



Gaia  
FUNDACION

YO SOY



la respuesta  
declared of educational interest

Personal transformation with global impact

*I choose to sign the peace  
with my essential nature,  
because there will only be peace  
on Earth if I am at peace*

Javier Francisco Ortiz Gutiérrez

*Presidente Fundación Gaia*



# Index

Gaia Foundation _____	5
What is the project about? _____	7
Which problem does the project address? _____	8
What is the proposed solution? _____	9
What are the objectives and results of the program? _____	12
Activities of the project _____	13
Impact of the project _____	14
Public Recognitions _____	14
How did this this educational project start? _____	16
History _____	16



# Gaia Foundation



## Our profile

The Gaia Foundation, legal ID 3-006-105388, is a Costa Rican non-profit institution founded in 1989 and chaired by Javier Francisco Ortiz Gutiérrez. His work is oriented to the realization of social, research, educational and productive projects on the environment and climate change.

Its objective is to promote “the realization of all kinds of activities that have as their purpose the protection of the ecosystem and the performance of any other activities that favor the common good”.

Thanks to its activities and achievements in Costa Rica, Gaia was declared a Public Utility for the interests of the State, through Executive Decree No. 20439-J of May 6, 1991. Likewise, all its activities were declared of Public and National Interest through Executive Decree No. 20527-MIRENEM of June 13, 1991, for constituting a valuable contribution to the interests of Costa Rica. Gaia is registered as an entity authorized to receive donations deductible from the gross income of taxpayers, authorization renewed by resolution ATJE-GER-535-2017 of May 24, 2017.

## Mision

Somos una ONG colaborativa que brinda educación para la sostenibilidad, bienestar integral y responsabilidad social empresarial en armonía con la Naturaleza, para el cumplimiento del Acuerdo de París y los Objetivos de Desarrollo Sostenible.

## Vision

To be a leading NGO in achieving the goals of the Paris Agreement and the Sustainable Development Goals, using yoga, meditation and collective action as tools for personal transformation of global impact.

Fundación Gaia focused on building a proposal based on the search for inner peace as a requirement of planetary peace. For this, he created and endorsed the Declaration of Principles for the Conscious Evolution of Mother Earth and the Peace and Welfare Agreement Mother Earth, which states: “I choose to sign peace with Mother Earth, living in a conscious, healthy, sustainable way and compensating my ecological footprint ”and promotes it so that all the people who inhabit the planet, especially those who inhabit or visit the country, undertake to sign and comply with it.

## Institutional values

- **Harmony:** environments where our collaborators can reach their state of maximum integration, creativity and well-being.
- **Planetary awareness:** conviction that every personal or collective action has a consequence on the planet as a living unit.
- **Action coherence:** each personal or organizational action aligns with our mission.
- **Cooperation:** any cooperation opportunity is used to improve organizational competence.
- **Personal transformation:** promoted so that everyone can become the person they want be and build the life you crave in harmony with Mother Earth.

## Strategic axes

We are a collaborative NGO that provides education for sustainability, integral well-being and corporate social responsibility in harmony with Nature, for the fulfillment of the Paris Agreement and the Sustainable Development Goals.

## Vision

- Education for sustainability
- Social entrepreneurship and wellness tourism
- Personal transformation with global impact
- Corporate social responsibility



# ¿En qué consiste el proyecto?

Yo Soy la Respuesta is a program of education for peace, sustainability, well-being, and human rights. It was declared of Educational Interest by the Ministry of Public Education of Costa Rica (from now on MPE) and backed by the Work Plan Gaia Foundation-MPE. This Work Plan is committed to influencing future generations in the commitment of the care of Planet Earth through the Mother Earth Peace and Wellness Agreement.

## \*Acuerdo de Paz y Bienestar Madre Tierra:

“Elijo firmar la paz con la Madre Tierra, viviendo de forma consciente, saludable, sostenible y compensando mi huella ecológica.”

[Declaración de interés Educativo:](#)



\*Avalado por la Alianza de Costa Rica por la Paz con la madre Tierra 21/12/2012.

