



SNAKEBITE FIRST AID

Help yourself and others by following these first-aid steps immediately in a snakebite emergency and before reaching a health facility.

DO

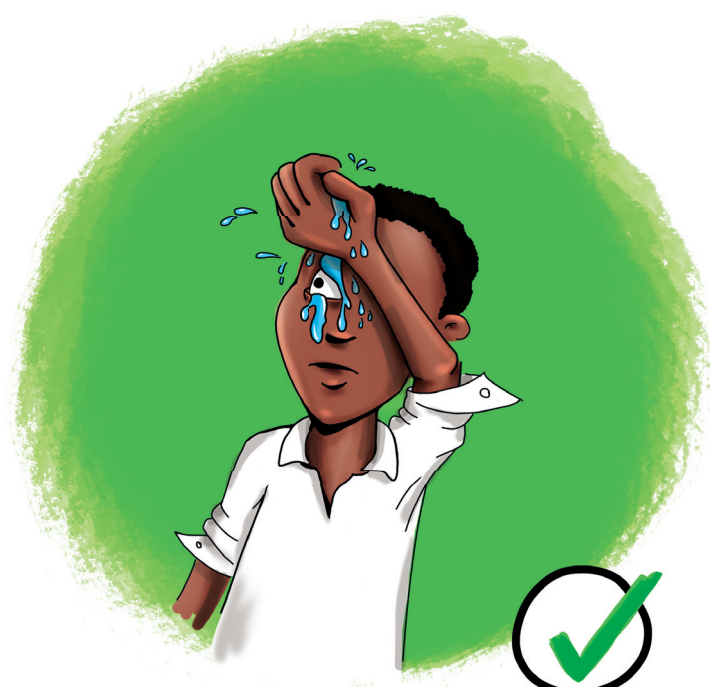
DO stay calm.



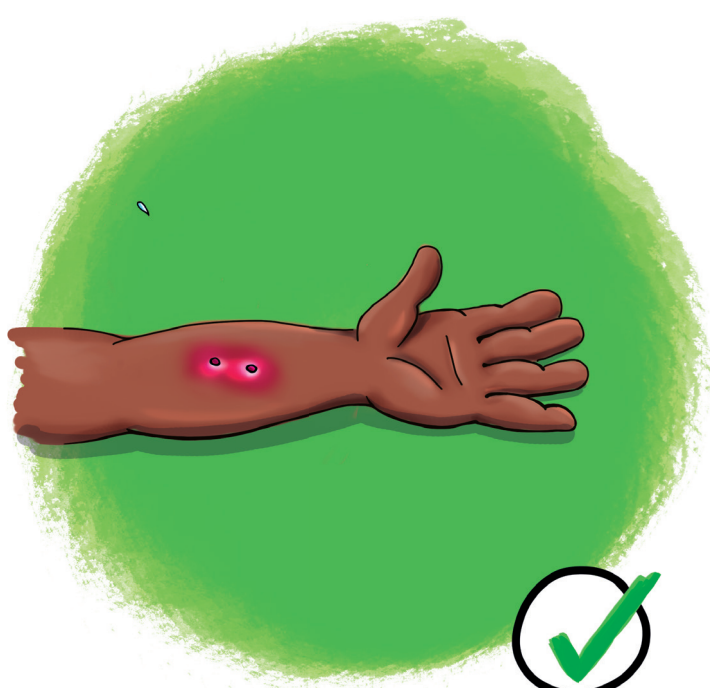
DO move away from the snake.



DO rinse venom in the eyes with water.



