



TANZANIA RURAL HEALTH MOVEMENT

2024, ANNUAL REPORT

 Nyasaka, Mwanza - Tanzania

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 @tanzaniaruralhealthmovement



Annual Letter 2024.

Advancing Healthcare for Underserved Communities: A 2024 Update.

Dear Friends and Partners,

I hope this letter finds you well. Thank you for your continued collaboration in improving healthcare services for underserved and rural communities in Mwanza, Tanzania.

This year, we've made significant strides in expanding our reach to these communities. We dispatched **1,287** incidents, benefiting **1,931** individuals through prehospital care before they arrived at healthcare facilities for definitive care.

Thanks to your support, the Bisou Bailey Medical Dispensary has opened an emergency room, now equipped with an ultrasound machine, defibrillator, and essential emergency medications to provide basic resuscitation services. Also, your support has contributed to an increase in pregnant women accessed antenatal services, from **0** in 2021 to **353** in 2024. The number of visits at the dispensary has also grown to **19,120** since its inception in 2021.

Our Street Medicine Project has continued to provide healthcare and psychosocial support to children and elderly individuals living in street situations. In 2024, **1,164** beneficiaries received medical care, meals, clothes, shoes, hygiene services, and reintegration assistance. Since its launch, the project has served over **26,164** individuals through outreach on the streets of Mwanza.

Over the past five years, TRHM has executed its second strategic plan, focusing on improving operations and expanding outreach to underserved rural communities. Our efforts align with both local and international healthcare agendas, prioritizing innovation and environmental sustainability. During this period, we have embraced three technological innovations while collaborating with various partners to enhance our services.

With the conclusion of our second strategic plan (2018-2023), we are excited to present our third strategic plan (2024-2030), which aims to strengthen existing interventions and expand access for underserved communities. The new strategy incorporates health priorities from both local and international agendas to effectively address our beneficiaries' needs.

We humbly request our partners, funders, and supporters to contribute resources to help realize this vision. Supporting organizations like TRHM is crucial for fostering sustainable change and community resilience.

Lastly, we bid farewell to our board member, Jonathan Schneider, who has dedicated six years to improving our organizational growth. We wish him the best in his future endeavors.

On behalf of our team, we wish you a Merry Christmas and a Happy New Year!

Warm regards,

Dr. Marko Hingi
Founder-Tanzania Rural Health Movement



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Bank Details:

KCB (Tanzania) LTD

Mwazan Branch,

P.O.BOX 130, Nyanza Building,

Ground Floor Kenyatta Road Mwanza.

Beneficiary Details:

Customer's Name: Tanzania Rural Health Movement

Customer's account number: 3390861106

SWIFT CODE: KCBLTZTZ

Donate Now to Support Lifesaving Projects

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THE THEORY OF CHANGE



WHAT WE ARE TRYING TO SOLVE?

THE PROBLEM

Street connected children avoid needed healthcare services for a variety of reasons. These include uncertainty over the quality of care they will receive, stigmatization by healthcare providers, and minority status (Cumber SN et al, 2015).

The study done by Chalya et al, 2015 reports that 60% of severely injured patients of the Emergency Department of zonal hospital in Mwanza, Tanzania received no pre-hospital care services within 24 hours of injury

Due to low number and poor distribution of health facilities there are limited dedicated primary level facilities to support access to quality and friendly healthcare services to the disadvantaged population

INTERVENTIONS

- Healthcare Services- Hands on medical care services
- Training and Health Promotion
- Advocacy - Enhance prevention and early healthcare seeking behavior
- Ambulance services and community emergency responses
- Birth control and obstetrics services (delivery of children)
- Street Medicine Services
- Basic psychological care

10-YEAR TARGET

Train and retain 1,000 community first responders. Reach 500,000 disadvantage individuals with healthcare interventions. Upscale the social enterprise (Medical dispensary) and its reimbursement infrastructure to cover 20% of the programs cost.

