



Roads to Rehab Nepal



WHO WE ARE: Roads to Rehab Nepal is a non-profit organisation registered with the Australian Charities & Not-for-profits Commission (ACNC). We believe free health and medical care should be a universal human right especially in a place like Nepal where poverty is widespread.



In Nepal, there are many complex and challenging reasons that limit access to medical care and rehabilitation services. Health literacy is low; Medical care is not free, nor is it readily available or easily accessible. Medical care is under-funded; medical facilities are under-resourced; private medicine is commonplace; corruption is rampant; the knowledge and skills of hospital staff are often inadequate.



WHAT WE DO: We work in partnership with a Social Welfare Council (SWC) registered non-profit organisation in Kathmandu called Medical Rehabilitation Organisation (MeRO). We help fund MeRO's work and together, we improve health outcomes by funding and facilitating access to medical and surgical intervention, nursing care, physiotherapy and rehabilitation services for people who experience life-changing illness or injury but cannot access such services due to poverty. We change the lives of patients at their Shelter as they travel down their often long, challenging road to rehabilitation.



HOW DO WE DO IT? Patients are referred to MeRO and their Shelter provides a safe place to stay before and/or after their hospital stay. MeRO advocates for their patients and helps them navigate the complex medical system. At the Shelter, everything is free – the family like atmosphere, accommodation, food, medications, medical equipment and supplies, medical and nursing care, physiotherapy and rehabilitation services. We fund the wages of MeRO's three nurses and physiotherapist. We pay the first US\$200 of each patient's medical bills, and more when required. We contribute \$1000 a month towards MeRO's pharmacy bill which includes essential medications, medical equipment and supplies for all patients at the Shelter.



HOW YOU CAN HELP We rely solely on donations. The number of lives we can change is directly related to the amount of money we can raise and we value and appreciate the impact your generosity has.



With grateful thanks,

Virginia Dixon

President, Roads to Rehab Nepal

ABN: 14 196 214 542 Tel: +61 417 675 258

Email: info@roads-to-rehab-nepal.org

Website: www.roads-to-rehab-nepal.org

