#### Yuki's Story:

Being a soccer player for more than 16 years, I have seen a lot of players and some were my friends being taken by HIV. It is due to that reason that I took a stand to play a role in fighting HIV inthe country. My son who is 3 years old is circumcised and I am also circumcised. I can assure you the pain when circumcising is very minimal.

The vision of the King is to have an AIDS free country in 2022, it is upon each individual to play a role in making that dream a reality. I will encourage all men and young boys to take the opportunity now to circumcise and enjoy the benefits.

To students especially those in high school the upcoming Back to School campaign is your opportunity to circumcise and reduce your chances of getting HIV. It is your time to get circumcised.

Parents please do support your children when they wish to circumcise by signing the consent form thatwill allow your child to circumcise."

Yuki Masina 2016.











For more information call our TOLL FREE Number: 2005 or +26824042265 or 78067676 www.kwakhaindvodza.com



PRESENTS

# THE LIHAWU MALE MENTORING CAMP



Lihawu Camp



## ABOUT KWAKHA INDVODZA

Kwakha Indvodza is a unique organiztion which provides a mentoring experience to boys and young men who are lacking a present or positive masculine influence in their lives. Currently we mentor over hundreds of young men, aged 15 to 25, who rarely interact with a positive male influence and who are fast growing into adulthood without any point of reference or male guidance.

Through fun, inclusive daily activities and weekly events, as well as camps and campaigns, Kwakha Indvodza focuses on three strategic pillars which we have identified as most important in creating a future generation of men who live with respect, dignity and honor.







#### THE LIHAWU MALE MENTORING CAMP

The Lihawu (Shield) Male Mentoring Camp is a Kwakha Indvodza initiative which offers young men between the ages 15-25 and encourages them to grow into respectful and responsible adults. Through these fun 2-day camp, KI seeks to groom the future generation of men in Swaziland.

Lihawu camp uses traditional Bantu rite of passage to promote the Swazi cultural heritage of Ubuntu.



These activities are delivered through the KI's experience of implementing comprehensive life skill courses for emajaha which encourage positive behavior and responsible masculinity. Through a youth-friendly approach, emajaha will have discussions on sex, sexuality, hygiene, self-respect, social responsibility, relati onships and rights as well as healthcare.



## **CAMP ACTIVITIES**

#### DAY 1

Welcome remarks & Introductions Dinner Games Movie Time! Discussion and reflections about the movie.

### DAY 2

Early morning exercise Conceptions and expectations of masculinity Gender sensitivity training Sex and relationships Sports and Activities Sexuality Evening Lisango: Evening Bonfire and Dinner.

DAY 3 Ritual Healthcare Services and Circumcision Breakfast and departure

"De okanged my like"

