

## August 2019 REPORT

### Dignified and safe spaces for street children and youth.

#### Procurement of resources

At ednica, we are committed to ensuring that children, adolescents, young people, their families and those who attend ednica have access to dignified and safe spaces that allow us to offer alternatives to the street and that in turn have the minimum safety conditions in terms of civil protection to prevent any disaster.

Everyday use and some aftermath of the September 19, 2017 earthquake have been eroding the conditions of our community centers.

For that reason, we look for alliances that allow us to maintain in the best of the states our Community Centers that at the same time, results in that our objective population, feels in a cozy space, safe and with a worthy environment that favors the exercise of its rights.

We would like to thank Dar A.C., who trusted in our proposal for the improvement of our community centers, especially Xochimilco through the project "Dignified and safe spaces for children, adolescents and young people in street situations".

We also appreciate the visit and the support of the team of a group of volunteers from Citibanamex last July 6 in our community centers Morelos and Xochimilco who through cleaning days were of great help.

Similarly, on Thursday 24 and Friday 25 July, we went to the Social Acceleration Marathon to work hand in hand with Johnson & Johnson to generate new financial sustainability strategies for ednica, for which we are very grateful and happy.

We would also like to thank our allies for their accompaniment visits this month:

Global Giving on July 17, Carolina accompanied us to get to know our center in Xochimilco and the project. #educationbeforework.

Drawing a Tomorrow on July 24 by Katty, the director general, who learned about our project for the exercise of the right to education.

Fundación Gonzalo Río Arronte on July 29, by the Director of Supervision to learn about the achievements of our project in conjunction with Codeni, A.C. and Matraca, A.C. for the prevention of consumption of psychoactive substances.

It is always a pleasure for us that our allies know closely our work and continue to join in the promotion and defense of the rights of children and youth in street situations.



## **Emotional skills for promoting healthy relationships and safe communities.**

### Emotional Health

As part of the actions contemplated in the "Healthy Relationships, Safe Communities" project, financed by the Quiera Foundation and the Gonzalo Río Arronte IAP Foundation, in July, we took on the task of developing the therapeutic educational proposal that would be implemented with children, adolescents (NNA) and family mothers who participate in the ednica IAP community centers. For this, we carried out a coordinated work in which we participated the direction of educational processes and exercise of rights, the operative coordination of the community centers, the coordination of the area of emotional health and the educators.

In this way, we are able to define themes, dynamics and activities to be implemented with the objective of favoring emotional health and the reconstruction of the social fabric through the development of solidary links for the prevention of violence and delinquency.

Therefore, for the purpose of promoting the practice of good social relations for the development of a healthy coexistence, the topics to be developed with NNA are: tolerance, handling of emotions, assertive communication, decision making, problem solving, feeling of rootedness and belonging to a community, networks and constructive community ties (solidary relations and good treatment), community involvement and participation, community disposition to the organization, as well as community action towards the prevention of violence and dissocial or criminal behavior.

With respect to the purpose of consolidating the development of psychosocial skills through the practice of tolerance and empathy with the NNA and their mothers of family; the topics to deal with the adults responsible for the family are: communication and active listening between parents and children, emotional regulation by parents, positive discipline focused on limits and consequences, respect and solidarity in the family, responsibility and pro-activity in the home, empathy, self-esteem and security, equal treatment of children, as well as adequate resolution of conflicts in the family environment.

The sessions and the activities that make them up have been designed so that the participants can develop notions and skills with a view to generating protective attitudes. The therapeutic educational strategies proposed in the activities seek to encourage animation, participation and the development of the skills proposed in the workshop.

All that remains is to express our gratitude to our colleagues who have participated in the construction of the proposal and the sessions to be implemented. We would also like to reiterate our gratitude to Quiera AC Foundation for promoting this initiative related to attending to the emotional health of NNA and adults responsible for the family who participate in ednica IAP.



Favorecemos la salud emocional y la reconstrucción del tejido social a través del desarrollo de vínculos solidarios para la prevención de la violencia y la delincuencia.



Relaciones sociales de buen trato para el desarrollo de una sana convivencia.



Habilidades psicosociales a través de la práctica de la tolerancia y la empatía.



Habilidades emocionales para la promoción de relaciones sanas y comunidades seguras.



