



# Fundacion **Betania juvenil**

*"More than a Foundation, we are a helping hand"*





*Isla Tierra Bomba*

## What is Fundacion Betania Juvenil?

- - - - X

We are a non-profit organization that seeks to serve young children and adults from vulnerable communities, offering them an accompaniment of quality to their families in the line of nutrition, use of free time, positive upbringing and training for work, supported by the volunteering and with a policy of kindness and good treatment, always giving the best to all our beneficiaries.

.

---

Based on basic principles that guide our lives, we dedicate ourselves to develop 3 activities, which allow us to; train and transform lives by bringing them a little love and hope..



### COMMUNITY SERVICES BRIGADES.

Day of social impact in the community. Community social development. Hygiene. Intervention, training for work and multidisciplinary counseling to the entire community..



### COMMUNITY KITCHENS

Training in healthy eating. Donation of markets. Implementation of the dining room. Balanced feeding



### VACATIONAL SCHOOLS.

Strengthening values and principles. Psychosocial development. Recreation and sport.

*These activities are focused on carefully prepared programs, which allow the impact to have a follow-up and due feedback, due to the great support of important allies and an excellent and varied group of motivated professionals, which allow each of these activities to be beneficial and productive in the community.*

---

---

“

Do not withhold good from those to whom it is due,  
when it is in your power to act.

Do not say to your neighbor,  
“Come back tomorrow and I’ll give it to you”—  
when you already have it with you.

—Solomon—

”

---



## COMMUNITY SERVICES BRIGADES

Among the activities we perform we can highlight, the Community Services Brigades, these are where in the company of community leaders, we select the most needy families in the sector, and we take them for free the services of medical check-up, dental check-up, psychological interviews, Blood pressure, guidance in family conflicts, healthy eating conferences, personal improvement and coexistence.

In its recent report, corresponding to the 2016 period, the DANE (National Administrative Department of Statistics) revealed that "the percentage of people in a situation of monetary poverty in Cartagena was 29.1%, equivalent to 2.9 percentage points more than in 2015 (which was 26%). That is to say, that for 2016 in Cartagena there were a little more than 290 thousand people living in a situation of monetary poverty".

They do not have health services, decent education, work. There are family and social conflicts that afflict the community.



### Focus Areas

#### Community

With the local leaders of each one of the areas previously detected, we analyze through surveys which families will benefit from the program, this is done, according to the budget and number of volunteers confirmed for the date, in our database. Each zone is visited 4 times a year in order to provide feedback and achieve stable and long-lasting results.

#### Professionals

We have a multidisciplinary group of professionals Volunteers, among which are Doctors, Dentists, Social Workers, Nutritionists, Psychologists, among others, who are guided and trained for this magnificent work. They are aware that the impact that is made in the assigned community, will change the lives of the people.

#### Logistics

Mobilize medical, dental, carp, food, volunteer, and technological equipment. Donations (clothes, toys, markets, etc.) We handle this with a lot of responsibility, we hire buses, taxis and trucks in order that each of the teams and equipments arrive in a correct state.





## Vacational School

Training and donation of study materials to children from low-income families or displaced by the social conflict in the country, also to children with difficulties in their studies or internal conflicts of families that makes it impossible for the child to learn properly. Holistic and constructive approach, strengthening learning according to the standards given by the Ministry of Education. And reinforced areas where they have more difficulties.

In primary school, the data indicate that the majority of official entities in the area qualified in D in the Saber Tests, but in addition, the dropout rate is 4.5%, 1.4 points above the national average, according to data from the Secretary of Education.



### Areas of focus

#### ***Selection of students.***

The figures show a high percentage of children who do not have the opportunity to enter school or their figures are education is lower than normal. With the leaders of the communities we identify those Families and we offer them an opportunity to improve.

#### ***Equipment for the study.***

Provision of school supplies notebooks, books, bags and uniforms in some cases.

#### ***Focus of the study.***

Approach to the community and the educational environment. Recreation and sports, education in values and social responsibility.







## Community Kitchens

Child malnutrition and unbalanced diet, motivate us every day to carry out this program, understanding that the lack of financial resources, the lack of work opportunities, adding to the low education and the low quality of life of the families in these vulnerable communities, we They inspire to bring hope among so many needs. Through donations from markets, lunches or breakfasts, healthy and balanced food courses. We also guide mothers, mostly heads of families, to give better food to their children and thus contribute to saving lives.

