

CARES
PROTECTS
FEEDS
SHELTERS
EDUCATES
ACCOMPANIES

Social Programs



MULTIPURPOSE SENIOR CENTER

→ Created in 2006 as a care center exclusive for the Elderly, the Comprehensive Center at AMIA was especially designed to offer socio-sanitary services and care for the therapeutic and socio-cultural needs of older adults, to whom poverty and lack of social coverage hinder a proper progress.

With the aim of maintaining and improving the quality of life of the elderly and to prevent an increase in their dependence, the **Comprehensive Center** provides a framework of interchange among professionals and peers, in a place **where older adults feel they belong and can come together**. This makes it easier to ensure they remain in their own homes while, at the same time, it **provides support to families** who strive to keep older adults with disabilities in their environment and avoid unnecessary institutionalizations.

The **Comprehensive Center** receives over **500 older adults** on a daily basis. It has a **dining room** that receives **300 socio-economically vulnerable older adults** a day, and spaces to develop the following activities: Reading newspapers, Gymnastics, Yoga, Rikudim, Communication Workshops, Reflection, drama, Choir, Psychology workshop, Modern Dance and Conferences, among others. On Fridays, the **Erev Shabbes Afternoon** receive 120 seniors on the age of 75 or older, who most of them live in boarding houses and usually eat in community canteens. It is also a space where initiatives such as the **Club for the Elderly** and the **Coordination of the Network of Centers for the Elderly of the Jewish Community**, with **academic and training activities** take place. Among these activities are the Seminars on Gerontology, the Training Course for Professional and Informal Caregivers, whose services are then offered to complement the Day Center's services.

The **Comprehensive Center** combines **social and health services**, fact that makes it a **unique model**, and a reference in topics related to Gerontology. It was built with the support of the National Council of Social Policy, the Government of the City of Buenos Aires and the American Joint Distribution Committee. Its **challenge** for the future is to implement a **Community Health Center**, both for the attendants of the Day Center and for the neighbours.

Annual Budget of Meals:
U\$S 960 per adult

Monthly Budget of Recreational Activities:
U\$S 3,800

Monthly Budget of Erev Shabbes:
U\$S 4,000

→ **More information:**

www.amia.org.ar

