

September 2020 Report

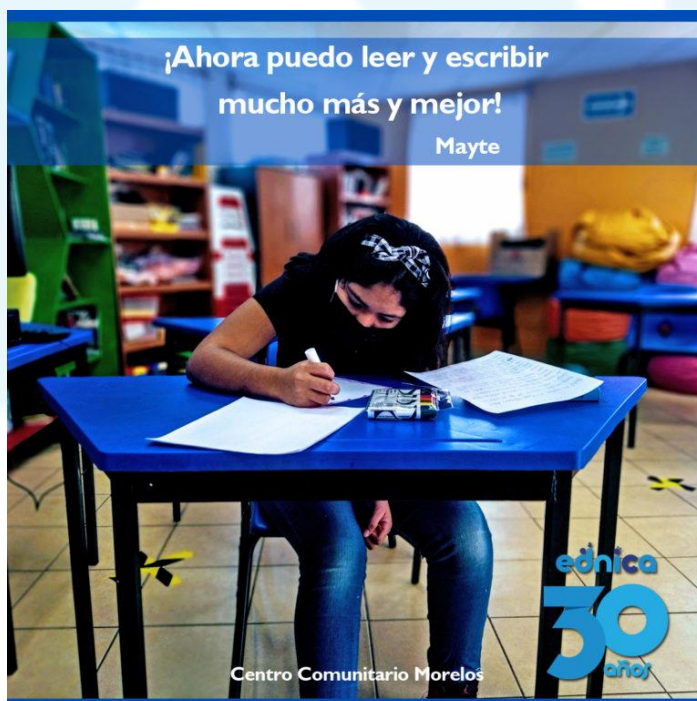
Hi, I am Mayte!

Hi! I'm Mayte, I'm 14 years old and I'm in my second year of high school. I arrived at Ednica when I was 5 years old, my mom brought me because my older brothers were coming, I was very young and my brothers completed their cycle in the institution, so I stopped going to the community center for my activities, it was a break that lasted about 6 years. I returned and when I started going to the activities, I felt very nervous because I did not know anyone; but now I feel much more comfortable and better.

Coming to ednica has helped me in many ways, for example: to improve my reading and writing, now I can read and write much more and better. Also in the quarantine they have helped us with some donations that have served us a lot.

During the almost 10 years that I have been coming, I have had beautiful adventures, I remember a lot a visit to Six Flags, and if we talk about activities, my favorites are the ones with emotions, because they make me feel calm.

ednica, thank you very much for all the time!



Quarantine reporters!

By Karla Mariana Hernández Montero

At the Morelos Community Center, although the activities have gradually returned to normal in a face-to-face manner, we have continued to work from a distance.

In the different points of work with families (Center or Educational Processes in Public Spaces “PEEP”), through the application of WhatsApp, in addition to monitoring their situation in general, we worked on different topics of interest.

During the last weeks some children and adolescents joined the challenge of developing a virtual magazine becoming reporters and doing different research works related to the COVID-19. They were also in charge of illustrating, writing, designing and editing the content of the funny sections of their first issue.

Without a doubt, this activity tested many of the skills of the girls' team, as well as those of the adolescents, who were able to give free rein to their imagination, vivacity and creativity. Through this work, they were able to express their main concerns and meet those of others, composed verses and poems, wrote stories and exciting stories, which expressed all those emotions that have been living during the contingency, which has lasted several months.

The distance did not prevent each of the members of the Morelos team from contributing their grain of sand, to make this first issue of the magazine a challenging, entertaining experience, above all, full of learning!



My world in ednica, the production of a magazine

By Pilar Concepción Baltazar Cruz

The COVID-19 has faced us with different difficulties, one of which is distance work. Although in the Xochimilco Community Center (CCX) we work in a face-to-face manner by family to maintain small groups, we continue with distance activities with children and adolescents.

During the month of September, in the CCX we worked on the elaboration of the first number of the virtual magazine. The first stage of the work was totally at a distance. This included the presentation of the project, voting and name election, proposal and election of sections and the invitation to children and adolescents to participate as reporters of the magazine.

To work each section, we had volunteers of all ages, from preschoolers to teenagers; enthusiastic, at a distance and with the support of the educators, the investigations were started.

When the family had to attend the CCX we took advantage of the opportunity to clarify doubts, continue with the investigation or transcribe their articles to digital format. As a result, we covered health topics of interest to adolescents, such as treatment for acne elimination or prevention of teenage pregnancy; topics that concern everyone, such as the correct use of mouth guards; entertainment, with the opinion and recommendation of a movie or facts about soccer; and topics of general interest such as animal care, recommendations to improve family life and tips for the creation of alebrijes.