Daniel Toro, economist and dean of that faculty at the Technological University of Bolivar, said that the condition of poverty has been exacerbated by the increase in inflation. Because everything is more expensive, especially food, those who suffer the most in terms of their real income are vulnerable people, who are barely above the poverty line. Hence the importance of speaking not only about poverty but about vulnerability."

### Areas of focus

#### Training for Families

Guidance on child nutrition, hygiene and food handling, in an assertive manner to each of the families involved in the program.

#### Food handling

Selection of perishable and non-perishable foods, both for the donation of markets and for meals. Proper handling of food when cooking, serving and packing. Obtain and prepare utensils and machines for the proper preparation of food.

#### Volunteers

Permanent training on food handling, balance in meals and portions to donate. Selection and training of volunteers in order to prepare them to provide the service.

---

---

## PROJECT WITH GLOBALGIVING



## Build a dining room for 200 children in Cartagena

Just recently, the [GlobalGiving Foundation](#) selected us to participate in its [Accelerator](#), a fundraising opportunity for nonprofit organizations around the world.

Please help us reach the threshold of \$5,000 from 40 donors! Be one of the first people to make a donation at : <https://www.globalgiving.org/projects/build-a-dining-room-for-200-children-in-cartagena/>. **Your donation will help us to Build a Dining Room for 200 Children in Cartagena.** We are working tirelessly to make this a reality and we would love your help. **Children with hunger can't wait.**

### PROJECT SUMMARY

*This project is aimed at favoring the population of the south east of the city of Cartagena where the highest levels of poverty and indigence in the city are concentrated, with this project benefiting more than 200 children living in this area and with They will join their families who would be part of the program, from the opening of a children's dining room that will provide first breakfast that said by*

---

---

*nutritionists is the most important food of the day to strengthen their nutrition and thus their physical and cognitive development.*

*From the registration in this cafeteria the parents of the children will have to sign agreements with the foundation so that the children attend the proposed workshops in the line of bilingualism, arts, music and school reinforcement; in such a way that the use of free time can be oriented so that they develop their creative, artistic and cognitive skills from pleasant environments that put them safe from the risks they face in the violence scenarios in which they live. In the same way children benefiting from this process, will have opportunities to improve their academic performance from school reinforcement, recreational spaces that allow children their social development from games and interaction between them will be opened.*

*Likewise, the parents commit themselves to participate actively in all the training processes for them from two lines; Positive Parenting and Training for work, from the first one seeks to provide tools to parents or caregivers to improve relationships at the family level as this influences the treatment given to children and their psycho-affective development in In general, this process will be accompanied by home visits that will support the development of learning in the home setting, closely monitoring the implementation of the strategies given and the family-oriented orientation.*

*The following line seeks to provide parents or caregivers with technical tools in certain areas or trades that allow them to develop small economic activities that contribute to improving their income to obtain the necessary resources for the welfare of families. The projection of the program is to have specialized classrooms with all the resources of art, instrumental music, bilingualism, a library for school reinforcement, where we can accommodate more children contributing to the development of cognitive (knowing), physical-creative (doing) and social skills affective (be). All this in pleasant spaces that dignify their lives, that contribute to their well-being, to feel happy and motivated towards overcoming their living conditions.*

*This project is important because it allows anyone from where they can be part of the change and the generation of opportunities for these children, who fight every day in scenarios tinged with poverty, violence, drug addiction, among other problems, giving them a hope for a better future.*

---

---

## **WHAT IS THE PROBLEM?**

*The city of Cartagena is well known around the world for the history that surrounds it, it is called Cartagena Heroica, the stone corralito, enveloping in a fascination of beaches, landscapes and history that attracts the attention of many tourists around the world, however, within this fantastic Cartagena, there are neighborhoods that throughout history have been marginalized and deprived of opportunities for the proper development of their lives and their locality, in relation to other neighborhoods of the city; This problem is common to most of the neighborhoods located in the south east of the city of Cartagena; one of these is the Boston neighborhood which is part of the locality 2 of the virgin and tourist, which is part of one of the most marginalized and abandoned sectors of the city of Cartagena, specifically is focused on the perimeter or surrounding area to the swamp of the Virgin.*

*Cartagena de Indias is a city of 1,013,375 inhabitants, according to DANE population projections for the year 2017. According to the latest DANE report, approximately 13,049 people live in the Boston neighborhood, of which 800 correspond to the areas surrounding the city. via perimeter, specifically the sectors that are part of this proposal.*

