

# How to organize the Climb to Change a Life?

Presented by Zy Movement Foundation



# 10,000,000 Children with Movement Disabilities in South-east Asia

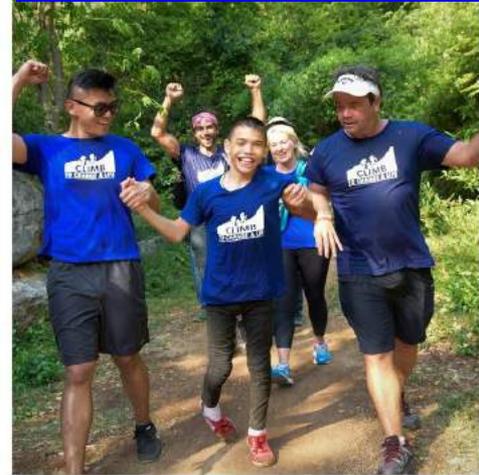
“450,000” is the number of children with movement disabilities in Thailand, and the astounding number of these children in South-east Asia is “10,000,000”, they still get the least attention; but by understanding and learning the right support process, we can change this.

At Zy Movement Foundation (ZMF), we want to improve the quality of life for children with movement disabilities that will allow them to live independently with the human rights that they deserve.



“Climb to Change a Life” is ZMF’s initiated and trademarked activity, aimed at helping children with movement disabilities to discover their real potential through this mundane yet powerful activity, reaching the difficult goal, summit the top of mountain, through interacting with the sense of

## WHAT IS “CLIMB TO CHANGE A LIFE” ?



compassion of volunteers who will be called “LIFE CHANGERS” at the end of the activity. By working together to reach an epic goal through this fun and powerful activity, we expect to meet these 3 main objectives:

# Climb to Change a Life Objectives

1. To empower children with movement disabilities.
2. To empower their families.
3. To create awareness for the public and make changes to the society.



# PREPARE TO ORGANIZE “CTCAL”

1. Find your working team / Trooper
2. Find your mountain
3. Find your children with movement disabilities / Champion
4. Find your volunteers / Life-Changer
5. Find your way to meet 5 requirements



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# Climb to Change a Life -5 requirements

1. **Children with movement disabilities** : completing the CTCAL course with their Parent(s) : Objective : to foster bonding and create a special moment for these children and parents.
2. **Volunteer** : recruit volunteers to help facilitating the children to summit the mountain : Objective : to heighten social awareness and better understanding of the world toward children with movement disability.
3. **Making a mark activity** : the children create their own way of making a mark of their success at the top of the mountain such as watercolor hand printing on canvas. Objective : to empower, to increase confidence in children with movement disability and their parents on their achievement.
4. **Knowledge Management / Sharing session**: After the climb, we will let all participants express their impression about the climb. What changed? Whose lives have been changed? even What's next? Objective : to learn from everyone's own experience after supporting one another in achieving an epic goal.
5. **Appreciation Session / Thanks Volunteers**: At the end of event, the children will show their appreciation to volunteers who helped them completing the goal in CTCAL, such as , the children serve breakfast and give flowers of appreciation to volunteers : Objective : to give thanks to one another for sharing part of their appreciation with all of us.



# OUR VOLUNTEERS

- We could not undertake the work we do without a strong team of volunteers who support us in our activities, **WE NEED YOU !**





Our target for the next 3 years is to create and conduct activities, follow our objectives to benefit to:

5,000 more of Children with Movement Disabilities,  
10,000 more of Parents of these Children,  
3,000 more of Volunteers from society,  
1,000 more of Medical / Health Professionals and  
500 more of new Collaborators

**WE NEED YOUR SUPPORT !**