



GlobalGiving

acrec I.A.P.  
“Salud Visual, Alimento de Luz”



Report

May-Jun

2025

## The importance of vision in elderly people

In old age, vision is no longer just a sense: it becomes an essential tool for maintaining independence, security and a link to the world around you. Seeing clearly means being able to read a doctor's prescription, distinguish steps when walking, identify loved ones, or simply enjoy the colours of the sunrise from the window at home.

For older people, regaining or retaining their sight means improving their quality of life and restoring their dignity and autonomy. It allows them to continue to make decisions about their care, to participate actively in family and community life, and to reduce the risks of falls, accidents in the home, social isolation and cognitive decline.

At ACREC, we witness how cataract surgery or a timely consultation can transform an older person's life: no longer relying on others to dress or walk, cooking, reading, embroidering or going to the shop unaccompanied. It is a profound transformation that goes beyond the physical. It is giving back light, hope and a sense of belonging.

Therefore, maintaining a commitment to the visual health of older people is not only a medical action: it is an act of social justice and humanity.



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Thanks to your generous support, during the months of May and June we were able to perform 44 ophthalmological surgeries that have transformed the lives of elderly people in vulnerable situations. Each intervention restored light, autonomy and hope to those who can now enjoy meaningful activities such as reading, walking safely or simply looking at their loved ones.

Each surgery represents much more than a medical procedure: it is a new opportunity for someone to achieve their personal goals, regain their independence and reconnect with life from a new perspective. Seeing these results become a reality thanks to your generosity fills us with gratitude and motivates us to continue working with dedication and commitment.

Your contribution and the social impact achieved is the driving force behind our daily actions. It inspires us to move forward with determination, facing the challenges of visual health with hope and professionalism.

At ACREC, we manage every resource with responsibility and transparency, ensuring that every peso received is transformed into the greatest possible benefit for those who need it most. Your support is a symbol of trust that propels us towards a more just, equitable and inclusive future.

We invite you to continue to be part of this life-changing mission. Thank you for believing in our work and for leaving an indelible mark on every sight recovered. With affection and deep appreciation.

The ACREC Team



# Beneficiaries



Name	Gender	Age
Paula	F	62
María	F	84
Elvira	F	59
Filogonia	F	64
Adela	F	77
Santos	M	71
María	F	76
Aurelio	M	62
Carlos	M	67
J. Trinidad	M	86
Rosario	F	74
Teodoro	M	64
Jesús	M	66
Tomasa	F	74
José T	M	63
José Eulogio	M	60
Heladia	F	64
Ladislao	M	74
Yolanda	F	59
Moisés	M	83
Santiago	M	71



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# Beneficiaries



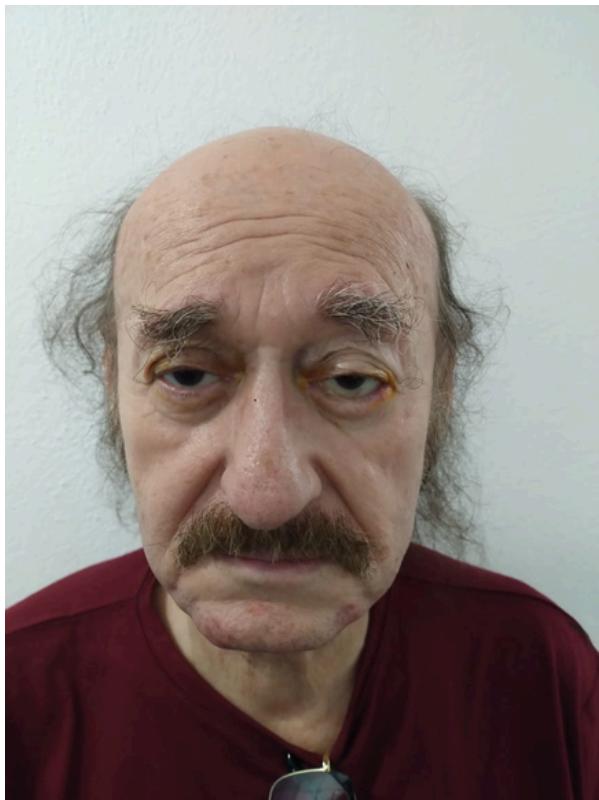
Elena	F	80
Álvaro	M	71
Juana	F	74
Jerónima Sofía	F	67
Juan	M	75
Faustina	F	60
María	F	78
Pedro	M	68
Abel	M	61
Evarista	F	70
Olivia	F	76
Martimiano	M	66
Alejandro	M	72
Sara	F	88
Filiberta	F	61
Hayat David Strasnalla	M	71
Vexaido	M	63
Eleno	M	67
Lilia	F	74
Julián	M	81
Jorge Armando	M	65
Benigna Guadalupe	F	62
Margarita	F	75



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# Hayat

Actualmente mi visión es casi nula, se me dificulta hacer mis actividades cotidianas, como bañarme, hacer mi comida, ver mi ropa y cosas cotidianas, y no puedo hacer mi trabajo, que es ser músico.

Por lo mismo no puedo trabajar, lo único que cuento es con apoyo del gobierno en cuestión económica.

Agradezco la oportunidad que me dan para poder realizar mi cirugía y mi calidad de visión mejore y también mis actividades poder realizarlas.

Gracias a los Donantes de Global Giving,

Hayat

At the moment my vision is almost zero. It is difficult for me to do my daily activities, such as bathing, making my food, seeing my clothes and everyday things. Also, I cannot do my job, which is to be a musician.

So I can't work. The only thing I can count on is the support of the government in terms of money.

I am grateful for the opportunity they are giving me to be able to have my surgery, to improve my vision and also to be able to carry out my activities.

