is specifically designed for those who want to increase their comfort level with the topic of suicide and with talking about suicide with clients, family and community members, and for those who would like a refresher on this content.

## Offered on the following dates:

July 15, 2020

September 16, 2020

December 9, 2020

8:00 am – 9:00 am

These two webinars are for all staff in health care, mental health organizations, primary care and hospitals, schools and community settings interested in suicide prevention skills and the framework for suicide safer care. They provide basic information for all involved in a comprehensive approach to suicide prevention, and prior to the adoption of advanced practices in a pathway to care.

## There is no cost to attend.

Offered by VT Suicide Prevention Center under funding from the Vermont Department of Mental Health.



For more information and to register go to:

www.healthandlearning.org

and click on Events Calendar

For questions please contact: info@healthandlearning.org

