

## STRENGTHENING 100 VULNERABLE HOUSEHOLDS IN CALABAR

### IMPLEMENTATION PLAN

| <b>Task</b>   | <b>Description</b>   | <b>Timeline</b> | <b>Cumulative</b> |
|---|--|-----------------|-------------------|
| <b>Community Entry</b>  | Visit to community leaders in the selected community of Calabar. This would significantly increase support of local governance structures, facilitate synergy, provision of land, provide a good and safe working environment as well as encourage community participation which is key for sustainability.  | 1 Week          | 1 Week            |
| <b>Enrolment Phase:</b><br>Form Administration<br>-Print Forms<br>-Administer Form in field | Forms would be administered to 500 households in the poorest area of Calabar in Cross River State, Nigeria. Forms used will be the Nigerian National Documents on Orphans and Vulnerable Children (OVCs).  | 1 Week          | 2 Weeks           |
| <b>Data Analysis &amp; Selection</b>  | Data from the forms would be entered into the National OVC Management Information System (NOMIS) and analysed in order to ascertain the level of vulnerability of each household and to verify the fulfilment of other criteria. 100 of the most vulnerable households would be selected.  | 1 Week          | 3 Weeks           |
| <b>Registration/Briefing</b>  | Selected households will be brought together for briefing, terms would be explained and Agreements will be signed by consenting participants. Households in need of educational and nutritional support would be identified and support commenced.   | 1 Week          | 4 Weeks           |
| <b>Capacity Development I</b><br>Orientation,   | All the beneficiaries will be put through an orientation session. The purpose of this session would be to educate them on the various stages and the objectives of the project at the end of this session they would be taken through basic financial literacy training and the cooperative money management/investment savings structure of the program. Participants would be organized into cooperatives of 20 households | 1 Week          | 5 Weeks           |

|  |   |                       |           |
|--|---|-----------------------|-----------|
|  | each with their own peer review, leadership and governance structure. Courseware and savings passbooks would be provided.   |                       |           |
| <b>Capacity Development II</b><br>Technical Training                   | Beneficiaries will be taught by experts how to cultivate high demand/value market garden crops and how to process selected food stuff to yield income for their households.   | 1 Week                | 6 Weeks   |
| <b>Assignment of Land, Purchase &amp; Treatment of Inputs</b>          | Small tracts of land for farming would be acquired from the consenting community and assigned to households. Agric inputs would be purchase and treated/ prepared for planting  | Concurrent with above | 6 Weeks   |
| <b>Provision of Agric Inputs &amp; Planting</b>                        | Agricultural Inputs would be provided to participants in stages, planting and other activities would be supervised  | 1 Week                | 7 Weeks   |
| <b>Provision of Inputs for Added Value Food Processing</b>             | Inputs for added value food processing would be purchased and made available to participants. Their initial activities would be supervised  | 1 Week                | 8 weeks   |
| <b>Monitoring of Households/Savings Cooperatives</b>                   | Technical (agriculture & monitoring/evaluation) experts would visit each participant ten times monthly for the first six months and then weekly till the end of the project. Weekly cooperative/savings group meetings would also be attended and monitored.                                      | Continuous Exercise   | 8 Week to |
| <b>Compilation &amp; Posting of Monthly/Quarterly Progress Reports</b> | Progress reports from each visit by Monitoring Officers would be compiled into monthly/quarterly reports and posted on project site, pages and social media with emphasis on household achievement of knowledge, skill, savings and income targets. Top performing households would be recognised | Continuous Exercise   | 100 Weeks |
| <b>Graduation from Program</b>   | Participating households would be graded and would exit the programme.  | 100 Weeks             | 100 Weeks |

