ASK THE PAEDIATRICIANS FOUNDATION
2018 ANNUAL NEWS MAGAZINE

VOLUME 3

ATP EPE CHILDREN’S DAY OUTREACH

ATP INDEPENDENCE DAY REGIONAL OUTREACHES

ATP WINS FACEBOOK FCLP 2018: 50,000 USD GRANT AWARD

ATP 3RD ANNIVERSARY CELEBRATION

+ MANY MORE
Wow!! What a year 2018 was for us all at Ask The Paediatricians Foundation. It was quite a phenomenal year for us on every count. It was our best year so far! Ask The Paediatricians Foundation though started in 2015 as a Facebook Group became fully incorporated as a Not-for-profit non-governmental organization in July 2017. We celebrated our third anniversary this year in two continents!

First of all, I appreciate the Almighty God, the giver of life and wisdom for the giant strides that we made in 2018. Without Him, we can do nothing. We say all glory, honour, power and adoration be to Him forever and ever, Amen.

I will also like to express my gratitude to the ever-supportive, loyal, diligent and selfless team of Ask The Paediatricians Foundation and Facebook group admin members, moderators, outreach volunteers and all members of the Ask The Paediatricians Foundation and ATP Facebook Group for their awesome contributions that made it possible. I also appreciate and say a big thank you to all our corporate and individual donors who supported us generously and financially during the programmes and are key to the successes witnessed in all the events. We pray that you will be mightily recompensed in Jesus' name. We look forward to your continual support for Ask The Paediatricians Foundation in 2019.

ATP showed up on the international radar in 2018 as we got selected by Facebook as one of the communities making impact globally. We were one of the 115 chosen communities out of the 6000 applications received by Facebook for its inaugural Facebook Community Leadership Programme. This award also came with a grant of $50,000 for community projects. Awesome! It was wonderful being at Facebook headquarters in Menlo Park, California USA in October sharing with other world changers who are doing so one community at a time.

Our Facebook group keeps growing stronger and has passed the half-a million membership mark. We also launched our ATP LIVE programme in 2018; which is aired every Saturday and now have numerous catalogues of video for learning. We also reached more children and more communities outside Lagos State in 2018 through our biannual community medical outreaches. Our Third Year anniversary was phenomenal with multiple regional and international celebrations in Nigeria and the UK.

In this edition of the ATP 2018 Magazine, we have showcased some of our most significant 2018 events and programmes. We hope that you enjoy them as much as we do. More pictures are available on our Facebook Group and Website. As we start the year 2019, we have great desire and ambition to be present in all the States of Nigeria and reach out to more children. We are also looking for ways to make our impact more meaningful and sustainable. We implore you to partner with us and together let us keep promoting child health intelligence and the well-being of all Nigerian Children. Have a wonderful new year 2019!

Yours in service to humanity,

Dr Gbemisola Boyede, CEO/Founder, Ask The Paediatricians Foundation
The Paediatricians Foundation started as an online group on July 20, 2015 by Dr. Gbemisola Boyede, Consultant Paediatrician, formerly at the Lagos University Teaching Hospital, Idiaraba, Lagos.

What started as one woman’s passion to educate mothers and other care givers on child health issues, has now metamorphosed into a full fledged non-governmental organization registered with the corporate affairs commission of Nigeria in July 2017.

Our vision at Ask The Paediatricians Foundation is to promote good health and well being of children globally, especially in Nigeria and Africa in line with the Sustainable Development Goal 3.

We carry out this vision through evidence based health education, information, training and community medical outreaches.

**Ask The Paediatricians Foundations has four major areas of focus, namely:**

1. Online health education through the Facebook group, page and website.
2. Community medical outreaches.
3. Health seminars and training workshops for health care professionals and parents.

Our online forum where professionals provide free health education and answers to various health questions posed by parents currently has over half a million members who have testified about the great impact on their children and family at large.

In addition to educating parents, we also have trainings and seminars for our medical and non medical volunteers.

In February 2018 and due to popular demand and the fact that a healthy parent is needed to ensure the health and safety of a child, a new baby called Ask The Physicians Family was conceived to cater for the needs of the older members of the ATP family.