THE NEED

THE WORK

RESULTS



Tanzania Rural Health Movement: 2024 Annual Highlights



Good Health Is Wealth

Emergency Care Services

This year, the Tanzania Rural Health Movement (TRHM) made a significant leap in emergency healthcare by launching an emergency medical ward at the Bisou Bailey Medical Dispensary. Fully equipped with life-saving tools such as oxygen, an ultrasound machine, a defibrillator, emergency protocols, and essential medications, the ward has provided critical care to **128** patients. This milestone marks a pivotal step in strengthening emergency medical services for our community.

Improved health seeking Street Medicine Project

In 2024, our Street Medicine Project continued to address the unique needs of vulnerable children. By offering free hair-cutting services, the project has successfully improved hygiene and reduced fungal infections among **514** children. This simple yet impactful service enhances the health and confidence of children living in challenging conditions.

Bisou Bailey Medical Dispensary Expansion

To better serve our community, we expanded the infrastructure of the Bisou Bailey Medical Dispensary to accommodate Reproductive and Child Health (RCH) services. This expansion has led to a significant increase in the number of visits, rising from **4,978** in 2023 to **12,376** in 2024, and boosted the total number of RCH clients served to **771**. These improvements reflect our commitment to ensuring better health outcomes for mothers and children.



Human Resources for Health

In 2024, the Tanzania Rural Health Movement (TRHM) and Bisou Bailey Medical Dispensary invested in strengthening healthcare delivery by providing staff with comprehensive clinical and non-clinical capacity-building opportunities. Team members participated in training programs covering emergency care management, point-of-care ultrasound, pre-hospital emergency care, the National NGO Program on Humanitarian Leadership, fundraising, Monitoring, Evaluation, Accountability, and Learning (MEAL), customer care and communication skills. These trainings have strengthened the team's capacity to deliver high-quality healthcare, streamline operations, and promote sustainable organizational development.



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Mwanza Community First Response Project



This project aims to provide free emergency care and transportation services to communities in Mwanza, Tanzania, who require urgent medical attention outside of hospital settings. It is also integrated with advanced dispatch technology (Beacon App), enhancing emergency communication and enabling rapid response times.

Reported Emergency Incidents

In 2024, the emergency response team handled a record **1,287** calls, marking a significant increase from the **492** incidents in 2023. These included **960** road traffic accidents, **14** fire accidents, **129** medical emergencies, **94** assaults, and 11 drowning incidents, reflecting a wide range of urgent situations. This surge in calls made 2024 the busiest year yet, highlighting the team's exceptional preparedness and dedication to responding to the growing demands of the community.

Mwanza EMS: Your Standby Partner in Emergency Care

Launched at BBM Dispensary, Mwanza EMS provides vital ambulance services for inter-facility transfers, community-to-facility transport, and emergency coverage at mass events. This fee-based service supports the Mwanza Community Emergency Response Project. In 2024, the EMS covered **2** mass events and assisted **26** patients, furthering its commitment to timely and efficient emergency care for the community.

Enhancing Emergency Response in Mwanza

The Mwanza Community First Responder Project has expanded with **12** newly trained responders, bringing the total number of active first responders in the Mwanza CBA to **36**. In addition to increasing the responder team, the project focused on raising community awareness, successfully engaging motortaxi drivers through **128** parking sites. These drivers were educated on emergency care procedures, how to assist in critical situations, and how to call for help using the toll-free number **0800 750 112**. This combined effort has significantly strengthened the emergency response system, fostering a more connected and prepared community in Mwanza.

1,931 Lives Impacted by First Aid Services.

In a remarkable display of community support, a total of **1,931** individuals received life-saving first aid services. These community members, from all walks of life, were able to access timely care during critical moments, thanks to the dedicated efforts of trained responders. Whether in emergency situations or everyday incidents, the impact of these first aid services has been profound, providing immediate relief and fostering a stronger, more resilient community.