The realization of this magazine has shown us that in ednica the distance is not an obstacle for the realization of the activities and most importantly, that children and adolescents are still present and interested in making their opinion heard.



Measures of prevention and expression of emotions in front of the COVID-19 with the mothers of the children.

By Alfredo Navarro Colula

The country is in the process of adapting to the new normality due to the arrival of the COVID -19. CDMX continues at the orange traffic light and at the Ajusco Community Center (CCA) we have adhered to prevention measures; a protocol was implemented for the entry and stay of the population we serve and we discussed the action of the virus to reduce active cases.

In September, we worked with the mothers who come to the CCA, although it is true that in the previous months we worked on prevention measures and healthy distance, we sought to increase and strengthen all their knowledge about the COVID-19 through explanation and dialogue. They were explained how the virus reacts and how to avoid contagion, and the main symptoms and vulnerable people were also addressed. As a result, the mothers were proactive in thinking about how they would apply the health measures both in their homes and in their daily activities. For a long time now, Ednica has become a place where they can talk about all the situations they go through in their day-to-day life and even more so in these complicated moments of an epidemic, so they also expressed their emotions and difficulties regarding the subject.

In ednica we will continue to work on our mission so that girls, boys, adolescents, young people and families in street situations acquire skills and tools to build alternatives for a dignified life based on their human rights.



Prevention of violence and criminal behavior in children and adolescents

By Román Díaz Salgado

During the second quarter of this year, in order to strengthen the emotional health of children and adolescents who participate with ednica IAP, we followed up on the actions included in the project "Promotion of the culture of peace and legality with children and adolescents in street situations". In this way, the intention of the following note is to share the results of this project for the indicated period.

As quantitative results, with respect to the objective focused on contributing to the emotional well-being of children and adolescents in violent contexts, through the development of a culture of peace and legality, 96 children and adolescents followed the development of social-emotional skills through psycho-educational sessions. Also, 42 mothers had access to sessions for strengthening the emotional well-being of their children, based on promoting a culture of peace and legality from their homes. With respect to the objective of the project aimed at strengthening the social and psycho-emotional development of children and adolescents through therapeutic processes, it was possible to provide continuity in the psychological care of 34 patients. To this end, 185 consultations were made, most of them by telephone, due to the situation of social distancing caused by the COVID-19 pandemic.

As for qualitative aspects in the development of the project, NNA acquired notions and developed skills oriented to strengthen their capacity to interact with attachment to the norms of social coexistence that operate in different spaces where they develop; for this, they carried out exercises that help them identify the rules of social coexistence. They also carried out exercises in which they recognized the advantages and benefits of behaving with an attitude of commitment to legality, and in opposition to violent and criminal behavior. In addition, with these exercises, NNA put into practice their skills to analyze a problematic situation, anticipate the consequences, clarify their position and make decisions based on the culture of legality. Some of the techniques used to address these issues were concept building, brainstorming, and analysis of dilemmas related to the issue of legality. On the other hand, from the healthy distance due to the sanitary emergency, it was possible to generate alternatives of attention by means of the conformation of virtual groups, through which the therapeutic educational relationship was maintained and the emotional state of NNA was monitored; besides that affective abilities such as self-esteem, identification and expression of emotions were promoted, as well as the capacity to generate a routine during the confinement.

The educational-therapeutic relationship was maintained with the group of mothers, in addition to reinforcing emotional self-regulation skills (identifying, naming and managing emotions), positive parenting skills and the development of safe environments in the home, in the context of confinement due to the health emergency. Strategies such as the creation of virtual groups, regular monitoring of emotional status, review of thematic videos and reading of stories by mothers with their children were used to reflect on the role of emotions in quarantine.

While with the patients in psychological treatment, in general terms, it was possible to give continuity to the attention of their emotional health from a phone call in the context of social distancing. Thus, the therapeutic relationship was maintained, and skills were promoted for the management of emotions, strategies for harmonious coexistence at home, as well as the promotion of capacities to adapt to the new normality. In the more specific dimension of the cases, progress was made in identifying and addressing particular problem situations that were affecting them, and with this, support was provided in formulating solutions and alternatives to them, based on their strengths.

These results are part of the efforts made, responding creatively to the health measures for the COVID-19 pandemic. We would like to reiterate our gratitude to all our allies for their support in the operation of the project in favor of the emotional health of NNA in a street situation.



