

MORE THAN A CHARITY: **A TRANSFORMATION CENTRE**

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THE Breakfast Club

Since February 2019, we embarked on a mission to transform the lives of 200 children in one of the most deprived areas of Cartagena, Colombia. We started with 30 of the most vulnerable children, providing them with a nutritious breakfast every day before going to school, thus supporting their physical and cognitive development. Then we gradually expanded our coverage until we reached 70 children. The impact of this work was most evident when the parent of one of the children being supported said:

If it wasn't for you, my child would be going to school hungry today.

But we did not stop there, holistic transformation in children requires the addressing of key areas in their lives such as education, and reducing exposure to threats such as drug abuse and domestic violence. Therefore, we introduced after-school activities to tackle each of these areas accordingly.

KEY RESULTS

8000+ MEALS **DISTRIBUTED** 80% NUTRITION









EDUCATIONAL AND RECREATIONAL ACTIVITIES

Providing nutritious food was only the beginning. We knew that to create a long-lasting transformation in children, we needed to address key areas of their lives beyond nutrition. Thus, we introduced educational and recreational activities such as reading, English classes, music, arts and sports. In addition to the cognitive development of the children, these activities are also a powerful tool to limit the time the children spent wandering in the streets where they are most vulnerable to drug abuse.



KEY RESULTS

50% REDUCTION IN CHILDREN'S AGGRESSIVE BEHAVIOUR 80%

OF CHILDREN IMPROVED THEIR READING AND ENGLISH COMPETENCIES 50% OF CHILDREN IMPROVED THEIR ACADEMIC PERFORMANCE





HOLISTIC TRANSFORMATION

We consider children's transformation in a holistic way; the ultimate goal is to transform each child's life for them to thrive in the future. We recognized that unless the children enjoyed an emotionally sound environment at home, they would be less likely to thrive. As a result, we expanded our remit to also working with their families, providing the mothers with various developmental tools such as seminars about responsible parenthood and stress management to reduce the incidence of domestic violence towards their children. We also empowered them with the development of culinary and decorative skills for the creation of small businesses so that they can help bring additional resources to the household.



KEY RESULTS

14 DEVELOPMENTAL WORKSHOPS WITH THE MOMS 40% REDUCTION OF DOMESTIC VIOLENCE 2 Moms started Small Businesses

GET INVOLVED

Our goal is to expand our coverage to serve 200 children in our area of operation and to expand our facilities with increasing access to technology equipment to facilitate learning, and have dedicated rooms for English, music and arts classes and a library. In the long term, we intend to transform the lives of more children in all the deprived areas of Cartagena

To help us achieve this will you kindly consider:

GIVING & SHARING

A gift of \$25 each month will allow us to support 1 child, with daily breakfast, educational and recreational activities and support for their mothers development.

A gift of \$50 each month will allow us to support 2 children, with daily breakfast, educational and recreational activities and support for their mothers development.

A gift of \$100 each month will allow us to support 4 children, with daily breakfast, educational and recreational activities and support for their mothers development.

WAYS TO GIVE:

By credit or debit card, wire transfer, or cheque. For more options please visit our project page in Global Giving and select the option Donate Now:

https://www.globalgiving.org/projects/transforming-the-lives-of-50-children-in-cartagena/