FOR EMERGENCIES, PLEASE CALL

0800 750 112



Good Health is Wealth



Street Medicine Project

Many street-connected children in Mwanza avoid seeking healthcare due to fears of poor treatment, stigmatization, and their marginalized status. In response to these challenges, the Street Medicine Project was established to offer free and accessible healthcare to those most in need. Over time, outreach teams have reached these vulnerable individuals, providing not only medical care but also crucial psychosocial support. The project has delivered wound care, medication, health and hygiene education, and emotional assistance, making a meaningful difference in their lives. A total of **1,164** children and elderly individuals in street situations have visited the Street Medicine Project for care and support, bringing critical relief and significantly enhancing their overall well-being.

Project Highlights



A total of 538 children received wound care and dressing services, significantly improving their health and recovery.



1,164 visits, in providing meals, refreshments, health education, hygiene support including services like haircuts, enhancing their overall well-being and care



A total of 626 children received medication and essential laboratory services, including HIV screening, STI testing, and other disease screenings.



Bisou Bailey Medical Dispensary Project

In underserved communities, where healthcare facilities are limited, accessing quality medical care is an ongoing challenge. Bisou Bailey Medical Dispensary has emerged as a vital resource, offering a broad range of services to address this gap. With offerings like ultrasound, laboratory tests, a fully-stocked pharmacy, maternity care, reproductive and child health (RCH) services, HIV/AIDS counseling and testing, dental care, and home-based services, the dispensary ensures that even the most isolated populations can access essential healthcare without the burden of long-distance travel or high costs.



- In 2024, Bisou Bailey Medical Dispensary provided essential Reproductive and Child Health (RCH) services to **353** pregnant women, supporting them throughout their pregnancies. While only **12** women delivered at the facility, each visit offered vital prenatal care, contributing to healthier pregnancies and safer outcomes for both mothers and babies, with the dispensary serving as a key resource in their maternal health journey.
- In 2024, Bisou Bailey Medical Dispensary saw a significant increase in patient visits, with **12,376** people seeking care **7,398** more than the previous year. Among them, **294** children received essential vaccinations, including Vitamin A, BCG, Penta, Rotavirus, Tetanus, Measles, IPV, and OPV, while **460** school-children were immunized with the HPV vaccine, helping to protect the community's future health and well-being.

Project Outcomes

- In 2024, Bisou Bailey Medical Dispensary served **124** community members with family planning services, including Implants, Jadelle, and Depo-Provera, along with vital reproductive health education. These services empowered individuals to make informed choices about their reproductive health, offering better family planning options and contributing to the overall well-being of the community.

Make appointments

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Good Health Is Wealth





Community Medical Outreaches



Our organization is committed to enhancing healthcare access in rural and underserved communities through targeted outreach programs. We bring skilled medical professionals to these areas, offering check-ups, treatments, and health education. By delivering vital care directly to those in need, we address immediate health concerns and provide communities with the tools and knowledge to prevent future health challenges.

Our mission is to create lasting impact by improving health outcomes and advancing equitable access to healthcare for all. Beyond treating illnesses, our programs emphasize the importance of preventive care, empowering individuals to take charge of their health and build stronger, healthier communities.

Highlights

This year, our medical outreach programs have made significant strides in expanding healthcare access in rural areas. We've delivered essential services to underserved populations and have received overwhelmingly positive feedback from local communities, highlighting the impact of our efforts in improving health and well-being.

1,726
Community members served

589 were Elderly people

521 Served for family planning services

337 were children



A Gift of Hope: Transforming Lives in Mwanza Tanzania



In the heart of Lake Victoria-Tanzania, communities face immense health challenges. Yet, amidst these struggles, there is hope—a hope fueled by the compassionate hands of donors like you. Through the Tanzania Rural Health Movement, critical healthcare reaches those who need it most, saving lives and building healthier futures.

You can be part of this life-changing mission. By making a tax-deductible contribution through the American Friends of the Tanzania Rural Health Movement at Myriad USA, you directly support vital healthcare initiatives. As a public charity under Sections 501(c)(3) and 509(a)(1) of the IRC, Myriad USA ensures your donation not only changes lives but also qualifies for the maximum tax benefits allowed by U.S. law.

