

FOSMACIN

VISION STATEMENT

Transforming Communities through Access to Quality Education, Improved Livelihood and Healthcare

MISSION STATEMENT

FOSMACIN exists to inspire, engage, build resilience and provide opportunities for self actualisation for people in vulnerable settings.

Who we are:

FOSMACIN is a not-for profit organization established in 2006 and registered with the Corporate Affairs Commission number (CAC/IT/NO 26695). We are concerned about the development of the human personality towards self-actualization. We believe that every action and behavior is controlled by our thoughts and that self-discipline is mind discipline. To solve the problem of corruption, cultism, kidnapping, terrorism and other vices in Africa, the mind of the citizens must be transformed and re-directed.

Our Core Values

- a. Integrity: We shall uphold our personal and organizational integrity at all times.
- b. Courage: We shall pursue the mission and objectives of the organization with courage and determination.
- c. Empathy: Compassion and love for our stakeholders and members shall be the driving force of our activities.

What We Do

- Establishment of libraries and personal development centers where there are such needs.
- Organize conferences and motivational seminars for the groups and institutions.
- Carry out advocacy programs on issues of education, health, peace and reconciliation, business opportunities and women's right.
- Provide free counseling services.

- Provide skills development for the drop outs; ex-convicts and physically challenged persons.
- Organize reading and public speaking clubs in schools.
- Provide rehabilitation for single parents, young widows and ex-prostitutes.
- Provide sponsorship for brilliant but indigent students.

OUR PROJECTS

Kings Bride International:

This is an empowerment Initiative for single mothers, young widows, school drop-outs and ex-prostitutes. Under this program the women are trained on various skills such as hat making, dress making, catering, decorations, computer training, shoemaking and hairdressing. The aim of this program is to help the women to be economically empowered to take care of themselves and their children.

Scars to Stars with the Founder:

This is a 60 minutes motivational Talk Show across the local Radio and Television stations within the region. This program has been on television since 2006.

The Radio version started in 2010 due to repeated calls from our television audience and our desire to reach the rural population

It premiered, the program which airs live every week has hosted vast of personalities and great historic leaders of our time which serves as a motivation and inspires the youth.

Life is Beautiful Conference:

This is a quarterly intellectual get-together conference that draws participants from within and outside the work region. The conference which provides opportunity for participants to brainstorm on issues that will lead to finding solutions to problem of poverty, unemployment, exam malpractice, kidnapping and other forms of violence. Thirteen editions of the LIBC have so far been held since its maiden edition in March 2008.

Project RESULT:

Project RESULT (Reading for Sound Mind and Lasting Transformation) is a reading and character molding program designed to build confidence in teens and pre-teens organized by the FOSMACIN in partnership with office of the

Special Adviser to the President on Ethics and Values, Abuja.
Since its inception, its effects and impact on children and youth is irrecoverable.

Our Team

The highest policy making body of FOSMACIN is the Board of Trustees headed by the Chairman. However the daily administration of the organization is handled by the Executive Council which is headed by the president.

MEMBERSHIP:

These are senior partners who offer financial and material support for the organization's programs as well as registered members who are involved in the day to day running of the organization.

Our Partners:

These are (corporate or individual) members of the society who contribute their resources and good will to support our various programs

Volunteers:

These are the foot soldiers who volunteer their skills and experience to ensure that the objectives of the organization are met.

OUR STORY:

The founder of FOSMACIN, Blessing Isonguyo, a trained journalist and passionate writer never planned to be a social worker until she fell into depression in the year 2000 following the physical abuse she constantly suffered in her marriage and the trauma that followed the sudden death of her mother. With very little awareness on mental health and scarcity of professionals, she turned to books for survival.

In 2002 Blessing was fortunate to meet a psychologist, with the help of her physician. She received great help from books and counseling to finally come out of depression. With the conviction that it was possible to transform ones thinking through the use of books and counseling she made up her mind to help people out

of unsound mind. Her passion drove her to think of ways to help keep the youths in Nigeria from crime and transform those who are already in the wrong path to become responsible citizens. Blessing was eager to reach out to the hurting and depressed with love and assurance.

Moreover, the Founder of FOSMACIN recognized the importance of education in creating the kind of life a person desires. Education creates opportunities for an individual and is capable of providing an escape route from poverty and slavery. She is passionate about seeing more youths educated and empowered mentally.

Mental Health Transformation Center in Nigeria		
	₦	Dollars
Rent of a Building of 10 rooms @ \$4,167 for 2 years	3,000,000.00	8,333.33
Furnishing of 2 Counselling Rooms	580,000.00	1,611.11
Furnishing of Recreation Room	400,000.00	1,111.11
Ornamental Flower Vest	15,000.00	41.67
Construction of Bookshelves for the Library	100,000.00	277.78
Purchase of Books for Library	500,000.00	1,388.89
two Observation Rooms of 4 beds each	400,000.00	1,111.11
Staffing (Programme Manager + 4 Staff) \$277.7 x12 = \$3,333 for a year. 3 staff (Security, Receptionist/Secretary, Office Assistant) @ \$138.8/month X 12 months is \$1,667 X 3 = \$5,000. Add \$3,333 + \$5,000 = \$8,333	3,000,000.00	8,333.33
Allowance for 4 Volunteer Counselors, 2 Phychologists and 1 Phychiatrist, and other volunteers in other sections	524,000.00	1,455.56
Power-Solar Panel	300,000.00	833.33
Power-Gen. Set 8KVA	480,000.00	1,333.33
Vehicle-Toyota Corolla - used	1,200,000.00	3,333.33
Research Center-Computer, 3 laptops, internet, smart phones for field work	700,000.00	1,944.44
Transformation Studio room with Sound proof Wall	270,000.00	750.00
Camera, Mini Recording Mixer	800,000.00	2,222.22
Website, maintenance of website, FB, Twitter, Instagram account by Staff	300,000.00	833.33
Weekly flyers, monthly Publication in Print Media	400,000.00	1,111.11
Radio "Life is Beautiful", a Mental Health Awareness Program @ \$83 per Episode is 13 episodes for 1 Quarter is \$1,083. 4 Quarters is \$4,333 for 1 year. For 2 Years = \$8,667	3,120,000.00	8,666.67

Furnishing of Conference room	200,000.00	555.56
Mini Empowerment Section [Sewing Machines, Phone Repairs, Setting up Alarm, Installation of CCTV, Professional Catering, Learning Interior Decoration, Photography, Gardening/Landscaping]	1,000,000.00	2,777.78
Furnishing of Kitchen @ \$667 and \$722 to stock the store with Beverages for Counsellor and Counsellee = \$1,389	500,000.00	1,388.89
	17,789,000.00	49,413.89