

## BNMT Nepal

BNMT Nepal is built on the foundation and expertise of The Britain Nepal Medical Trust UK with the commendable history of serving Nepalese people since 1967. For the last 50 years, BNMT's programmes have been focused on supporting and strengthening the government's intervention in Tuberculosis, Child health, Mental Health and Psychosocial Support Services, Water, Sanitation and Hygiene and access to health care services. Today, BNMT Nepal remains committed towards bringing an improvement and providing support to different communities including marginalized population, women, children and elderly throughout the country.

### Vision

Improved health and wellbeing of Nepalese people.

### Mission

To ensure equitable access to quality health care and enabling environment for socially and economically disadvantaged people.

### Areas of Intervention

Tuberculosis Control program  
Mental Health and Psychosocial Support Services  
Water, Sanitation and Hygiene  
Disaster Risk Reduction  
Reconstruction  
Health Camps

## TUBERCULOSIS CONTROL

WHO estimates that 44,000 Nepalese develop active TB every year and out of them 20,500 have infectious Tuberculosis and can spread the disease to others

Pioneer in TB, BNMT piloted new approaches to TB treatment such as DOTS, active case finding through contact tracing, treatment and support for people with TB-HIV co-infection. Currently, BNMT is working across 40 districts to support the National Tuberculosis Programme in active case detection through contact tracing and microscopic camps, strengthening TB-HIV cross referral system, engaging private sector to increase case notification, school health intervention to find and treat missing cases from the hard to reach areas, lab strengthening as well as conduct research in case finding approaches. Also, with the objective of reducing the diagnostic delay and enhance the diagnostic capacity through advanced technology, BNMT has installed 10 GeneXpert machines in government health facilities of 6 districts to support early detection of TB in hard to reach areas.



## MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS)



BNMT initiated MHPSS programme with the prime objective of providing psychosocial support to the earthquake survivors to revive them from trauma, fear and emotional distress and to build resilient communities. Reaching 22 VDCs at present, we are promoting this programme through establishment of MHPSS help desk in health facilities of 15 hard to reach VDCs of 5 districts, capacity enhancement of health workers and non-health workers, strengthening of the referral system, individual counselling and school counselling, and providing psychosocial support services directly to the doorstep of earthquake affected communities.

The earthquake affected communities continue to need psychological support when normal life has resumed, at two years and beyond

## WATER, SANITATION AND HYGIENE (WASH)

Inadequate sanitation facilities such as toilets can pose serious threat of infectious diseases among the vulnerable population

Educating communities on importance of WASH and enabling them to practice healthy hygiene behaviour has been one of the priorities of BNMT on the prevention of communicable diseases and raising awareness. BNMT's work is mainly focused on construction of gender friendly community toilets, trainings to health workers and non-health workers, school and community based WASH activities for improving hygiene and sanitation. BNMT is also promoting the Menstrual Hygiene Management (MHM) of adolescent school girls in five districts of Nepal.



## DISASTER RISK REDUCTION (DRR)

DRR intervention has been initiated in BNMT Nepal for the purpose of capacitating health workers on Disaster Risk Management (DRM), Environment Health and Safety (EHS), Mass Casualty Management (MCM), disaster response plan and disease outbreak management to enhance their disaster preparedness and response. The intervention is currently running in Makwanpur district.



Makwanpur is one of the disaster prone districts of Nepal. The health facilities don't have DRR interventions. There is no detailed and updated DRR plan at the institutional level.

## RECONSTRUCTION OF HEALTH FACILITIES

In Makwanpur many health facilities were completely damaged from the earthquake that disrupted the delivery of health care services.



Recognising the need of health facilities reconstruction, BNMT Nepal constructed seven Health facilities in seven VDCs of the district in consultation with the MoH, DPHO Makwanpur, community and the donor. BNMT also supplied medical equipment and furniture according to the guideline of Ministry of Health. The new buildings have twelve rooms with OPD services, basic emergencies and obstetric service (BEoC), family planning and counselling, dressing and minor operation, stores, waiting room, staff quarters and toilets. They have been handed over to the government of Nepal and have now resumed the delivery of health care services.

## HEALTH CAMPS

BNMT has been conducting several health camps (in Kathmandu, Bhaktapur, Nuwakot, Dhading, Sindhupalchowk and Makwanpur districts) with the objective of providing free health check-ups and medical aid to the earthquake affected communities at their doorstep. The health camps run with General Physicians, Orthopaedists, Obs/Gynaecologists, Paediatricians and Surgeons targeted vulnerable populations such as pregnant women, lactating mothers, elderly and children providing referral services to those who needed long-term attention. These camps have helped more than 4,700 individuals to get free health consultations till date.



Many hard to reach areas have inadequate or no access to health care services due to difficult topography



Save the Children



## OUR DONORS



LOTTERY FUNDED

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