### Extracto de la declaratoria de interés educativo:

El Ministerio de Educación Pública, en ejercicio de las atribuciones conferidas en los artículos 1º y 2º de la Ley Orgánica del Ministerio de Educación Pública, Ley N° 3481, referentes a la administración de los diferentes componentes del ramo de la educación y la ejecución de los planes, programas y demás determinaciones aprobadas por el Consejo Superior de Educación y en atención a las disposiciones previstas en el Título XI de la Ley General de la Administración Pública, Ley N° 6227, aplicables a la emisión de declaratorias por parte de la Administración, procede a comunicar a la comunidad educativa en general la **declaratoria de interés educativo** del proyecto denominado “**Yo Soy la Respuesta**” ejecutado por la **Fundación Gaia**. La presente declaratoria de interés educativo, se sustenta en el criterio técnico-Académico DDC-2250-08-2018 emitido por la Dirección de Desarrollo Curricular del Ministerio de Educación Pública, dependencia la cual determinó la pertinencia y correspondencia del proyecto a los programas, políticas y modalidades educativas aprobadas por el Consejo Superior de Educación y el proceso educativo de la población estudiantil.

The Gaia Foundation offers a didactic educational proposal integrated into the curricular plan of formal education (private or public) of Costa Rica. The project is based on the Morpho Method, a methodology of teaching for integral well-being, developed by our Director and [United Nations Independent Expert](#), Javier Francisco Ortíz Gutiérrez, during more than 25 years of research.

The Morpho Method encourages the clarification of values and the development of knowledge, skills, and abilities using the tools of Gaia Yoga and Intentional Mindfulness Meditation to teach how to build conscious, healthy, and sustainable lifestyles. The Method is part [of the Holistic Health Sciences Proposal](#) presented by Gaia to the United Nations Organization (from now on UN) and [endorsed by the UN's program Harmony with Nature](#).

Yo Soy la Respuesta incorporates the Morpho Method through weekly classes, collective action, and cultural shows that induce personal transformation processes with global effect. The educational proposal is holistic and integrates the Morpho Method with the knowledge of science on the subject of climate change and the Sustainable Development Goals (SDG). This project seeks to make personal and citizen human commitment binding, given the magnitude of the problem of climate change and its consequences.

Participating students sign the Mother Earth Peace and Wellness Agreement and commit themselves to responsible actions - individual and collective - aimed at reducing the ecological footprint and compensating it. For the compensation, Gaia creates what is called Ecosystem Adaptation Sink in indigenous territory, contributing to the development of these peoples by the development of these containers as a modality to reduce greenhouse gases in Costa Rica.

<a href="#">United Nations Independent Expert:</a> 	<a href="#">Holistic Health Sciences Proposal:</a> 	<a href="#">UN endorsement:</a> 
--	---	---

## Which problem does the project address?

.....

[According to the Gaia Foundation](#), the increase of greenhouse gases in the atmosphere is an undeniable fact of global warming that has its causes in the proliferation of lifestyles and production without planetary consciousness. Also, in the predominance of economic and political decisions, which have excluded in the decision making, the environmental variables that benefit the significant majorities and peoples of planet Earth.

These events have shown the failure of traditional education in its attempts to achieve a change of consciousness and the great difficulties of the diplomatic and political way to generate a change of lifestyles and production for the benefit of Mother Earth.

According to the vision of Gaia, the diplomatic and political route failed, as they left outside the Paris Agreement and the Sustainable Development Goals, the dimension of personal responsibility with global impact. The international community has not clearly stated that citizens should take concrete actions to stop being part of the problem and become part of the solution.



# What is the proposed solution?

In harmony with the new Jurisprudence of the Earth, Yo Soy la Respuesta teaches children that the planet should be loved and cared for like a mother. Thus they become part of the solution to climate change through a process of personal transformation that allows them to create conscious, healthy, and sustainable lifestyles. They transform the green areas of the school into pollinating gardens to save the bees, while they learn to work with the municipal government and local businesses to become carbon neutral.



The Morpho Method inevitably leads to self-knowledge and the induction of processes

in which people learn to become who they want to be and to build the life they crave in harmony with the planet. This Method induces processes of personal transformation. Processes that lead to deep levels of internal resolution and inner peace, following the principle that "there will only be peace on Earth if I am at peace."



