



BRIGHT SIDE PROJECTS

臺灣嚮光協會

PLANT BASED MEALS INDIGENOUS TAIWAN YOUTH

This has been a packed year; other than creating workshops and meals with our indigenous youth, we have also tried to increase awareness of what Bright Side Projects does especially being one of the only to provide plant-based meals to youth in Taiwan. We achieved this through joining various weekend markets and continuing to invite various animal rescue organizations to join us in promoting creative education and learning about social issues in a fun and artistic way.

What is in store for Bright Side Projects this year? We are looking to summer programs in Taitung and wrapping up a surf camp with our kids in July. There is also an exciting project we are looking forward to bringing that evolves further creation and education, and most importantly for us, meals on wheels. This widens our reach in providing further access to far reaching locations.

We hope this can pick up steam later this year and can update you on the great news soon!

THANK YOU!



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Recap

421

YOUTH

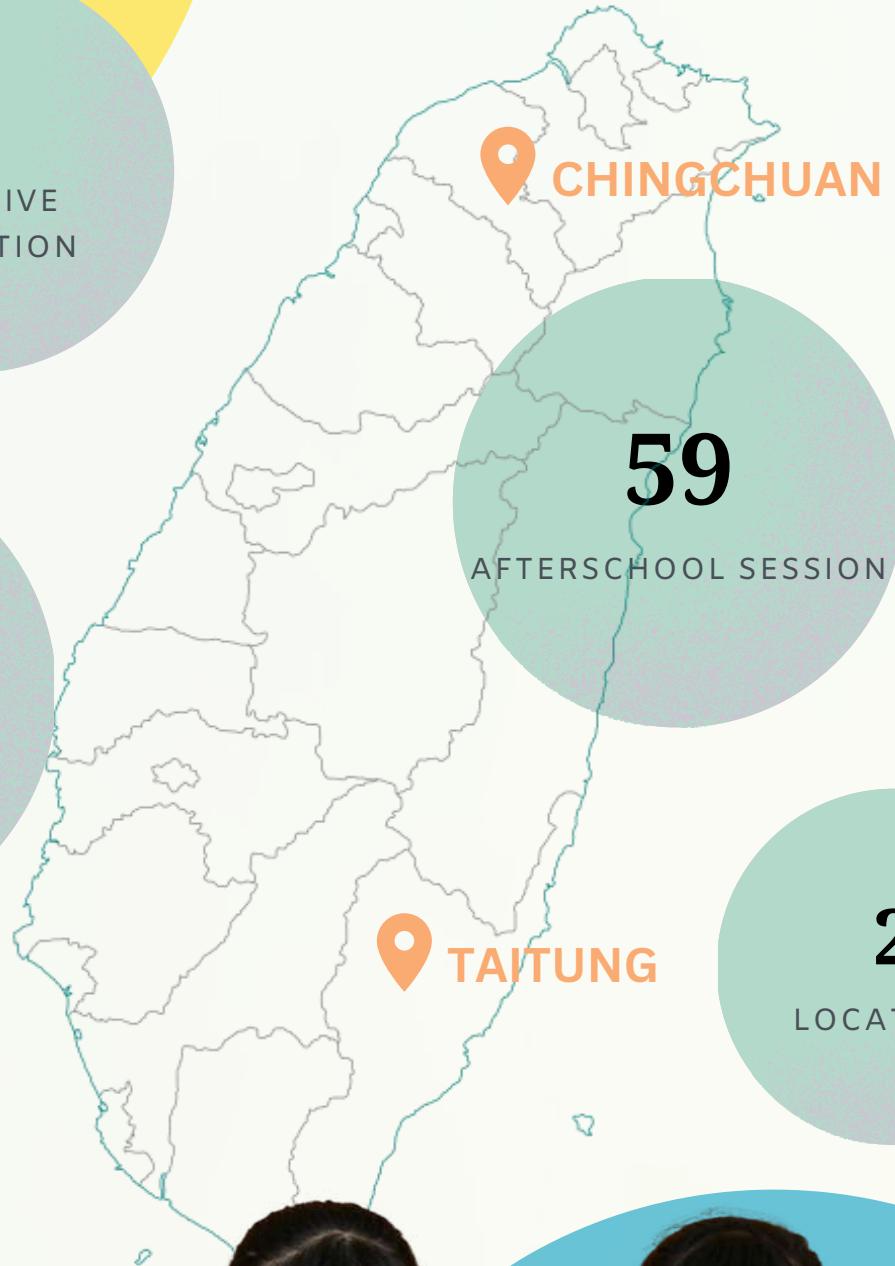
5
CREATIVE
EDUCATION

59

AFTERSCHOOL SESSION

2

LOCATIONS





A young child with a small white headband and a red and white striped shirt, eating a sandwich.

ChingChuan (Wufeng Tribe)

2012

Drive distance from Taipei 2.5 hours)

A predominately indigenous Atayal community.

We

create with kids ages 5-13 enrollment working
alongside the local Catholic Church and TaoShan
Elementary School.

Approximately a pool of 100 children.

A close-up photograph of a young child with dark hair, wearing a red headband with a white flower and a pink bow with a purple gem. The child is holding a red book with white Chinese characters (甲子年) and is smiling. The background is blurred.

台東新 馬蘭Fukid部落

2015

Located in Taitung, we work with ShinMaLan, primarily comprised of the indigenous Amis Tribe. Approximate 75 households with 350 people, with roughly 30 children as part of FUKID's tutoring program.