Thanks to the donors of GlobalGiving.



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# Lilia

I am Lilia, 74 years old, with cataracts in both eyes. This letter is to thank you from the bottom of my heart for your support.

As a senior citizen, unemployed and with other comorbidities, I have no other income.

When I stopped seeing, I was very distressed to learn of the loss of vision.

Thanks to this support, I will be able to have the surgery and continue my daily life and see my family.

Thank you for this support and may your generosity continue to help more people like me.

With all my thanks.

A quien corresponda, Global Giving

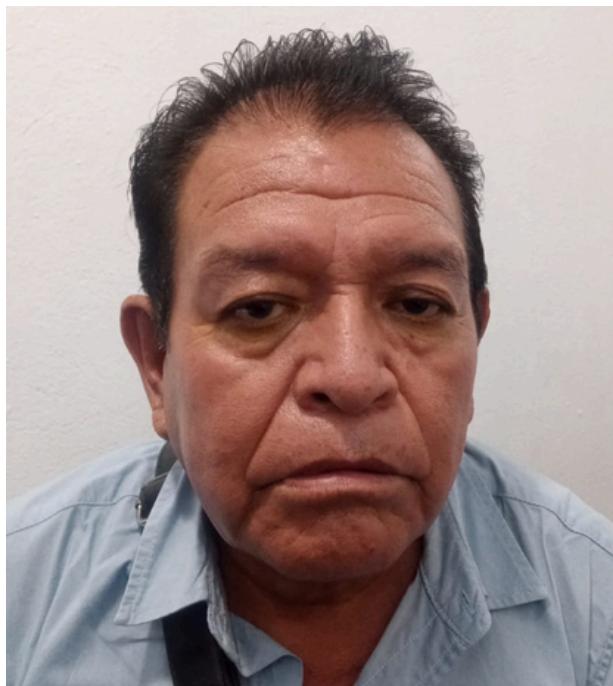
Soy Lilia de 74 años con cataratas en 2 ojos. Esta carta es para agradecer con el corazón el apoyo.

Como adulto mayor sin trabajo y con otras comorbilidades no tengo otros ingresos. Cuando deje de verme angustie mucha por saber de la perdida de visión.

Gracias a este apoyo podre hacerme cirugia y seguir mi vida cotidiana y ver a mi familia.

Gracias por este apoyo y que su generosidad siga ayudando a mas personas como yo

Con todo mi agradecimiento.



# Vexaido



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Estimado Global Giving agradezco su apoyo económico ya que por mi problema visual no estoy generando ingresos ya que soy ayudante de albañil y no he tenido trabajo gracias al apoyo de mi familia la clínica y ustedes logre reunir el pago para mi cirugía.

Ahora con la cirugía ya puedo realizar mis actividades diarias sin apoyo indispensable de un familiar esperando después de mi recuperación total integrarme a mis labores

Agradezco de Corazón el gran apoyo que brindan a los que más necesitamos, y espero en Dios que sigan apoyando a la gente que necesita así como lo hicieron conmigo Gracias.

Vexaido

Dear GlobalGiving:

I am grateful for your financial support, as I am not generating any income due to my visual impairment, as I am a bricklayer's assistant and have not had any work. Thanks to the support of my family, the clinic and you, I was able to pay for my surgery.

Now, with the surgery, I can now carry out my daily activities without the indispensable support of a family member, hoping that after my full recovery I will be able to return to my work.

I thank you from the bottom of my heart for the great support you give to those of us who need it most and I hope in God that you will continue to support the people who need it most, just as you did for me.

Thank you!



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A quien Corresponda: Donadores de global Giving

Soy Armando escribo esta carta para agradecerles su apoyo ya que soy campesino y en estos momentos no puedo trabajar por problemas de mis rodillas se me termino el cartílago y aparte pues necesito de la cirugía de mi ojo y pues no puedo con Todos los gastos para es muy difícil pagar la cirugía

Gracias a su generosidad hoy puedo ser un poco útil o pues puedo valerme por mi mismo

Gracias por su apoyo por gracias a eso pude recuperar mi vista Que su generosidad siga ayudando a más personas como yo.

con gratitud,  
Armando ..

# Jorge Armando

To whom it may concern: Global Giving donors

I am Armando and I am writing this letter to thank you for your support. I am a farmer and, at the moment, I cannot work because of problems with my knees, as my cartilage has run out. In addition, I need surgery on my eye and I cannot cover all the expenses; it is very difficult for me to pay for it.

Thanks to your generosity, today I can be a little useful and stand on my own two feet.

Thank you for your support, because thanks to that I was able to get my sight back. May your generosity continue to help more people like me.

With gratitude,  
Armando



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# Abel

le agradezco a los donantes de global giving  
yo Abel se me hace dificil trabajar y no veo  
bien de mis ojos porque veo muy borroso por eso no puedo  
trabajar porque se me hace muy dificil yo pido una  
ayuda para mi cirugia porque no tengo para operarme  
mi ojo por eso yo agradezco grande mente  
a estas personas por el apollo que me dieron yo  
pido adios bendiciones para los donantes  
de Global giving gracias muchos gracias  
dios me los bendiga

Abel

I thank the GlobalGiving donors.

I, Abel, find it difficult to work because I can't see well out of my eyes, I see very blurry, and that's why I can't work, because it's very difficult for me.

I am asking for help for my surgery because I don't have enough money to operate on my eye. Therefore, I am very grateful to these people for the support they have given me.

I ask God's blessings for the GlobalGiving donors. Thank you, thank you very much. God bless you.



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**Alvaro**



**Juan**



**Moises**



**Faustina**



**Elena**



**María**



**Ladislao**



**Paula**