We have organized and partnered with other institutions to hold several medical outreaches in various states in Nigeria, and also support an annual Christmas lunch for underprivileged children and renovated a dilapidated school building in Kwara state.

Ask The Paediatricians Foundation is impacting the lives of thousands of children and families globally, through the promotion of child health intelligence.
In October 2017, the social media space was thrown into despair when a member of the National Youth Service Corps (NYSC) shared a photo which went viral on Facebook of primary school pupils learning under a tree. These are children from LGEA Primary School Mancha whose school building was destroyed by a storm some years ago. The heart-breaking picture showed the primary school pupils all lying on the bare soil, taking a nap during their break period. This perennial situation led to many of these children developing various skin diseases. ATP was concerned about the well-being of these children and decided to do something. We decided that this would not be another episode of “talking without action” like most viral internet posts. Initially, we donated mats and constructed a temporary structure to provide shade for the children. We also raised funds and renovated a block of two classrooms and one office. We were able to also supply basic school furniture. This cost ATP close to N3.5 Million.

On January 20, 2018, this block of classrooms was commissioned in an event attended by the Member, Kwara State House of Representatives representing the Edu local government area. In addition, true to ATP style, the commissioning of the school would not happen without a form of medical aid and gifts to the children. Medical checks, drugs, gifts and food were given to about 500 children during the occasion of the commissioning of the school. It was a time of pure joy and celebration for members of Mancha Community who also gave ATP members souvenirs of large tubers of yams and catfish.
ATP VOLUNTEERS’ MOVIE HANGOUT

Ask The Paediatricians Foundation powered a “movie hangout” for over 100 ATP volunteers and financial partners of the group in April 2018. The movie titled “Little Drops of Happy,” addressed the perennial issues of depression, the need to speak out and solutions to help overcome the situation. ATP teamed up with Pinnacle Medical Centre and Speak-Out Initiative for the programme.

The Movie was followed by an interactive panel session led by the team of panelists - Dr. Maymunnah Garuba Kadri, Consultant Psychiatrist, Mrs. Esther Stephen, Family Counsellor and Mrs Abimbola Ogedegbe, Registered Nurse.

They had conversations based on “Discovering What Makes You happy,” with Mrs. Vera James as the moderator. ATP is grateful to the management of Grace Schools, Gbagada and Dr Maymunnah Garuba Kadri of Pinnacle Medical Centre for their support.

ATP BREAST FEEDING WEEK 2018

Breast-feeding is the solid foundation for every child for healthy growth and development; and protection against infections and diseases in children. ATP joined the rest of the world to celebrate the World Breast-feeding Week in 2018 from 1st – 7th August 2018. Featured activities include Seminars on Benefits of Breast-feeding for the babies and mothers. To round off the weeklong event was the Annual ATP Breast-feeding Quiz which sought to test how much ATP members know about Breast-feeding as they have learnt on ATP. The top 10 scorers among participants got N1000 worth of airtime each while the top three got additional cash gifts of 10,000, 7,500 and 5,000 naira respectively.
Annually, May 27th is a day set aside to celebrate the Nigerian child. Ask The Paediatricians Foundation celebrated the day with the children of Ilara, Epe community in Lagos state in a community medical outreach and Children's day celebration. The outreach featured free medical and dental consultations, nutritional status assessment, malaria and HIV screening as with all ATP outreaches. All the kids were de-wormed, given essential drugs and basic dental examinations including scaling and polishing. Free tooth brushes and toothpaste were given to the 1500 kids in attendance as a way of enlightening them on the essence of dental care. ATP medical volunteers also gave health talks to parents on proper dental care and general child health issues. The mothers were not left out. They had free mental health assessment and counselling. The children had healthy meals, lot of fun, games and other side attractions and went home with gifts.
ATP CELEBRATES THIRD ANNIVERSARY IN GRAND STYLE
Ask the Paediatricians Foundation started as a Facebook group on the 20th July 2015. In July 2018, we celebrated 3 years of promoting child’s health intelligence both offline and online. The one week celebration featured the Annual online conference, Recruitment campaign for moderators and volunteers, ATP Annual Quiz competition, Award ceremony, ATP babies of the year and was crowned with anniversary party celebrations in different locations including Lagos, Ibadan and London.