*In this community there are evidences such as the large percentage of single-parent homes headed by women, there is the phenomenon of paternal absenteeism in the upbringing of children, a situation that leads these women head of family to work, most of them in associated trades to domestic service or informal commerce, occupations that definitely do not provide them with the necessary resources to meet the needs of their children, within households where the two parents are present, in most cases only one of them works and in the case of men, their occupations are associated with the construction sector as workers and informal commerce, which also do not generate greater profits.*

*That being the case, we have a population that has a shortage of resources to solve their needs and within them, the children who are the most affected, since they are in full stages of development, for which they need more attention and care, these are raised in contexts of poor nutrition, intrafamily violence, insecurity in the streets given the situations of delinquency and gangsterism, without many options for the use of free time due to the lack of recreational spaces in the neighborhood, often being pushed by the context to follow patterns of delinquency, due to the abandonment that they live inside their families.*

---

---

*It is precisely within this context that a proposal that aims to provide support to this community and especially to children who may have nutritional opportunities, use of free time and family care that gives them possibilities to overcome their adverse situations and grow up in decent conditions, to which everyone has the right.*

#### **HOW DOES THIS PROJECT SOLVE THE PROBLEM?**

*With the implementation of this project food will be provided to children, favoring their nutritional status and their physical and cognitive development. Likewise, it will contribute to the development of cognitive, physical-creative and socio-affective skills, from art workshops, instrumental music, English and support in school reinforcement, a question that will help them to have a better school and personal performance, besides keeping them protected of the risks associated with gangs, drug addiction and other problems that occur on the streets of your neighborhood on a day-to-day basis.*

*In the same way, it will contribute to the improvement of family relationships, from the principles of good treatment strengthening the bonds in the family, making it a protective environment for children, from workshops and home visits. Likewise, parents and caregivers will be trained in arts or crafts that allow them to generate business ideas that can be developed from home and that help them improve their income to meet the needs of the family and ultimately to improve their living conditions.*

#### **POTENTIAL LONG-TERM IMPACT**

*The expected impact of the long-term execution of this project is expected to be reflected in the following indicators.*

- 200 children with adequate nutrition and excellent nutritional status.*
- 200 boys and girls participating in musical, arts and bilingual scenarios at the city level.*
- 200 boys and girls promoting values and good treatment in the community in general.*
- 200 boys and girls living in protective environments characterized by good intrafamilial relationships.*
- 200 caregivers creating business ideas and setting up small businesses in the neighborhood.*

