

Your Family Achievement Diary is brought to you by DriveForRebecca.org

Your Family Achievement Diary™

Use *Your Family Achievement Diary* to record what your children accomplish each day, at home and in school. If they are unable to tell you about their school day, ask their teachers to send home notes to fill you in.

At the end of the week, or whenever you need something to pick you up, read the entries in your diary and it will make you smile. Take every opportunity to acknowledge and celebrate their progress by letting them know how proud you are of even their smallest achievements every day.

Use your notes in the Further Progress column to create an action plan of new goals to be accomplished and use this diary for all of your children. As time goes on and you look back at everything, you will be astounded at all of their achievements.

Here are a few examples:

Achievement	Why Important	Further Progress
45 minutes at the diner with Rebecca and she was great	Great for us to be able to go out together	Try somewhere new next time
Sam did great in track	He's running faster and having fun	Help him make better food choices so he'll have more energy and do even better
Rebecca did great with delivering items at school	It's a great new skill	Keep getting better at it and introduce new items

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Your Family Achievement Diary is based on The Daily Positive Focus, from The Strategic Coach Program