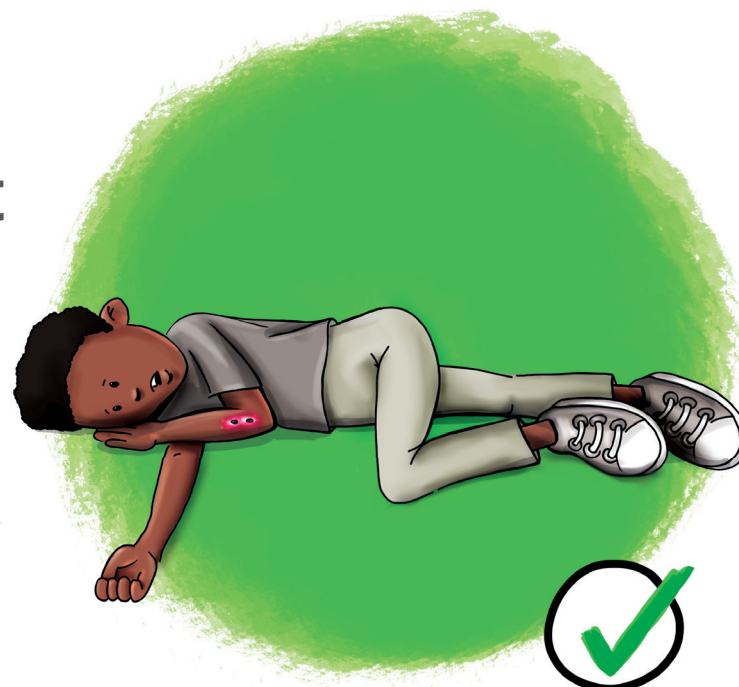
DO leave the wound area (or bite mark) alone.



DO remove all tight items around the affected area.



DO lay the patient on his/her side and reduce movement of the affected area.



DO rush to the nearest health facility for medical treatment.



DON'T

DON'T panic.



DON'T attack or kill the snake.



DON'T rub the eyes.



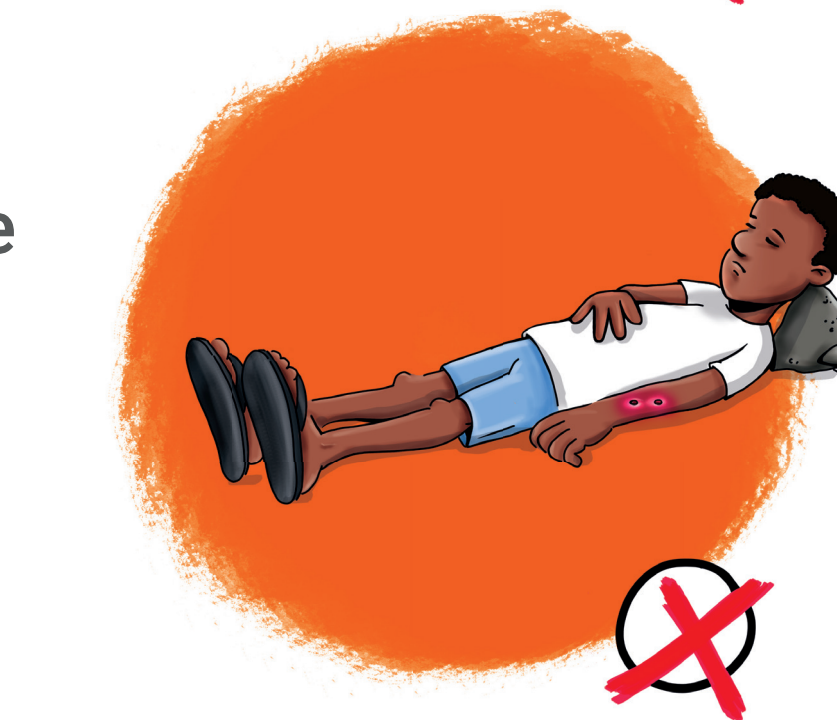
DON'T wash, cut or suck the wound.



DON'T use a tight bandage or try to stop blood circulation.



DON'T lay the patient on his/her back.



DON'T use traditional methods or any unsafe treatments.



SNAKEBITE EMERGENCY?

IMMEDIATELY
call or WhatsApp
Royjan Taylor

(Bio-Ken Snake Farm, Watamu)
at

+254 718 290 324

and go to
a health facility.

8 SIMPLE STEPS FOR LIVING SAFELY ALONGSIDE SNAKES

- 1 Wear shoes and watch your steps in the bush.
- 2 Use a torch outside at night.
- 3 Keep food, water and livestock outside your house.
- 4 Store firewood distant from your house.
- 5 Raise beds above the ground and use bed nets.
- 6 Close holes in your house.
- 7 Cut grass and clear the ground around your house.
- 8 Find out if your nearest health facility has anti-venom in stock and learn how to get to the health facility.

This poster is an initiative of Health Action International (HAI), Global Snakebite Initiative (GSI) and James Ashe Antivenom Trust (JAAT).

HAI: www.haiweb.org/what-we-do/snakebite-envenoming
GSI: www.snakebiteinitiative.org
JAAT: www.antivenomtrust.com

To order posters, email ben@haiweb.org, or download from www.haiweb.org.