



NAME PROJECT: To enhance strengthening capacities in order to prevent and reduce violence against girls, adolescents and women.

BASIC INFORMATION

ENTITY NAME	Patronato María Auxiliadora Foundation
ID TRIBUTARY NUMBER (NIT)	890.906.385-9
LEGAL ENTITY	116. December 9th,1961
FOUNDATION DATE	December 4th,1961
LEGAL NATURE	Non-Profit Entity
LEGAL REPRESENTATIVE	Luz María Mejía
DIRECTOR	Luz María Mejía
MANAGEMENT AND ALLIANCES LEADER	Daniela Duque González
CITY	Medellín
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The Patronato María Auxiliadora Foundation is a non-profit organization that started to work in 1952, and then was legally constituted in 1962.

The Main Aim of María Auxiliadora Foundation is:

To provide health care and rehabilitation to children and adolescents whose age does not exceed 16 years old. All of these, through partnerships and carry out by professionals and institutions involved. They receive health care, especially when their right to health has been violated by barriers to access. To accomplish its corporate purpose, the Foundation has implemented actions of prevention, accompaniment and empowerment to its mothers and caregivers so, that they can carry out those actions according to the Foundation's guidelines.

Mission: To provide health care and rehabilitation to children and adolescents whose age does not exceed 16 years old. All of these, through partnerships and carry out by professionals and institutions involved. They receive health care, especially when their rights to health has been denied by barriers to access.

Corporate Vision: We will be recognized at the departmental region and national sector for the quality and opportunities in providing health care and rehabilitation aimed to children and adolescents. Thus, achieving a high social impact.

PROJECT WILL TAKE PLACE: Medellin-Colombia

PROJECT LENGHT: 10 months of duration, with two bi-weekly meetings of two hours of development each, for a total of 20 meetings of group work. Parallel to this, there will be two meetings of individual therapy per month of two hours each, for an estimated 20 meetings during the time of execution of the project.

PERSONS IN CHARGE OF THE PROJECT:

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Phone: (57) 480 66 80.

DATE: March, 2019.

PROJECT DEVELOPMENT

INTRODUCTION: Violence is a phenomena which affects and set up human relationships from unequal power perspective. In this violence is clear how domination, exclusion and abuse are represented as the main aspects. The Patronato Maria Auxiliadora Foundation in compliance with its essential social object has identify several mistreatment situations against children and women in general. These situations have become habitual in their contextual lives. Additionally, those relations are framed by the patriarchal structure which cause exclusion, domination and otherness.

Violence is a negative issue that is expressed in varied ways: physical, psychological, economic among others. However, during accompanying and addressing time family networks has recognized in their narratives some types of violence which has become natural on their lives. Due this they are still acting as passive victims of a kind of violence they are not able to name it.

This project started from the need of continuing the treatment against violence in order to reduce its damage and negative effects. Additionally, the project is seeking to empower women as agents of change about male chauvinism and the patriarchal culture as the source of inequality, poverty, exclusion, and to make a transformation on the language that reproduce and perpetuate violence. Thus, the foundation seeks a paradigm educational transformation so that they can avoid sources of violence.

DIRECT TARGET POPULATION: the project's direct target population are 30 women between 20 and 45 years. Additionally, there are 30 girls, boys and adolescents between 7 and 15 years (80% girls and adolescents and 20% boys and adolescents) they all belong to the urban area in Medellin City, located at districts 1, 3, 7, 8, 9, 10 and 13. The project does not focus on only one neighborhood. To accomplish this task of selecting women to be beneficiary, the Patronato foundation with the help of alliance institutions has identify which of them are under a kind of violence or in risk to suffer it.

INDIRECT TARGET POPULATION: Among indirect target population there are 90 people which made up the family nucleus. Similarly, one of our purposes is to impact around 100 people and make them receptors of our proposals on preventing and self-protection focus on, and based on a community approach. These proposals are design by girls, adolescents and women who participate actively at the project. In addition, it is predicted an impact on Foundation's social networks of at least 200 people reached from people who participated on the program previously.

MAIN AIM: To contribute to eliminate any kind or way of violence against women, girls, and adolescents.

SUBSIDIARY AIMS:

- To enhance women's abilities, their son and daughters so that they can improve in their emotional issues through an interventional and preventive model which uses the comprehensive speech analysis and art therapy and photography.
- To develop educational training that allow people able to recognize, denounce and activate guidelines routes in order to prevent violence against women and infancy.
- To promote reflexive encounters that allow women understand and break out with chauvinist mental structures through photograph and social networks workshops.
- To design proposals in order to prevent and enhance self-protection based on a community approach.