According to the proposal, inner peace is the basis of peace between peoples and peace with Mother Earth. In this sense, inner peace is the origin of planetary consciousness. People who know themselves recognize the creative capacity that is intrinsic to them, empower themselves, and understand that they have the power to build their reality. This personal awareness breaks down little by little the idea of separation between the self and the other and allows a sense of belonging to something more significant: the family, the community, the nation and the planet.

[A/RES/72/223:](#)



By recovering the sense of belonging, the individual dimension of consciousness transcends the collective dimension, so people understand that each of the actions of their lifestyle has a planetary impact. Recognizing the imprint of my personal life on the planet, I can take responsibility for my actions. Hence, I can choose to do something about it: know it, reduce it, and compensate for it.

To exemplify the above, you can see a testimonial video of a group of women participants of the pilot project for Yo Soy la Respuesta:

[Video:](#)



As well as the testimony of a mother and her daughter:

[Video:](#)



In this way, Gaia adds personal responsibility, forgotten by national and international authorities, to the fulfillment of the Paris Agreement and the achievement of the Sustainable Development Goals.



In addition to the impact related to the care of mother Earth, the Morpho Method generates the scientifically proven benefits of yoga and meditation.



In 2015, the UN declared June 21 as International Yoga Day at the request of Narendra Modi, Prime Minister of India. The recognition was based on the contribution of Yoga in the balance of body-mind, thought-action, empowerment-realization, and in the reconnection of the human being with Nature. Yoga provides a holistic view of health and well-being. Beyond physical exercise, it is an instrument to build peace with oneself and peace with the world and Nature. It promotes the transformation of lifestyle, contributing personal responsibility to the fight against climate change.



*Likewise, the eleventh assembly of the United Nations Educational, Scientific and Cultural Organization (UNESCO), held on December 1, 2016, declared Yoga Intangible Cultural Heritage of Humanity, for its*

*demonstrated benefits at the individual and social based on that; "It helps practitioners and apprentices to reach a state of physical, mental and spiritual well-being ... promoting tolerance and mutual respect between communities, groups, and individuals."*

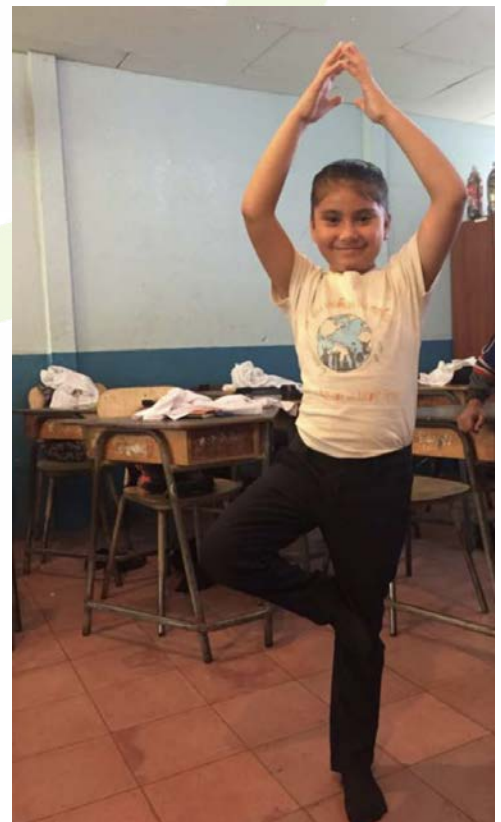
According to scientific research published by the Harvard University School of Medicine, as well as by the Science Magazine, among the main benefits of yoga and meditation in children, are the following:

- 1. Improvement in the physical condition and decreased states of anxiety, stress, post-traumatic symptoms, and depression.**
- 2. Improvement in social and emotional skills, including the regulation of emotions, behavior in school and the development of empathy.**
- 3. Improvement in attention and executive functions.**
- 4. Improvement in self-esteem, empowerment, and self-discipline.**
- 5. Improvement in the creation of healthy habits.**

[Video about the benefits of yoga in schools.](#)

B. K. S. Iyengar, "Yoga cultivates the ways of maintaining a balanced attitude in day-to-day life and endows skill in the performance of one's actions."

