

My name is Alin and I am 32 years old. Five years ago, following an accident, I could not walk and had to start using a wheelchair. The days after the accident are hard to put into words. I was disoriented and I felt totally helpless. Basic activities that seemed trivial before, like crossing a threshold, were now impossible to do using a wheelchair.

After a while, I realized that life goes on and that I needed guidance from someone who went through a similar experience and could understand what I felt. This was how I met Motivation and attended their active rehabilitation camp. Their trainers, who are wheelchair users themselves, helped me regain my independence. At the camp, I discovered I was not alone. I learned that the wheelchair was but a means for moving around and that what`s most important is the person using it. This helped me change the way I was looking at my situation – I understood that I need to focus on my abilities and bring forth what I am as a person.

Later, I was given the opportunity to become part of Team Motivation in Sibiu. Here, I can use my experience to help those who, just like me, want to improve their lives and regain their independence. Now I am an independent living trainer and this, for me, is more than just a job. I do my work with passion and with the desire to convey a state of mind.



Life is like riding a bicycle – to keep your balance you need to spin the wheels, and that is what we do, at Motivation. We promote abilities and we help each individual regain an active role in the community.

## Dear Friend of Motivation,

In 2017, with help from our sponsors, the trainers in Team Motivation gave back self-confidence and hope for independent living to over 4,000 Romanians with disabilities.

In 2018, Motivation continues to Spin the Wheels of Change. We aim to consolidate the Wheelchair Fund, which enables us to donate, year after year, over 1,000 quality wheelchairs to individuals with mobility disabilities living all over Romania.

The financial support of each company and the donation of each Motivation friend enable us to increase the number of wheelchairs donated annually to those who need them to break isolation. The Fund can also support employees of member companies, who may need, whether temporarily or permanently, a mobility equipment for their family member.

## Every 100 EUR donated to the Wheelchair Fund give back mobility to a person using a wheelchair!

Friends of Motivation who wish to join us can choose between several ways of contributing to our initiative. Any choice you make brings us closer to independent living for wheelchair users. Your sponsorship can be deducted from the company`s profit tax, according to the Fiscal Code.

My colleague, Monica Tăutul, is available to help you participate in this project. Please contact her at <u>m.tautul@motivation.ro</u> or by phone: 0730.190.927. We hope you will join Motivation Romania Foundation in giving back freedom of movement for wheelchair users in Romania.

# Together we keep Spinning the Wheels of Change!



#### VISIONARY 10,000 EUR

- 85 persons with disabilities receive wheelchairs with the company logo
- 10 athletes represent the company at Bucharest Marathon
- 2 press releases with thanks to the company
- 1 meeting with wheelchair recipients
- Samples of company products in the wheelchair users kit
- Other personalized benefits

#### TRAILBLAZER 2,500 EUR

- 25 users receive wheelchairs with the company logo
- Company logo on Motivation`s website, thanks via web and facebook post
- Other personalized benefits

### DEDICATED 7,500 EUR

- 75 users receive wheelchairs with the company logo
- 5 can be employees or family members
- 1 meeting with wheelchair recipients
- Samples of company products in the wheelchair users kit
- Other benefits

#### EVOTED 5,000 EUR

- 40 users receive wheelchairs with the company logo
- 5 athletes represent the company at Bucharest Marathon
- 2 press releases with thanks to the company
- Samples of company product in the wheelchair users kit
- Stories of wheelchair recipients

#### **MOTIVATING 1,500 EUR**

- 10 users receive wheelchairs with the company logo
- 2 can be employees or family members
- 3 athletes represent the company at Bucharest Marathon

#### BRAVE 750 EUR

- 7 users receive wheelchairs with the company logo
- 3 news posts on webpage, facebook and in newsletter

#### TRUSTFUL 300 EUR

- 3 users receive wheelchairs with the company logo
- 2 news posts on website, and other benefits



About Motivation, since 1995		
20,000 vectors independent living trainers, former beneficiaries		rs,
17 🔁	27 <i>J</i>	23 wears of Spinning the

teams in the country

abandoned young adults with severe disabilities live in our group homes since 2003 years of Spinning the Wheels of Change

# In Romania

Only 1 in 5

persons who need a wheelchair have access to one

# **Over** 30,000

persons who need a wheelchair every 3 years, are forgotten by the public health insurance system

# 1 NGO

Motivation donates personalized wheelchairs according to World Health

## FOR MORE INFORMATION:

W: www.motivation.ro/en M: 0730 190 927 www.facebook.com/FundatiaMotivationRomania