SDO COORDINATION:

Based on the sustainable development objectives framework, we aim to the goal 2: *Health and well-being* regarding to these, mental health of girls, women and adolescents' project points out to provide therapeutic support and the psychosocial accompany in order to cover emotional difficulties and mitigate damages caused from different ways of violence experienced throughout life.

Similarly, the project is committed to allow girls and adolescents to recognize their potential in assuming self-protective behavior against different ways of violence, situations that make be on risk and manifestation of sexual abuse and harassment, commercial sexual exploitation, adolescent pregnancy, identification of supportive routes, people, platforms and safe ways to protect themselves.

It also seeks to contribute to Goal 5: To Achieve gender equality and empower all women and girls. Thus, pointing out on the mitigation of the damage and risk generated by the different forms of violence and mistreatment against women, empowering, listening, allowing them to experience, explore and re-signify the multiple meaningful experiences as a way of transformation of the imaginaries that perpetuate situations of inequality in their daily life.

OUTCOMES:

- 1) Women in Company of their sons and daughters have improved meaningfully on their emotional alterations.
- 2) Girls and adolescents can recognize what gender equality means. Their rights, self-protection mechanisms and the guidelines to report any criminal activity in connection with gender.
- 3) Women who have participated now are putting into practice security and self-protecting strategies through different devices such as smartphones and social networks.
- 4) Women have break out with a vicious circles of violence.

ACTIVITIES AND WORK METHODOLOGY:

The therapeutic attention is given to women and their children who have lived and experienced situations of violence through individual and group care with elements of art therapy. Individual intervention is proposed from a humanistic and cognitive approach that allows to work on the adjustment areas of women, their recognition as valuable people and their projection as subjects of rights. The project focuses on women. However, if a situations of violence against the children of women is identified, they then will be fully intervened.

BUDGET: Detailed description attached.

TOTAL COST PROJECT: \$47.958.750 **cop**

INSTITUTE'S CONTRIBUTION: \$ 12.343.750 **cop**

OTHER CONTRIBUTIONS: \$ 25.000.000 **cop**

REQUESTED CONTRIBUTION: \$ 10.615.000 **cop**

Concept	Unit of measure	Quantity	Time investment	Cost per unit	Total Cost	Requested Ayuda's Foundation contributions	Patronato's Contributions	Requested Camila's Foundation contributions
Personal								
Project coordinator	Monthly	10	50%	1.000.000,00	10.000.000,00		10.000.000,00	
					10.000.000,00		10.000.000,00	
R1: It has been implemented and addressed a process on therapeutic assistance for women, their sons and daughters who have suffered any kind of violence.								
	Hours	2		30.000,00	60.000,00		60.000,00	
	Visit	30		50.000,00	1.500.000,00			1.500.000,00
	Hours	300		30.000,00	9.000.000,00	9.000.000,00		
	General	26			3.061.000,00	2.061.000,00		1.000.000,00
	Hour	300		27.000,00	8.100.000,00	8.100.000,00		
Subtotal Therapeutic Assistance				257.000,00	21.721.000,00	19.161.000,00	60.000,00	2.500.000,00
R2: Well-advise, informed and trained women about violence, guidelines to report, prevention and to receive assistance.								
	Hours	8		50.000,00	400.000,00			400.000,00

Participative workshop. Assistance path on violence and mistreatment	Hours	8		50.000,00	400.000,00			400.000,00
Mechanism to deal with different types of violence	Hours	8		50.000,00	400.000,00			400.000,00
Material Supplies	General				615.000,00			615.000,00
Snacks	Unit	1810		1.900,00	3.439.000,00	3.439.000,00		
Photography workshop		8		300.000,00	2.400.000,00	2.400.000,00		
				100.000,00	7.654.000,00	5.839.000,00		1.815.000,00
R3: It has been implemented strategies in preventing violence against women and infancy. These strategies are built by women's project.								
Proposals design to prevent violence with a community approach	Hours	8		50.000,00	400.000,00			400.000,00
Proposal materials in agreement with women involved on the project in order to spread in their communities and the campaign	General			3.000.000,00	3.000.000,00			3.000.000,00
Accompanying women's activities so they then can diffuse it in their communities	General				500.000,00			500.000,00
					3.900.000,00			3.900.000,00

R4: Trained women on economy autonomy.