Video:



# What are the objectives and results of Program Yo soy la Respuesta?

Content	Yo Soy la Respuesta
General Objective	Contribute to Paris Agreement on Climate Change, the Sustainable Development Goals, and the <u>Mother Earth Decree</u> , forming citizens with planetary consciousness and lifestyles in harmony with Mother Earth.
Specific Objectives	Instill to the childhood and youth the sense of personal responsibility in the solution to climate change.
Results	Learning skills for the development of consciousness, healthy, and sustainable lifestyles in harmony with Nature.
	Development of individual and collective aimed actions assuming personal responsibility and citizen commitment in the slowdown of climate change.
	Creation and validation of contents, methodologies, and curricular plans of the first cycle of Basic General Education that can be replicated within the Costa Rican educational system.

# What are the activities of the project, and what target audience is intended?

---

## A) Component of Comprehensive training (activities)

Weekly education classes for peace, sustainability, wellness, and human rights

Video-forums

Educational Talks

Exploratory Workshops  
(art therapy, sonotherapy)

Interactive Cultural events

These activities aimed at the following audience: First cycle of Basic General Education (first, second, and third grade of elementary school).

## B) Component of Collective Action (Activities)

Creation of an individual and collective action plan to reduce and compensate for the ecological footprint.

Collective action: participatory actions that involve students with local governments. Aswell, collaborative efforts that link companies, organizations, and resident institutions of the locality in activities that engage the development of the project).

Political incidence at a local, national and international level.

These activities aimed at the following audience: First cycle of Basic General Education (first, second, and third grade of elementary school).

# Impact of the project

In the three years covered by the plan, a total of 475 students will be impacted. In addition, the project includes the preparation of curricular guides for the first cycle of Basic General Education, necessary for their replication and scaling.

At the subsidiary level, the project impacts the families of the participating students, the teachers, and the administrative staff of the study center. Also, the community where it is developed and the companies involved through their corporate social responsibility programs.

## Public Recognitions



Yo Soy la Respuesta is declared of Educational Interest by the Ministry of Public Education of Costa Rica, considering that it strengthens the promotion, the educational diffusion, and the international projection of our education and deserves a unique distinction and support by this portfolio.





# Harmony with Nature

United Nations

In 2018, Yo Soy la Respuesta was endorsed by the United Nations Organization, from its office of Harmony with Nature, as an example of the new paradigm based on the Jurisprudence of the Earth. It was also recognized as a model project, in Report A / 73/221 of the Secretary-General, presented at the Seventy-third Session of the General Assembly.

Yo Soy la Respuesta obtained the first place in the II Edition of the Ibero-American Human Rights Education Award "Oscar Arnulfo Romero 2017", sponsored by the Organization of Ibero-American States for Science, Education, and Culture. This prize is awarded to public education and civil society projects framed within the Sustainable Development Goals, which promote an integral education in human rights and which have demonstrated *"relevance, impact, applicability, innovation, and sustainability."*



The project won third place in the VIVA Awards Schmidheiny 2017, of a total 535 projects in Latin America, for its *"great positive impact on the region and potential for escalation."*

UN endorsement:



A/73/221:



OEI:



VIVA Idea:



# How did educational project started?

## History

At the request of Fundación Gaia, on April 22, 2016, the President of Costa Rica and the Ministers of Environment and Energy, Public Education and Culture and Youth, signed the Executive Order Mother Earth, No. 39659-MINAE-MCJ -MEP. This Decree invites all social actors to carry out *“activities that contribute to creating in the Costa Ricans, from the first years of life, a new relationship with the Planet, in which each person is responsible for live a life in harmony with nature.”*

Likewise, the decree highlights the *“prevailing need to add that sense of personal responsibility to the country’s goal of converting Costa Rica into a neutral carbon country, so that each Costa Rican achieves a new reconnection with Mother Earth and feels responsible for minimizing and compensate for their ecological footprint”*.

