

Teatown Lake Reservation Nature Walk and Live Animal Presentation with Chris Evers



WJCS

*Westchester Jewish Community Service
Sunshine Social Club for individuals
disabled by mental illness*

Direct quotes from leaders:

“[Noticed participants] feeling good about themselves, less anxious, more relaxed.”

“Many of our clients still did not know that many of the parks in Westchester are free and welcoming to all.”

“[They] were both more relaxed and happier after this event. They all reported positive feelings to me when questioned about their experience that day.”

“Yes, absolutely [a regular nature program] would be beneficial. They love it and talk about it often.”

“[Our clientele] want to go on hikes at nature centers more often”

“[Our participants] are more social, engaging, being more aware of their surroundings and nature.”

“[Noticed] a desire to want to learn more about nature, excitement about being outdoors.”

Access Nature Spring 2019 Report



LEWISBORO
land trust

The Access Nature Mission is to provide a safe, enjoyable experience with nature to the disabled and underserved, while educating on the benefits gained.

*With special thanks to our volunteers
and staff at participating organizations*

Weir Farm naturalist led forest and pond walk with Chris Evers



SPHERE

Helping adult individuals with cognitive, intellectual and developmental disabilities

Trail work, hike on a nature trail and picnic lunch in the meditation garden at Old Field Preserve



Community Based Services

Providing opportunities for individuals with autism and developmental disabilities and partnering with John Jay High School Interns

Naturalist led pond walk and forest trail at Montgomery Pinetum Park with Chris Evers



Pathways

Providing services for adults suffering from severe mental illnesses

Naturalist led program with live animal and artifacts with Chris Evers of Animal Embassy



Guiding Eyes for the Blind

Dedicated to helping people with vision loss



Exploring Swan Lake at Rockefeller Preserve with naturalist Jim Nordgren



SPARC

*Special Program And Resource Connection
Link-Up day program for adults with autism,
learning independence in the community*

**Westmoreland Sanctuary
Nature walk and live animal
presentation with
naturalist Colin Martin**



**Community Center of
Northern Westchester**

*Serving our neighbors and families
of limited means*