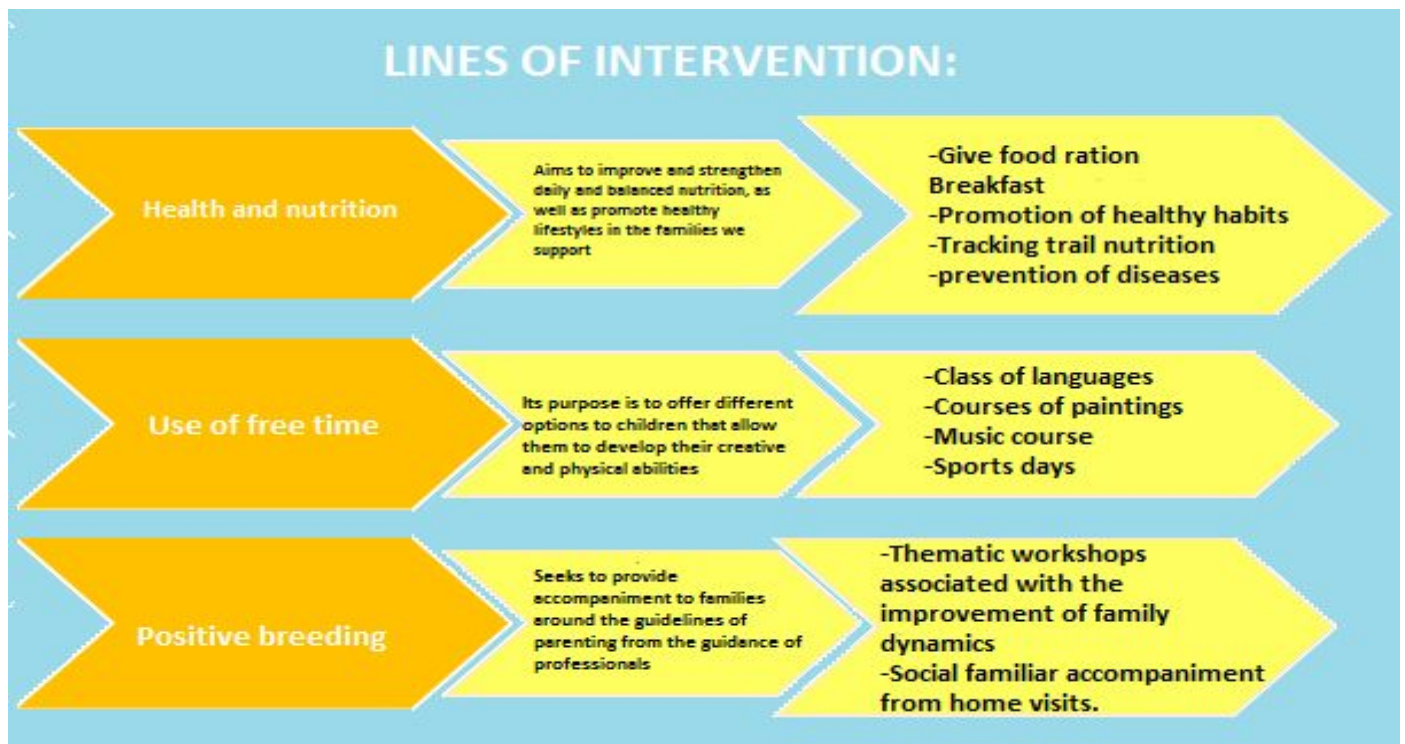
#### **LINES OF INTERVENTION:**

---

**Salud y Nutrición** aims to improve and strengthen daily and balanced nutrition, as well as promote healthy lifestyles in the families we support, ensuring that children have adequate levels of nutrition, favoring their proper development.

**Use of free time:** Its purpose is to offer different options to children that allow them to develop their creative and physical abilities, thus promoting a good use of free time and preventing their contact with psychosocial risk factors.

**Positive parenting:** seeks to provide accompaniment to families around the guidelines of parenting from the guidance of professionals, seeking that children live in environments of healthy coexistence that promotes their psychosocial development.



### **HUMAN RESOURCES – Volunteers**

- ❖ Professionals in the psychosocial area: Psychology, Social Work, Social Promotion.
- ❖ Health professionals: Doctors, Nurses, Dentists.
- ❖ Education professionals: Bachelor's degree in English, Bachelor's degree in children's pedagogy, music, Recreation.
- ❖ Professionals in the area of nutrition: Nutritionists, Food Engineering.
- ❖ Specialist in various areas and trades.

**BUDGET**

***These values correspond to the project of the children's dining room of the Boston Neighborhood of the City of Cartagena.***

*The Budget Values are in American Dollars.*

<b>BUDGET PHYSICAL RESOURCES</b>			
<b>supplies</b>	<b>quantity</b>	<b>value unit</b>	<b>value total</b>
Oven	1	\$370	\$370
Frige	1	\$741	\$741
MENAJE (kitchen utensils)	1	\$1,111	\$1,111
Stand	2	\$111	\$222
Tanks for water reserve	4	\$19	\$74
Table	13	\$19	\$200
Kids chairs	50	\$7	\$370
Papelograph	1	\$74	\$74
Adult chairs	50	\$11	\$556
Art boards	25	\$19	\$463
Flutes	25	\$9	\$231
Guitars	25	\$56	\$1,389
Recorders	2	\$56	\$110
Videobeam	1	\$741	\$741
Projection screen	1	\$111	\$111
Laptop	1	\$741	\$741
	<b>TOTAL</b>		<b>\$7,500</b>

<b>MONTHLY BUDGET supplies and materials</b>			
<b>breakfast</b>	<b>quantity</b>	<b>value unit</b>	<b>MONTHLY VALUE</b>
Breadfast	50	\$2	\$2,000
Scholar Kit	50	\$4	\$200
Art Kit	50	\$6	\$300
Stationery	0	\$130	\$0
break	50	\$1.00	\$1,000.00
volunteer allowances		\$740	\$700
UNPRESENTED		\$300	\$300
		<b>total</b>	<b>\$4,500</b>

---

## CONTACT



[FundacionBetaniaJuvenil.org](http://FundacionBetaniaJuvenil.org)



*Urb. El Campestre Manza 3 / Cartagena -Colombia*

*+573005330069*

*Info@BetaniaJuvenil.org*

---