Institutional strengthening before COVID-19

By Ramón Rubio Manuel

In September and we continue our work, facing the pandemic with all security measures to prevent the spread and infection of COVID-19 in our population served, in our employees, who enthusiastically adhere to these rules.

On the one hand, we continue with the search for strategic allies for institutional strengthening, participating in calls from public and private institutions.

Likewise, we are grateful for the support of Old Navy Perisur, which through its volunteer program, the collaborators collected school supplies to support the children we serve in our community centers and which will be very useful for their activities and homework.

We also thank Mizuho Financial Group, who joined our cause by supporting with pantry items to be delivered to the families that participate in our community centers and that will be of great support to their economy, which has been affected by the pandemic.

On the other hand, meetings began virtually with colleagues from Codeni, A.C. and Matraca, A.C., to follow up on the schedule of the network project for the prevention of addictions, in three cities in our country, which will allow us to keep our children and adolescents away from the consumption of psychoactive substances.

In this way we show the work we do daily and that allows us to have human, economic and in kind support that contributes to our institutional mission. To conclude, we invite you to continue your support by spreading the word about our work that can be seen and shared daily on our social networks.




Actions against COVID-19

We have faced many challenges and we are going to have stronger challenges.

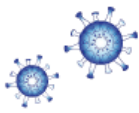
We also have enormous gratitude. Thanks to the commitment of every member of ednica. Thanks to the trust of friends, companies and allied foundations. Thanks to the NEW FRIENDS who have joined our work.

To thank you for your support and accompaniment, we present our actions during the pandemic. With you by our side, we are moving forward.



Acciones frente al COVID19

Procesos Educativos y Ejercicio de Derechos



**Niñas, niños, adolescentes
trabajadores y familias**

Acciones virtuales

Seguimiento a procesos educativos

- * Plática informativa sobre mitos y verdades del COVID 19. Médicos de VIS Foundation.
- * Mensajes de aliento a través de grupos de chat (creados ex professo) a través de la aplicación de Whats App.
- * Promoción de medidas de protección y cuidados ante emergencia sanitaria: lavado de manos, higiene, uso de cubrebocas, ejercicio físico en casa.
- * Sistema de semáforo en la CDMX.
- * Verificación de información en redes sociales.
- * Identificación de lugares, personas y red de apoyo y seguridad.
- * Lecturas, dinámicas educativa, creación de personajes, carteles y secuencia de dibujos.
- * Monitoreo y seguimiento emocional
- * Monitoreo estructural a las viviendas por sí mismo.
- * Fomento de actividades familiares.
- * Tutorías y monitoreo a apoyos educativos especiales:
 - * Scotiabank en la comunidad
 - * Fundación Quiera
- * Apoyo de tareas en línea y uso de plataformas digitales y para la prueba piloto del COMIPEMS.

Conmemoraciones

- * **Día del Niño y la Niña:**
 - * Identificación e ilustración de DDHH de NNA.
 - * La foto que más me gusta de mí.
 - * Juego del avión.
 - * Juego de la Oca.
- * **Día de las Madres:**
 - * Reconocimiento de las y los hijos a sus madres, sobre su apoyo y expresión de su cariño.
 - * Elaboración de videos para reconocer el trabajo de las madres durante la crianza.
- * **Día Mundial contra el Trabajo Infantil:**
 - * Elaboración de videos, carteles, reflexiones, intercambio de opiniones e identificación de riesgos.
- * **Día del Padre:**
 - * Reflexión y descripción: ¿Cómo sería si fuera padre?
- * Evento de **Graduados Bécalos** vía Facebook live.

**Niñas, niños, adolescentes,
jóvenes y familias vinculadas
a la vida en calle**

Acciones presenciales

Servicios

- * Acceso a servicios de higiene personal (regaderas y lavaderos).
- * Preparación de alimentos.

Seguimiento a procesos educativos

- * Información sobre el Coronavirus, transmisión, síntomas y atención.
- * Uso correcto de cubrebocas y careta.
- * Sesiones grupales a jóvenes vinculados a la vida en calle:
 - * Contención y manejo de emociones.
 - * Monitoreo de la salud y autocuidado.
 - * Promoción de actitudes y prácticas de autocuidado.
 - * Juego "Gato de cuidados & riesgo de contagio".
 - * Percepciones, emociones y alternativas de afrontamiento por COVID-19.
 - * Afrontamiento positivo para el auto cuidado de la salud, identificación y expresión situaciones problemáticas, pensamientos y emociones.
- * Consejería y contención a familias.
- * Consejería a jóvenes.
- * Seguimiento a joven canalizada al Centro de Asistencia e Integración Social Villa Mujeres.
- * Seguimiento a los niños, niñas y adolescentes canalizados.
- * Seguimiento a joven con apoyo para Renta en Fase IV.

