NGAMILAND COUNCIL OF NON-GOVERNMENTAL ORGANISATIONS (NCONGO)

PROPOSAL DATE: 2019/06/01

PROGRAM TITLE: "THE VOICE WITHIN" PROJECT

Start date: 18 August 2019

End date: 17 July 2020

Brief purpose of the program:

The goal of this event would be to create a platform that encourages a dialogue around persons living with disabilities, their rights and what they can contribute to not just Botswana but internationally. By involving stakeholders from the committee in the planning and implementation process of the art exhibit we expect that it would also promote recognition of the skills, merits and abilities of persons with disabilities, and of their contributions to the community.

Project Title: "The Voice Within" Project

Proposal Summary:

Like most children, those with special needs enjoy being creative and sharing their projects with others. While people with disabilities are present in all societies, many are hidden or excluded from society because of social stigma. Due to social stigma as well as many other barriers that they may face, many time persons with disabilities have limited opportunities to participate in a variety of activities. While there are current on-going projects for vulnerable populations there are none in Ngamiland that are intended to address persons living with disability specifically. So as a response, two staff members from NCONGO, 2 social workers and 1 community volunteer plan to conduct weekly art sessions for persons aged between 15-35 years old, form a committee and hold an art exhibit. This project will be an interactive and informative approach to addressing some of the issues that persons living with disabilities face, which are not already offered to them in Maun through the role of art. Art will be used as an expressive outlet for their traditions and recent life experiences. This program will also encourage community engagement and awareness about persons with disabilities, their needs, their potential, their rights and their contribution to the community.

Introduction to the Organization applying:

Ngamiland Council of Non-Governmental Organizations (NCONGO): Established in 2008, NCONGO represents an expanding membership of 50 NGOs/CBOs within the Ngamiland districts (Ngami & Okavango sub-districts) concerned with sustainable social and economic development, including but are not limited to conservation and livelihoods. As a volunteer-directed organization, NCONGO coordinates the efforts of and advocates for the needs of NGOs by assisting in capacity building of member organizations, facilitating networking and communication between the regions' non-state actors, and strengthening the links with government to enable real change. NCONGO holds that the future of Botswana depends on effective and coordinated partnerships between government, NGOs/CBOs, and private sector to address socioeconomic issues including the environment, the needs of orphans and vulnerable children, education, and health including HIV/AIDS.

Project Title	Name of	Project	Amount	Project	Comment/current
	Donor	Duration		Location	status
Maun	UNDP/GEF	2018-	BWP	Maun	In progress
Demonstration	through	current.	1,600,000		
Project	OKACOM	4 years			
Horticulture					
Condom	National				Project expanding
distribution	AIDS	2017/2018	BWP	Maun	into Gantsi &
project- #	Coordinating	12 months	446,160	Iviauli	Chobe district- in
KECHMMO	Agency,				progress

List of the financial or technical assistance from foreign governments, international organisations or NGOs for the past 3 years:

	NACA				
CSO Sustainability Index (CSOSI) for Sub-Saharan Africa- 2017	USAID implemented by FHI360	2018/9 12 months	\$11000	Maun	CSO SI covering all CSOs in Botswana-in progress
Ngami Rights project	European Union	2015 - 2018 3 years	€ 140,816	Maun	Implemented by a consortium- four organisations: completed
Environmental NGO/CBO Mapping and Policy Implementation Review	USAID	2016/2017 12 months	\$ 94,149.12	Maun	covering the countries CSOs- completed

Problem Statement:

There are many barriers – physical, attitudinal, policy, legal, lack of information – that limit disabled persons the opportunity to participate in varying activities in Botswana. The crucial need for social inclusion of People with disabilities in all aspects of social and cultural life cannot be overemphasized. Especially given that according to the 2011 Population and Housing Census, there are about 59, 103 people with disabilities in Botswana which is 2.92% of the total population of 2,024,904. This doesn't even include the number of cases that have gone unreported. With such a significant population size, it's crucial that we address their human rights and needs. While there are developments in Botswana to address persons living with disabilities including broadening the understanding of the "human rights approach" as a paradigm for understanding disability issues (such as health, the role of gender, social development, multiple marginalized status) there are few -if any-coordinated efforts to implement programs that focus on creating opportunities for youth between the ages of 15-35 years. The art sessions will provide them with just that - an outlet that may not otherwise reach these youth, especially due to their remote areas and/ or lack of funding for these kind of initiatives. The challenges that these youth face is not in isolated areas but all across the country and we must intervene to build the capacity of this population.

4. Program Goals and Objectives:

The ultimate goal of this project is to create a safe space and community through art therapy for those with disabilities so that they no longer feel isolated or disrespected. Such sessions would arm the participants with the necessary skills to express themselves as well as arm them with the vocational and interpersonal skills that could ultimately lead them to economic independence.

At the end of the 50 week long art program, participants along with the help from the committee will help to create and plan an art exhibit. The goal of this event would be to create a platform that encourages a dialogue around persons living with disabilities, their rights and what they can contribute to not just Botswana but internationally - specifically America. By involving stakeholders from the committee in the planning and implementation

process of the art exhibit we expect that it would also promote recognition of the skills, merits and abilities of persons with disabilities, and of their contributions to the community.

5. Program Activities:

The art therapy sessions will increase tolerance for unpleasant stimuli, making art therapy well suited for addressing sensory processing disorder (SPD); a pervasive problem in autism which contributes to a great deal of difficult emotions and behaviors.