## **Projection of Expenditure & Income for Project (Explanation of Table)**

### **ECONOMIC STRENGTHENING PACKAGE**

Each participating family in the project would economically be strengthened by

- Taught and inputs provided for cultivation for sale of **high demand market garden vegetables** (cucumbers/cabbages/peppers/lettuce). These crops have extremely strong demand locally and demand for them by far outstrips supply.
- They would also be taught how to **process/add value** and provided inputs to locally consumed food for sale. These include Cassava into (Garri/Fufu), Plantain, Yam, Potatoes into Chips, and Beans into Akara.
- They would be taken through a session of **financial literacy training**
- They would be taken through a session of **technical training for the crops and food processing**
- After assessment by the vulnerability tool they would have to commit to compliance of the terms (savings/monitoring/peer cooperative groups) of the program, and would be subject to **frequent monitoring visits** (ten visits a month) initially and weekly in the later stages of the project.
- The table beneath details the cost of each component as well as for each participating household
  - initial projected earnings per month,
  - amounts to be saved monthly for input and business expansion with cooperative,
  - projected average income per month for the first year,
  - projected average income per month for second year
  - Net Living Income per day for

### **EDUCATIONAL SUPPORT**

This would apply only to the most vulnerable households (10% from our baseline) with children out of school this is to enable the children begin to attend school. These households would be supported for one session only and would be expected to take up the responsibility afterwards.

## NUTRITIONAL SUPPORT

This would apply only to the most vulnerable households (10% from our baseline) whose children require nutritional support to be effective at school. After six months as the household begins to generate additional income this component is stopped.

## OTHER EXPENSES

The Charles Edet Effiong Foundation would be responsible for other expenses not reflected. This would include all administrative, office, power, logistics, venues, materials for training, logistics, course ware, stipends, and entertainment as well as salaries and stipends of staff and volunteers. This would be our contribution to the project and would cost us about \$18,000 over the two-year duration of the project, some of these expenses are fixed and already being borne others are variable.

| S/N | DESCRIPTION                                   | QTY   | UNIT    | AMOUNT          | Initial Ave Inc / Month | Savings/ Input Inv | Projected Ave Inc/month Yr1 | Proj Ave Inc / month Year 2 | Net Living Inc/ Per Household /day |
|-----|---|-------|---------|-----------------|-------------------------|--------------------|-----------------------------|-----------------------------|------------------------------------|
| 1   | <b>ECONOMIC STRENGTHENING PACKAGE</b>         |       |         |                 |                         |                    |                             |                             |                                    |
|     | <b>High Value Mkt Garden Crop Cultivation</b> |       |         |                 |                         |                    |                             |                             |                                    |
|     | Inputs & Tools                                | 100   | \$20    | \$2,000         |                         |                    |                             |                             |                                    |
|     | Land  | 1     | \$1,429 | \$1,429         | \$200                   | \$20               | \$300                       | \$543                       | \$18                               |
|     | <b>Food Processing</b>                        | 100   | \$20    | \$2,000         |                         |                    |                             |                             |                                    |
|     | Financial Literacy Training                   | 1     | \$206   | \$206           |                         |                    |                             |                             |                                    |
|     | Technical Training                            | 1     | \$206   | \$206           |                         |                    |                             |                             |                                    |
|     | Monitoring/Evaluation                         | 12    | \$206   | \$2,472         |                         |                    |                             |                             |                                    |
|     |   |       | \$83.13 | \$8,313         |                         |                    |                             |                             |                                    |
| 2   | EDUCATIONAL SUPPORT                           | 10 x4 | \$100   | \$4000          |                         |                    |                             |                             |                                    |
| 3   | NUTRITIONAL SUPPORT                           | 10x6  | \$20    | \$1200          |                         |                    |                             |                             |                                    |
|     | <b>TOTAL</b>                                  |       |         | <b>\$13,513</b> |                         |                    |                             |                             |                                    |

**EXPECTED OUTCOMES:**

Participants exiting the sponsored component of the program after two years should be able to:

- Achieve a minimum earning of \$200 / month within six months.
- Have the technical and financial literacy knowledge as well as savings to further grow and expand their businesses
- Achieve a savings of 10% of their total income earned within the savings structure for future expansion of their business.
- Have a peer group structure that regulates and enhances their savings, selling and business practices.
- Participate in savings cooperative groups that are structured for future access to finance and opportunities.

Community participation, knowledge transfer and the establishment of a savings culture will create a ripple effect to other related families in the area so that up to 1000 families may be ultimately empowered out of poverty in 8-10 years.