



*Help spread awareness! Send this postcard.*

# Growing Up LGBT+ in Japan

**YOU ARE NEVER ALONE.  
REACH OUT TO US .**



Call the TELL Lifeline at 03-5774-0992



View mental health resources at  
[www.telljp.com](http://www.telljp.com)



Chat with a support worker at  
[www.telljp.com/lifeline/tell-chat/](http://www.telljp.com/lifeline/tell-chat/)





## WHO WE ARE

TELL is dedicated to providing effective support and counseling services to Japan's international community and its increasing mental health needs.

## STATISTICS AND FACTS

**42%** of LGBT+ youth have experienced cyber bullying.



**80%** of students feel unsafe at school because of their gender representation.



**2/3** of LGBT students in Japan have considered suicide.



**2/3** of homeless LGBT youth have experience family rejection.



## CONNECT WITH US



[www.telljp.com](http://www.telljp.com)



@TELLJapan



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