To train women on self-management activities for life	Hours	4		50.000,00	200.000,00			200.000,00
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Supplementary workshops (family economy, human development and employment)	Hours	20		50.000,00	1.000.000,00			1.000.000,00
Closing session project (Women Fest)	General			1.500.000,00	1.200.000,00			1.200.000,00
Subtotal					2.400.000,00			2.400.000,00
Project total cost					45.675.000,00	25.000.000,00	10.060.000,00	
Administrative cost (5% over total project cost)					2.283.750,00		2.283.750,00	
TOTAL COST					47.958.750,00	25.000.000,00	12.343.750,00	10.615.000,00

Detailed Activities

Activity name	Length/Hours	Human Resource	Materials	Comments
Project notification to women their sons and daughters	2 hours	Project coordinator	Video beam, Laptop and Stationery supplies	It is carry out an invitation to 30 mothers and their sons and daughters to participate
Characterization of the population	40 hours	Social worker and Psychologist	Laptop and Stationery supplies	A previously designed characterization instrument will be applied. This is based on the socio-economic history of the family and data gathering on situations of violence and the intergenerational discourse that is handled in their families and communities about violence. We will go further in job occupation and women abilities for work. Subsequently, the information is systematized in matrices that allow the analysis of data.
Preparation of the project baseline	10 hours	Social worker and Psychologist	Laptop and Stationery supplies	The analysis and triangulation of the information collected is carried out.
Pre-test application	2 hours	Social worker	Instrument and laptop	A pre-test is carried out that allows us to measure the women's previous knowledge they've got at the moment they are part of the project.
Home visities	30 Visits	Social worker and Psychologist	Templates, laptop, Technological tools	To carry out the visits, a design instrument is

				applied in order to generate analysis and diagnosis that makes it possible intervention action plans according to the needs and findings of each case.
Individual Psychological Therapies for women (10 sessions per 30 women)	300 hours	Psychologist	Stationery supplies	We work with an approach that attempts to fits women's need dimensions
Group work therapies and involving art-therapy interaction	26 hours	Workshop facilitator and psychologist	Stationery supplies and art materials	It is carry out dance, therapy, theater, music-therapy, painting and crocheting sessions.
Individual Psychological Therapies for women's sons and daughters (10 sessions per 30 boys and girls)	300 hours	Psychologist	Stationery supplies	Our Assistance has a humanism approach
Participatory Workshop - Violence and Maltreatment	8 hours	Workshop facilitator	Photographic camera and Stationery supplies	We identified different types of violence and mental structures that perpetuate violence.
Participatory Workshop - Route of attention, violence and abuse	8 hours	Workshop facilitator	Video beam, Laptop and Stationery supplies	It is suggested that mothers and their children make a recognition and use of the assistance routes.
Mechanisms of action against violence and abuse	8 hours	Workshop facilitator	Video beam, Laptop and Stationery supplies	It is suggested that mothers and their children make a recognition and use of the assistance routes.
Photography workshop	8 hours	Photographer and workshop facilitator	Reflex photographic camera, video beam and Stationery supplies	It is used photography as a tool that allows enhanced self-knowledge in order to promote

				reflection and self-care. It helps women to prevent violence from a dynamic perspective.
Development of proposals for violence prevention based on a community approach	8 hours	Workshop facilitator	Video beam, Laptop and Stationery supplies	In a team work it is created a preventing proposal that allow knowledge diffusion and reinforcement to make aware women and their communities about violence.
Accompanying in the community Dissemination strategy	30 hours	Social worker, workshop facilitator and psychologist	Video beam, Laptop and Stationery supplies	The project participants identify possible local entities that have a presence in their territories and provide transversal accompaniment on the planning of community approach.
Support in implementing of the proposals in their communities	8 hours	Social worker and psychologist	Stationery supplies	During the process of proposal presentations they are accompanied through different alliances with neighborhood institutions in order to do this information massive.
Women training on self-management activities that help them for their rest of life	4 hours	Workshop facilitator	Video beam, Laptop and Stationery supplies	Activities will be defined as well as counseling sessions all of it according to their abilities and needs' population
Supplementary workshops (family economy, human development, employment, among others)	20 hours	Project coordinator and workshop facilitator	Video beam, Laptop and Stationery supplies	It seeks to enhance abilities of self-management for life

Post-test application	2 hours	Social worker and psychologist	Stationery supplies	Women are given a post-test to measure changes on acquired knowledge about violence.
Closing session (Women festival)	4 hours	Project coordinator, social worker and psychologist	Photography camera, tables and Stationery supplies	Women carry out a festival to show their products, but to diffuse their proposals on preventing violence.
Evaluation of the project	16 hours	Project coordinator, social worker and psychologist	Laptop and Stationery supplies	Identify learned lessons, women's life impact based on what they learned from the project