The ATP Babies of the Year 2018 by popular votes were Jaden Olaobaju (male category) and Eleghosa Sunshine (female category). ATP Babies of the year competition was open to all babies born between the last ATP anniversary (July 2017) and current one (July 2018). Each of the winners got 20,000 naira cash, Gift voucher worth 2,500 naira and airtime of network of choice worth 1,000 naira. Consolation prizes of gift vouchers and airtime were also given to all babies in the top 10 (boys and girls).

ATP Quiz competition was open to all members with questions emanating from previously discussed topics and ATP live videos on the wall. The first, second and third prize winners got gift vouchers of 10,000 naira, 7,500 naira and 5,000 naira and prize certificates respectively. Consolation prizes of airtime of 1,000 naira were given to those who made it to the top ten.

The Anniversary also featured Awards to ATP Moderators and Volunteers in various categories who have distinguished themselves. We also celebrated ATP most supportive partners for year 2018. They are AfrabChem Pharmaceuticals Limited (Corporate) and Dr. Ayobami Aranmolate (Individual) of Grandville Medical Centre. Both were presented with Award Plaques.
ATP 2018 AWARDS

ATP WINS FACEBOOK COMMUNITY LEADERSHIP PROGRAM AWARD

In September 2018, Ask The Paediatricians Community was selected by Facebook as one of the 115 Communities making impact out of 6000 applications worldwide. Dr. Gbemisola Boyede, Founder of Ask The Paediatricians was selected for the inaugural Facebook Community Leadership Programme Fellowship. Dr Gbemisola Boyede joined 114 other world changers drawn from across 46 countries to attend the Facebook Community Leadership Programme First Meet-up at the Facebook Headquarters, Menlo Park, California USA in October 2018. Facebook continually strives to bring the world closer and so started this initiative to honour and aid leaders with track records of building impactful and extraordinary communities both online and offline. The one week event was an opportunity for the ATP founder to receive training, support, mentoring, access leadership development curriculums, network with other groups, and acquire skills that will help to advance a positive social impact in various communities. ATP was awarded a grant of 50,000 U.S. dollars to fund her community project as part of the one year long fellowship programme.

ATP 2018 AWARDS

Ask The Paediatricians was one of the Connect Nigeria top 100 Emerging SMEs in the Non-profits category sponsored by Union Bank. The award

ATP emerged first Runner up for NIMBUS NOMINATE A CHARITY CONTEST
ATP AT OTHER EVENTS

ATP AT FACEBOOK NIGERIA HUB LAUNCH

ATP AT THE RE-LAUNCH OF LIFE BUOY SOAP

ATP AT THE INAUGURATION OF FACEBOOK COMMUNITY LEADERSHIP CIRCLES, LAGOS NIGERIA
Ask The Paediatricians Foundation for the first time simultaneously held five Community medical outreaches in five different locations as part of the 2018 Independence Day Community Medical Outreaches. They were held at Abeokuta; Ogun State; Aba, Abia State; Nyanya, Abuja; Oro, Kwara State; and Ikorodu, Lagos State. About 4000 children benefited from the outreach which featured health talks, mass de-worming of all children, free laboratory tests for malaria, HIV, and hepatitis, healthy meals, drinks and many other giveaways. The Ikorodu outreach also featured visitation to the Rehabilitation Centre, Ikorodu where ATP volunteers shared meals to over 300 adults. ATP collaborated with Vicar Hope Foundation for the Abia State Outreach financially and morally supported by the gracious First Lady of Abia State; Deaconess Nkechi Okezie Ikpeazu, Founder of Vicar Hope Foundation.
Abeokuta Medical Outreach
Abuja Medical Outreach
Oro, Kwara Medical Outreach
ATP 2018 ANNIVERSARY AWARD WINNERS