1



President of Costa Rica (2014-2018),  
Luis Guillermo Solís Rivera

2

In compliance with the provisions of the Mother Earth Decree, during 2016 and 2017, Gaia developed the pilot project of Yo Soy la Respuesta. The pilot was developed in the localities of Curridabat and Montes de Oca, with a total of 414 direct participants and 330 volunteers in collective actions. The purpose of the pilot was to test and adjust the Morpho Method to different populations.

[Mother Earth Decree:](#)



[Yo Soy la Respuesta:](#)





3

Among the validated tools, collective action contains three types of activities: participatory, collaborative, and community actions. For example, the collaborative actions have included the signature of the Peace and Mother Earth Agreement, by the former President of Costa Rica, as well as the project's presentation at an international level. Also, the construction of a yoga and meditation deck where classes are held and a pollinating garden at a public school, the creation of a pollinating or functional municipal park, and the realization of a community ecological festival.



4

Likewise, the pilot of the project [Sendero de Paz Madre Tierra](#) was developed, called [Térraba Peace Path](#), which objective was to build an eco-ethno touristic destination in indigenous territory, certified as an Ecosystem Adaptation Land Farm. This is a place where the signers of the Mother Earth Peace and Wellness Agreement can compensate for their ecological footprint.



[Senderos de Paz Madre Tierra:](#)



[Térraba Peace Path:](#)



5

On September 25, 2017, the former president Luis Guillermo Solís Rivera, Mother Earth Peace and Wellness Agreement as a gesture to support the I Am the Response campaign and to set an example to the rest of the citizen(s) of Costa Rica.

[Video of the signature:](#)



6

Thanks to the international recognition granted to the project, the office of the UN, Harmony with Nature, made an invitation for the project to be presented to the General Assembly. On April 23, 2018, on the occasion of International Mother Earth Day, Jorge Calderón Gamboa, former coordinating lawyer of the Inter-American Court of Human Rights and collaborator of Gaia, presented the project in the VIII Dialogue of the General Assembly on Harmony with the Nature, as an example of the *“emerging new inter-American paradigm on the protection, rights and conscious evolution of Mother Earth”*.



[Presentation at the UN:](#)



## 7

On April 30, 2018, the former President of Costa Rica, Luis Guillermo Solís Rivera, inaugurated together with the former mayor of Curridabat and Minister of Public Education, Mr. Edgar Mora Altamirano and the former Environment Manager, Mrs. Patricia Madrigal Cordero, educational program Yo Soy la Respuesta 2018-2020. These three distinguished public figures received during the activity a distinction of Mrs. Maria Mercedes Sanchez, coordinator of the Office of Harmony with Nature of the UN, for their support of the project.



## 8

On May 8, 2018, the government of Costa Rica announced that the Ceremony of Transmission of the Presidential Command would be a carbon-neutral event. The carbon footprint of the ceremony would be compensated in the Térraba Peace Path, as a clear sign of support from the new president, Carlos Alvarado Quesada, to the commitments made to decarbonize the national economy.

## 9



Yo Soy la Respuesta was recognized as a model project, in the Report A / 73/221 of the Secretary-General (see paragraphs 28 and 62) of July 23, 2018, presented at the Seventy-third Session of the General Assembly.

[A/73/221:](#)



10

On August 17, 2018, Yo Soy la Respuesta 2018-2020, obtained the Declaration of Educational Interest by the Ministry of Public Education of Costa Rica.

This declaration allowed the development of a joint Work Plan to streamline the conversion of results into a program that can be replicated and scaled at the national level.



[Declaratoria de Interés Educativo:](#)



11

On October 23, 2018, Yo Soy la Respuesta was endorsed by the United Nations Organization, from its office of Harmony with Nature, as an example project of the new paradigm of protection of Nature-based on the Jurisprudence of the Earth.

The endorsement was granted, among other things, because Yo Soy la Respuesta responds to the motivation of Narendra Modi, Prime Minister of the Republic of India, by requesting the UN declaration of International Yoga Day, seen as a discipline to transform our lifestyle and raise awareness about climate change.



