

February 2021 Report

Welcome Patricia Secunza

With 2021, we welcome Patricia T. Secunza Schott, who was selected by the Patronato of ednica IAP, as General Director, to promote ednica in our fight for the Human Rights of homeless people.

We know that the year that begins will be full of complex challenges, we are certain that it will be a year in which we will achieve important things, we ask you to join us in the work we perform with so much pleasure, effort and commitment.

El Patronato
ha seleccionado a
Patricia Secunza
Schott
para tomar la
Dirección General.

My name is Yazmín

I'm 15 years old, I'm in third grade and I'm about to go to high school, I've been attending ednica for 9 years.

In ednica, we have done different activities such as alebrijes where we use our imagination to create them. We have also had sessions about the prevention of the consumption of psychoactive substances, their risks and what can happen if you consume them; we have also talked about emotions, mathematics, reading and writing.

I find all these activities very interesting because we learn different things every day. Also, between everyone, we made a virtual magazine about physical health, some stories and poems.

The topics I have liked the most are: reading and writing, emotions, sessions about the prevention of psychoactive substances consumption. For me these topics are very interesting.

ednica, thank you very much for all the time!



Healthy point. Recommendations to take care of our health.

By Alfredo Navarro Colula.

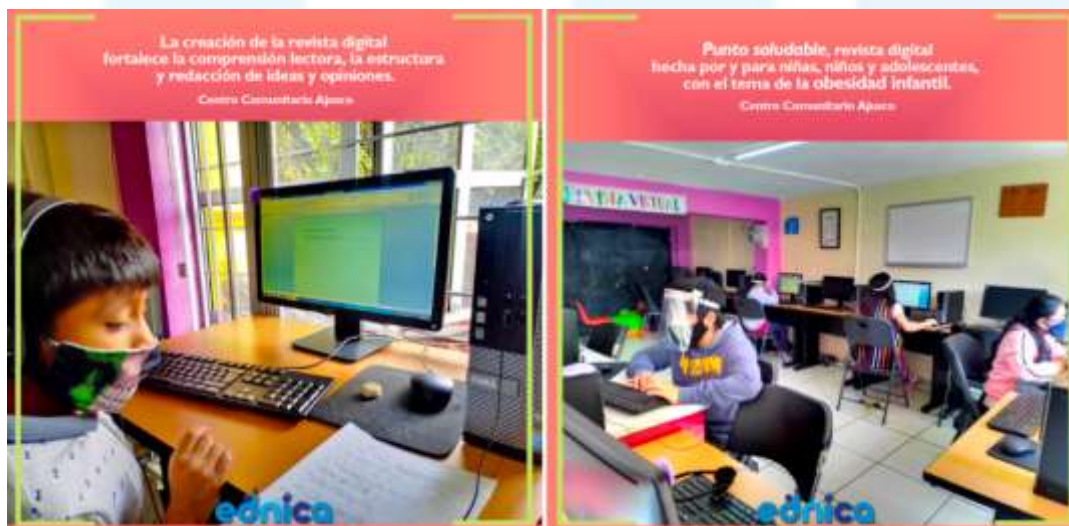
We have started the year 2021, we are still in red light in the CDMX and at ednica we continue working remotely with children and adolescents (NNA). This month we were able to finish the digital magazine made by the children and teenagers where they expressed ideas and points of view related to health issues, these issues were generated as a result of the pandemic by COVID-19.

For the execution of the magazine it was necessary to carry out a process: first, the choice of the name of the magazine, where everyone participated and voted; then, to choose the themes and sections; they ended with the choice of texts. Thus, "Punto saludable" was created, a magazine made by and for children and teenagers, where the main topic was childhood obesity. As part of the content, they wrote opinions, recommendations and recipes to reflect and initiate healthy eating habits and prevent childhood obesity. Its sections are health, exercise, recommendations, and of course, the story section where they let their imagination fly. It was worked by sessions, where the NNAs created their drafts on exercise routines, healthy recipes, invitation to exercise in public parks and opinions about youth and COVID-19. Throughout the process of developing the magazine, reading comprehension, structure and writing of ideas and opinions of the NNAs were developed and strengthened, some of them even took on the task of drawing pictures for their stories.

At ednica we continue working to fulfill our institutional mission. By working on this type of initiative, creativity, reflection, communication, decision making and the development of skills that help children and teenagers to have more personal and group tools in the exercise of their human rights are encouraged and increased.

