

NOVEMBER 2019 REPORT

MATH AND LITERACY SKILLS

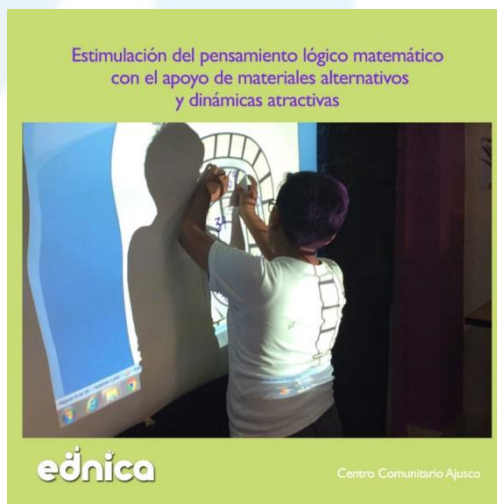
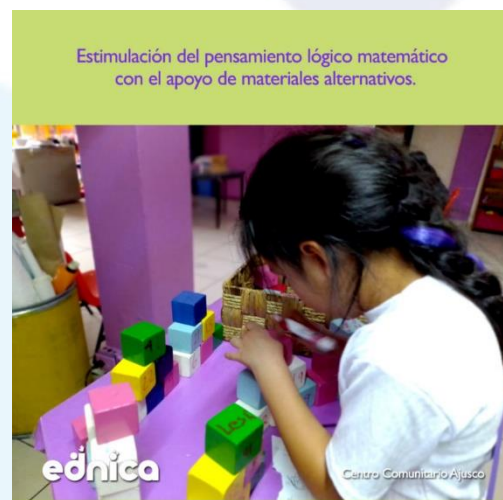
By Erandi Villanueva Dávila

In order to continue strengthening and improving reading, writing and mathematical logic skills, during the month of October the Ajusco Community Center worked on these topics with children and adolescents through attractive dynamic activities and concrete material.

As for mathematics, part of the objective of developing this type of activities is that participants understand and appreciate them in everyday life, enjoy their use and explore different alternatives for resolution.

On the other hand, reading and writing seeks to generate in children and adolescents the habit of reading, in addition to promoting literary production to improve their process of reading and writing, helping with the use of technologies.

For ednica, it is extremely important to work in these two major areas, since the school trajectory is one of the three variables with which ednica works, which are part of our intervention model, which seeks cognitive development to build an educational project and exercise the right to education.



FASHION IN THE STREET

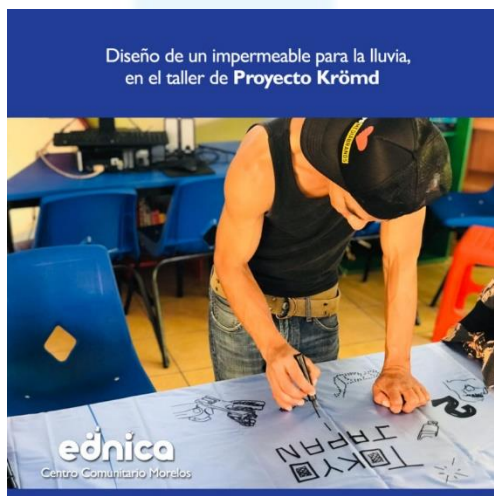
By Saraí Ramirez Eufemio

Fashion is understood as the set of clothing, adornments and accessories used, based on tastes, uses and customs, used by a group of people for a given period of time. Faced with this definition, we ask ourselves: How do street youths understand fashion?

In October, the Morelos Community Center welcomed the Krömd Project collaborators to its facilities for a workshop, whose objective is to open the doors of dialogue between creatives, establishing a platform of expression between collectible design and social reflection, through sustainable techniques. In this workshop the young people linked to street life participated in a talk in which they defined what street fashion is, what kind of clothes they wear to work and what kind of clothes they wear for everyday life. They also talked about the prejudices that are often experienced by not dressing in the same way as the people around them; they believe that dressing well is important to society.

The workshop allowed them to design a raincoat for the rainy season, which would allow them to cover themselves from bad weather and be able to store and carry things that are important to them.

Thanks to these workshops and collaborative projects, young people linked to street life can express, through design, what they feel. For them, what they like and what they embody in a garment will be fashion.