Most Supportive Partner (Corporate) - AfrabChem Nigeria Limited

Most Supportive Partner (Individual) - Dr. Ayobami Aranmolate
Ask The Paediatricians Foundation as a non-profit is fully committed to the well-being of all Nigerian children. This is sometimes achieved in partnership with other organizations with similar goals. One of such partnerships is that, shared by ATP and Community of Sant'Egidio, Lagos. ATP has always been supportive of the Community of Sant'Egidio Annual Christmas Lunch for the less privileged since her first Outreach to Makoko in 2016. The Year 2018 Christmas Lunch was not an exception. The Lunch was generously supported by ATP via a Birthday Fundraiser for ATP Founder, Dr Gbemisola Boyede. The entire proceeds of the fundraiser which amounted to N500,000 was donated to the Community which held a successful Christmas Lunch with over 1500 children and some adults living in the Makoko and environs in attendance on Christmas day. The event was also featured on one of the National TV evening news.
Thank you for your support

We invite you to partner with us in touching lives of Nigerian children. Donate generously in cash and kind to Ask The Paediatricians Foundation Account 0258158136 Guaranty Trust Bank or https://gofundme.com/askthepaediatricians
ATP IMPACT: MEMBERS’ FEEDBACK

“Learned a lot especially the live seminars” -

Tolulope Onyinye
Dominic

“Knowing temperature that’s normal and high and worth regarding as an emergency, fever isn’t always a symptom of malaria, etc they are many... I always search the group and find answers to queries.

Thanks to ATP” -

Cedee Donny
Fanter

“ATP took my fear as a first time Mum whose daughter suffered from colic and constipation. We say ayikoo” -

Grace Achiapa

“Below I joined this group I use to give a drug to my baby Bonobabe all the time but since I joined I was happy that I have learnt a lot. Thanks Dr Gosemi and her crew.” - Jane Bete

“It’s a great group to belong to and I have learnt a lot as a first time mom. I would recommend all doctors and doctors of ATP” -

Mercy
Ogechukwu

“I have been impacted richly from this group I was able to outgrow self medication for my children and was liberated from old beliefs, more grease to your elbows and more strength to carry on.” -

Alkula
Bodunrin Olushola

“Before joining the group I thought the contribution of this group to the health of my baby, I have never asked any questions yet because before I couldn’t think of anything at all, I have the answer from other person’s questions. Way God blesses all the doctors in the house” -

Omotola Precious Olayinka

“Yes, I can’t count the lessons & contribution of this group to the health of my baby. I have never asked any questions yet because before I couldn’t think of anything at all, I have the answer from other person’s questions. Way God blesses all the doctors in the house” -

Omotola Precious Olayinka

“AIP is the best group on Facebook for a mother. It was after I joined ATP I decided to do EBF for my baby and it has been the best decision ever made regarding my twins. I followed all the teachings closely and it is a big hurray, I was well armed with the right info. God bless all the doctors and membership” -

Emily Olufemi Amosun

“ATP is indeed a blessing to me personally. I have learnt so many new ideas about childcare and I preach that to everyone I come across. Most importantly I had a referral to see a doctor in Chad and believe it or not I went through this medium from our able doctor Oludan. Doctor Gosemi. I say thank you and may Jehovah continue to bless you and your loved ones and all the administrative members.” -

Nwachukwu Mme
Ferdinand Ochigo-Imemeka

“This is simply the best group on Facebook. I thank God for directing me to this group. This group is just taking care of baby made easy! God bless u all moderators n founder of this group” -

Uchechili
Chidumobi

“Yes, a lot in so many ways. I learnt to give a child Paracetamol in case of febrile rather give water and wait until he reaches the hospital also learnt the importance of exclusive breastfeeding if I start to count pound go full impact I learnt and am still learning here thanks Doctor” -

Nnamdi
Mbuga

“Sharing your knowledge and your time with us indeed is a blessing
Thank you ATP all the way from East Africa

HAPPY ANNIVERSARY ATP

- Limuwa Sanyo
PHOTO SPEAKS

For more pictures please visit:
https://www.facebook.com/groups/askthepaed/photos/ OR
https://askthepaediatricians.com/