

# Can you help?

If you have a spare room and are interested in becoming a Nightstop Herts host...

Call:

**03333 202 384**

(option 2 then 3)

Email:

**nightstopherts@hyh.org.uk**

Website:

**www.hyh.org.uk**

“It didn't seem a hard thing to do – letting someone sleep in the spare room every now and then.”

**Nightstop Herts host**



nh/sd/0517

Registered Office: 1st Floor, Gracemead House, Woods Avenue, Hatfield, Hertfordshire AL10 8HX  
Registered Charity Number: 1069498 A Company Limited by Guarantee Number: 3525558

# hyh

Herts Young Homeless

**NIGHTSTOP**  
Preventing homelessness through community hosting

## Nightstop Herts



**Preventing young  
people in Herts  
sleeping rough**

## What is Nightstop Herts?

Nightstop Herts, run by Herts Young Homeless, is a FREE scheme providing emergency accommodation for young people from the age of 18 up to 24.

Emergency accommodation is provided for young people with nowhere to stay in a volunteer host's home.

## Why do we need Nightstop Herts?

At present 18-24 year olds are a vulnerable age group with little support available to them.

At Nightstop Herts we aim to help these often forgotten young people and provide them with somewhere safe and warm to stay in a time of desperate need.

## Before a young person goes into Nightstop we...

- complete thorough checks.
- ensure they will never be in the host's home when the host is not there.
- will never place anyone who is not suitable with a host.

## Being a host

To become a Nightstop Herts host you need a spare room and a sympathetic ear.

Hosts require no formal qualifications, just a willingness to help young people in need.

As a Nightstop host you are able to choose which nights you are available.

**You will be paid a fee of £23 for every night the young person stays with you.**



"I felt down and depressed and **hyh** opened my eyes to show me that it isn't all bad. They gave me great support and I feel so much better about myself and my future"

[www.hyh.org.uk](http://www.hyh.org.uk)

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