Here's how you can join this movement of hope and healing:

- **By Check:** Write your check to Myriad USA and include American Friends of the Tanzania Rural Health Movement in the memo. Send it to:

Myriad USA,
551 Fifth Avenue, Suite 2400,
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- **By Credit Card:** Make an immediate impact by donating securely online at <https://www.every.org/tanzania-rural-health-movement/>.
- **By Wire Transfer or Other Gifts:** Interested in donating via wire transfer or contributing other assets? Reach out to Myriad USA by email at info@myriadusa.org or call (212) 713-7660.

Every dollar you give brings healthcare closer to families in need—delivering not just medicine, but hope and a brighter future. Let your generosity be the light that transforms lives.

Join us today. Together, we can make a difference.

What Next in 2025?

→ Challenge

- This year, we served over **353** pregnant women, though only **12** delivered with us due to infrastructure limitations. We plan to upgrade our facility with a modern theater, advanced lab, and labour room to support more women and handle additional deliveries.
- We aim to introduce rehabilitation services for patients recovering from stroke, diabetes, and other chronic conditions. Through personalized therapies, we hope to improve recovery outcomes, enhance quality of life, and support individuals in regaining independence in managing their health.
- To address the high needs of street-connected children and limited services, we plan to strengthen partnerships with local and international organizations, hospitals, donors, and volunteers, enhancing resources and expertise for more comprehensive and sustainable care.
- We aim to create an app and/or website that offers seamless access to essential pre-hospital care information, covering topics such as first aid, emergency response, and our toll-free number 0800 750 112, with the goal of enhancing community preparedness and improving health outcomes.



**A single donation
can make a
difference**



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Friends of TRHM



The "Friends of TRHM" event was a heartwarming gathering that united different participants—supporters, donors, volunteers, NGOs, hospitals, and businesses—all coming together for a common cause: to support TRHM's life-saving work in the community. It was more than just an event; it was a powerful movement that raised awareness and promoted essential services for the most vulnerable—particularly street-connected children and the elderly. In the lively atmosphere of Mwanza, the event featured donation drives, sports activities, and medical outreach programs, with a strong emphasis on pre-hospital care. The generosity of the community was evident as shoes, clothes, toothpaste, and toothbrushes were donated for street-connected children, offering them not just material items, but hope for a brighter future. Doctors, nurses, and social workers volunteered their time and expertise, making a tangible difference in the lives of children and families by providing vital healthcare services through weekly outreach programs.

The event's objectives were clear: to raise awareness about TRHM's services, promote the Mwanza Community First Response Project, and mobilize both financial and in-kind support. It also aimed to build lasting partnerships with organizations, hospitals, and companies, ensuring sustainable care for those in need. Through sports activities, children were empowered, and the entire community was encouraged to get involved and make a lasting impact. In the end, the event was not just a success in terms of donations and services, but a true celebration of the power of community and the change that comes when people unite for a cause greater than themselves.

A total of **218** beneficiaries—local communities, street-connected elderly individuals, and underserved street-connected children—benefited directly from the event. These individuals walked away with better access to care, essential resources, and the hope that change is possible when we stand together.





Individual Donors and Partners

We are truly grateful to express our heartfelt thanks to our donors and partners. Your generous financial, in-kind, and technical support has been instrumental in advancing our mission and aiding those in our community. Through your consistent and faithful contributions over the past year, you have shown a strong commitment to our work in Mwanza. We look forward to continuing our partnership with you.

• Doug Brugge	• Karen Feldman	• Mike Sayers
• Jacqueline Rouff	• Leah Shepard	• Anthony Wilson
• Stefan Schulz	• Uwe Gross	• Sharon Hahn
• Geoffrey W. Shaskan	• Karin Euler	• Jonathan Schneider
• Bhaswati M. Parasuraman	• James Comes	• Cecily Wait
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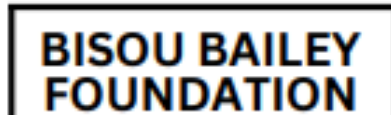
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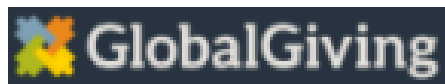
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Thank you for collaborating!

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