Harmony with Nature  
United Nations

YO SOY



la respuesta

[Narendra Modi letter](#)



[Video about International Yoga Day:](#)



## 12

On October 26, 2018, Costa Rica's president, Carlos Alvarado Quesada, and the ministers of Tourism, Public Education, Health, Sports and Culture, and Youth, signed the Executive Decree No. 41345-S-MTSS-MCJ-MEP. In this Decree, activities, and initiatives related to International Yoga Day are declared of public interest "as long as they promote the development of yoga and meditation intending to generate wellness destinations and lifestyles that are conscious, healthy, sustainable, and in harmony with Mother Earth."

Decreto:



## 13

On November 16, 2018, the Municipality of Curridabat inaugurated the first yoga deck in a public park. The deck was built in Oscar Arnulfo Romero Galdámez park, located in the Barrio El Prado in Curridabat, enabling us to bring Gaia Yoga to a higher number of citizens.

The occasion was provided for the Gaia Foundation to honor the issuance of the Decree of Yoga and Meditation, delivering a copy of it to the witness of honor, Mrs. Vijayalakshmy Sunderrajan, Second Secretary of the Indian Embassy for Costa Rica, Panama and Nicaragua. In addition, a letter was sent to Mr. Narendra Modi, with the presentation of Yo Soy la Respuesta, as the realization of his proposal to the United Nations.



On December 1, 2018, the date that commemorates the abolition of the army, the first mass yoga class in the history of Costa Rica was held. Two thousand five hundred people gathered under the shade of the trees of the La Sabana Metropolitan Park, to enjoy the class organized jointly by the Costa Rican Social Security Fund, Gaia Foundation, Yoga Mandir and Yoga Lamat.

The activity was carried out in commemoration of the International Day of NO Violence Against Women and to disseminate the signing of the decree that declared yoga and meditation for the first time in the world for the public interest.

To promote the practice of yoga, a mat, a visor, and hydration were given to the 2500 participants, most of whom made their first yoga class. Thanks to this, the benefits of I Am the Response began to influence the Costa Rican public health system.



Video:



In December 2018, the first year of I Am the Answer 2018-2020 concluded thanks to the collaboration of thirteen alliances. A total of 54 primary school children and 37 secondary school students participated. Thanks to the alliance with ASOYOGA, 26 workshops were given to the teaching and administrative staff of Tirrasas Technical High School, bringing well-being training to teachers. Likewise, the volunteer days carried out allowed the planting of more than 70 trees in the Sweet Forest of this high school and in the facilities of the Quince de Agosto School.

Unfortunately, the national strike of the education sector, which extended from September to December, prevented the completion of all classes at the Quince de Agosto School and the Tirrasas Technical High School. On the other hand, the Inglaterra School did comply with the school calendar, which allowed us to conclude the first-grade primary school curriculum guide.

The formulation of curricular guides are expected results of the project, which enable their replicability and scalability at the national level.



Video:



As an end-of-the-year gift, thanks to an intense campaign through social networks, on December 31, we achieved the goal of raising the first \$ 5,000 needed to be accepted as permanent members of the Global Giving platform and continue the efforts of a collection that guarantee the continuity and sustainability of Yo Soy la Respuesta 2018-2020.

Once again the importance of our worldwide initiative was demonstrated.

[Gaia on Global Giving:](#)



Welcome to the GlobalGiving community!



Certificate OF ACHIEVEMENT

GlobalGiving is proud to recognize

Fundacion Gaia

for successfully completing the 2018 Giving Season Accelerator.

This organization has competed in the GlobalGiving Accelerator, learning valuable new skills to make them more effective and earning permanent membership in the GlobalGiving community. GlobalGiving helps nonprofits around the world access the funding, tools, training, and support they need to become more effective.

*Alfonso*  
Alfonso  
Chief Executive Officer



*Michael Gole*  
Michael Gole  
Director of Programs





Between January 29 and 31, 2019, the International Earth Charter Education Conference 2019, sponsored by the University for Peace and the UNESCO Chair in Education for Sustainable Development, was held. Gaia was invited to present the project Yo Soy la Respuesta.

The presentation was received as the most innovative proposal in its panel discussion and some of those present proposed that the Government of Costa Rica be requested to apply for the UNESCO-Japan Prize for Education for Sustainability 2019.