Recap

BRIGHT SIDE

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421

PLANT-BASED MEALS
SERVED



BRIGHT
MOMENTS

📍 ChingChuan

GRADUATION

How can it already be graduation time already? All year round we continue to be involved in the lives of our ChingChuan youth, joining in their elementary school graduation not only marks a new chapter in their lives as they enter middle school, but is also of great honor for us to be able to join in this part of their journey.





📍 ChingChuan

FROSTY FACES PORTRAITS

Wrapping up our year end series of animal welfare introduction with paintings for charity sale, we were happy to be able to introduce a cat rescue association to our ChingChuan indigenous kids. We paired the day's meal with vegan filet o fish burgers and olive oil seasoned mixed grilled vegetables and their favorite coconut milk salad.

SKILLS LEARNED

BASIC PAINTING SKILLS
ANIMAL WELFARE
CATS APPRECIATION







A close-up photograph of a young boy with dark hair and bangs, wearing a blue and green striped shirt. He is holding a large, appetizing sandwich in his hands, looking directly at the camera with a slight smile. The sandwich is made with a bun, lettuce, tomato, and a thick, golden-brown patty. The background is a blurred outdoor setting.

Menu

- OMNISEAFOOD FILET O FISH BURGERS
- OLIVE OIL GRILLED VEGETABLE MIX
- SEASONAL SALAD WITH COCONUT MILK

BRIGHT
MOMENTS

📍 ChingChuan

FRUITY FLORAL CUPCAKES

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SKILLS LEARNED

BASIC VEGAN BAKING
FRUIT DECORATIONS







Menu

- PASTA TOMATO SALAD
- HAND MADE PRESSED
- FLORAL POTATO
- CHOCOLATE CUPCAKES
- SEASONAL FRUIT SALAD
- WITH COCONUT MILK

BRIGHT
MOMENTS

📍 Taitung

FRUITY FLORAL CUPCAKES

As we went down to Taitung to check on our afterschool care program, we also decided to host a mini workshop with our indigenous Amis kids there. As most of the meals are usually prepared or purchased, this is one of the few times we were able to cook with the kids in FUKID. The kids were especially dedicated to carefully measuring the banking ingredients to make the perfect chocolate cupcakes.

SKILLS LEARNED

BASIC VEGAN BAKING

BASIC COOKING







Menu

- PASTA TOMATO SALAD
- ROUND BREAD GRILLED
- WITH GARLIC SAUCE
- CHOCOLATE CUPCAKES
- SEASONAL FRUIT SALAD
- WITH COCONUT MILK



 **TaiTung**

LIKAT AFTERSCHOOL CARE PROGRAM

We first to know the indigenous youth of Taitung FUKID, an Amis tribe, in 2015. Closing in our tenth year anniversary we are pleased to announce that we have started our afterschool care program here. With the launch, it means that three days a week in addition to providing educational support, our indigenous youth are able to receive plant-based meals in the evenings. We also provide a small stimulant for the local community in hiring one of our youths to assist with two local mothers; one in charge of administration and the other responsible for meals. Children are responsible for the washing of their dishes and cleaning the center. We started providing additional aports and art workshops after tutoring.

SKILLS LEARNED :

HOMEWORK
TEAMWORK
RESPONSIBILITIES

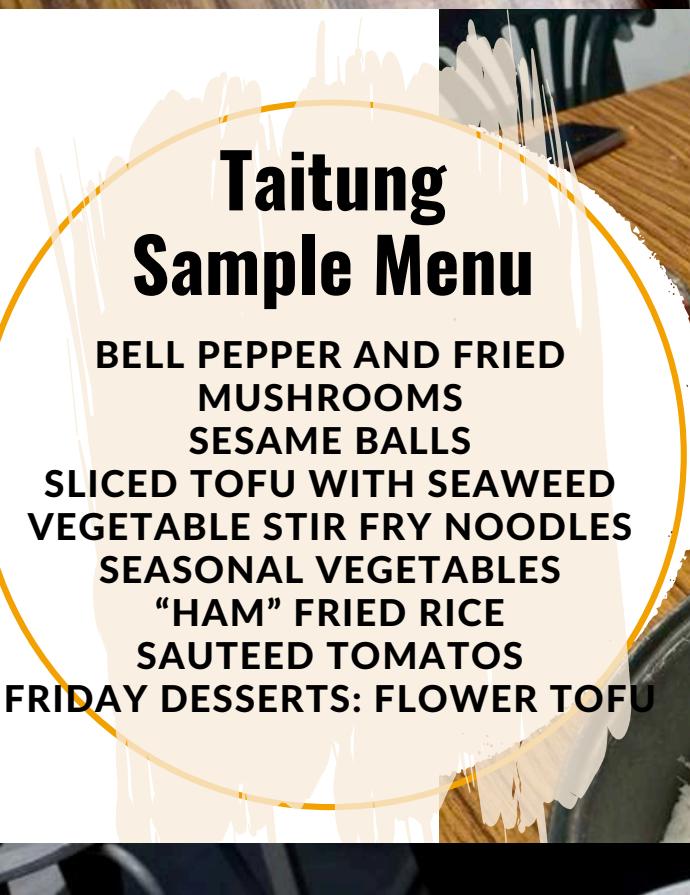




Taitung Afterschool Likat Program







Taitung Sample Menu

BELL PEPPER AND FRIED
MUSHROOMS
SESAME BALLS

SLICED TOFU WITH SEAWEED

VEGETABLE STIR FRY NOODLES

SEASONAL VEGETABLES

“HAM” FRIED RICE

SAUTEED TOMATOS

FRIDAY DESSERTS: FLOWER TOFU







BRIGHT SIDE
嚮光協會



THANK YOU!
WELCOME TO FOLLOW US ON
SOCIAL MEDIA FOR MORE UPDATES