## Theatre to the gates of ednica!

### Ajusco Community Center

On Wednesday July 24 we had the visit of Wind Up Penguin Theatre Company who presented a children's theater show called The Magic Garbage.

All those who come to ednica Ajusco, including children from the Xochimilco and Morelos centres, enjoyed a very entertaining, creative and reflective work in which they incorporate live musical instruments, song, mime and physical comedy to transmit an inspiring children's story.

The presentation was a very pleasant experience because through music, mimicry and waste of energy of the actors and musicians, they managed to involve everyone in the performing arts. Without a doubt, bringing children, adolescents, young people and adults closer to art and culture strengthens people's integral development, as it allows them to develop their sensibility, creativity and body expression.

We are convinced that actions such as this one contribute to children discovering and knowing other possibilities of relating to themselves and to others. We would like to thank the Wind Up Penguin company who bring us this proposal from the United Kingdom and share some of their incredible talent. It was a very fun and pleasant morning!

We would also like to take this opportunity to thank the Quiera Foundation for bringing us closer to this type of event and strengthening the institutions that form part of the alliances for the benefit of street children.

Much success to Wind Up Penguin in their way, we wish them to reach and infect more people with their talent, charisma and professionalism.

**Wind Up Penguin Theatre Company**  
es divertida, creativa y reflexiva,  
involucran a todos y todas en las artes escénicas.  
¡Gracias por la experiencia!



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## We advance in company

### Xochimilco Community Center

The experience of external people who collaborate with ednica is valuable, contributing to the construction of roads towards a dignified life for children, adolescents and young people in street situations. This is a great work, all help and support are essential in the development of the activities of the Institution.

We want to emphasize how invaluable are all the experiences, learning, willingness and desire that both the volunteers and the social service providers who collaborate in ednica share with us, their work strengthens the social fabric and supports the integral development of the population that attends ednica. The contribution is not only that, they also help to renew the activities and playful materials of our institution with the ideas, suggestions and knowledge they bring to us.

In turn, the volunteers and social service providers who participate with us also have the opportunity to diversify their outlook, increase their perspectives, develop their organizational and community work skills and generate bonds of empathy and solidarity. All this provides them with experience, which will be reflected in the increase of their social and cultural capital.

All this work expands ednica's knowledge to offer alternatives that contribute to promoting a dignified life.

*Las actividades que realizan las y los voluntarios favorecen el desarrollo integral de la niñez.*

*Gracias por su trabajo y sencibilidad.*



*Las actividades que realizan las y los prestadores de servicio social favorecen el desarrollo del tejido social de la niñez.*  
*Gracias por su trabajo y sencibilidad.*



Las actividades que realizan las y los voluntarios favorecen el desarrollo integral de la niñez. Gracias por acompañarnos en nuestra labor.



El trabajo de las y los voluntarios y prestadores de servicio social es esencial para el desarrollo de las actividades. Gracias por su apoyo y sencibilidad.





## A great work and learning experience

### Hi! It's Sophie and Jana.

We studied social work in Germany and did our internship semester here at ednica. We met the institution through Melanie, also a German student, who did her internship here and was very happy, she recommended the institution as a place where you can learn a lot.

That's how we got to ednica and Melanie was right: we learned a lot. It was very interesting for us to get to know the people and their culture. We want to say a big thank you to everyone who is part of ednica. The children, the girls, the mothers, the street kids and our co-workers. Everyone made us feel at home from the very beginning of our work and we could learn a lot from everyone.

ednica's work is incredible and very important. Ednica supports families living on the streets to give them new chances and fights to defend their human rights. The activities help the children to strengthen their school skills, to know more about hygiene, reading, mathematics, responsible sexuality, emotions, good treatment between all people and above all to increase their knowledge about their human rights.

In addition, ednica is a space where people who live on the street come with no one to take care of them, giving them a space that is almost a home of coexistence and security. We really liked the atmosphere of respect in the institution.

We are very grateful for the time and knowledge they shared with us. We are going to miss the people we met!

Thank you all very much!

*"Ednica es un espacio en donde vienen personas que viven en calle que no tienen a nadie que les cuide y les da un espacio, casi casi un hogar, de convivencia y seguridad"*  
Jana, Practicante Alemana.



*"Ednica apoya a las familias que viven en situación de calle para darles nuevos chances y lucha por defender sus derechos humanos"*  
Sophie, Practicante Alemana.