On February 28, 2019, five prominent personalities in the field of Education for Sustainability in the Netherlands, sent to the then Minister of Public Education of Costa Rica, a request to apply for the project Yo Soy la Respuesta for UNESCO-Japan Prize in Education for Sustainability 2019. The application is being considered by the said ministry for its nomination for the 2020 Prize.



[Recommendation letter:](#)



19

In February 2019, we started the new Yo Soy la Respuesta school year at the Escuela Quince de Agosto, located in Tirrasas de Curridabat and at the Escuela Inglaterra, located in San Rafael de Montes de Oca. In this second year, the program was funded thanks to the Gaia project, called Corporate Social Responsibility in Harmony with Nature and personal donations collected through Global Giving.



20

On April 4, 2019, Yo Soy la Respuesta 2018-2020, obtained a second Declaration of Educational Interest from the Ministry of Public Education of Costa Rica.

The declaration included the Escuela Inglaterra, which allows us to begin the process to fulfill the promise of applying for this educational center for the III Edition of the Human Rights Education Award "Oscar Arnulfo Romero Galdamez", sponsored by the Organization of Ibero-American States for Education, Science and Culture (OEI) and granted to Yo Soy la Respuesta in 2017 in the non-governmental organization category.



**REPÚBLICA DE COSTA RICA**  
**MINISTERIO DE EDUCACIÓN PÚBLICA**

**Despacho Viceministra Académica**

**Declaratoria de Interés Educativo**  
**DVM-AC-0285-04-2019**

[Declaration:](#)





In the second semester of 2019, I Am the Answer, it was expanded to the Francisca Carrasco Jiménez High School, thanks to teacher Viviam Umaña Porras, who teaches the program to her students in the different sections of secondary school. Their classes are received by about 90 students and 6 teachers.

As planned, on July 15, 2019, Gaia signed a Work Plan with the Ministry of Public Education where it is expressly sought that Costa Ricans change the destiny of the world, by introducing in public education a permanent process of personal transformation, that allows the participation in conscious evolution. This work plan is part of the Integrated Education Program for Sustainable Development and seeks to achieve that goal through Yo Soy la Respuesta.

The general objective of the plan is to promote the development of a new environmental culture that facilitates the scope of sustainability, adaptation to climate change and biodiversity conservation for all generations and vulnerable populations.



MINISTERIO DE EDUCACIÓN PÚBLICA Y  
FUNDACIÓN GAIA

PLAN DE TRABAJO

YO SOY LA RESPUESTA

2019-2020

SAN JOSÉ, JULIO 2019

Work Plan:



## 23

Yo Soy la Respuesta also extended to the Chorotega region, reaching Liberia, Guanacaste, from September 2019. At the El Peloncito School, a first-grade group was incorporated for an introduction process. Now, the teacher is ready to carry out the program and the Principal shows a lot of interest and emotion regarding it.



## 24

The second year of Yo Soy la Respuesta program concludes this November 2019, with two new first grade groups that have crossed the entire program, a second grade group that was taken as a model to create the curriculum guide and another first grade group in Liberia ready to take the full program with its introduction completed. In addition, the program is taken to the secondary level and teachers, in the same way as in Liberia, in an introductory way.

Between 2018 and 2019, the program has directly benefited 306 students and teachers, 103 in 2018 and 203 in 2019, that is, 65% of our goal, which will be achieved in the third year of the program in 2020. Thanks to the efforts of the year, the first and second-grade curriculum of basic general education was concluded, which is the basis for further expanding the program in different communities. In 2021, with the second phase of this project, the teacher training process will begin, in which the staff of the Ministry of Public Education will be trained in the use of the elaborated curriculum guide.

Yo Soy la Respuesta awaits its continuation in 2020, which includes the construction of the curriculum guide for third grade, completing the guide and the methodological program for the first cycle of basic general education according to the expected results.



# Gaia

FUNDACION



[/fundaciongaiacr](#)



[/fundaciongaiacr](#)



[www.gaiacr.org](http://www.gaiacr.org)



[info@fundaciongaiacr.org](mailto:info@fundaciongaiacr.org)



(506) 2224-0883