

Mothers and in informal daycare centers by a Development (ECD) through comprehensive ECD education in the homes by Mentors Siphilile promotes Early Childhood team of Daycare Mentors.

Promotion of good nutrition for children

This is done through:

Promotion of hygiene and sanitation

Educating the caregivers on child protection issues

achievement in all the domains of Mentoring caregivers on early stimulation to facilitate good child development

foundation to life that will break the cycle of By providing ECD in the homes and daycare centers for children between ages 0-3years, the first 1000 days of life, Siphilile is contributing to building a stronger poverty in a generation.

Mentor Mother program lies in the fact mechanisms that are already present that it builds on skills and coping



The strength and sustainability of the within communities.



PO Box 326

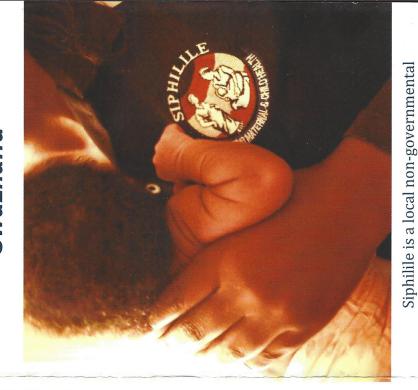
Matsapha Email: info@siphilile.org Web: www.siphilile.org www.facebook.com/siphilileMCH

maternal and child health and nutrition organization, which aims to improve through the implementation of a community-based

Mentor Mother program.



## Mentor Mothers Swaziland



Siphilile identifies and recruits mothers to be Mentor Mothers through peer support for pregnant women and other mothers in their own living area.

The Mentor Mothers are given a onemonth in-house training and continuous supervision and support from the Siphilile Management Team.

This community-based peer support model empowers women, and society as a whole, to make fact-based decision and to take action for a better and healthier life.

'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' (Matthew 25:40)





## Siphilile Mentor Mothers:

- Support pregnant women to follow their antenatal health care plans
- Give advice on nutrition and hygiene
- Promote Exclusive Breast Feeding and PMTCT
- Identify malnourished children and refer severe cases for treatment
- Screen for maternal depression and refer for counselling
- Detect and support women affected by gender-based violence
- service provider Mediate contacts with the health system and refers women and children to the appropriate

All Siphilile services are strictly confidential

Rejoice with those who rejoice; mourn with those who mourn

Romans 12:15