

# CHILD SEXUAL ABUSE

(Half Yearly Report 2018-19)

SUBMITTED BY:



**Sahyog** care for you®  
Society for the Upliftment of Child Education, Health & Environment

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Sahyog believes "Childhood should be carefree, playing in the sun; not living a nightmare in the darkness of the soul" - Dave Pelzer

## Executive summary

The word "Sahyog" means cooperation in Hindi. Working in cooperation with various stakeholders to bring about difference in the lives of underprivileged, deprived women, children, their families and communities is what Sahyog is all about.

Sahyog Care works on various sectors one of them is Child Molestation that is Child Sexual Abuse. It is a form of child abuse in which an adult or older adolescent uses a child for sexual stimulation. Forms of child sexual abuse include engaging in sexual activities with a child (whether by asking or pressuring, or by other means), indecent exposure (of the genitals, female nipples, etc.), child grooming, or using a child to produce child pornography.

Sahyog's journey in the past year was filled with enlightenment, emancipation and heaps of learning opportunities. The CSA Awareness Program reaches out to children, parents, teachers and community with all age groups. Sahyog Care is aiming to create a positive change in the lives of these people. It works proactively by educating teachers and parents on how to recognize and prevent child sexual abuse.

## Vision

To inhibit our nation from Child Sexual Abuse

## Mission

To prevent Our Nation's children from sexual abuse and raise the awareness by empowering and educating individuals, families, societies and to collaborate with organisations to develop and prove strategies that prevent child sexual abuse.

With the vision to enhance our knowledge and reach maximum stakeholders, counsellors of Sahyog Care Team attended 5 days training in Mumbai. This year our focus is to work on personal safety education as well as providing training and capacity building to the maximum stakeholder on child sexual abuse and make this world a better place to live in.



## TRAINING TIME

### Child Sexual Abuse

#### Objectives:

In order to work on this sensitive issue we are conducting counselling sessions in the schools of Mangolpuri, Sultanpuri in Rohini zone, also conducting awareness session with the principals of South MCD (all 4 Zones) in Delhi, in marginalized communities and also doing preparedness sessions at Pan India Level in 2 States (Maharashtra & Telangana) for the quarter of the year 2018-19.

#### Target Group:

These workshops are especially for specific and primary stakeholders like children, teachers, principals, parents, caregivers and community people.

Following are the topics covered during the session:

Private body Parts

Safe and Unsafe touch

Differentiating between Secret and Surprise

How to Escape from dangerous situation?

Story: explaining the issue taking any virtual or unreal story.

Define their Roles and responsibility in these situations

Role of CWC, Police and Awareness on POCSO Act and JJB Act

#### Preparedness Sessions with Children:

Counsellors from Sahyog Care conducted the sessions in different schools with **5793** no of children in **Delhi** and two states at **Pan India Level**. During these sessions we make the children aware that "**I am the BOSS of my body**" and it's their responsibility to protect themselves.





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## Prevention and Awareness session with Specific Stakeholders:

Realising the importance of positive parenting, Sahyog Care conducted awareness sessions with **60 Parents**, **35 college Youths** and with **335 Community People**. Youth from the different institutes like IMT Ghaziabad, Delhi University and other management institutes has been sensitized on this issue.



## Training sessions with Teachers and Principals:

We conducted training and capacity building sessions with **512 no of Teachers and Principals** from schools of **North and South MCD** and at **Pan India level**. The main objective was to sensitize the primary stakeholders and give them skills to understand, age appropriate knowledge and deal with these situations. We also guided



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them about their role, POCSO Act, CWC and JJB Act. The objective is to sensitize the professionals to identify, address and manage CSA & provide psychological support to the children and adolescents in the school.



## SESSION WITH TEACHERS



## SESSION WITH THE PRINCIPALS

During these sessions, we are using various IEC materials like posters, banners, PPTs and videos etc to make them understand the concept better. We ask them to repeat story (which we recite during the session) and also recite it during the Bal Sabha which holds once in every month.

We believe that every child has the right to a successful future and it all begins with a healthy and safe childhood. By pledging your support, Together, we're helping parents and families raise children in loving environments.

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Take the Pledge for Prevention today!!



## PLEDGE FOR PREVENTION

### Distribution of Preparedness Material :

One of the most popular board games in many countries comes with many educational benefits as well. Who could have thought of turning this game into a mode of creating awareness amongst children?

It is indeed an innovative step taken by Sahyog Care by developing tools to protect children. It was designed on the issue of CHILD SEXUAL ABUSE and PERSONAL HEALTH AND HYGIENE and was distributed in schools and we are also distributing protection posters.

Both Child sexual abuse and personal health & hygiene are the issues of great importance. We are not unaware of the trauma faced by the children who go through sexual abuse. And we absolutely cannot deny the fact that how important it is to maintain personal health and hygiene in children as it directly leads to various diseases. This game may provide safe early life lessons. It can also help to prepare the child for life's little reversals.



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**Ms Nirmala - Deputy Director, Ms Anju Arora - School Inspector (Education Dept. MCD) and Principals of MCD Schools**

We have also come across few cases of child sexual abuse during our sessions. Sahyog team rescued the children and helped them to overcome from this trauma. Apart from these rescue cases, we have also solved many queries of the parents, teachers and students on how to deal with this.

## **Issues and Challenges :**

We faced many challenges during these sessions :

Involving all the stakeholders like teachers and staff within the school environment continues to be a challenge. Parents and teachers are often reluctant to commit time and energy for counselling sessions.

Many times there are no room and hall available for conducting sessions.

Child Sexual Abuse is still a complex and silent phenomenon. The denial and stigma around the issue cuts across all sectors and very few organizations for responding to child sexual abuse through sustained training capacity building. Some organizations and schools, even after undergoing the training are unable to implement what they learn.

Getting permission from higher authorities is itself a challenge. Sometimes principals refused permissions to take the sessions as the permission letters were not signed by their SI. Then convincing the principals for the session becomes a challenge for our counsellor.

## **Conclusion**

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Child sexual abuse is a very heart touching and sensitive issue. Though it's not easy to work on it, but we have our goal to reach maximum stakeholders by end of the year 2018-19 with our dedicated team.