- I. **Introduce interpersonal skills** through interactive learning through practical and first hand skills that will help them understand how they can utilize art as a trade
- II. A **website** will be designed and utilized as the e-business tool to access the high end tourism market and the international market, using trade agreements like AGOA.
- III. **Create content** for best practices and educational templates that can be used effectively in different learning environments focusing on educational tools and resources for empowering and educating people with disabilities through art.
- IV. Develop **art exhibit** that would act as a powerful tool, utilized as a means to foster a public dialogue, contribute to the development of a community's creative learning, provide a powerful tool for community mobilization and activism and help build community leadership
- V. Form a **committee** will mobilize community members by fostering community engagement and awareness about persons with disabilities, their needs, their potential, their rights and their contribution to the community.
- VI. **E-business mobile App** will help link the arts made by the disabled to various markets through use of mobile phones. The App will be linked to the website, hence allow for easy access and payments.

6. Program Methods and Design:

The art sessions will take place at a community based location weekly. The environment of the art therapy sessions will be quiet and away from distractions, allowing individuals that have experienced insurmountable amounts of stress and anxiety a safe space. The location also aims to make them feel comfortable with their surroundings so that they will get the most out of the sessions. In doing so, the hope is that the child will gain confidence through their participation in the various art activities. Such participation will offer persons who have long-term physical, mental, intellectual or sensory impairments an opportunity to overcome various barriers that usually may hinder their full and effective participation in Botswana. In order to create a conducive environment that will foster such growth, the social workers, volunteers and NCONGO staff will be integral in the agenda planning, curriculum design and implementation process.

7. Proposed Program Schedule: The proposed timeline for the program activities. Include the dates, times, and locations of planned activities and events.

Proposed Program Schedule

ACTIVITY	INDICATOR	TARGET	TIMELINE	MEANS OF	Objective
				VERIFICATION	

Hold project inception meeting with stakeholders	of	Schools Disability rehabilitation institutions Community members	September	Attendance Register Meeting Report	Curriculum Design Participant Recruitment Community involvement Committee recruitment
Identify and register disabled people	No. identified	25 disabled	September	Register Identification notes	Create roster
Procure art materials	Materials	Art materials	September	Quotations/Invoices /Receipts Inventory of procured materials	Assist in curriculum design
Facilitator & Committee Training	No. of Participants	20 participants	September	Register	Sensitivity Training for working with disabled
Initial committee Meeting	No. of participants	10 participants	September	Register	Develop objectives and mandate of committee
Conduct Art sessions	No. of participants	25 disabled	weekly	Attendance register	Skill development
Hold Networking forums	No. of participants	50 participants	Bi-Monthly	Attendance Register Network forum report	
Design and launch e- business website and mobile App	Website Mobile App	1 website 1 Mobile App	October	Website and mobile App published and active Launch report Attendance Register	Link services to public
Art Exhibit	No. of attendees	Community Members	November	Register	Community Outreach
Graduation	No. of participants	25 disabled	December	gister	Completion of program

8. Key Personnel:

Name	Title	Roles	Experience/Qualification
Siyoka Simasiku	Executive Director	Coordinate the project activity Prepares project reports	Degree in Business & Entrepreneurship, 17 years' experience
Gadifele	Finance &	Manage the project	AAT-5 years' experience

Moeti	logistics	finances	
	officer	Prepares financial	
		reports	
Gurudev	Special	Facilitate the artworks	Master in Fine Arts (MFA)- 15 years'
Korvi	Education –		experience
	Art Teacher		- Has been teaching Art & Design
	(provide		
	part time		
	services)		

NB: there will be 1 social worker volunteer for the project and we are covering transport allowance.

9. Program Partners: List the names and type of involvement of key partner organizations
and sub-awardees.

Name	Type of involvement
Thuso Rehabilitation Centre	Provide volunteer social worker, Help identify out of
	school disabled participants for the project. Assist in
	Organising the exhibition. Form part of the committee
Maun Senior Secondary School,	Assist in Curriculum development, Identify students for
Moremi Primary School	the art sessions. Assist in the Art exhibition. Form part of
	the committee
Nhabe Museum	Provide space for exhibition, assist in bring together the
	disabled and abled artists.

10. Program Monitoring and Evaluation Plan:

A lead staff member from NCONGO will conduct weekly monitoring and evaluation meetings with other participating members to ensure that all grant related activities are being completed according to the project timeline. The facilitator running the art sessions will evaluate the program after every session to ensure that each child is receiving the right support, is participating and learning vocational/ interpersonal skills. Lastly, the committee will meet monthly to plan community outreach programs, to assess knowledge of persons with disabilities in Maun and to discuss further opportunities to create awareness.

11. Future Funding or Sustainability.

Art itself takes few resources if any. However, in forming a committee made up of major stakeholders there is insurance that the project will be continued through the efforts of carefully picked persons that have an interest in continuing outreach programs. A group of persons who will develop a long term strategic plan focused on finding different methods of engaging the community in dialogue about the rights of persons with disabilities, to mobilize resources and to provide art therapy for that population.

7. Budget Justification Narrative:

Item	Budget (BWP)	Notes
Art Materials	25 000	paint, brushes, drawing boards, papers and pencils
IEC Material	8 000	Posters, Brochures
T-shirts	6 000	40 t-shirts @ 150 pula/shirt
Outreach Vehicle running costs	15 000	50 trips @ 300/trip
Stationary	6 000	
curriculum design & development	12 500	10ppx250x5 days
Committee meetings	3 600	10 pp X 60 X 6 meetings
Website & mobile App development	31 000	E-business website & mobile App development
Communication	8 000	
Taxi fare for participants (when attending art sessions	8 000	25 pp X 20pula X 16 weeks
Art exhibition	50 000	Art exhibition, including meals for 100 pp@ 150pp
Snacks for invitees & participants	15 000	100 pp@ 150pp
Art sessions -snacks	24 300	27ppx60x15 weeks - snacks for participants during the sessions
Art sessions networking forum	27 000	30ppx450x2days
Grand total	239 400	