The creation of the first literary magazines worked on in digital format by the children and teenagers who participate in our three community centers: Ajusco, Morelos and Xochimilco, was achieved thanks to the support of our allies Quiera, Fundación de la Asociación de Bancos de México, A.C., Fundación Compartamos, A.C., Promotora Social, A.C., Fundación La Salle, I.A.P. and Fundación Dibujando un Mañana, A.C.

Next, with much affection we share with you the result of the magazine produced at the Ajusco Community Center:



Still close even in the distance

By Eddyán Escobar Puebla.

Social distance hasn't been an impediment to continue with our mission to promote and defend the rights of children and teenagers (NNA) who attend the Xochimilco Community Center (CCX). We started 2021 with distance activities, continuing with the psycho-educational workshop for the prevention of Covid-19.

We have searched for creative ways to adapt the activities and carry them out at a distance, relying on technological tools such as WhatsApp groups. During the activities, we reinforced prevention measures to avoid the spread of Covid-19 such as maintaining good hygiene and the importance of good physical health.

The NNAs shared with us photographs and audios of their activities and reflections on health care. In the case of the preschool children, their participation in the WhatsApp groups would not have been possible without the cooperation and support of their mothers, who worked together with them. In addition, some of them carried out the activities as a family, promoting family coexistence and teamwork, which we always encourage at ednica.

Undoubtedly this year has begun with challenges that we must continue to face under this new normality, but in CCX and ednica we continue thinking on different ways to maintain the link and the educational processes with the families that attend and continue to promote the development of skills and acquisition of tools for life.



We remain strong in difficult times

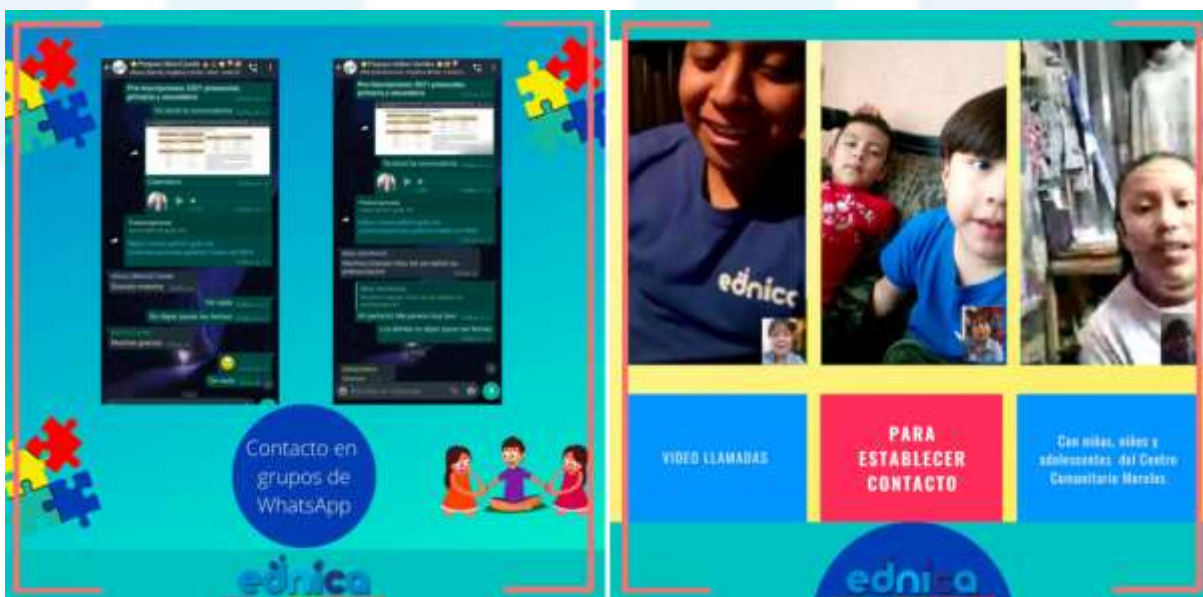
By Karla Hernández Montero.

At times it seems that there are not a lot of favorable things to share, the COVID-19 contingency has lasted much longer than anyone could've imagined and in spite of that, at the Morelos Community Center we can venture to say that not everything has been bad, rather, everything has changed, it is different.

