

(A)

**JRCCA Goals and Action Steps By Loveline
Women Empowerment Department Director**

Goal:

1. I want to organise and carry out a workshop program on Tuesday June 28th 2022, on the following topics:
 - Health Education (general sanitation)
 - Training on how to draft and prepare a local business plan
 - How to prepare an authentic traditional dish called “ACHU” authentic Cameroonian Food. Very Delicious traditional Cameroonians dish just like Jelloff RICE From Zone 1

This workshop will go a long way to empower more than 300 women and 200 girls children, educate them on how to care for their body and their environment and also, provide them with the tools necessary to be self-employed.

Action steps:

1. I will form a committee to which I will be working closely with
2. I will get with a doctor and invite him/her to come give lectures on health education (General Sanitation).
3. I will provide notes on how to draft a local business plan and submit to the board
4. I will draft all the steps on how to prepare the traditional dishes and submit to the board on or before Saturday June 18th 2022.
5. I will send out information to Churches, Njangi groups etc, and invite women to come and learn.
6. I will send an invitation to the Cultural department of the us and Japanese embassy
7. I will prepare my budget and submit to the Board
8. I will be submitting my reports after every action taken.

Propose plan of action

This workshop program will be carried out once every month, precisely last Tuesdays of every month. I will also propose and wish that at the end of each program, a bag of rice should be shared to the women/persons that have fully participated and as mentioned above, this workshop will go a long way to empower women and girl children, educate them on how to care for their body and their environment and also, provide them with the tools necessary to be self-employed.

Proposed budget

Requirement

- A doctor to come teach
- Chairs
- Writing materials
- Cocoyams
- Red oil
- Meat, Canda, Smook fish
- General ACHU spices
- Firewood.

Budget

	Description	Qty	U.P	Amt (F CFA)	Amt (USD)
	Compensation to the doctor	4hrs	2500f	10,000	\$20
	Renting of Chairs	30	150f	4,500	\$9
	Cocoyams		10,000f	10,000f	\$20
	Red Oil	2lits	800f	1,600f	\$3
	General ACHU Spice		1,000f	1,000f	\$2
	Meat	2kg	3,000f	6,000f	\$12
	Canda		3,000f	3,000f	\$6
	Smook Fish	6	150f	1,000f	\$2
	Firewood (col)	2lits	500f	1,000f	\$2
	Transport		1,000f	1,000f	\$2
	Food and Water		10,000f	10,000f	\$20
	Bag of Rice	1bag	12,000f	12,000f	\$24
	Total			61,100f	\$122.2

(B)

How Funding For the Project:

1. There should be a fund raising goal for this project.
2. Will this project fit into the proposal by the Barrister?
3. Every project must have a local fundraiser goal to raise funds to help defray the cost of the project.
4. Each project should set up an account with the accountant to track the funds of the project and keep them separate.
5. Where will this project take place?
6. How many people?
7. Ages?
8. What is the total budget for the project?