

# Project Report

## October

# 2022

***Empowers 100 Zapotec women to be government***



*Espiral por la Vida A.C.*

Espiral por la Vida, A.C., is a Mexican non-profit civil organization founded in Oaxaca in 2005 by a group of professionals and academics committed to social development and the fulfillment of human rights in communities in the State of Oaxaca and the promotion of the political participation of girls, adolescents and women.

### **Mission**

**To provide accompaniment and professional services to indigenous girls, boys, youth and women in Oaxaca for the promotion, defense and full exercise of their rights.**

### **Vision**

**We envision a Oaxaca with more just and egalitarian communities that listen to the voices of girls, young women and women as fundamental actors of social change, as well as a society in which the dignity and rights of all are respected.**



# Dear friends and benefactors



From Espiral por la Vida we joyfully share with you the main achievements of this final stretch of the year, which has been nurtured by the great learning and contributions of the women with whom we walk in the defense of human rights in the Zapotec communities of the Sierra Norte and Valles Centrales of Oaxaca..



Their contribution has been very important in the achievement of these objectives, since their donations have been a very important base in sustaining our work and in the empowerment of more than 100 indigenous Zapotec women in the state of Oaxaca.



# Community development



*A transversal axis in the defense of political rights is the promotion of women's right to a life free of violence, both individually and in community spaces, so we are training and sensitizing different social sectors in the prevention and attention to family violence and violence against women in :*

9

**Regional  
face-to-face  
workshops**



specialized workshops and counseling on political rights

Psychoemotional accompaniment in 6 communities for women and girls

89

**Municipal  
Authorities**

31

**Cops**



Are training to promote the generation of public policies for the prevention of and attention to gender violence.

5

**Women's  
cooperative  
processes**



with the objective of generating economic alternatives that allow them to carry out other activities, such as holding political office.

## WOMEN'S POLITICAL RIGHTS

In the work of defending women's political rights we continue to generate strategies to strengthen women in municipal positions and women who at the beginning of the year 2023 will begin the exercise of their functions in their local governments, within the strategies designed to be implemented in the short term and to give continuity to previous work we will begin the new edition of the Virtual Diploma on Women's Political Rights, to train women who are assuming a municipal position for the first time on the subject.

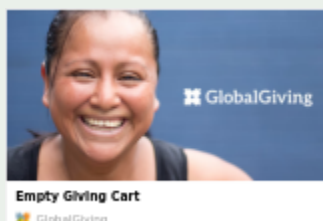


# *Thank you!*



## #BePartOfSpiral

Your donations contribute to build a fairer and more egalitarian Oaxaca in terms of human rights for children, adolescents and women.



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