TOMÁS, MORE THAN A ALEBRIJE, A COLLABORATIVE SYMBOL

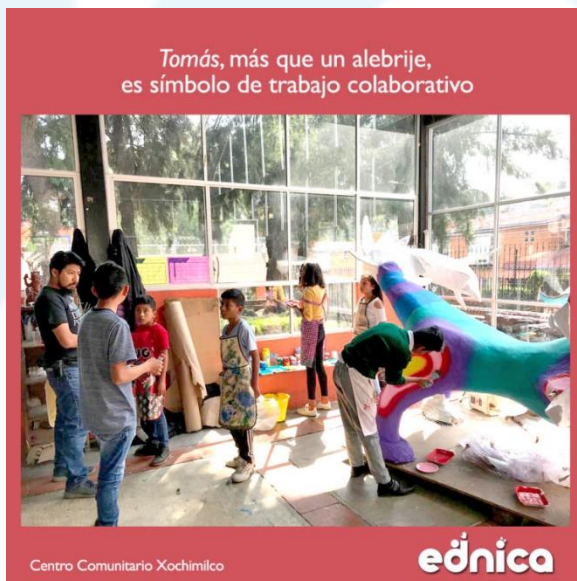
By Claudia Cervantes Cano

On October 19, ednica joined the 13th Parade and Contest of Monumental Alebrijes of the Museum of Popular Art (MAP), with the alebrije Tomás that for its realization had the collaboration and direction of artisan Angel Villanueva, specialist in cardboard.

Tomás was made in the Luis Spota Cultural Centre, in the Santa María Tepepan colony. In Angel Villanueva's words, Tomás, the alebrije, represents a personal legacy, composed of various parts of different animals, including: lion's hind legs, which symbolize strength; horse's front legs, to give direction; mermaid's tail, which generates impulse; and dragon's head, which represents dominion and strength.

The production of Tomás is an example with which ednica promotes the coexistence and realization of activities that contribute to recreation and good treatment among the population that attends our institution. On this occasion, the efforts of the children and adolescents of the Xochimilco Community Center were joined, who participated in the different processes indispensable for the elaboration of Tomás (the alebrije), and carried out a diverse range of activities ranging from building the structure of the skeleton, wallpapering, sanding and painting the alebrije.

Also, for a couple of days, some of the boys and girls from the Morelos and Ajusco centers went to the culture house to support their classmates and enjoy the creation of Tomás; besides, the population from the three ednica centers (Xochimilco, Ajusco and Morelos) accompanied Tomás throughout the entire parade. This type of exercise requires coordination and discipline, the result was excellent and we hope to continue contributing and participating in activities that promote healthy coexistence in spaces free of violence, encourage the arts and promote the conservation and dissemination of Mexican traditions.



SOCIO-EMOTIONAL SKILLS

By Roman Diaz Salgado

As part of the actions in Emotional Health, group therapeutic educational sessions have been carried out with adolescents and young people linked to street life (AJVC) who participate in the Morelos Community Centre. Therapeutic educational care with the AJVC seeks to improve their emotional health by increasing intra- and interpersonal skills and interpersonal relationships and good treatment, to reduce violence, develop positive duels and develop alternatives to counteract the effects of addiction.

Thus, from May to October we were developing group sessions to reinforce notions and skills of emotional self-knowledge, self-esteem, emotion management, empathy, tolerance, coexistence based on good treatment, as well as assertive communication and problem solving. We also worked on the strengthening of notions to identify violence, as well as promoting the formulation of strategies to confront and prevent violence.

The therapeutic educational strategies consisted of reinforcing the work framework, generating dynamics of trust and group integration, community session, playful and experiential dynamics, opinion polling, exposure, problematization and analysis of real and hypothetical situations, identification and confrontation of cognitive distortions, cognitive restructuring, socio-dramas, modeling and shaping of skills; in addition to reinforcing notions, actions and adequate attitudes, among others.

Therapeutic educational sessions are one of the components that bet on improving emotional health in this population, with a margin of flexibility, given the characteristics of the population, but with structuring principles and actions that encourage participation, the development of skills and with it, the achievement of objectives.



COMMITTED WILLS

By Ramón Rubio Manuel

In October we received a visit from some Old Navy collaborators at the facilities of our center in Ajusco colony, to learn more about our work. After the institutional presentation, they lived together and talked with some of our young people and teenagers. When they saw the work we are doing, they gave us the good news that we will be part of their volunteer program, with their on-site support during the last week of each month. We also want to thank the company H&M Hennes & Mauritz Mexico for the donation destined for our young people from the street life program, who received pants, t-shirts and sweaters for this cold season; this donation helps to promote the inclusion and well-being that our population needs, through access to clothing. We are also grateful for the support of Central Motzorongo, S.A. de C.V., which for the second time donated three bulks of sugar; and also to VIS Foundation with its donation of 100 liters of milk, which helps in the food we provide to our population served.

With respect to the projects, we had the opportunity to participate in AIEn Foundation's 2019 Call for Proposals, through which we will receive cleaning products for our three community centers in 2020, thus recognizing the social benefit we achieve.

It is undoubtedly gratifying to also generate changes outside ednica, reflected in the staff and institutions committed to children and youth in street situations.

