



Breakpoint 2019 (BP19) is a charity fundraiser with the following objectives:

- To raise awareness of Mental Health in the UK
- To promote the benefits of activity (particularly tennis) to all disability groups
- To raise funds that will help expand our delivery of free tennis sessions to all disability groups throughout the UK, but with particular focus on mental ill health

The fundraiser:

- Robyn Moore is 43 years old, from Fleet in Hampshire
- She was diagnosed as suffering with PTSD in 2016
- "Tennis is my outlet, and it can be other peoples outlets too"

Breakpoint 2019

- The event will begin on the 1st June 2019, and finish on the 30th June at the AELTC Community Sports Ground in Raynes Park.
- During June, the Breakpoint Tour will visit 46 venues throughout the UK, encompassing parks, clubs, schools, universities and SEN schools in England, Scotland and Wales
- The Breakpoint Tour will also include most of the pre-Wimbledon ATP / WTA grass court events such as Queens, Edgbaston, Hurlingham, The Boodles etc
- Robyn will play tennis for a minimum of 8 hours per day. Each days play will be a combination of hitting on a ball machine, rallying with local club members, and joining in club sessions.
- 30 days, 240 hours on court, 200,000 shots (recorded by the Apple App, Swing), hitting the ball 5 million metres
- 1 meter for every person, of working age (16-65yrs), that suffers with their mental health

Additional fundraising

- All clubs throughout the UK will be encouraged to stage events (cardio classes, tournaments, dinners etc) and to donate the proceeds to BP19
- 3 x clubs/venues that donate and show great creativity with their events / social media will be rewarded by a 2hr visit from a high profile GB player (including Tim Henman). Winning clubs will be decided by the Bright Ideas for Tennis Board of Trustees

Bright Ideas for Tennis (BIFT)

- All funds raised will be donated to the charity, Bright Ideas for Tennis, and will be used to expand their existing 'I Play 30' disability tennis project
- BIFT's objectives are to increase participation, and to improve facilities
- Managed by Danny Sapsford.
- Benefactor, Stuart Rhodes

Major supporters / Sponsors

- AELTC
- HRH The Duchess of Cambridge (tbc)
- LTA / British Tennis
- Rethink Mental Illness
- Tennis in Mind

Helpful Contact details / links

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- www.brightideasfortennis.com
- www.brightideasfortennis.org/iplay30
- www.breakpoint2019.org/donate