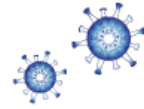
Salud Emocional

- * Seguimiento telefónico a las y los pacientes atendidos de los 3 centros comunitarios.
- * Monitoreo, seguimiento y atención a la salud emocional vía telefónica:
 - * 63 acompañamientos a 14 niñas, niños y adolescentes.
 - * 51 acompañamientos a 9 padres, madres o abuelos responsables.



Acciones frente al COVID19

Hemos enfrentado muchos retos y vamos a tener desafíos más fuertes. También tenemos una gratitud enorme. Gracias al compromiso de cada integrante de ednica. Gracias a la confianza de amigas, amigos, empresas y fundaciones aliadas. Gracias a I@s NUEV@SAMIG@S que se han sumado a nuestro trabajo.



Procuración de Recursos

Aliados:

- 1 Internacional.
- 35 Donantes individuales.

• 2 Campañas:

- Donadora.
- Global Giving.

• Donantes en especie:

- 25 fundaciones o empresas donantes de alimentos, despensas, productos de higiene y limpieza, cubrebocas, caretas y mobiliario de oficina:

- A Quien Corresponda, TV Azteca.
- Fundación Taiyari, compartir por la inclusión A.C.

- Iniciativa ciudadana Donemos Caretas, a través de la Junta de Asistencia Privada del D.F. (JAPDF).

- Parroquia de Nuestra Sra. de Guadalupe.

- Natura Distribuidora de México, S.A. de C.V.

- VIS Foundation, I.A.P.

- APIS, Fundación para la Equidad, A.C.

- Fundación Herdez, A.C. y RC Operadora de cafeterías S.A. de C.V. a través de la JAPDF.

- Nutrisa Gran Sur y Fundación Herdez, a través de la JAPDF.

- Club Universidad Nacional, A.C.

Para agradecer tu apoyo y acompañamiento, te presentamos nuestras acciones durante la pandemia. Contigo a nuestro lado, vamos a salir adelante.

Comunicación Social y Posicionamiento

- Creación de grupo institucional en WhatsApp.

- Campaña informativa en coordinación con Ali Ruiz Coronel, sobre la situación de las y los jóvenes vinculados a la vida en calle.

- Impresión de tríptico informativo sobre el Coronavirus.

- Coordinación con Épica, el área de Procuración de recursos y la Dirección General, del diseño y difusión de las campañas:

- COVID19NoNosDetiene. Mira A Quien Vive En Calle. (Donadora)

- COVID19DontStopUs. StreetsAre Not A Place For Living. (Global Giving).

- Difusión del trabajo operativo.

- Infografía para el lavado de manos.

- Guía y lineamientos de desinfección en las áreas de trabajo.

- Difusión del Boletín mensual.

- La Dirección General en colaboración con EYEBOS FILS realizó los videos testimoniales de Javier y Memo.

- Difusión de Infografía de acciones COVID-19.

- Actualización del Manual de Comunicación Social y Posicionamiento.

- Informe Anual 2019 versión inglés.

Finanzas y Desarrollo Institucional

- Elaboración de Protocolos institucionales para el regreso a actividades.

- Implementación de protocolos de higiene y limpieza:

- 1.- Adecuación de los espacios para mantener la sana distancia.
- 2.- Disposición de cada Centro Comunitario (Ajusco, Morelos y Xochimilco) con los insumos necesarios para mantener los espacios limpios y desinfectados, como son:

- a) Termómetros
- b) Cubre-bocas
- c) Gel antibacterial
- d) Tapetes sanitizantes
- e) Líquido antibacterial para los muebles y materiales de oficina
- f) Instalación de acrílicos para la división de escritorios.
- g) Señalamientos para mantener la sana distancia.

- 3.- La Dirección Operativa, junto con las y los Coordinadores de cada Centro establecieron protocolos de higiene para el ingreso y estancia de la población en los Centros.

- 4.- Se convocó a las familias en diferentes horarios para poderles ayudar con despensas y artículos de higiene (se les otorgaron cubre-bocas y caretas).

- 5.- Los fondos recibidos en apoyo a esta contingencia, serán reportados en el SAT para dar cumplimiento a esta nueva obligación de las donatarias.