Upon returning from the Christmas holidays, it was thought that the in-person activities could be restarted, but that was not the case. Being in red light has limited our freedom to move safely, so the team of educators of ednica - Morelos, we have been given the task of restoring the activities through the groups created in the WhatsApp application, by this way, we can contact the population to know how they are in health, how are their economic activities, how they carry the family coexistence and if there has been any inconvenience.

We also carry out some calls and video calls, to know how they are doing with their school work, how they have felt with this traffic light change, what they are doing to take care of themselves, etcetera. We are accompanying their school career and we've been informing them about the recent pre-enrollment processes for the 2021-22 school year for preschool, elementary and middle school, and for high school with the COMIPEMS call.

And with this, we continue to be strong in difficult times, we continue to be strong at a distance; making the gap that divides us shorter through cell phones and technology. By launching the projects we have to strengthen the skills of our children and teenagers. But, above all, through the bond of trust and commitment from the team to the families and vice versa; not everything has been bad, rather everything has changed.



Diagnostic of social-emotional skills

By Román Díaz Salgado

As part of the project "Cultura de la paz y la legalidad para la prevención del delito en niñas, niños y adolescentes en situación de calle)", we made a diagnostic of emotional skills in children and teenagers from the three community centers of ednica, I.A.P.

The objective of the diagnosis was to determine the level of socioemotional skills that children and teenagers present in terms of self-knowledge, management of emotions and feelings, decision making, empathy, assertive communication and conflict resolution. Also, this diagnosis allows identifying variations in the levels of socioemotional skills achieved in children and teenagers by contrasting these results with those of previous years (2018 and 2019).

Thus, out of a total of 130 NNAs considered for this diagnosis in 2020, it was determined that, in general terms, this population presented good skills in empathy, emotion management, self-knowledge, assertive communication and conflict resolution; in addition, it was identified that the population showed medium decision-making skills, with the last being the skill with the lowest score.

Another finding was that, longitudinally, there was a favorable increase in the level of emotional skills presented in those evaluated over time. In other words, a progressive advance was observed in the level of development of emotional skills from 2018 (the year in which the recording of emotional skills in NNAs began) to 2020, going from medium ability in self-knowledge between 2018 and 2019 to good ability by 2020. The same happened with the skills in emotion management and empathy, which initially registered averages of medium ability, to later present good ability in 2020. As for conflict resolution and decision making skills, these presented an increase in the annual average, however, they remained at the medium skill level between that period.

Regarding the increases observed in the level of socioemotional skills in NNAs who were evaluated during 2020, the explanatory hypothesis is that these positive variations could be the effect of the continuity in the educational and therapeutic processes developed by ednica IAP. Therefore, these results would also be showing the effectiveness of the actions carried out through projects aimed at promoting emotional health, as is the case of this one.

The project "Cultura de la paz y la legalidad para la prevención del delito en niñas, niños y adolescentes en situación de calle)" was sponsored by the Fundación Quiera de la Asociación de Bancos de México (ABM).



Renovating efforts with the support of our allies.

By David Sánchez Ramírez.

Every year that begins the challenges we face at ednica are many, now with the health contingency, the economic, operational and sanitary challenges have increased.

Fortunately, we have the support of our allies, which has been crucial to maintain our work and, above all, to take care of children and teenagers in street situations, who are part of our programs.

During these months, we have renewed alliances that we have maintained over the years with public, private, academic, national and international entities.

We are deeply grateful to all those who have placed their trust in our work over the years, as well as to the new allies who have joined us in our work to defend and promote the rights of children and teenagers in Mexico City.

Particularly, we would like to express our gratitude to the Fundación Quiera de la Asociación de Bancos de México, for supporting the first part of our proposal to promote ednica's organizational work in four areas: 1) Strengthen our governing body. 2) Expand our fundraising strategies. 3) Strengthen our educational proposal and 4) Consolidate the work of our Emotional Health area, without a doubt, their invaluable support is a fundamental part of the results we have achieved together in these 31 years.

Additionally, we thank those who with their donations in kind allow us to support our population in these difficult times:

- Mädi Sumando Causas, for their donations of sweatshirts, hygiene kits and various personal hygiene items.
- Quálitas Seguros for the toys donated for the children.
- To Fundación Farmacias del Ahorro for the donation of groceries for the families attending ednica.
- To the Junta de Asistencia Privada del Distrito Federal for channeling the donation of furniture for our bazaar.

This year, we will be preparing many surprises, we invite you to stay tuned to continue joining efforts for the benefit of children, teenagers, young people and their families, who work or live on the streets.