Infant feeding

MAITS launched a life-saving infant feeding programme. The programme addresses feeding difficulties in babies, specifically as a result of premature birth or an underlying disability. We have trained 259 staff in Sri Lanka, Uganda, Malawi and Rwanda reaching around 59,000 babies so far.

The impact on the lives of Denise and her twin babies



21-year-old mother Denise comes from the Kayonza District in Rwanda. Her twins Brian and Theoneste were born two months prematurely and were admitted to the Neonatology ward for ten weeks with feeding difficulties. They were supported as part of the infant feeding training which works directly with mothers and babies. During the training, participants taught Denise how to hold her babies in an optimal position to promote breastfeeding, even trying a position that allows her to feed both twins at once! Denise says "I am still learning but I feel more confident breastfeeding my boys and they are growing well." Denise recommends similar help for other mothers, saying "they can teach others to breastfeed the way I learned." By the end of the training, both babies were strong enough to go home.



We have worked in over 20 countries all over the world and have reached over 600,000 people and trained more than 4700 staff.

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MAITS

To donate, go to:
www.justgiving.com/m-a-i-t-s

JustGiving



MAITS

MAITS is an international charity that works with people with developmental disabilities in developing countries.

We have a team of highly qualified healthcare and education professionals who volunteer their time to provide training and capacity building to those working with and caring for people with disabilities all around the world.

We bring people together to improve the lives of those with disabilities.

The WHO estimates that 15% of the world's population has a disability, approximately 80% of whom live in the poorest parts of the world, where the vast majority do not have access to services provided by trained personnel. This has become a global health priority.

Since 2008, MAITS has established itself as a go-to organisation for developmental disabilities in the sector and is unusual in that the focus has been almost exclusively on training and capacity building of professionals from a range of disciplines within the disability sector.

Our Vision

We envision a world in which individuals with developmental disabilities are fully able to access the health and education services they need to achieve their full potential.

Our Mission

MAITS is an international disability charity whose mission is to improve the lives of some of the world's poorest people with developmental disabilities and the lives of their families, through better access to and quality of health and education services and support.



The Focus of Our Work

1) Funding and Coordination of Training Programmes

We work with organisations overseas to develop sustainable development programmes, building the capacity of health and education services to meet the needs of disabled people.

2) Skill-Matching

We have a matching service where organisations can request training in a specific area of therapy or education and we match them with suitable trainers. Both trainees and trainers are eligible to apply for grants. If you wish to become a trainer or receive disability training, see the how you can get involved section.

3) Producing Training Resources

MAITS develops training resources to be used by trainers to improve the delivery of therapy, healthcare and education of individuals with disabilities in low-resource countries. The resources are developed by experienced trainers and tested out and evaluated by local staff in their communities. See www.maits.org.uk/resources for more information.

4) Resource Library

MAITS' website also houses a resource library with training materials and guidelines available free of charge, bringing together a range of disability resources in one place.

How you can get involved:

Volunteering Opportunities:

Do you want to use your skills to make a difference and ensure that people with disabilities are given every opportunity to thrive and develop?

We are looking for qualified disability therapists and educators who have:

- At least four years post-qualification experience
- Experience either working or volunteering overseas in a developing country
- Previous experience training or teaching

Receive Training:

Are you from an organisation working in a developing country which would like to receive disability training? Then MAITS would like to hear from you!

Both trainers and organisations receiving training can apply for small grants to cover costs that make the training possible.

If you are interested in receiving or offering training, register at:

www.maits.org.uk/register/

Or if you would like to learn more about our small grants programme go to:

www.maits.org.uk/grants/

