

Umatter[®] for Schools VIRTUAL 2020

6 Week Online Asynchronous Course

October 27-December 18, 2020

(No course expectations the week of Thanksgiving)

UPDATED CONTENT & NEW DESIGN!



This newly designed online training consists of 3-4 Zoom meetings and Moodle coursework over 6 weeks. The *Umatter[®] for Schools* Suicide Prevention national best practice program for suicide prevention was developed by the Center for Health and Learning. *Umatter[®]* can be adapted to state contexts and to meet statute requirements.

Schools are encouraged to send teams with a minimum of two people consisting of a guidance counselor, nurse, health educator, mental health provider, and/or administrator. We advise you to include at least one decision maker in your school team. Schools who have sent teams in the past are encouraged to send newly hired or assigned staff to support mental health and suicide prevention strategies in the school.

Moodle Modules will be released weekly for learners to work on.

All six modules will have the following:

1. Content presentation in multiple formats
2. Self-reflection, likely in the chat/discussion
3. Activities that ask learners to engage with the material and their team members
4. Brief assessment of learning at end of the module

At the end of this training, teams and participants will have:

- Deepened their understanding of identifying and helping youth with risk factors and/or showing warning signs of suicide;
- Completed the Gatekeeper and Training of Trainers, both part of the learning modules and practice sessions;
- Planned to provide a parent and/or staff suicide prevention awareness session;
- Created and shared a prevention policy;
- Created and shared a postvention policy;
- Shared their plan for implementation at the school level;
- Developed knowledge, skill set and competencies in facilitation of conversations about suicide prevention and their responses;
- Reported on how staff and community training sessions went. What was challenging? Helpful? What do you need more of?
- Developed a plan for implementation of Lifelines or other suicide prevention curriculum.

Required Overview Zoom Meetings:

October 27, 2020 · 7:45 – 8:45 am

October 27, 2020 · 12:00 – 1:00 pm

There will be two opportunities prior to the start date, for an overview of this course, how to navigate Moodle, and other questions. Please register for one of them when you complete your registration. Team members do not need to attend the same overview meeting.

COST: \$300/person

(10% discount for team members of 4 or more) This fee includes the online course plus online access to the training materials, handbook, as well as Staff and Parent Awareness Training Facilitator binder, wallet cards, and post-training consultation. One academic credit option and CEU credits pending.

REGISTER HERE:

<https://tinyurl.com/y5xupsoo>

Please contact us with questions.
We look forward to seeing you soon!

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